Review on EiBI Inflation: Discussion on Tensor Perturbation

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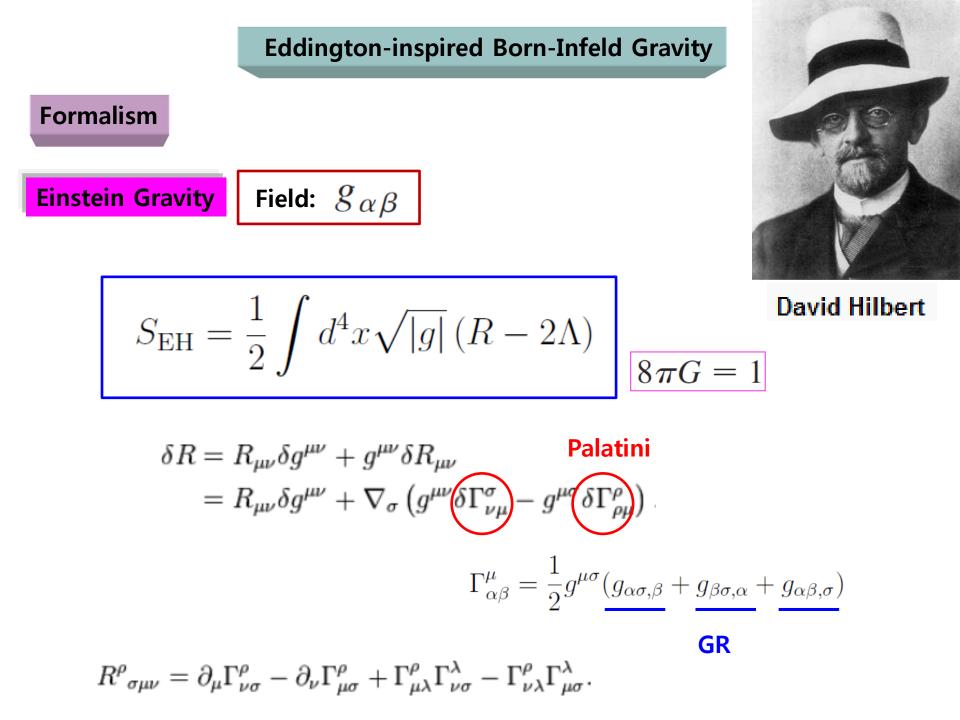
The CMB and theories of the primordial universe Yukawa Institute for Theoretical Physics, Aug. 20, 2013

- Phys. Rev. Lett. 111, 071301 (2013) I.C., Hyeong-Chan Kim (KNUT) & Taeyoon Moon (Inje Univ.)

Outline

- 1. Introduction to EiBI Gravity
- 2. Chaotic Inflation in GR
- 3. Scalar Field in EiBI Gravity
- 4. MPS (Maximal Pressure Solution)
- 5. Inflation in EiBI gravity
- 6. Conclusions

7. Discussion on Tensor Perturbation



Eddington Gravity (1924)

$$S_{\rm Edd} = 2\kappa \int d^4x \sqrt{|R|}$$



✓ Varying S, Integrating by parts, Eliminating a vanishing trace, we get

$$\nabla_{\alpha}(2\kappa\sqrt{|R|}R^{\mu\nu})=0,$$

Field: $\Gamma^{\alpha}_{\beta\gamma}$

Arthur Eddington

where ∇ is the covariant derivative defined in terms of $\Gamma^{\alpha}_{\beta\gamma}$

 \checkmark define a new rank-2 tensor $q_{\mu\nu}$ such that $\nabla_{\alpha}(\sqrt{|q|}q^{\mu\nu}) = 0$

 \checkmark theory then become

$$2\kappa\sqrt{|R|}R^{\mu\nu} = \sqrt{|q|}q^{\mu\nu}$$

✓ which can be rewritten as the Einstein field equations if we equate $q_{\alpha\beta}$ with $g_{\alpha\beta}$ and κ with Λ^{-1}

Therefore, Eddington's action

:- viable and alternative starting point to GR

1

$$:= S_{\rm EH} \propto \Lambda \text{ and } S_{\rm Edd} \propto \frac{1}{\Lambda}$$

:- dual to GR

However, incomplete : NOT including MATTER

Later attempts to couple matter with Γ

:- start with Palatini gravitational action coupled to matter $I[g, \Gamma, \Psi]$ -- no derivatives in g :- EOM for g $\Rightarrow g_{\mu\nu} = g_{\mu\nu}(\Gamma, \Psi) \Rightarrow$ back into $I[g, \Gamma, \Psi]$

→ can eliminate g

:- $I'[\Gamma, \Psi]$: complicated, but Dynamics is fully equivalent to the original metric theory

$$S_{\rm EiBI} = \frac{1}{\kappa} \int d^4x \left[\sqrt{-|g_{\mu\nu} + \kappa R_{\mu\nu}(\Gamma)|} - \lambda \sqrt{-|g_{\mu\nu}|} \right] + S_M(g, \Phi)$$

(Vollick 2004, Banados-Ferreira 2010)

- :- $|g_{\mu\nu}|$ and $\Gamma^{\mu}_{\alpha\beta}|$: independent
- :- Matter is in usual way (Not in sqrt)
- :- For large K -limit \rightarrow Eddington limit

$$\sqrt{|g_{\mu\nu} + \kappa R_{\mu\nu}|} \simeq \sqrt{|g|} \left[1 + \frac{\kappa}{2}R + \frac{1}{8}\kappa^2(R^2 - 2R_{\mu\nu}R^{\mu\nu}) + \mathcal{O}(\kappa^3) \right]$$

