

Self-force in terms of the tensor harmonics

Here, we give the self-force in an arbitrary gauge expressed in terms of the tensor harmonics coefficients. The formulas are valid for general orbits. We assume that the particle is located at $r = r_0$, $\theta = \pi/2$ and $\phi = \phi_0$ at time t_0 and its four velocity is $\{u_\alpha\} = \{-\mathcal{E}, u_r, 0, \mathcal{L}\}$, where \mathcal{E} and \mathcal{L} are the energy and angular momentum of the particle, respectively. It is noted that the θ -component of the force vanishes because of the symmetry, and the ϕ -component is given by

$$F^\phi = \frac{1}{\mathcal{L}} (\mathcal{E} F^t - u_r F^r), \quad (0.1)$$

which follows from the fact that the force is orthogonal to the four velocity.

$$\begin{aligned}
F_{(\text{even})}^t = & \sum_{\ell m} \mu \left[-\frac{\mathcal{C}_1 \mathcal{L}^2}{2 r_0 (r_0 - 2M)^2} \partial_t K_{\ell m}(t_0, r_0) \right. \\
& - \frac{i}{2 r_0^3 (r_0 - 2M)^2} (-r_0^3 \mathcal{L} m + 2 i r_0^3 u_r \mathcal{E}^2 M - r_0 \mathcal{L}^3 m \\
& \quad + r_0^3 \mathcal{L} m \mathcal{E}^2 - 2 i r_0^2 u_r \mathcal{L}^2 + 2 r_0^2 \mathcal{L} m M + 8 i r_0 u_r \mathcal{L}^2 M \\
& \quad + 2 \mathcal{L}^3 m M - 8 i u_r \mathcal{L}^2 M^2) \mathcal{E} H_{2\ell m}(t_0, r_0) \\
& - \frac{u_r \mathcal{E}^3 r_0^2}{(r_0 - 2M)^2} \partial_t H_{1\ell m}(t_0, r_0) \\
& - \frac{i(-2 r_0 \mathcal{L} m + r_0 \mathcal{L} m \mathcal{E}^2 + 2 i r_0 u_r \mathcal{E}^2 M + 4 \mathcal{L} m M) \mathcal{E}}{2 r_0 (r_0 - 2M)^2} H_{0\ell m}(t_0, r_0) \\
& - \frac{(-2 r_0 + r_0 \mathcal{E}^2 + 4M) \mathcal{E} u_r}{2(r_0 - 2M)} \partial_r H_{0\ell m}(t_0, r_0) \\
& - \frac{i}{r_0^3 (r_0 - 2M)^3} (-i M r_0^4 - i r_0^4 M \mathcal{E}^2 + 2 i \mathcal{E}^4 r_0^4 M \\
& \quad + \mathcal{L} \mathcal{E}^2 u_r m r_0^4 - u_r \mathcal{L} m r_0^4 + i \mathcal{L}^2 r_0^3 - i \mathcal{L}^2 \mathcal{E}^2 r_0^3 + 2 i r_0^3 M^2 \mathcal{E}^2 \\
& \quad - 4 \mathcal{L} \mathcal{E}^2 u_r m r_0^3 M + 4 i r_0^3 M^2 + 6 u_r \mathcal{L} m r_0^3 M - 4 i r_0^2 M^3 \\
& \quad - 7 i \mathcal{L}^2 r_0^2 M + 3 i \mathcal{L}^2 \mathcal{E}^2 r_0^2 M + 4 \mathcal{L} \mathcal{E}^2 u_r m r_0^2 M^2 - 12 u_r \mathcal{L} m r_0^2 M^2 \\
& \quad + 16 i \mathcal{L}^2 r_0 M^2 - 2 i \mathcal{L}^2 \mathcal{E}^2 r_0 M^2 + 8 u_r \mathcal{L} m r_0 M^3 - 12 i \mathcal{L}^2 M^3) H_{1\ell m}(t_0, r_0) \\
