

# Axion Inflation and the Lattice Weak Gravity Conjecture

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IAS

# Based On

- 1409.5793/hep-th, 1503.00795/hep-th
- 1506.03447/hep-th, 1509.06374/hep-th
  - with Ben Heidenreich, Matthew Reece
- To appear
  - with Ben Heidenreich, Cody Long, Liam McAllister, Matthew Reece, John Stout

# Outline

- I. The Weak Gravity Conjecture
- II. The WGC and Inflation
- III. Strong Forms of the WGC
- IV. Strong Forms of the WGC and Inflation

# The Weak Gravity Conjecture

# The Big Picture



Landscape

Swampland

# The Weak Gravity Conjecture

The WGC: In any  $U(1)$  gauge theory that admits a UV completion with gravity, there must exist a state of charge  $q$ , mass  $m$ , such that

$$\frac{q}{m} \geq \frac{Q}{M} \Big|_{\text{extremal}}$$

Arkani-Hamed, Motl, Nicolis, Vafa, '06

# The Generalized WGC

The generalized WGC: In any  $p$ -form theory in  $d$  dimensions, there must exist an electrically charged object of dimension  $p - 1$  and a magnetically charged object of dimension  $d - p - 1$  with

$$T_{el} \lesssim \left( \frac{g^2}{G_N} \right)^{1/2}, \quad T_{mag} \lesssim \left( \frac{1}{g^2 G_N} \right)^{1/2}$$

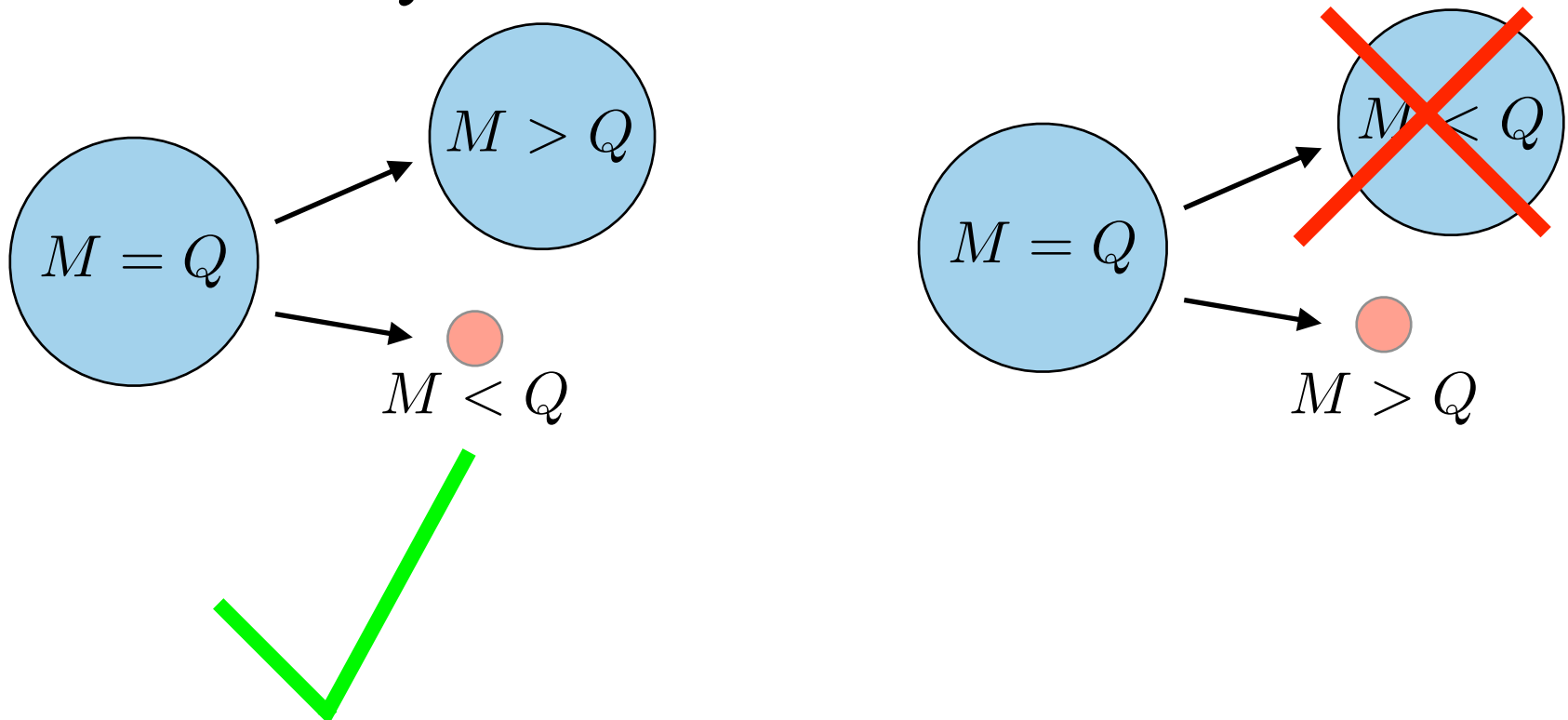
# Strong Forms of the WGC

- The lightest charged particle must satisfy  $q/m \geq Q/M|_{ext}$ .
- The particle of smallest charge must satisfy  $q/m \geq Q/M|_{ext}$ .
- “Most” charge sites  $q$  must contain a particle with  $q/m \geq Q/M|_{ext}$ .



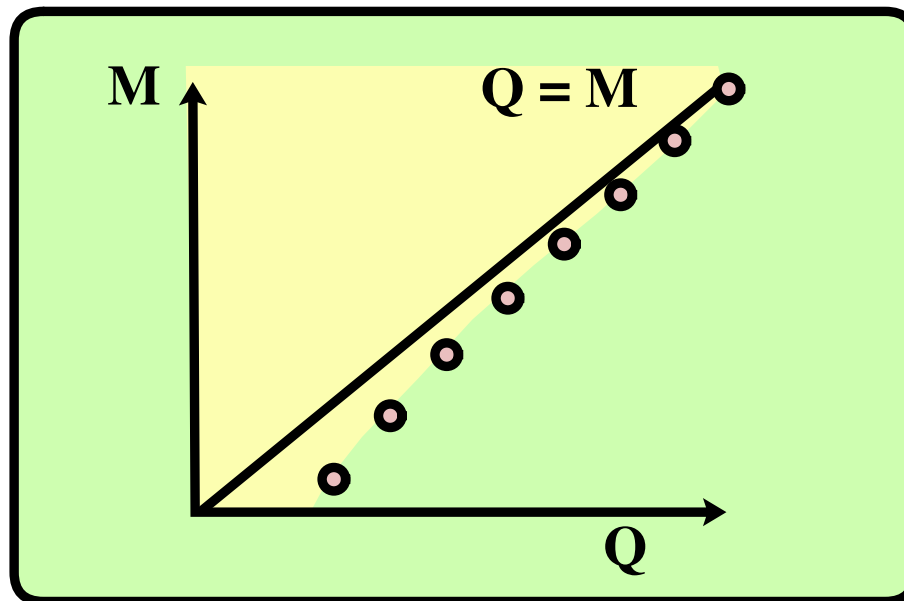
# Why should the WGC be true?

- If not, extremal BH will be unable to decay.
- If not, near-extremal BH will move towards extremality



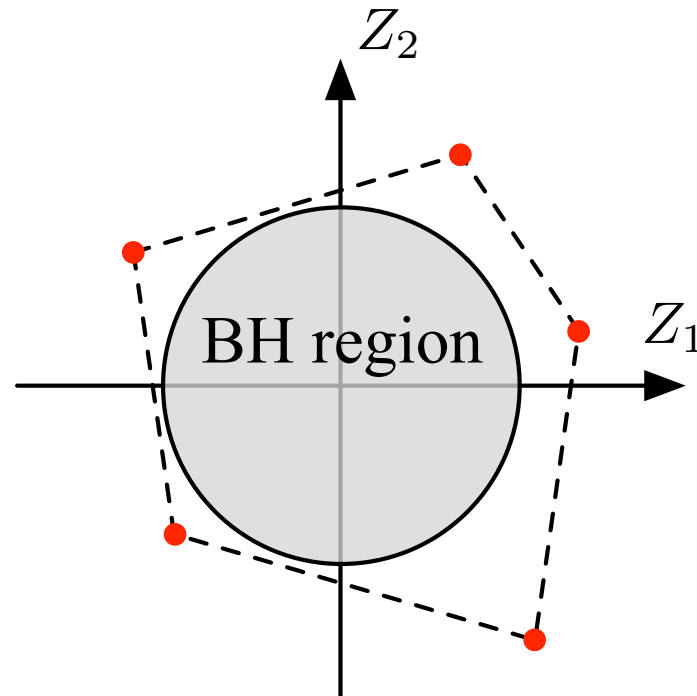
# Why should the WGC be true?