:- For small κ -limit \rightarrow Einstein limit

Field Equations

$$S_{\rm EiBI} = \frac{1}{\kappa} \int d^4x \left[\sqrt{-|g_{\mu\nu} + \kappa R_{\mu\nu}(\Gamma)|} - \lambda \sqrt{-|g_{\mu\nu}|} \right] + S_M(g, \Phi)$$

Variation of S w.r.t. $g_{\mu\nu}$ and $\Gamma \implies 2$ EOM's

EOM1:

$$\frac{\sqrt{-|q|}}{\sqrt{-|g|}} q^{\mu\nu} = \lambda g^{\mu\nu} - \kappa T^{\mu\nu}$$

: Relation b/t g and q via T

EOM2:
$$q_{\mu\nu} = g_{\mu\nu} + \kappa R_{\mu\nu}$$

:- Auxiliary Metric

= 0 | : EOM for matter

:- Dynamical Equation

$$\Gamma^{\mu}_{\alpha\beta} = \frac{1}{2} q^{\mu\sigma} (q_{\sigma\alpha,\beta} + q_{\sigma\beta,\alpha} - q_{\alpha\beta,\sigma}) \quad : \text{Connection is defined by a}$$

 $\nabla^g_{\mu\nu}T^{\mu\nu}$

$$T^{\mu\nu} = \frac{2}{\sqrt{|g|}} \frac{\delta L_M}{\delta g_{\mu\nu}}$$

: Energy-Momentum Conservation → Matter plays in the background metric According to the Palatini formalism, one should consider the equations of motion by varying the action (1.1) with respect to (w.r.t) the fields $g_{\mu\nu}$ and $\Gamma^{\rho}_{\mu\nu}$ individually. Variation of the action w.r.t. $g_{\mu\nu}$ leads to the equation of motion,

$$\frac{\sqrt{-|g+\kappa R|}}{\sqrt{-|g|}} [(g+\kappa R)^{-1}]^{\mu\nu} - \lambda g^{\mu\nu} = -\kappa T^{\mu\nu}, \qquad (1.2)$$

where $[(g + \kappa R)^{-1}]^{\mu\nu}$ denotes the matrix inverse. The energy-momentum tensor $T^{\mu\nu}$ is given by the usual sense,

$$T^{\mu\nu} = \frac{2}{\sqrt{-|g|}} \frac{\delta L_M}{\delta g_{\mu\nu}}.$$
(1.3)

For the variation of the action w.r.t. Γ , one introduces an auxiliary metric $q_{\mu\nu}$ defined by

$$q_{\mu\nu} \equiv g_{\mu\nu} + \kappa R_{\mu\nu}. \tag{1.4}$$

Then the variation of the action (1.1) w.r.t. the connection $\Gamma^{\mu}_{\rho\sigma}$ gives

$$\nabla^{\Gamma}_{\mu}q^{\rho\sigma} = 0, \tag{1.5}$$

where $q^{\rho\sigma} \equiv (q^{-1})^{\rho\sigma}$ is the matrix inverse of $q_{\rho\sigma}$, and ∇^{Γ} denotes the covariant derivative defined by the connection Γ . This equation is the metric compatibility which yields

$$\Gamma^{\mu}_{\alpha\beta} = \frac{1}{2} q^{\mu\sigma} (q_{\alpha\sigma,\beta} + q_{\beta\sigma,\alpha} + q_{\alpha\beta,\sigma}).$$
(1.6)

Therefore, Eq. (1.4) can be regarded as the equation of motion since the Ricci tensor is evaluated in terms of $q_{\rho\sigma}$ through the relation (1.6). Using Eq. (1.4), the first equation of motion (1.2) can also be simplified,

$$\cdot / - |a|$$

Some Immediacies (Banados-Ferreira 2010)

Equivalence to GR in Vacuum

$$\sqrt{-q}(q^{-1})^{\mu\nu} = \lambda \sqrt{-g}g^{\mu\nu} - \kappa T^{\mu\nu}$$

$$\Rightarrow \sqrt{-q}(q^{-1})^{\mu\nu} = \lambda \sqrt{-g}g^{\mu\nu} \quad (vacuum)$$

$$: EOM1$$

• Putting
$$g_{\mu\nu} = \alpha q_{\mu\nu}$$
 then $g^{\mu\nu} = \frac{1}{\alpha} q^{\mu\nu}$.

 \checkmark Substituting this we obtain

$$\frac{1}{\alpha^2}\sqrt{-g} \alpha g^{\mu\nu} = \lambda\sqrt{-g}g^{\mu\nu}$$

$$\Rightarrow \quad \therefore \alpha = \frac{1}{\lambda}.$$

$$\Lambda = \frac{\lambda - 1}{\kappa}$$

$$\checkmark \text{ Then,}$$

$$\mathbf{EOM2:} \quad q_{\mu\nu} = g_{\mu\nu} + \kappa R_{\mu\nu}, \quad \mathbf{I} \qquad R_{\mu\nu} = \frac{\lambda - 1}{\kappa}g_{\mu\nu} \equiv \Lambda g_{\mu\nu}$$