& + \frac{(2 u_r r_0 - 4 u_r M - i \mathcal{L} m) \mathcal{L}^2 \mathcal{E}}{2, r_0^3 (r_0 - 2M)} K_{\ell m}(t_0, r_0) - \frac{\mathcal{L}^2 u_r \mathcal{E}}{2 r_0^2} \partial_r K_{\ell m}(t_0, r_0) \\
& - \frac{\mathcal{E}^2 r_0^2 (-r_0 + r_0 \mathcal{E}^2 + 2M)}{2(r_0 - 2M)^3} \partial_t H_{0\ell m}(t_0, r_0) - \frac{i r_0 \mathcal{E}^3 \mathcal{L} m}{(r_0 - 2M)^3} \partial_t h_{0\ell m}^{(e)}(t_0, r_0) \\
& - \frac{i(-r_0 + r_0 \mathcal{E}^2 + 2M) u_r \mathcal{L} m}{r_0^2 (r_0 - 2M)} \partial_r h_{0\ell m}^{(e)}(t_0, r_0) - \frac{i \mathcal{C}_1 u_r \mathcal{L} m}{r_0^2 (r_0 - 2M)} \partial_t h_{1\ell m}^{(e)}(t_0, r_0) \\
& - \frac{i \mathcal{C}_2 \mathcal{E} \mathcal{L} m}{r_0^4 (r_0 - 2M)} \partial_r h_{1\ell m}^{(e)}(t_0, r_0) \\
& + \frac{i}{r_0^3 (r_0 - 2M)^2} (-2 u_r r_0^2 + 2 r_0^2 \mathcal{E}^2 u_r + i r_0 \mathcal{L} m + 8 r_0 u_r M \\
& \quad - 2 r_0 u_r \mathcal{E}^2 M - i r_0 \mathcal{L} m \mathcal{E}^2 - 2 i \mathcal{L} m M - 8 u_r M^2) \mathcal{L} m h_{0\ell m}^{(e)}(t_0, r_0) \\
& + \frac{i}{(r_0 - 2M) r_0^5} (2 \mathcal{E}^2 r_0^3 - 2 r_0^3 - i r_0^2 u_r \mathcal{L} m + 5 r_0^2 M - 3 r_0 \mathcal{L}^2 \\
& \quad + 2 i r_0 u_r \mathcal{L} m M + 7 \mathcal{L}^2 M) \mathcal{L} \mathcal{E} m h_{1\ell m}^{(e)}(t_0, r_0) \\
& - \frac{(-r_0 + r_0 \mathcal{E}^2 + 2M) \mathcal{C}_2}{r_0^2 (r_0 - 2M)^2} \partial_r H_{1\ell m}(t_0, r_0) - \frac{\mathcal{C}_1 \mathcal{C}_2}{2 r_0 (r_0 - 2M)^3} \partial_t H_{2\ell m}(t_0, r_0) \\
& - \frac{\mathcal{C}_2 u_r \mathcal{E}}{2 r_0^2 (r_0 - 2M)} \partial_r H_{2\ell m}(t_0, r_0) \\
& + \frac{\mathcal{C}_1 \mathcal{L}^2 m^2}{2 r_0 (r_0 - 2M)^2} \partial_t G_{\ell m}(t_0, r_0) + \frac{m^2 \mathcal{L}^2 u_r \mathcal{E}}{2 r_0^2} \partial_r G_{\ell m}(t_0, r_0)
\end{aligned}$$

$$\begin{aligned}
& - \frac{(2u_r r_0 - 4u_r M - i\mathcal{L}m)m^2\mathcal{L}^2\mathcal{E}}{2r_0^3(r_0 - 2M)} G_{\ell m}(t_0, r_0) \Big] Y_{\ell m}(\pi/2, \phi_0), \\
\mathcal{C}_1 & := r_0 \mathcal{E}^2 + r_0 - 2M, \\
\mathcal{C}_2 & := \mathcal{E}^2 r_0^3 - r_0^3 + 2r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M, \\
F_{(\text{even})}^r & = \sum_{\ell m} \mu \left[-\frac{\mathcal{L}^2 u_r \mathcal{E}}{2r_0^2} \partial_t K_{\ell m}(t_0, r_0) \right. \\
& - \frac{i}{2r_0^6(r_0 - 2M)^2} (2i\mathcal{E}^4 r_0^6 M + u_r \mathcal{L} m r_0^6 + \mathcal{L} \mathcal{E}^2 u_r m r_0^6 \\
& \quad - 4\mathcal{L} \mathcal{E}^2 u_r m r_0^5 M - 6u_r \mathcal{L} m r_0^5 M - 2i\mathcal{L}^2 \mathcal{E}^2 r_0^5 \\