- Many examples from string theory, KK theory:



# The WGC for Multiple $U(1)$ s

1. Take theory with  $N$  1-form  $U(1)$ s.
2. Consider charge-to-mass vectors  $\vec{z}_i = \frac{\vec{q}_i}{m_i} M_p$ .
3. WGC: Convex Hull of  $\{\vec{z}_i\}$  must contain unit ball in  $\mathbb{R}^N$ .



# The WGC and Inflation

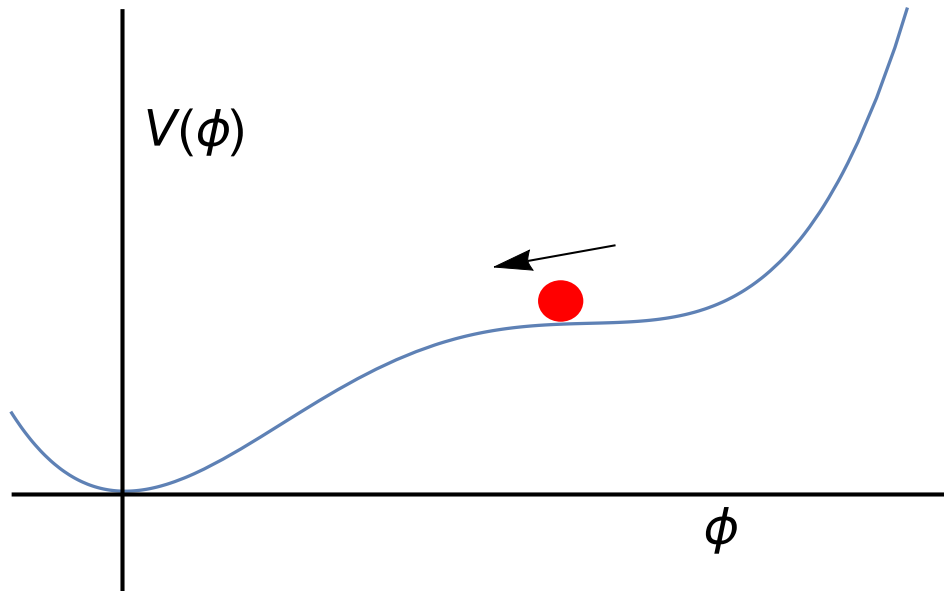
# Inflation

Problem: Why is the universe so flat and so homogeneous?

Solution: Inflation—postulated period of exponential expansion in the early universe

# Inflation in Field Theory

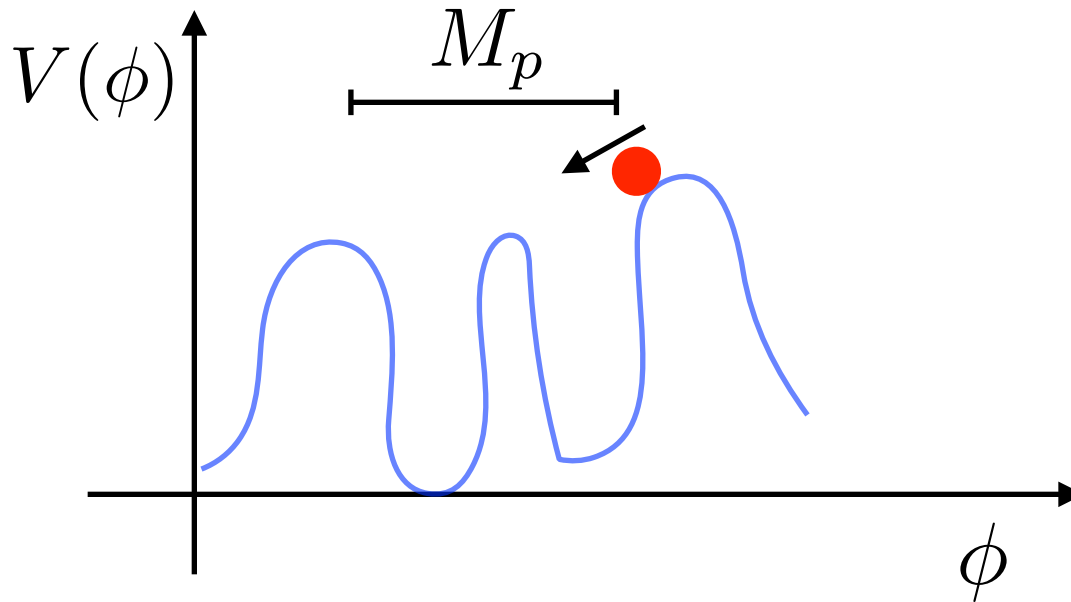
- Inflation can be thought of as the theory of a ball rolling down a hill with friction



$$\epsilon_V = \frac{M_p^2}{2} \left( \frac{V'(\phi)}{V(\phi)} \right)^2, \quad \eta_V = M_p^2 \frac{V''(\phi)}{V(\phi)}.$$

# Inflation in Field Theory

- Large-field inflation ( $\Delta\phi \gtrsim M_p$ ) runs afoul of QG:



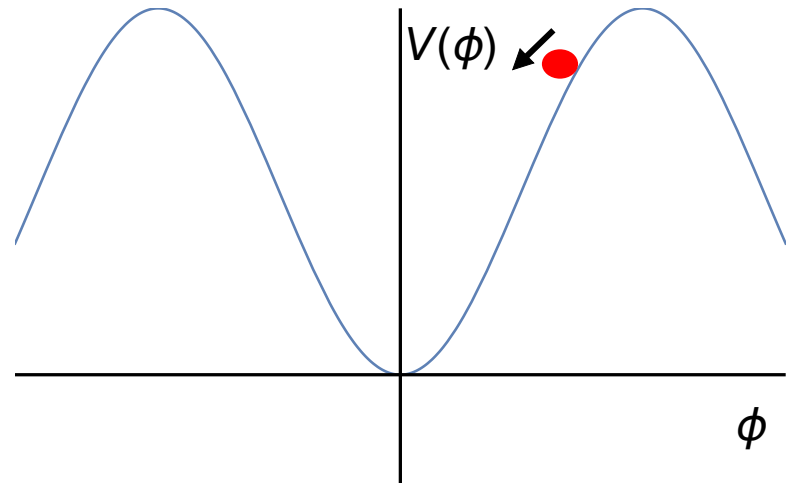
- Solution: impose shift symmetry  $\phi \rightarrow \phi + c$

# Axion Inflation

- Axions (scalars with perturbative shift symmetry) acquire periodic potential via instanton effects:

$$V(\phi) = \Lambda^4 \left(1 - \cos \frac{\phi}{f}\right) + \dots$$

“axion decay constant”



- Need  $f > M_p$  for inflation



# WGC and Axion Inflation

Consider 0-form  $\phi$  with decay constant  $f$ .  
Charged object is an instanton of action  $S$ .

$$\text{WGC} \Rightarrow 1/(fS) \gtrsim 1/M_p.$$

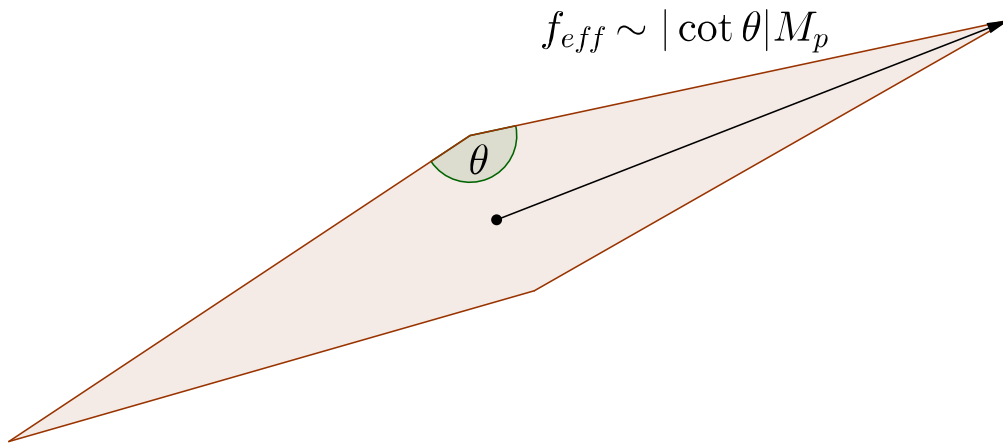
$$S > 1 + \text{WGC} \Rightarrow f \lesssim M_p$$

Incompatible with inflation!

