Spontaneous scalarization and heavy neutron stars

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Introduction

Testing gravity at extreme density has become possible!

Livingston, Louisiana (L1)



Have we already found evidence for non-GR?

$2M_{\odot}$ Neutron Star

It is difficult to explain the existence of $2M_{\circ} NS$ [1] if the effect of strange hadrons is taken into account.



Two possibilities

• Not complete understanding of nuclear matter

• GR is not correct

(Simplest) scalar-tensor theory

$$S = \int d^{4}x \sqrt{-g} \left(\frac{R}{16\pi G} - \frac{1}{2} g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi - \frac{1}{2} m_{\phi}^{2} \phi^{2} \right) + S_{m} [\psi_{m}, A^{2}(\phi)g_{\mu\nu}]$$

Including us
We feel $A^{2}(\phi)g_{\mu\nu}$ as our metric.

Universal coupling $A^2(\phi)$

may arise from non-minimal coupling between ϕ and $g_{\mu\nu}$.

$$S = \int d^4x \sqrt{-\tilde{g}} \left(\frac{\tilde{R}}{16\pi G} + f(\phi)\tilde{R} - \frac{1}{2} \tilde{g}^{\mu\nu}\partial_{\mu}\phi\partial_{\nu}\phi - V(\phi) \right) + S_m[\psi_m, \tilde{g}_{\mu\nu}]$$

I do not consider the origin of the universal coupling.

That we feel both $g_{\mu\nu}$ and ϕ means that we source $g_{\mu\nu}$ and ϕ .



Field equations

$$\begin{split} G_{\mu\nu} &= 8\pi G \left[-\left(\frac{1}{2}g^{\mu\nu}\partial_{\mu}\phi\partial_{\nu}\phi + \frac{1}{2}m_{\phi}^{2}\phi^{2}\right)g_{\mu\nu} + \partial_{\mu}\phi\partial_{\nu}\phi + \underline{A^{2}(\phi)}\tilde{T}_{\mu\nu} \right], \\ \Box_{g}\phi &- \frac{dV_{\text{eff}}}{d\phi} = 0, \ V_{\text{eff}} \equiv \frac{1}{2}m_{\phi}^{2}\phi^{2} - \frac{1}{4}\tilde{T}A^{4}(\phi). \end{split}$$

The value ϕ depends on the environment(= \tilde{T}). The effective gravitational constant ($GA^2(\phi)$) depends on the environment ($\phi = 0$ is GR).

Spontaneous scalarization Damour&Esposite-Fareese 1993

$$\nabla^2 \phi - \frac{d}{d\phi} V_{eff} = 0$$
from the conformal coupling
$$V_{eff} = \frac{m_{\phi}^2}{2} \phi^2 - \frac{T}{4} A^4(\phi) \approx \frac{m_{\phi}^2}{2} \phi^2 + \frac{\rho}{4} A^4(\phi)$$
 ρ : energy density of matter

Around $\phi = 0$, approximating $A^2(\phi) \approx 1 + \frac{1}{2} A^{2''}(0)\phi^2$, we have

$$V_{eff} \approx \frac{\rho}{4} + \frac{1}{2} \left(m_{\phi}^2 + \frac{\rho}{2} A^{2''}(0) \right) \phi^2 + \dots$$

If $A^{2''}(0) < 0$, then $\phi = 0$ becomes unstable for

$$ho >
ho_{PT} = rac{2m_{\phi}^2}{-A^{2''}(0)}$$

and symmetry breaking occurs (Spontaneous scalarization).



Previous researches

- $\begin{array}{l} m_{\phi} \neq 0 \ [4] \\ & \textcircled{O} \ GR \ is \ cosmological \ attractor \\ & \textcircled{O} \ Oscillating \ \phi \ behaves \ as \ dark \ matter \\ & \fbox{O} \ \lambda_{\phi} \equiv m_{\phi}^{-1} > 100 \ \mathrm{km} \ [3] \\ & \fbox{L} \ \lambda_{\phi} \lesssim R_{NS} \sim 10 \ \mathrm{km} \\ & \mathrm{this \ talk} \end{array}$

[1]:T. Damour and G. Esposito-Farese, Phys. Rev. Lett., **70**, 2220 (1993).
[2]:J. Antoniadis *et al.*, Science **340**, 6131 (2013).
[3]:F. M. Ramazanoglu and F. Pretorius, Phys. Rev. D **93**, 064005 (2016).
[4]:P. Chen, TS, and J. Yokoyama, Phys. Rev. D **92**, 124016 (2015).

What we did in this study

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We investigated the structure of non-spinning NSs in this model for $\lambda_{\phi} \leq 10$ km.