(MERIT 2) EiBI in vacuum or with only CC is the same with EH

Schwartzchild-de Sitter BH

SAME with Einstein Solution

Charged BH : non-vacuum

$$ds^{2} = -\psi(r)^{2}f(r)dt^{2} + \frac{dr^{2}}{f(r)} + r^{2}d\Omega^{2}.$$

$$f(r) = \frac{r\sqrt{r^4 + \kappa q^2}}{r^4 - \kappa q^2} \int dr \left[\frac{(r^2 - q^2)(r^4 - \kappa q^2)}{r^4 \sqrt{r^4 + \kappa q^2}} - 2M \right],$$

$$\psi(r) = \frac{r^2}{\sqrt{2r^4 + 2\kappa q^2}},$$

$$E(r) = \frac{q}{\sqrt{r^4 + \kappa q^2}}$$
, : electric field

Nonrelativistic Limit w/ the lowest-order correction

Metric:
$$ds^2 = -(1 + 2\Phi)dt^2 + (1 - 2\Psi)d\vec{x} \cdot d\vec{x}$$
,

with $\Phi = \Psi$ and $T^{\mu\nu} = \rho u^{\mu} u^{\nu}$

$$\nabla^2 \Phi = -\frac{1}{2}\rho - \frac{1}{4}\kappa \nabla^2 \rho$$
. : Poisson Equation

Implies repulsive nature of EiBI gravity

Nonsingular Universe driven by Perfect Fluid

Banados & Ferreira for w=1/3 (2010) IC, Kim and Moon for all w (2012)

Metric & Auxiliary Metric

$$g_{\mu\nu}dx^{\mu}dx^{\nu} = -dt^{2} + a^{2}(t) d\mathbf{x}^{2}, \qquad \text{Let } a = e^{\Omega}$$
$$q_{\mu\nu}dx^{\mu}dx^{\nu} = -X^{2}(t) dt^{2} + Y^{2}(t) d\mathbf{x}^{2}.$$

Matter-Stress Tensor : same with GR

$$T^{\mu\nu} = (p+\rho)u^{\mu}u^{\nu} + pg^{\mu\nu}$$

$$\nabla^g_{\mu}T^{\mu\nu} = 0 \quad \Longrightarrow \quad \dot{\rho} + 3\dot{\Omega}(\rho + p) = 0.$$

$$p = w\rho \quad \Longrightarrow \quad \rho = \rho_0 e^{-3(1+w)\Omega}$$

EOM 1
$$\frac{\sqrt{-|q|}}{\sqrt{-|g|}} q^{\mu\nu} = \lambda g^{\mu\nu} - \kappa T^{\mu\nu}$$

we get

$$X = \frac{(\lambda - \kappa p)^{3/4}}{(\lambda + \kappa \rho)^{1/4}}, \quad \text{and} \quad$$

$$Y = [(\lambda - \kappa p)(\lambda + \kappa \rho)]^{1/4} e^{\Omega}.$$

: relation b/w q and g via matter field

EOM 2 → Friedmann Equations

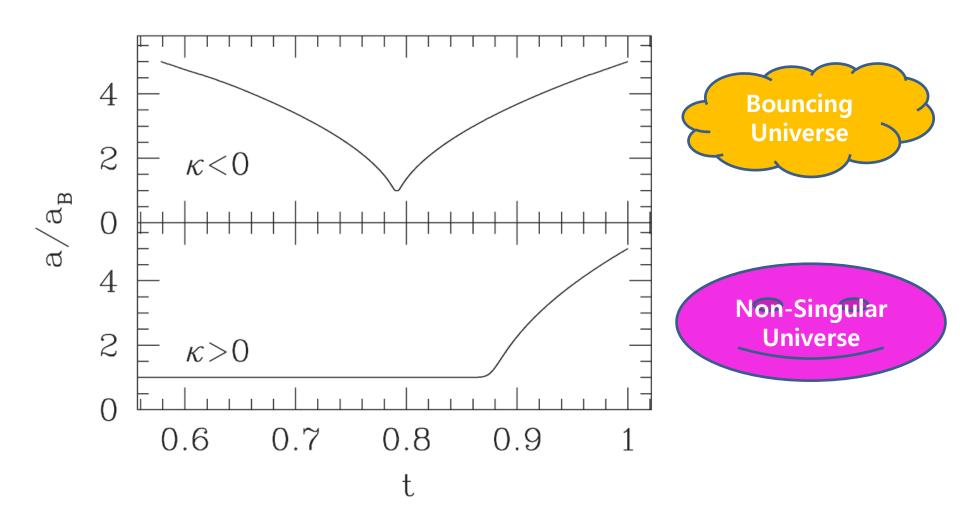
$$q_{\mu\nu} - g_{\mu\nu} = \kappa R_{\mu\nu}$$

Volume Part :

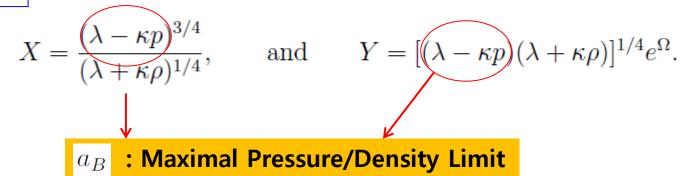
$$H^{2} \equiv \dot{\Omega}^{2} = \frac{(\lambda - w\kappa\rho)^{2}}{6\kappa} \\ \times \frac{(\lambda + \kappa\rho)^{2} + 2(\lambda - w\kappa\rho)^{3/2}(\lambda + \kappa\rho)^{3/2} - 3(\lambda - w\kappa\rho)(\lambda + \kappa\rho)}{\left[(3/4)\kappa w(1 + w)(\lambda + \kappa\rho)\rho - (3/4)\kappa(1 + w)(\lambda - w\kappa\rho)\rho + (\lambda - w\kappa\rho)(\lambda + \kappa\rho)\right]^{2}}$$