Agrees with string theory

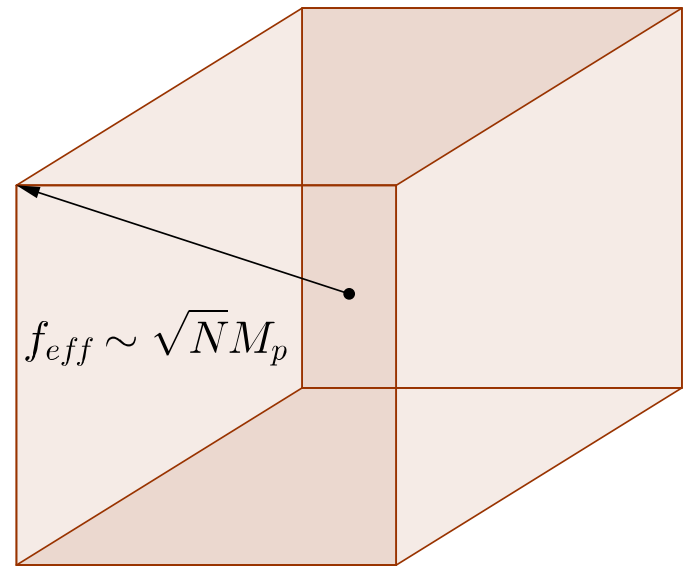
# Multi-Axion Inflation

- Recruit additional axions:



Decay Constant Alignment

Kim, Nilles, Peloso '04

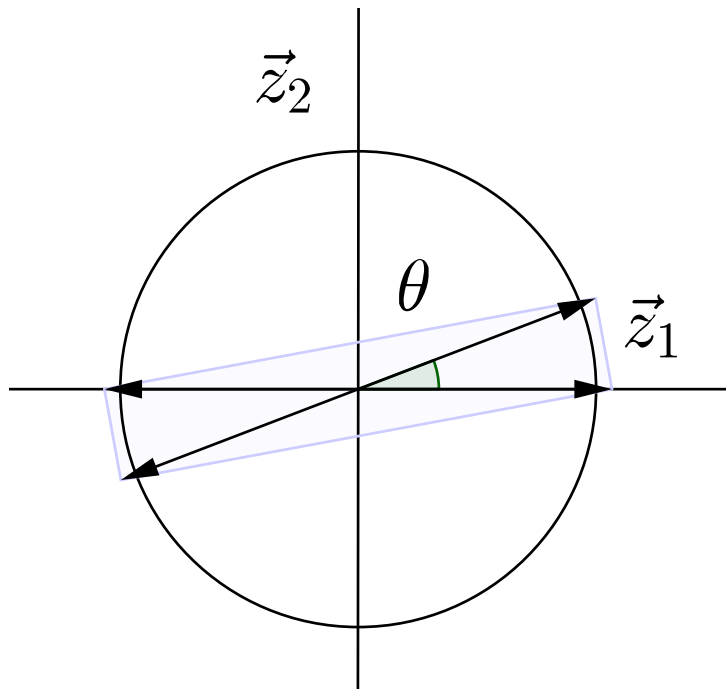


$N$ -flation

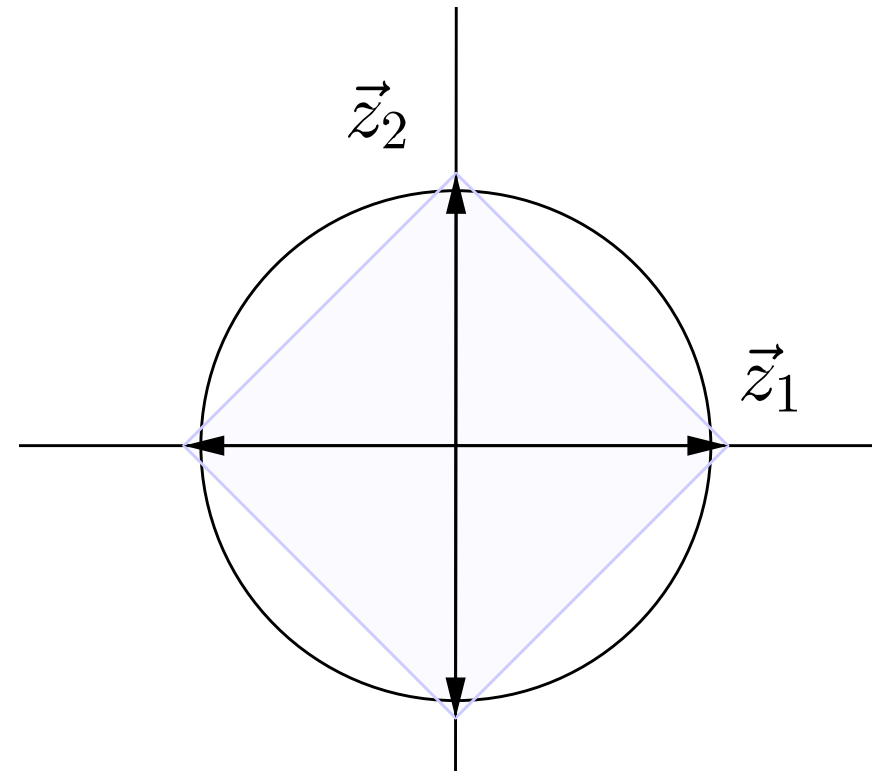
Dimopoulos, Kachru,  
McGreevy, Wacker '05

# Multi-Axion Inflation

- Simplest models violate convex hull condition



Decay Constant Alignment



$N$ -flation

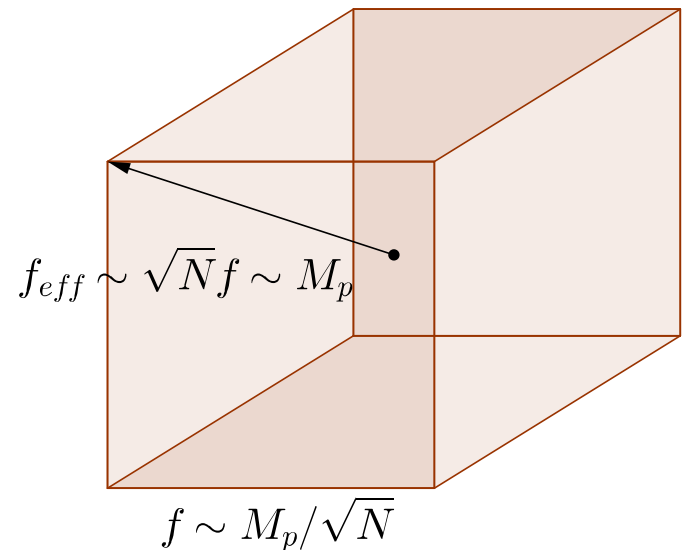
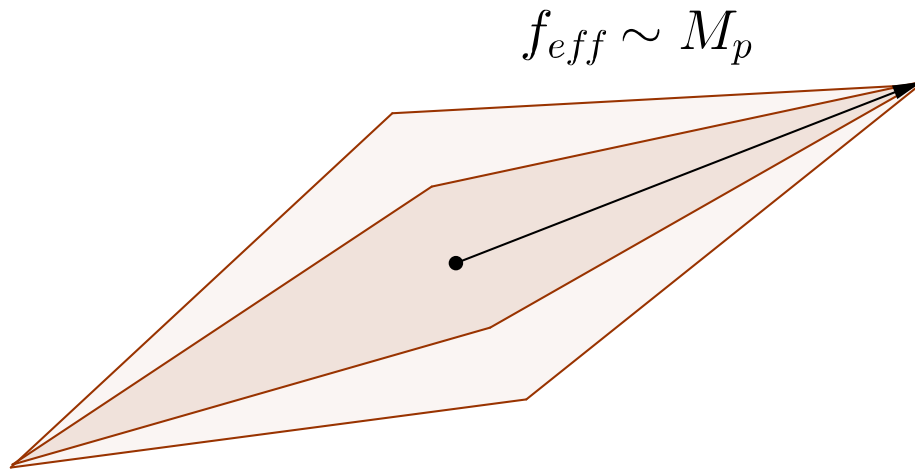
# Multi-Axion Inflation