& \quad + 4\mathcal{L} \mathcal{E}^2 u_r m r_0^4 M^2 + 6i\mathcal{L}^2 \mathcal{E}^2 r_0^4 M - r_0^4 u_r \mathcal{L}^3 m + 12u_r \mathcal{L} m r_0^4 M^2 \\
& \quad - 8u_r \mathcal{L} m r_0^3 M^3 + 2i r_0^3 \mathcal{L}^4 - 4i\mathcal{L}^2 \mathcal{E}^2 r_0^3 M^2 + 6r_0^3 u_r \mathcal{L}^3 m M \\
& \quad - 12r_0^2 u_r \mathcal{L}^3 m M^2 - 12i r_0^2 \mathcal{L}^4 M + 8r_0 u_r \mathcal{L}^3 m M^3 + 24i r_0 \mathcal{L}^4 M^2 \\
& \quad \left. - 16i\mathcal{L}^4 M^3) H_{2\ell m}(t_0, r_0) \right. \\
& - \frac{\mathcal{C}_5 \mathcal{E}^2}{r_0(r_0 - 2M)^2} \partial_t H_{1\ell m}(t_0, r_0) \\
& - \frac{i}{2r_0^3(r_0 - 2M)^2} (2i r_0^3 M \mathcal{E}^2 + r_0^3 u_r \mathcal{L} m - 4r_0^2 u_r \mathcal{L} m M \\
& \quad - 2i r_0 \mathcal{L}^2 M + 4r_0 u_r \mathcal{L} m M^2 + 4i\mathcal{L}^2 M^2) \mathcal{E}^2 H_{0\ell m}(t_0, r_0) \\
& - \frac{\mathcal{C}_3 \mathcal{E}^2}{2r_0^2(r_0 - 2M)} \partial_r H_{0\ell m}(t_0, r_0) \\
& - \frac{i}{r_0^4(r_0 - 2M)} (i u_r r_0^3 M + 2i r_0^3 u_r \mathcal{E}^2 M + r_0^3 \mathcal{L} m \mathcal{E}^2 \\
& \quad - 2i u_r r_0^2 M^2 - i r_0^2 u_r \mathcal{L}^2 + 3i r_0 u_r \mathcal{L}^2 M - r_0 \mathcal{L}^3 m \\
& \quad - 2i u_r \mathcal{L}^2 M^2 + 2\mathcal{L}^3 m M) \mathcal{E} H_{1\ell m}(t_0, r_0) \\
& + \frac{(2\mathcal{E}^2 r_0^3 - i r_0^2 u_r \mathcal{L} m + 2i r_0 u_r \mathcal{L} m M - 2r_0 \mathcal{L}^2 + 4\mathcal{L}^2 M) \mathcal{L}^2}{2r_0^6} K_{\ell m}(t_0, r_0) \\
& - \frac{\mathcal{C}_3 \mathcal{L}^2}{2r_0^5} \partial_r K_{\ell m}(t_0, r_0) - \frac{r_0 u_r \mathcal{E}^3}{2(r_0 - 2M)} \partial_t H_{0\ell m}(t_0, r_0) \\
& - \frac{i u_r \mathcal{L} m \mathcal{E}^2}{(r_0 - 2M) r_0} \partial_t h_{0\ell m}^{(e)}(t_0, r_0) - \frac{i \mathcal{C}_3 \mathcal{E} \mathcal{L} m}{r_0^4(r_0 - 2M)} \partial_r h_{0\ell m}^{(e)}(t_0, r_0) \\
& - \frac{i \mathcal{C}_5 \mathcal{E} \mathcal{L} m}{r_0^4(r_0 - 2M)} \partial_t h_{1\ell m}^{(e)}(t_0, r_0) - \frac{i(r_0 - 2M) \mathcal{C}_4 u_r \mathcal{L} m}{r_0^6} \partial_r h_{1\ell m}^{(e)}(t_0, r_0) \\
& + \frac{i}{r_0^5(r_0 - 2M)^2} (2\mathcal{E}^2 r_0^4 - 2r_0^4 + 6r_0^3 M - i r_0^3 u_r \\
& \quad \mathcal{L} m - 2r_0^3 M \mathcal{E}^2 - 4r_0^2 M^2 + 4i r_0^2 u_r \mathcal{L} m M - 4i r_0 u_r \mathcal{L} m M^2 \\
& \quad - 2r_0^2 \mathcal{L}^2 + 6r_0 \mathcal{L}^2 M - 4\mathcal{L}^2 M^2) \mathcal{L} \mathcal{E} m h_{0\ell m}^{(e)}(t_0, r_0) \\