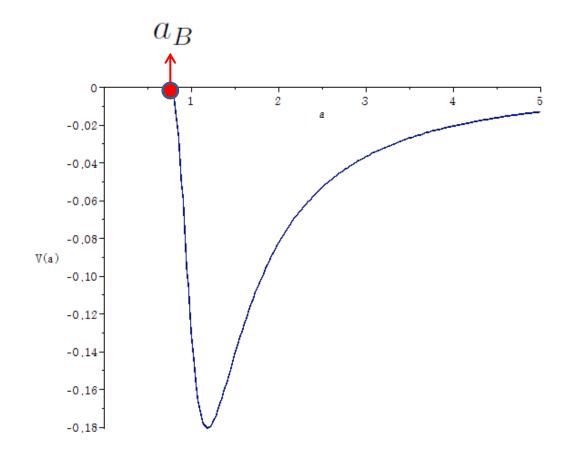
1) w>0

Banados & Ferreira for w=1/3 (2010) IC, Kim and Moon for all w (2012)



$$\dot{a}^2 + V(a) = 0$$





Early Times

At a=
$$a_B$$
 , H=0 : $\lambda - w\kappa\rho = 0$, $\rho = \rho_B = \lambda/w\kappa$,

Expand near a= a_B : $\rho = \rho_B - \varepsilon$, $a = a_B + \epsilon$,

Then we have

$$H^{2} \approx \frac{8\kappa w^{2}(1+w)^{2}\lambda^{2}}{27(1+w)^{4}\lambda^{4}}\varepsilon^{2} = H_{0}^{2}\left(\frac{a}{a_{B}}-1\right)^{2}$$

$$H_0^2 = \frac{8}{3\kappa}$$

$$a(t) \approx a_B + A e^{H_0 t}.$$

- :- t \rightarrow -infty : origin of Universe
- :- finite size
- :- Non-Singular Universe

Action & Metric

 $\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0$

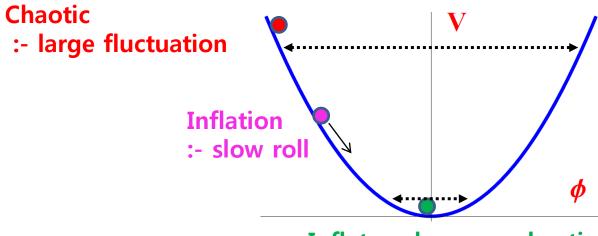
$$S_M = \int d^4x \sqrt{-|g_{\mu\nu}|} \left[-\frac{1}{2} g_{\mu\nu} \partial^\mu \phi \partial^\nu \phi - V(\phi) \right], \qquad V(\phi) = \frac{m^2}{2} \phi^2,$$
$$g_{\mu\nu} dx^\mu dx^\nu = -dt^2 + a^2(t) d\mathbf{x}^2.$$

Field Equations & Slow-Roll Conditions

$$H^2 = \left(\frac{\dot{a}}{a}\right) = \frac{1}{3}\rho = \frac{1}{3}\left(\frac{1}{2}\dot{\phi}^2 + V\right)$$

: 1st slow-roll condition

 $8\pi G = 1$

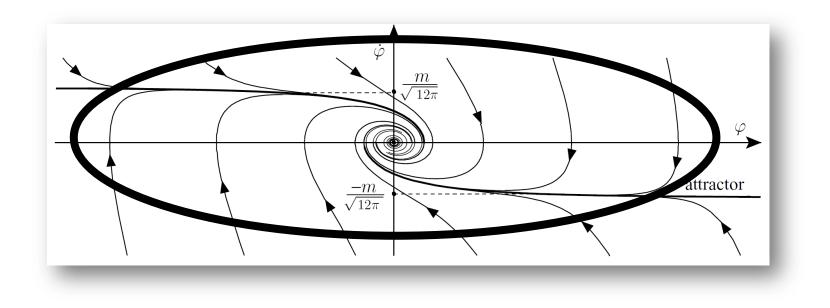


Inflaton decay :- reheating

Attractor Solution for Slow-Roll Inflation

$$\phi(t) \approx \phi_i + \sqrt{2/3}mt, \qquad a(t) \approx a_i \ e^{\frac{1}{4}[\phi_i^2 - \phi^2(t)]},$$

$$N \sim 70 \text{ }e\text{-foldings} \quad \left\{ \begin{array}{c} |\phi_i| \gtrsim 10 \text{ is required} \\ m \sim 10^{-5} \text{ from observational data} \end{array} \right.$$



Quantum Gravity Regime

$$\rho = K + V > M_P^2$$

$$K = \dot{\phi}^2/2$$
 and $V = m^2 \phi^2/2$.

The curvature scale is determined mainly by H

$$R = 6\left[\left(\frac{\dot{a}}{a}\right)^{2} + \left(\frac{\ddot{a}}{a}\right)\right] = 12H^{2} + 6\dot{H} \qquad H^{2} = \frac{1}{3}\rho = \frac{1}{3}\left(\frac{1}{2}\dot{\phi}^{2} + V\right)$$

When $H > M_p$, Gravity Part requires quantum treatment

- :- In GR, large curvature is inevitable
- :- In EiBI gravity,

 → curvature scale is NOT directly related with energy scale *ρ* → maybe Quantum Gravity is avoidable in describing the high-energy state of the scalar field Scalar Field in EiBI Gravity

$$S_{\text{EiBI}} = \frac{1}{\kappa} \int d^4x \left[\sqrt{-|g_{\mu\nu} + \kappa R_{\mu\nu}(\Gamma)|} - \lambda \sqrt{-|g_{\mu\nu}|} \right] + S_M(g, \Phi)$$

✓ Variation of S w.r.t. $g_{\mu\nu}$ and $\Gamma \Rightarrow 2$ EOM's

EOM1:

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- :- Auxiliary Metric
- :- Dynamical Equation

$$\Gamma^{\mu}_{\alpha\beta} = \frac{1}{2} q^{\mu\sigma} (q_{\sigma\alpha,\beta} + q_{\sigma\beta,\alpha} - q_{\alpha\beta,\sigma}) \quad : \text{Connection is defined by } q_{\alpha\beta,\alpha} = \frac{1}{2} q^{\mu\sigma} (q_{\sigma\alpha,\beta} + q_{\sigma\beta,\alpha} - q_{\alpha\beta,\sigma})$$

$$T^{\mu\nu} = \frac{2}{\sqrt{|g|}} \frac{\delta L_M}{\delta g_{\mu\nu}}$$

q

: Energy-Momentum Conservation → Matter plays in the background metric

 $|\nabla^g_{\mu}T^{\mu\nu}=0|$: EOM for matter

Field Equations

$$S_M = \int d^4x \sqrt{-|g|} \left[-\frac{1}{2} g_{\mu\nu} \partial^\mu \phi \partial^\nu \phi - V(\phi) \right] \qquad V(\phi) = \frac{m^2}{2} \phi^2$$

$$g_{\mu\nu}dx^{\mu}dx^{\nu} = -dt^{2} + a^{2}(t) d\mathbf{x}^{2},$$

$$q_{\mu\nu}dx^{\mu}dx^{\nu} = -X^{2}(t) dt^{2} + Y^{2}(t) d\mathbf{x}^{2}$$

$$X = (\lambda - \kappa p)^{3/4} (\lambda + \kappa \rho)^{-1/4}, \qquad Y = \left[(\lambda + \kappa \rho) (\lambda - \kappa p) \right]^{1/4} a,$$

Puts an upper limit on pressure

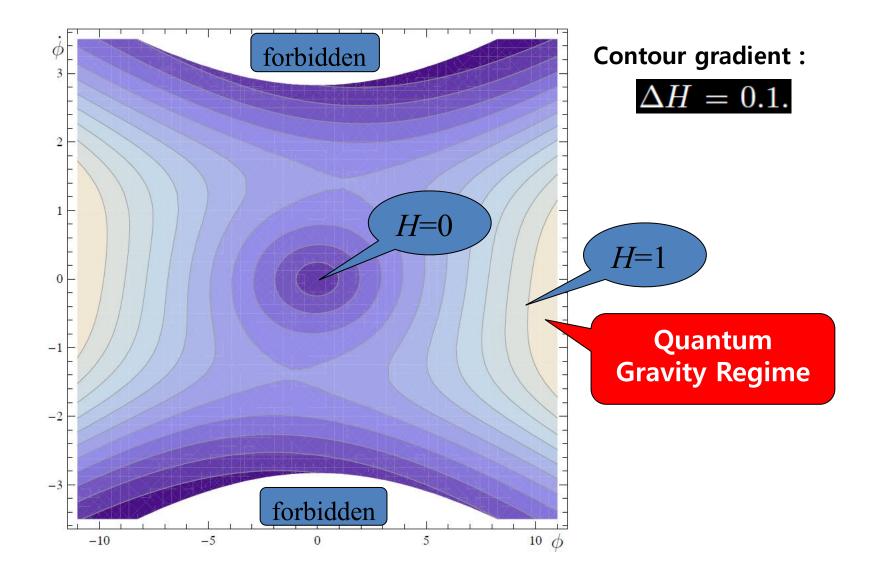
$$\rho = \dot{\phi}^2/2 + V$$
 and $p = \dot{\phi}^2/2 - V$

$$H \equiv \frac{\dot{a}}{a} = \frac{1}{\left(\dot{\lambda} + V\right)^{2} + \dot{\phi}^{4}/2} \left\{ -\frac{1}{2} \left(\dot{\lambda} + V + \frac{\dot{\phi}^{2}}{2}\right) V'(\phi)\dot{\phi} \pm \frac{1}{\sqrt{3}} \left(\dot{\lambda} + V - \frac{\dot{\phi}^{2}}{2}\right) \times \left[\left(\dot{\lambda} + V + \frac{\dot{\phi}^{2}}{2}\right)^{3/2} \left(\dot{\lambda} + V - \frac{\dot{\phi}^{2}}{2}\right)^{3/2} - \frac{1}{\kappa} \left(\dot{\lambda} + V + \frac{\dot{\phi}^{2}}{2}\right) \left(\dot{\lambda} + V - \dot{\phi}^{2}\right) \right]^{1/2} \right\}$$