- Similar constraints apply to simplest multi-axion models

TR '14, '15

Brown, Cottrell, Shiu, Soler '15

Montero, Uranga, Valenzuela '15



Decay Constant Alignment

Kim, Nilles, Peloso '04

$N$ -flation

Dimopoulos, Kachru,  
McGreevy, Wacker '05

# A Loophole

- Take a model with two instantons:

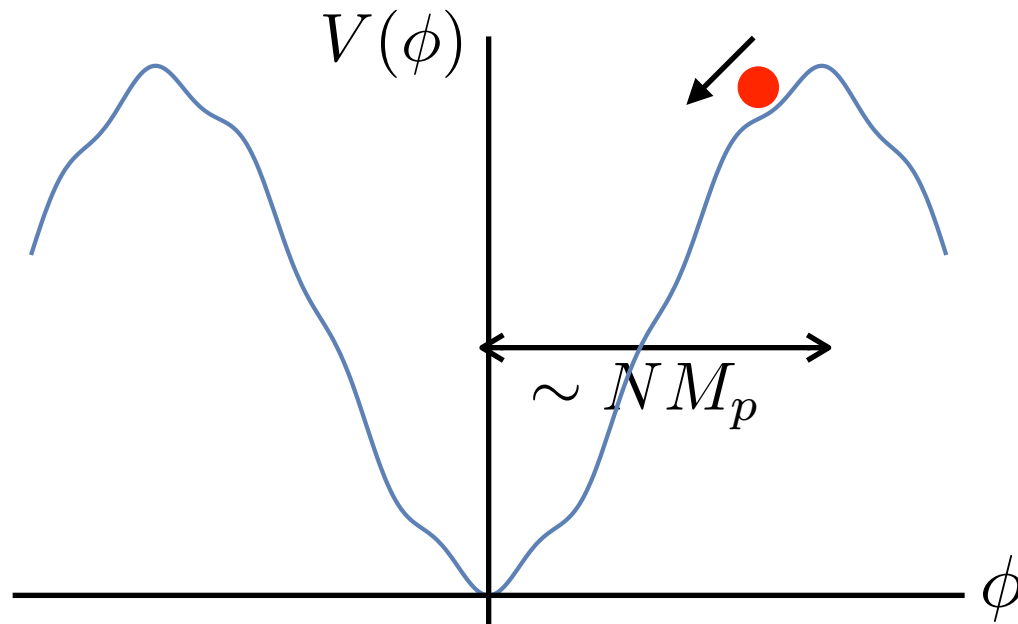
$$V \sim e^{-S_1} \left(1 - \cos \frac{\phi}{f_1}\right) + e^{-S_N} \left(1 - \cos \frac{\phi}{f_N}\right)$$

Instanton charge	1	$N$
Decay constant	$f_1 = \frac{N}{4} M_p$	$f_N = \frac{1}{4} M_p$
Instanton Action	$S_1 = 1$	$S_N = 4$
$Z_{WGC} = M_p / (fS)$	$Z_1 = 4/N$	$Z_N = 1 \gtrsim 1$

Satisfies WGC!

# A Loophole

$$V \sim e^{-S_1} \left(1 - \cos \frac{\phi}{f_1}\right) + e^{-S_N} \left(1 - \cos \frac{\phi}{f_N}\right)$$



$\Rightarrow$  super-Planckian  $f_1 \Rightarrow$  successful inflation!

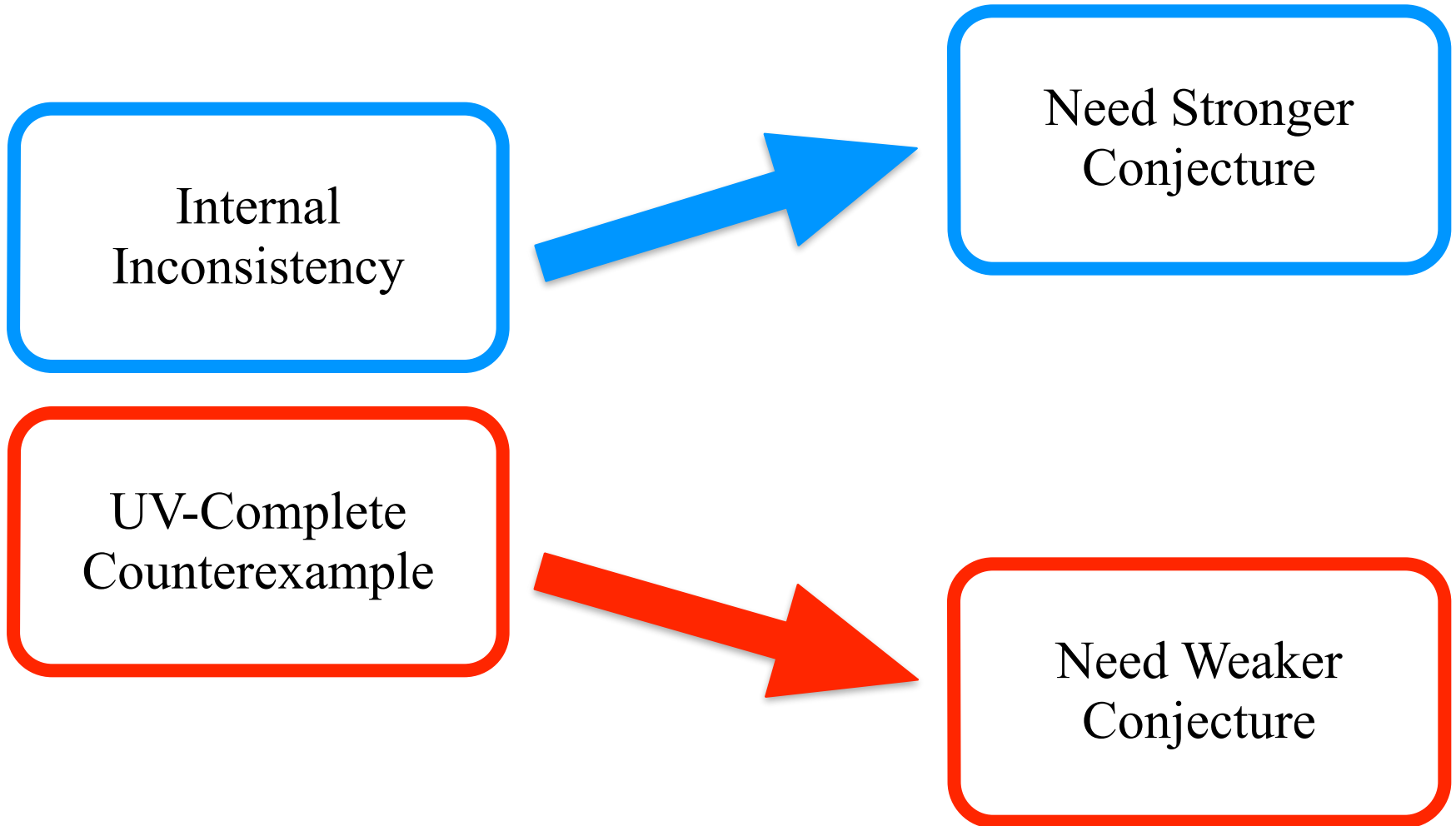
# Invoking a Strong Form

- In this model:
  - The instanton of smallest action does not satisfy the WGC bound
  - The instanton of smallest charge does not satisfy the WGC bound
  - “Most” charge sites are not occupied by instantons satisfying the WGC bound
- Similar considerations apply to multi-axion models of inflation