& + \frac{i}{r_0^7} (2u_r \mathcal{E}^2 r_0^4 - 4r_0^3 u_r \mathcal{E}^2 M - i r_0^3 \mathcal{L} m \mathcal{E}^2 + u_r r_0^3 M \\
& \quad - 2u_r r_0^2 M^2 - 3r_0^2 u_r \mathcal{L}^2 + i r_0 \mathcal{L}^3 m + 13r_0 u_r \mathcal{L}^2 M - 2i \mathcal{L}^3 m M \\
& \quad - 14u_r \mathcal{L}^2 M^2) \mathcal{L} m h_{1\ell m}^{(e)}(t_0, r_0) \\
& - \frac{\mathcal{C}_4 u_r \mathcal{E}}{r_0^3} \partial_r H_{1\ell m}(t_0, r_0) \\
& - \frac{(\mathcal{E}^2 r_0^3 + r_0^3 - 2r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M) u_r \mathcal{E}}{2r_0^2(r_0 - 2M)} \partial_t H_{2\ell m}(t_0, r_0) \\
& - \frac{\mathcal{C}_5 \mathcal{C}_4}{2r_0^5(r_0 - 2M)} \partial_r H_{2\ell m}(t_0, r_0)
\end{aligned}$$

$$\begin{aligned}
& + \frac{m^2 u_r \mathcal{L}^2 \mathcal{E}}{2r_0^2} \partial_t G_{\ell m}(t_0, r_0) + \frac{\mathcal{C}_3 \mathcal{L}^2 m^2}{2r_0^5} \partial_r G_{\ell m}(t_0, r_0) \\
& \left. - \frac{(2\mathcal{E}^2 r_0^3 - i r_0^2 u_r \mathcal{L} m + 2i r_0 u_r \mathcal{L} m M - 2r_0 \mathcal{L}^2 + 4\mathcal{L}^2 M) m^2 \mathcal{L}^2}{2r_0^6} G_{\ell m}(t_0, r_0) \right] \\
& \times Y_{\ell m}(\pi/2, \phi_0), \\
& \mathcal{C}_3 := -2r_0^3 + \mathcal{E}^2 r_0^3 + 4r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M, \\
& \mathcal{C}_4 := \mathcal{E}^2 r_0^3 - r_0^3 + 2r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M, \\
& \mathcal{C}_5 := \mathcal{E}^2 r_0^3 - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M, \\
F_{(\text{odd})}^t = & \sum_{\ell m} \mu \left[-\frac{m \mathcal{E} u_r \mathcal{L}^2}{2r_0^4} \partial_r h_{2\ell m}(t_0, r_0) \right. \\
& + \frac{1}{r_0^3 (r_0 - 2M)^2} (-2u_r r_0^2 + 2r_0^2 \mathcal{E}^2 u_r + i r_0 \mathcal{L} m + 8r_0 u_r M - 2r_0 u_r \mathcal{E}^2 M \\
& \quad \left. - i r_0 \mathcal{L} m \mathcal{E}^2 - 2i \mathcal{L} m M - 8u_r M^2) \mathcal{L} h_{0\ell m}(t_0, r_0) \right. \\
& + \frac{1}{r_0^5 (r_0 - 2M)} (2\mathcal{E}^2 r_0^3 - 2r_0^3 - i r_0^2 u_r \mathcal{L} m + 5r_0^2 M \\
& \quad \left. - 3r_0 \mathcal{L}^2 + 2i r_0 u_r \mathcal{L} m M + 7\mathcal{L}^2 M) \mathcal{E} \mathcal{L} h_{1\ell m}(t_0, r_0) \right. \\
& + \frac{(4u_r r_0 - 8u_r M - i \mathcal{L} m) \mathcal{E} \mathcal{L}^2 m}{2r_0^5 (r_0 - 2M)} h_{2\ell m}(t_0, r_0) \\
& - \frac{r_0 \mathcal{L} \mathcal{E}^3}{(r_0 - 2M)^3} \partial_t h_{0\ell m}(t_0, r_0) - \frac{(-r_0 + r_0 \mathcal{E}^2 + 2M) u_r \mathcal{L}}{r_0^2 (r_0 - 2M)} \partial_r h_{0\ell m}(t_0, r_0) \\