$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0.$$

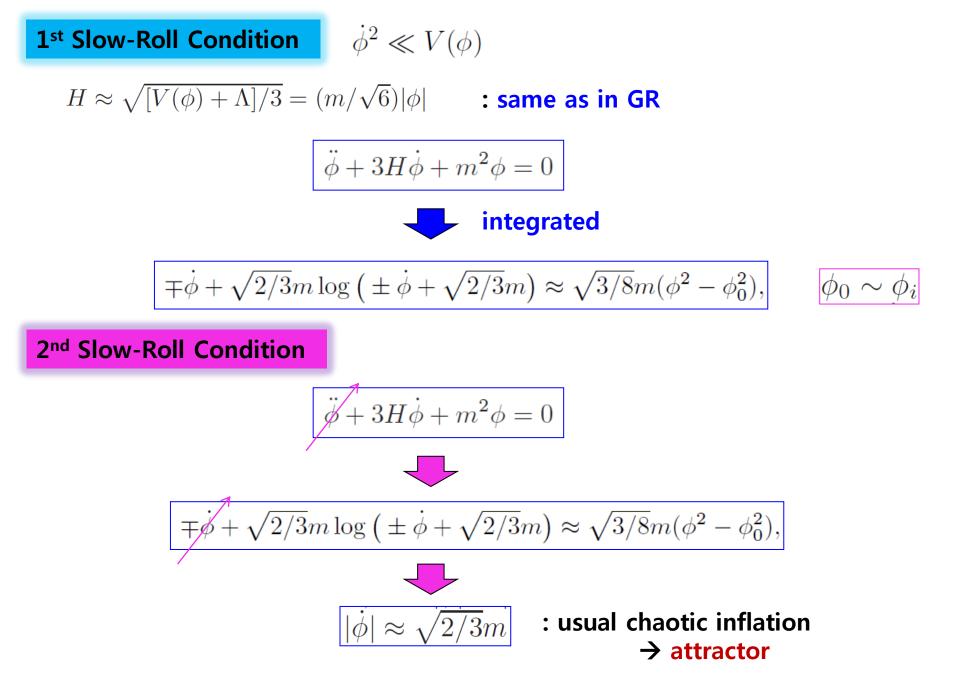
$$\lambda \equiv \lambda/\kappa$$

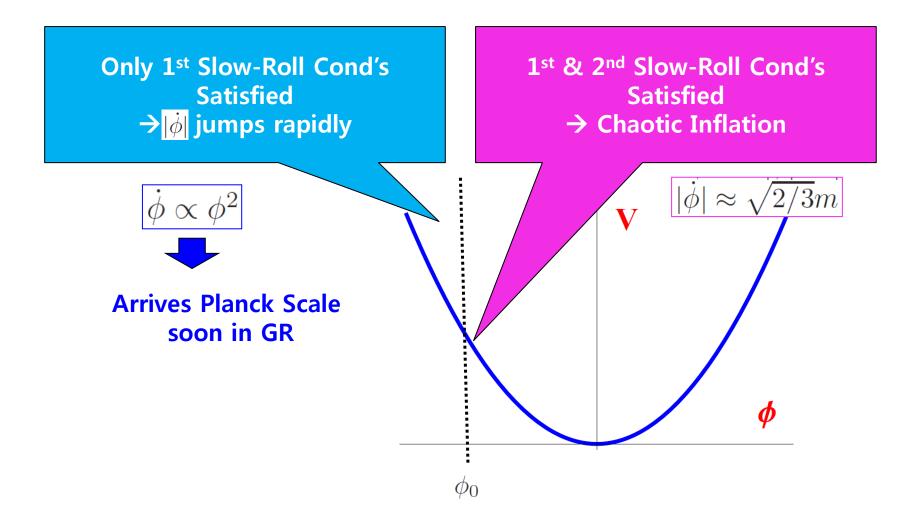
H in Phase Space $(\phi, \dot{\phi})$ for $m = 1/4, \kappa = 1/4$, and $\lambda = 1$.



Slow-Roll Evolution :