# Strong Forms of the WGC

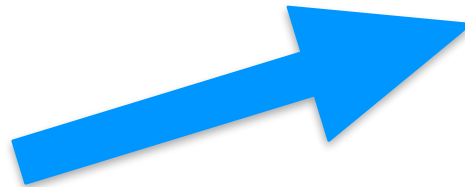


# Methodology



# Methodology

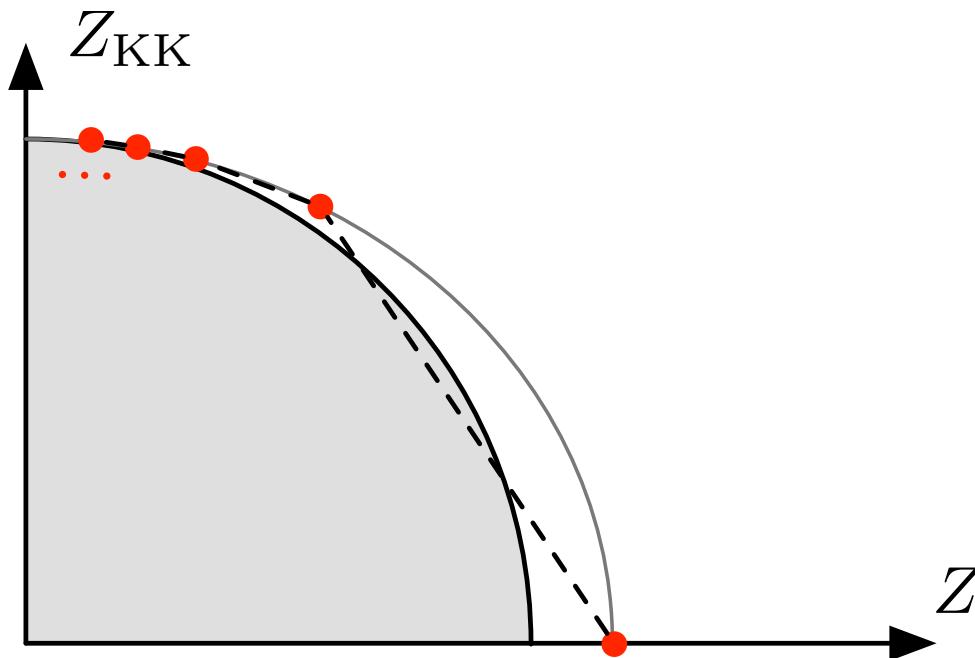
Internal  
Inconsistency



Need Stronger  
Conjecture

# The WGC and Dim. Reduction

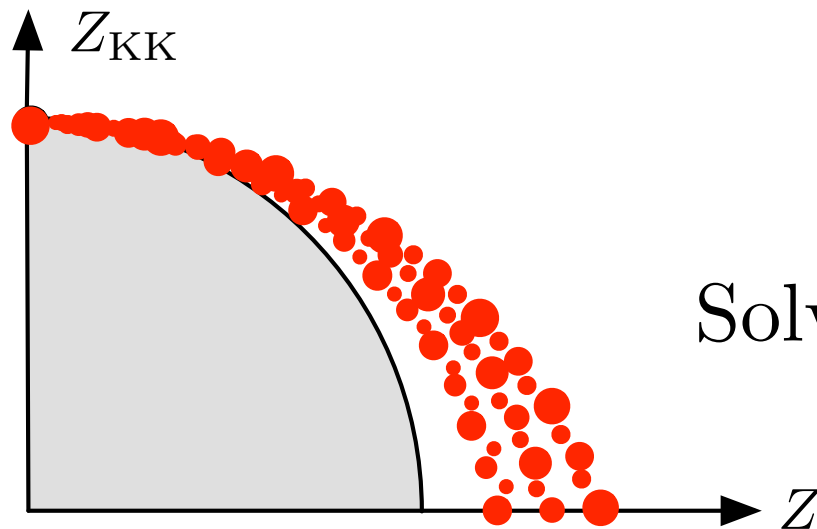
- Consider  $(d+1)$ -dimensional U(1) theory satisfying WGC
- KK reduce on small circle
- Find violation of WGC in  $d$  dimensions!



# The sLWGC

- Leads us to suspect strong form:

Sublattice Weak Gravity Conjecture: There exists some sublattice of the full charge lattice with particles satisfying  $|\vec{q}|/m \geq |\vec{Q}|/M|_{\text{ext}}$ .



Solves inconsistency!

# Top-Down Evidence for the sLWGC

- $SO(32)/E_8 \times E_8$  heterotic string states
- $T^{4,6}/\Gamma$  orbifolds of type II/heterotic string theory
- Higgs branch of  $T^4/\mathbb{Z}_3$  heterotic orbifold

# Top-Down Evidence for the sLWGC

- Perturbative string partition function:

$$Z(\mu, \bar{\mu}, \tau, \bar{\tau}) := \text{Tr}(q^\Delta \bar{q}^{\tilde{\Delta}} y^Q \bar{y}^{\tilde{Q}})$$

$$q = e^{2\pi i \tau} \quad y = e^{2\pi i \mu}$$

$\Delta, \tilde{\Delta}$  = conformal weights

$Q, \tilde{Q}$  = left, right-moving charges

# Top-Down Evidence for the sLWGC

- Modular invariance implies spectrum is invariant under shifts

$$Q \rightarrow Q + \rho, \quad \tilde{Q} \rightarrow \tilde{Q} + \tilde{\rho} \quad \rho \in \Gamma_Q^*, \quad \tilde{\rho} \in \tilde{\Gamma}_Q^*$$

with  $\Delta - \frac{1}{2}Q^2, \tilde{\Delta} - \frac{1}{2}\tilde{Q}^2$  held fixed,

- Existence of graviton,  $\Delta = \tilde{\Delta} = Q = \tilde{Q} = 0$  then implies sublattice of charged particles satisfying the WGC bound