- The parameters in this model are
 η: How significantly gravity is weakened
 ρ_{PT}: Critical density for symmetry breaking
 - λ_{ϕ} : Compton wavelength

Functional form of $A^2(\phi)$ (phenomenological)

$$A^2(\phi) = 1 - \eta + \eta \exp\left[-rac{\phi^2}{2M^2}
ight], \ 0 < \eta < 1.$$



 $G_{eff} = G$ for low density $G_{eff} = (1 - \eta)G$ for high density.

Equations of state (EOSs)

- npeµ \longrightarrow AP4 EOS [1]
- With strange hadrons → GS1 EOS [1]
 Our main target
- Strange quark matter MIT BAG model [2]



[1]:J. S. Read et. al., Phys. Rev. D 79, 124032 (2009). [2]A. Chodos et. al., Phys. Rev. D9, 3471 (1974).

Modified TOV equations Static and spherically symmetric configuration $ds^{2} = g_{\mu\nu}dx^{\mu}dx^{\nu} = -e^{\nu(r)}dt^{2} + \frac{dr^{2}}{1 - \frac{2\mu(r)}{r}} + r^{2}d\Omega^{2}, \ \phi = \phi(r), \ \tilde{p} = \tilde{p}(r), \ \tilde{\epsilon} = \tilde{\epsilon}(r).$ $\frac{d\mu}{dr} = 2\pi G \left(r(r-2\mu) \left(\frac{d\phi}{dr} \right)^2 + r^2 m_\phi^2 \phi^2 \right) + 4\pi G A^4(\phi) r^2 \tilde{\epsilon},$ $\frac{d\nu}{dr} = 4\pi Gr \left(\frac{d\phi}{dr}\right)^2 + \frac{1}{r(r-2\mu)} (8\pi Gr^3 A^4(\phi)\tilde{p} - 4\pi Gr^3 m_{\phi}^2 \phi^2 + 2\mu),$ $\begin{cases} \frac{d\tilde{p}}{dr} = -(\tilde{\epsilon} + \tilde{p})\left(\frac{1}{2}\frac{d\nu}{dr} + \frac{d\ln A(\phi)}{dr}\right), \\ (r - 2\mu)\frac{d^2\phi}{dr^2} = -2\left(1 - \frac{\mu}{r}\right)\frac{d\phi}{dr} + m_{\phi}^2\left(4\pi Gr^2\phi^2\frac{d\phi}{dr} + r\phi\right) \end{cases}$ $+ rA^4(\phi) \left(4\pi Gr(\tilde{\epsilon} - \tilde{p}) \frac{d\phi}{dr} + \alpha(\tilde{\epsilon} - 3\tilde{p}) \right).$

Boundary conditions There is only one free parameter (neutron star mass) $\mu(0) = 0, \ \nu(0) = 0, \ \tilde{p}(0) = \tilde{p}_c, \ \phi'(0) = 0, \ \lim_{r \to \infty} \phi(r) = 0.$ Non-singularity at r=0 Initial values must be tuned.

Mildly massive case($10 \text{ km} \ge \lambda_{\phi} \gtrsim 1 \text{ km}$)

We used the shooting method.



Very massive case ($\lambda_{\phi} \ll 1$ km)

Numerical integration becomes difficult.



We have invented a semi-analytical method to solve this problem.

Results

Profile of ϕ



The semi-analytical result approximates the numerical results for short Compton wavelength.

Mass-radius relation



MR relation for other EOSs

The qualitative feature does not change for the other EOSs.



Existence of $2M_{\odot}$ NS

$2M_{\circ}$ is allowed!!



Mass-Radius for GS1 EOS, $ho_{\rm PT}=10^8~{
m MeV^4},~\lambda_\phi=10~{
m km}$ and various values of η .

Maximum mass ($m_{\phi} \rightarrow \infty$ limit)



30M_o neutron stars?



Mass-radius relation for GS1 EoS, $\eta = 1$, and $\lambda_{\phi}/R_{\rm NS} \ll 1$.

LMC X-3



Spectral fit suggests $R_{\rm in} \simeq 50 {\rm km}$.

 $R_{\rm in} = \frac{6GM}{c^2} \longrightarrow M \simeq 6M_{\odot}.$

This massive star is a neutron star in our model.

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30 M_{\odot} NS is excluded.

Private communication with Kazuhiro Nakazawa and Shogo Kobayashi.

Conclusion

- The $2M_{\odot}$ neutron star is allowed in our model.
- Scalar force affects the internal structure significantly for massive scalar cases.

Future work

- Investigate stability
- How to test this scenario with astrophysical observations