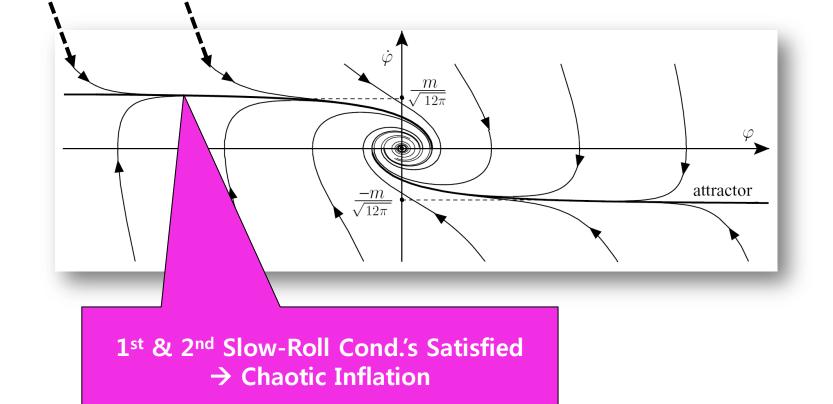
Same both for GR and EiBI





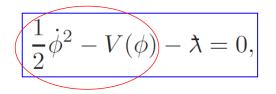
Forward in Time

Only 1st Slow-Roll Cond.Satisfied $\rightarrow |\dot{\phi}|$ drops rapidly

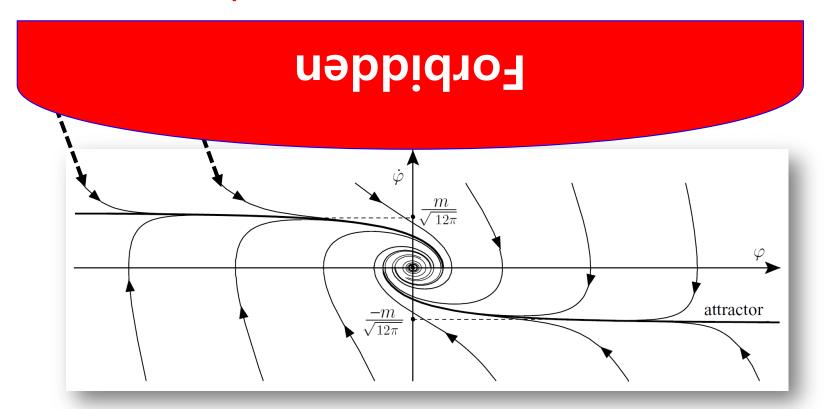


In EiBI gravity, there exists an upper limit in $\dot{\phi}^2$

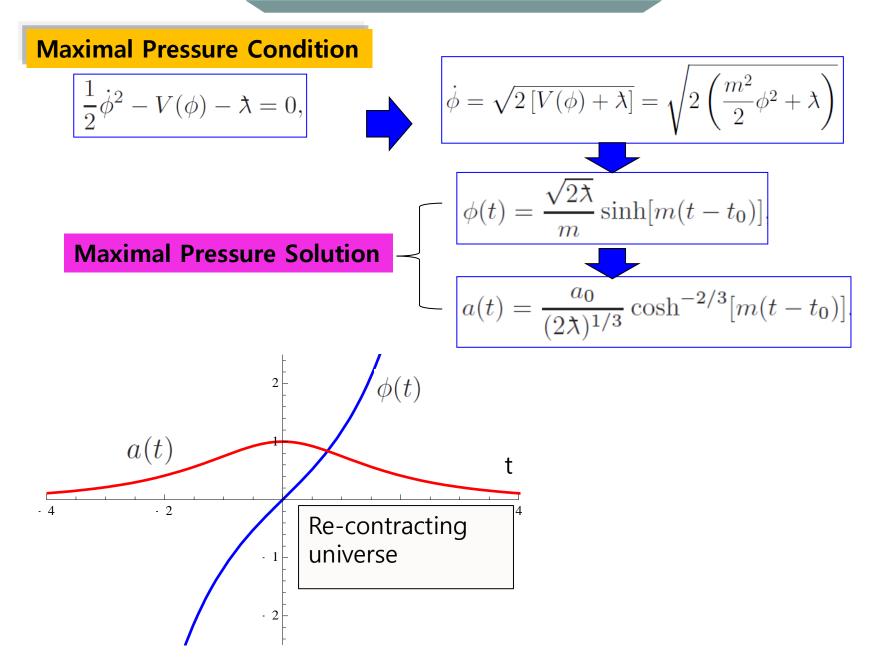
→ Maximal Pressure Condition (MPC)



pressure



Maximal Pressure Solution (MPS)

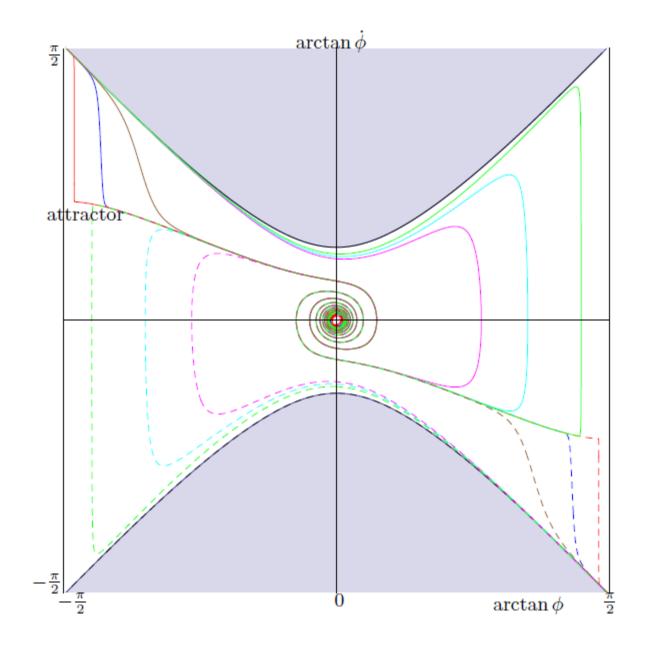


At early stage (t <<)

$$\phi(t) \approx -\sqrt{\frac{\lambda}{2m^2}} e^{m(t-t_0)}, \qquad a(t) \approx a_0 \left(\frac{2}{\lambda}\right)^{\frac{1}{3}} e^{\frac{2}{3}m(t-t_0)}.$$
$$H = H_{\text{MPS}} \approx \frac{2}{3}m$$

Finite Curvature !!!

- :- even when the energy density is high
- :- determined solely by the mass scale



Stability of MPS: global perturbation

MPS's
$$\dot{\phi} = U(\phi)$$
 $H = -\frac{2}{3}U'(\phi).$

$$U(\phi) \equiv \sqrt{2[V(\phi) + \lambda]}$$

Linear Perturbations

$$\dot{\phi} = U(\phi) \left[1 + \epsilon \psi(t)\right], \qquad H = -\frac{2}{3}U'(\phi) \left[1 + \epsilon h(t)\right]$$
$$\dot{\psi} - 2U'h = 0, \qquad h = \left(-\frac{2}{3} + \sqrt{\frac{2}{3\kappa}}\frac{1}{U'}\right)\psi.$$

Results

$$U\psi = \psi_0 (2\lambda)^{-1/6} \cosh^{-1/3} [m(t-t_0)] e^{t/t_c} \propto e^{\left(\frac{m}{3} + \sqrt{\frac{8}{3\kappa}}\right)t} \qquad (\text{as } t \to -\infty) ,$$
$$(\text{as } t \to -\infty) ,$$
$$U'h = \psi_0 (2\lambda)^{-2/3} \left\{ \sqrt{\frac{2}{3\kappa}} - \frac{2m}{3} \tanh[m(t-t_0)] \right\} \cosh^{-4/3} [m(t-t_0)] e^{t/t_c} \propto e^{\left(\frac{4m}{3} + \sqrt{\frac{8}{3\kappa}}\right)t} \qquad (\text{as } t \to -\infty)$$