# Methodology

UV-Complete  
Counterexample

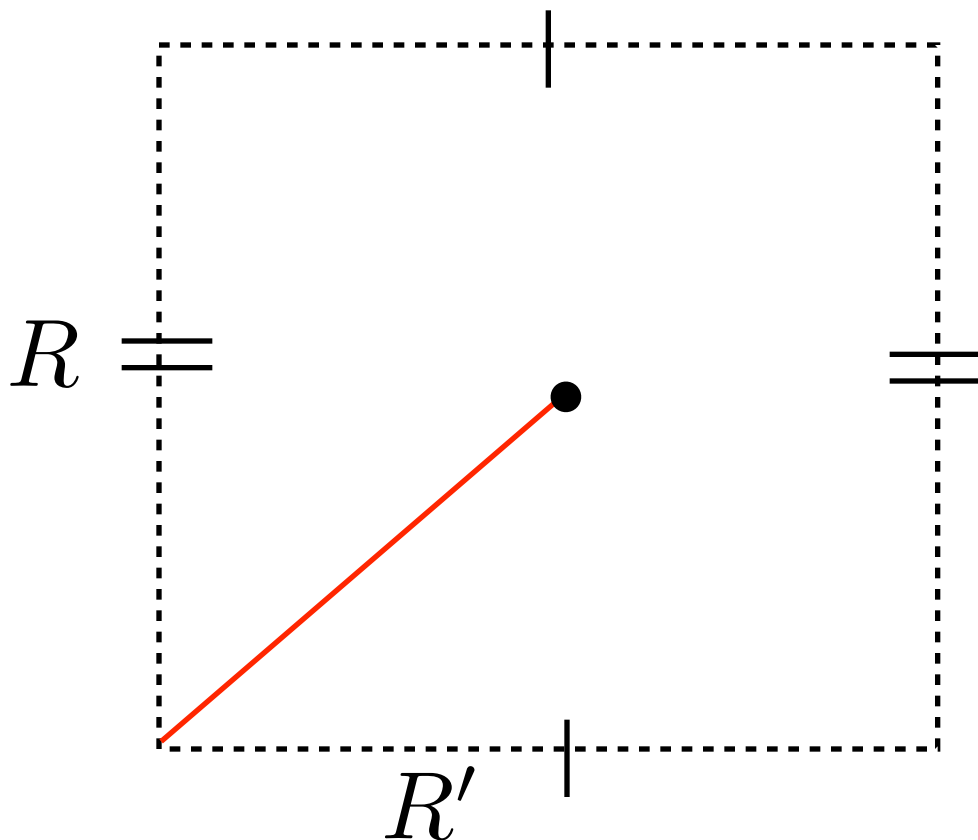


Need Weaker  
Conjecture



# WGC Strong Form Counterexamples

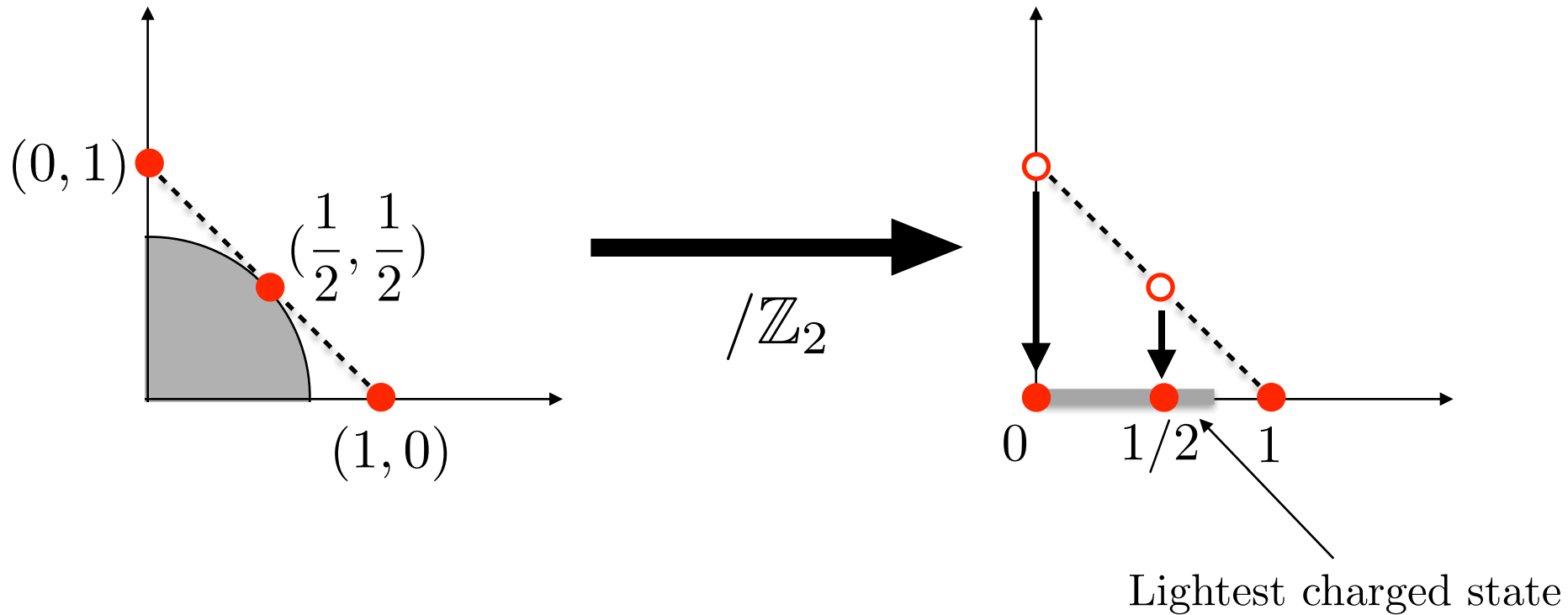
- Type II  $T^6 / \mathbb{Z}_2 \times \mathbb{Z}_2$  orbifold with non-trivial space group



$$q^2 \sim R'^2$$

$$m^2 \sim R^2 + R'^2$$

# WGC Strong Form Counterexamples



Strong WGCs Violated!

# Strong Forms of the WGC and Inflation

# (s)LWGC and Inflation

- Model with  $P$  instantons,  $N$  axions, WGC bounds assume

$$P = N$$

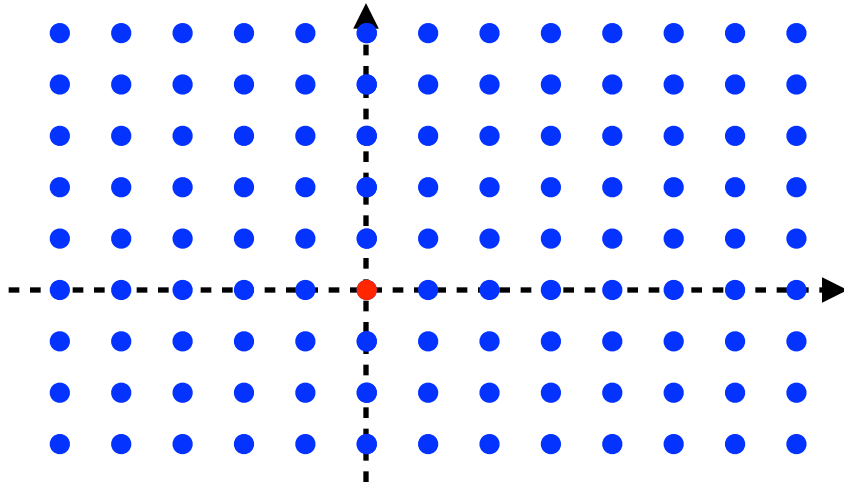
- (s)LWGC says

$$P = \infty$$

- Need to revisit WGC constraints in light of this new conjecture

# The Setup

- Consider square lattice  $\Lambda$  of instantons saturating WGC bound:



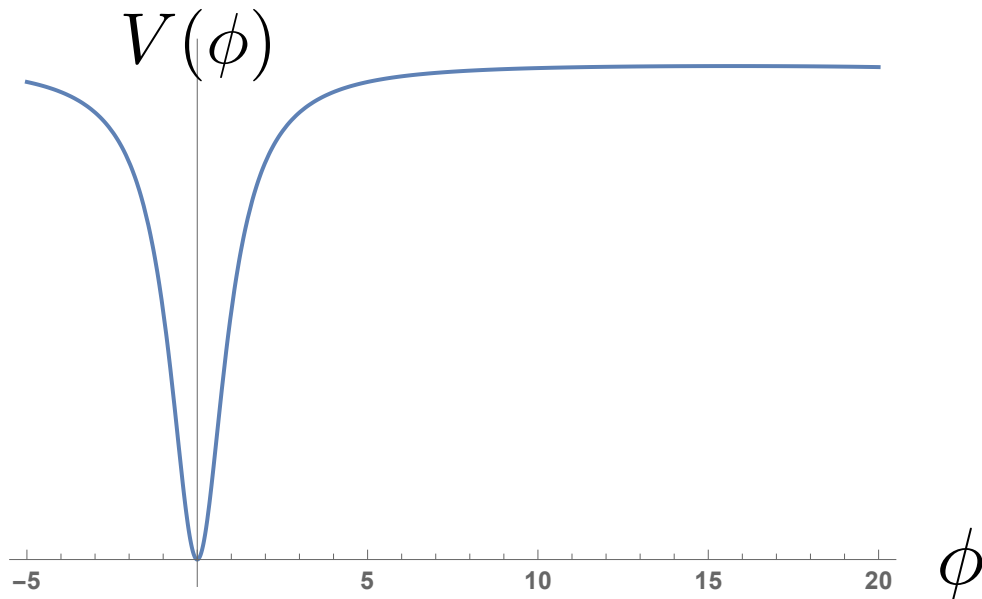
$$|\vec{Q}| := \sqrt{\vec{Q} \cdot K^{-1} \cdot \vec{Q}}$$

$$\mathcal{L} \supset -\frac{1}{2} K_{ab} \partial \phi^a \partial \phi^b - \sum_{\vec{Q} \in \Lambda} e^{-|\vec{Q}|} \cos(\vec{Q} \cdot \vec{\phi} + \delta_{\vec{Q}})$$

# A Loophole

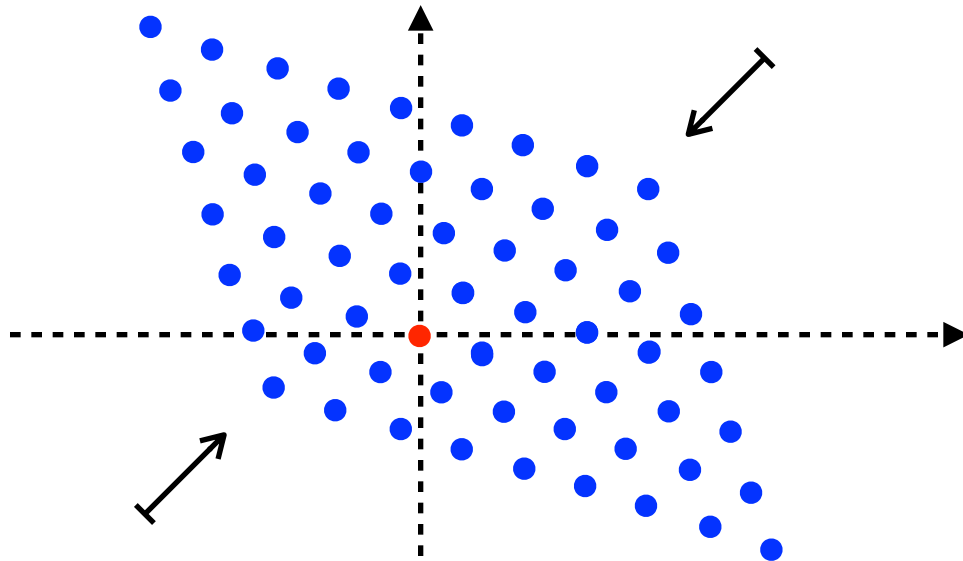
- Set  $\delta_{\vec{Q}} = \delta = \text{const.}$ ,  $N = 1$ ,

$$V(\phi) = \sum_{n \in \mathbb{Z}} e^{-n/f_0} \cos \frac{n\phi}{f_0} + \delta$$
$$= V_1 + V_0 \frac{\cos(\phi/f_0 + \delta) - e^{1/f_0} \cos \delta}{\cosh 1/f_0 - \cos \phi/f_0}.$$