& - \frac{(r_0 \mathcal{E}^2 + r_0 - 2M) u_r \mathcal{L}}{r_0^2 (r_0 - 2M)} \partial_t h_{1\ell m}(t_0, r_0) \\
& - \frac{(\mathcal{E}^2 r_0^3 - r_0^3 + 2r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M) \mathcal{L} \mathcal{E}}{r_0^4 (r_0 - 2M)} \partial_r h_{1\ell m}(t_0, r_0) \\
& \left. - \frac{1}{2} \frac{(r_0 \mathcal{E}^2 + r_0 - 2M) \mathcal{L}^2 m}{r_0^3 (r_0 - 2M)^2} \partial_t h_{2\ell m}(t_0, r_0) \right] \partial_\theta Y_{\ell m}(\pi/2, \phi_0), \\
F_{(\text{odd})}^r = & \sum_{\ell m} \mu \left[-\frac{(-2r_0^3 + \mathcal{E}^2 r_0^3 + 4r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M) \mathcal{L}^2 m}{2r_0^7} \partial_r h_{2\ell m}(t_0, r_0) \right. \\
& + \frac{1}{r_0^5 (r_0 - 2M)^2} (2\mathcal{E}^2 r_0^4 - 2r_0^4 + 6r_0^3 M - i r_0^3 u_r \mathcal{L} m \\
& \quad - 2r_0^3 M \mathcal{E}^2 - 4r_0^2 M^2 + 4i r_0^2 u_r \mathcal{L} m M - 4i r_0 u_r \mathcal{L} m M^2 \\
& \quad \left. - 2r_0^2 \mathcal{L}^2 + 6r_0 \mathcal{L}^2 M - 4\mathcal{L}^2 M^2) \mathcal{E} \mathcal{L} h_{0\ell m}(t_0, r_0) \right. \\
& + \frac{1}{r_0^7} (2u_r \mathcal{E}^2 r_0^4 - 4r_0^3 u_r \mathcal{E}^2 M - i r_0^3 \mathcal{L} m \mathcal{E}^2 + u_r r_0^3 M \\
& \quad - 2u_r r_0^2 M^2 - 3r_0^2 u_r \mathcal{L}^2 + i r_0 \mathcal{L}^3 m + 13r_0 u_r \mathcal{L}^2 M \\
& \quad \left. - 2i \mathcal{L}^3 m M - 14u_r \mathcal{L}^2 M^2) \mathcal{L} h_{1\ell m}(t_0, r_0) \right. \\
& + \frac{1}{2r_0^8} (-4r_0^3 + 4\mathcal{E}^2 r_0^3 - i r_0^2 u_r \mathcal{L} m + 8r_0^2 M \\
& \quad \left. + 2i r_0 u_r \mathcal{L} m M - 4r_0 \mathcal{L}^2 + 8\mathcal{L}^2 M) \mathcal{L}^2 m h_{2\ell m}(t_0, r_0) \right. \\
& - \frac{u_r \mathcal{E}^2 \mathcal{L}}{r_0 (r_0 - 2M)} \partial_t h_{0\ell m}(t_0, r_0) \\
& - \frac{(-2r_0^3 + \mathcal{E}^2 r_0^3 + 4r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M) \mathcal{L} \mathcal{E}}{r_0^4 (r_0 - 2M)} \partial_r h_{0\ell m}(t_0, r_0) \\
& - \frac{(\mathcal{E}^2 r_0^3 - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M) \mathcal{L} \mathcal{E}}{r_0^4 (r_0 - 2M)} \partial_t h_{1\ell m}(t_0, r_0) \\
& \left. - \frac{(r_0 - 2M) u_r (\mathcal{E}^2 r_0^3 - r_0^3 + 2r_0^2 M - r_0 \mathcal{L}^2 + 2\mathcal{L}^2 M) \mathcal{L}}{r_0^6} \partial_r h_{1\ell m}(t_0, r_0) \right]
\end{aligned}$$

$$-\frac{m \mathcal{E} u_r \mathcal{L}^2}{2 r_0^4} \partial_t h_{2\ell m}(t_0, r_0) \Big] \partial_\theta Y_{\ell m}(\pi/2, \phi_0). \quad (0.2)$$