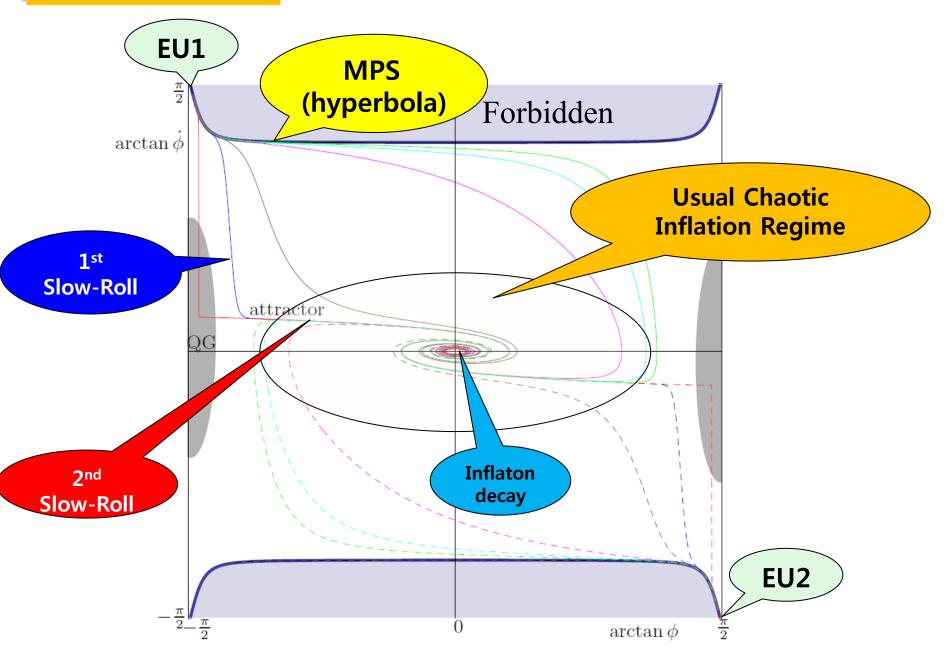


Both perturbations grow in time \rightarrow <u>MPS is unstable !!!!</u>.

Universe starts from MPS

- → departs from MPS due to instability
 - $\mathbf{a} \dot{\phi}$ decreases
 - → Universe enters 1st Slow-Roll Regime
 - \rightarrow $|\dot{\phi}|$ rapidly drops
 - → Universe enters 2nd Slow-Roll Regime
 - → Settles down to Inflationary Attractor

Numerical Evolution



In GR, the pre-inflationary period is in Quantum Gravity Regime :- due to high energy density

In EiBI gravity, Quantum Gravity Regime is considerably suppressed

- :- kinetic energy is bounded by MPS
- :- curvature around MPS ~ mass scale

On the Attractor, curvature is $H^2 \sim m^2 \phi_0^2$

:- can be small if $|\phi_0| < m^{-1}$

Therefore, MPS provides a natural NON-singular initial state for inflation → Non-Quantum Precursor of Inflation

Only for $V > M_P^2$ and $V \gg K$, curvature scale becomes large :- can be avoided by varieties of evolution paths

Conclusions

A scalar field with potential $V(\phi) = \frac{m^2}{2}\phi^2$ in EiBI gravity provides

- Non-Singular
- Non-Quantum Gravitational
- so, Natural
- pre-Inflationary Stage

Followed by

- Ordinary Inflation

Scalar Perturbation Theory needs be investigated

- Some work done by Ke Yang et. al. (2013) for BF solution
- Need be investigated for **EiBI Inflation**

Tensor perturbation has been investigated for BF solution by Escamilla-Rivera, Banados, Ferreira (2012)

- Need be investigated for **EiBI Inflation**

Discussions on Tensor Perturbation

Formulation of Tensor Perturbation in EiBI

$$g_{\mu\nu}dx^{\mu}dx^{\nu} = -a^{2}d\eta^{2} + a^{2} \left(\delta_{ij} + h_{ij}\right) dx^{i}dx^{j},$$

$$q_{\mu\nu}dx^{\mu}dx^{\nu} = -X^{2}d\eta^{2} + Y^{2} \left(\delta_{ij} + \gamma_{ij}\right) dx^{i}dx^{j},$$

$$= Y^{2} \left[-d\tau^{2} + \left(\delta_{ij} + \gamma_{ij}\right) dx^{i}dx^{j}\right],$$

$$\partial_i h^{ij} = \partial_i \gamma^{ij} = 0$$
 and $h = \gamma = 0$.

From EOM 1, one gets $h_{ij} = \gamma_{ij}$.

$$h_{ij}(\eta,\vec{x}) = \sum_{\lambda=+,-} \int \frac{d^3k}{(2\pi)^{3/2}} \ h_{\lambda}(\eta,\vec{k}) \ \epsilon_{ij}^{\lambda}(\vec{k}) \ e^{i\vec{k}\cdot\vec{x}},$$

From EOM 2,

$$\frac{\kappa Y^2}{2X^2}h_{\lambda}'' + \frac{\kappa Y^2}{2X^2}\left(3\frac{Y'}{Y} - \frac{X'}{X}\right)h_{\lambda}' + \frac{\kappa k^2}{2}h_{\lambda} = 0.$$

$$h_{\lambda}^{\prime\prime} \approx 0 \qquad \Rightarrow \qquad h_{\lambda} = A\eta + B.$$

Grows in Radiation-Dominated Universe [Escamilla-Rivera, Banados, Ferreira] $h_{ij} \propto A \delta \eta = A/a(t_e) \times \delta t$

Tensor Perturbation of MPS grows in the same way :- may cause a trouble

Time scale for growth of tensor perturbation : $\delta t_{\rm T} \sim \frac{1}{-} \sim \frac{1}{-}$

Time scale for growth of MPS perturbation :

However, SAFE

$$\delta t_{\rm MPS} \sim \frac{1}{m/3 + \sqrt{8/3\kappa}}$$

if
$$\delta t_{\mathrm{T}} > \delta t_{\mathrm{MPS}}$$
 \longrightarrow $m \ll 1/\sqrt{\kappa}$

Universe leaves MPS before T.P. grows sufficiently

During Inflationary period, tensor perturbation is oscillatory