# A Second Loophole

- Scrunch lattice along one diagonal:

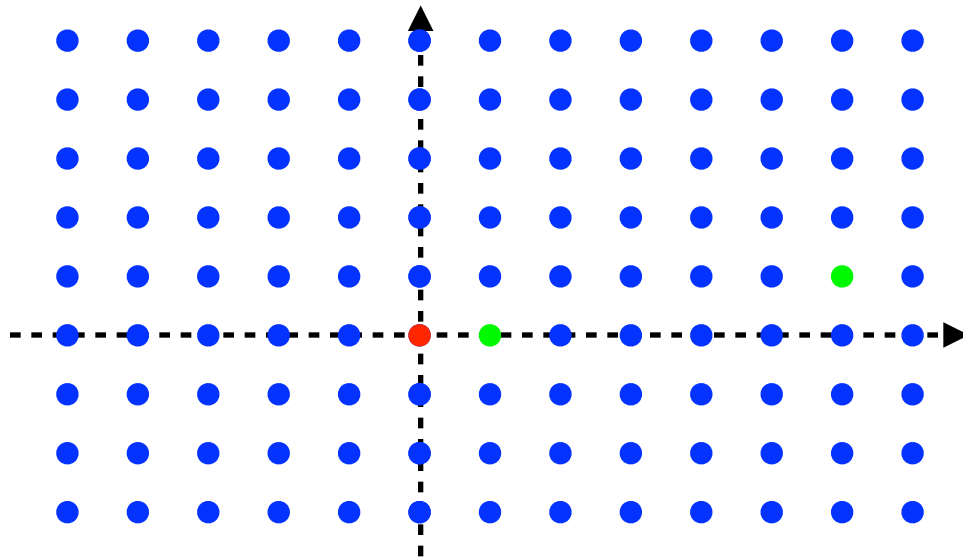


- Effect on potential is subleading in  $N^{-1}$  in scrunched direction, find

$$f_{\text{eff}} \sim \sqrt{N} M_p$$

# A Third Loophole

- Set  $N = 2$ , take two aligned instantons to have  $S_{\vec{Q}} \ll |\vec{Q}|$  and dominate potential

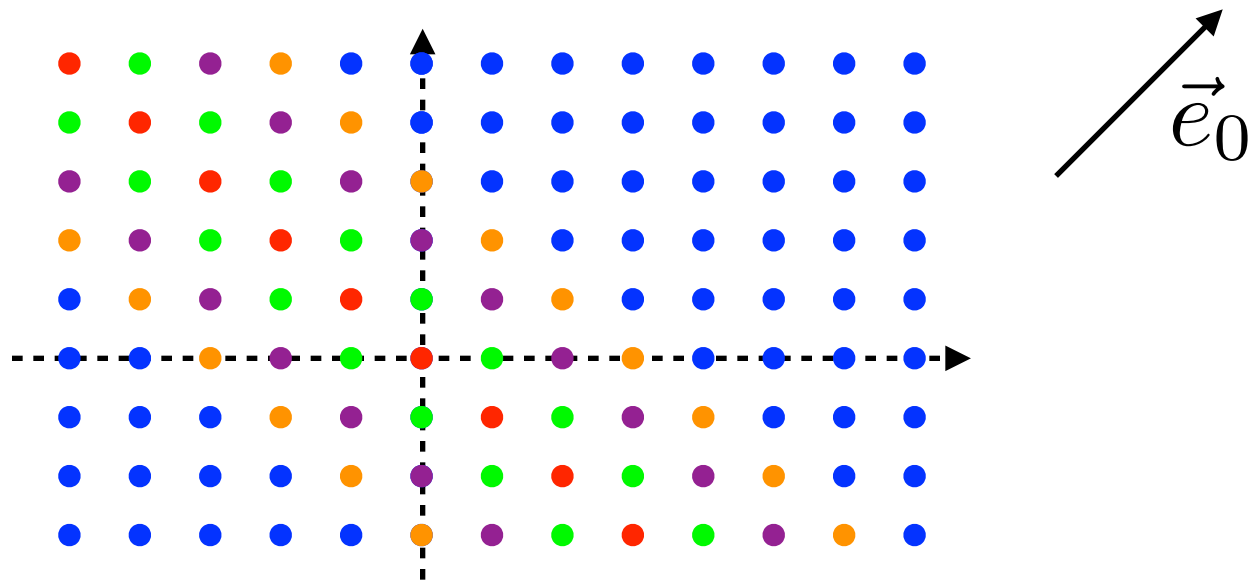


- Gives rise to standard KNP alignment



# Generic Constraints

- More generally, take random phases  $\delta_{\vec{Q}}$
- Given direction  $\vec{e}_0$  in charge lattice, decompose potential into harmonics



# Phasor Notation

- Introduce phasor notation,

$$\mathcal{L} \supset -\frac{1}{2}K_{ab}\partial\phi^a\partial\phi^b - \sum_{\vec{Q}\in\Lambda} Z_{\vec{Q}}e^{i\vec{Q}\cdot\vec{\phi}}$$

$$Z_{\vec{Q}} = e^{-|\vec{Q}|+i\delta_{\vec{Q}}}$$

- Total contribution to nth harmonic is then

$$Z_n = \sum_{\vec{Q}, \sum_i Q_i = |n|} Z_{\vec{Q}}$$

# Gaussian Approximation

- For large number of instantons, can use CLT to write:

$$Z_n \sim \mathcal{N}(0, \sigma_n^2)$$

$$\sigma_n^2 = \sum_{\vec{Q}, \sum_i Q_i = |n|} e^{-2|\vec{Q}|}$$

Higher harmonics suppressed  $\Leftrightarrow \sigma_n^2 \ll \sigma_1^2$

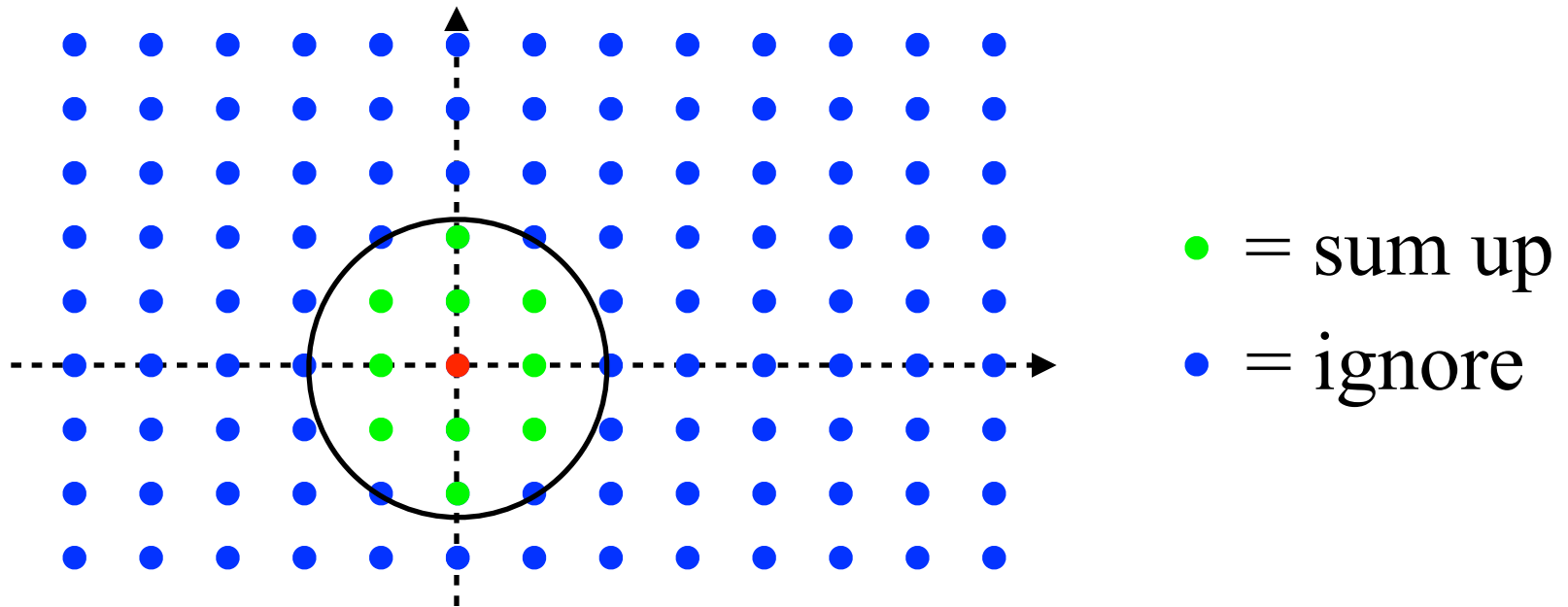
# Estimating $\sigma_n^2$

Want to estimate sum:

$$\sigma_n^2 = \sum_{\vec{Q}, \sum_i Q_i = |n|} e^{-2|\vec{Q}|}$$

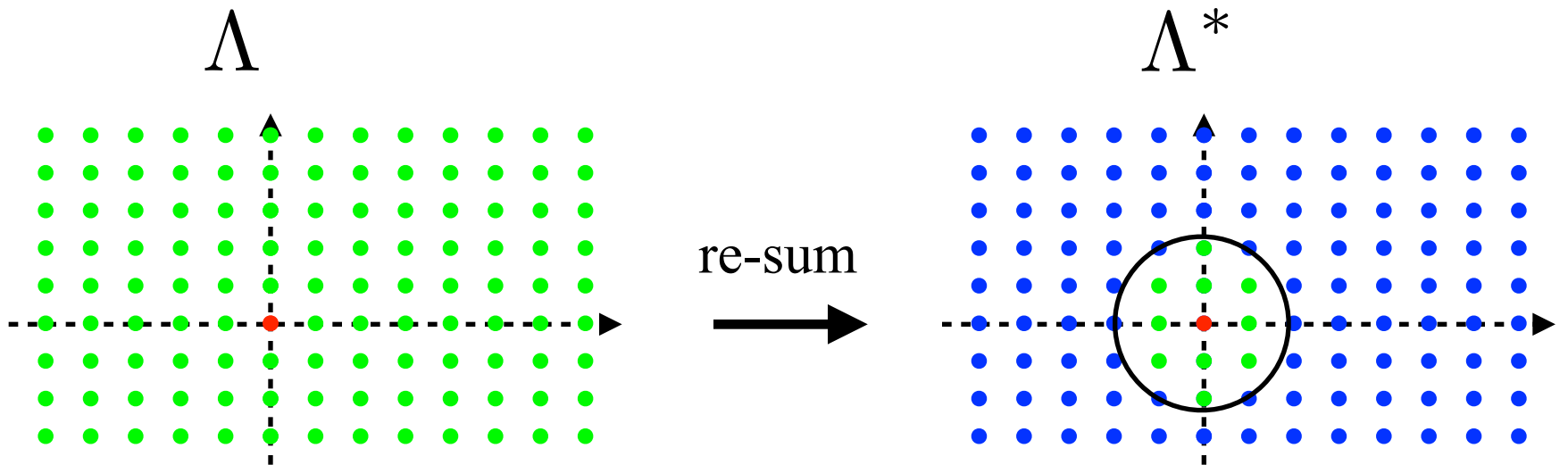
# Estimating $\sigma_n^2$

Method 1: use instantons of small charges and ignore the rest (valid for small decay constants)



# Estimating $\sigma_n^2$

Method 2: use Poisson resummation (valid for large decay constants)



● = sum up

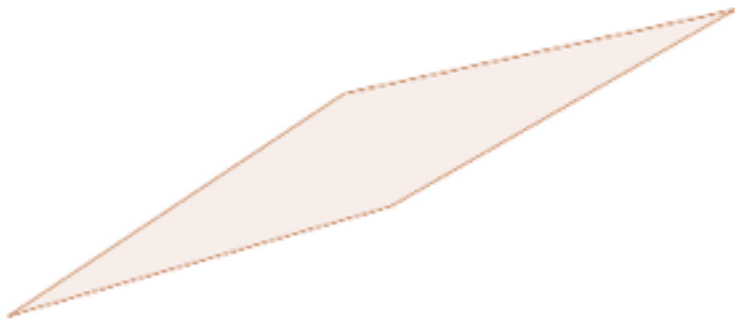
● = ignore

# Volume Bound

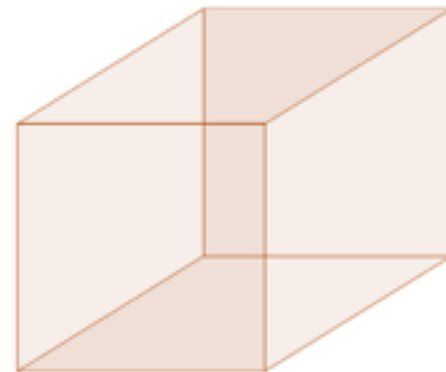
- For general  $K_{ab}$ , define

$$\text{vol } \Phi = \frac{M_p^N (2\pi)^N}{|\Lambda|}$$

with  $|\Lambda|$  the volume of the unit cell,  $\Phi$  the fundamental domain of axion moduli space:



Decay Constant Alignment



$N$ -flation

# Volume Bound (cont.)

- Demanding  $\sigma_n^2 \ll 1$  and approximating, get

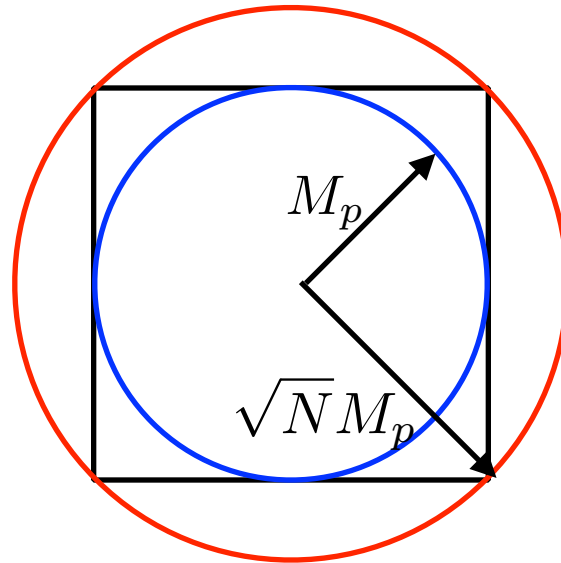
$$\log[\text{vol } \Phi] \lesssim \log[\text{vol } D_N(2M_p)] + O(\log N)$$

with  $D_N(R)$  the  $N$ -ball of radius  $R$ .



# Volume Bound and $N$ -flation

- Isotropic  $N$ -flation ( $K_{ab} \propto \mathbb{I}$ ) violates the volume bound



- But, decay constant alignment survives

# Volume Bound and Alignment

- Set  $K_{ab} \in \text{Wish}_N(\sigma^2, N)$

$$\Rightarrow f_{\text{eff}} \lesssim O(1M_p)$$

- Set  $K_{ab}^{-1} \in \text{Wish}_N(\sigma^2, N)$

$$\Rightarrow f_{\text{eff}} \lesssim O(NM_p)$$

# Summary

- The (s)LWGC emerges naturally from the WGC via dimensional reduction
- The WGC is incompatible with some models of axion inflation
- If the (s)LWGC is true:
  - Isotropic N-flation would be ruled out
  - Some decay constant alignment models would be ruled out
  - But, some would be allowed

# Open Questions

- Can one prove the WGC? The sLWGC?  
c.f. Harlow '15, Shiu et al. '16, Hod '17, Fisher, Mogni '17
- If not, can one find a counterexample?
- Can one close the aforementioned loopholes?
- If not, can one exploit one of these opportunities in a stringy model of inflation?
- What more can the WGC tell us about low-energy physics?