

• 球面調和関数

以上より l^2 と l_z の同時固有関数は

$$Y_{lm}(\theta, \varphi) = (-1)^m \sqrt{\frac{2l+1}{4\pi} \frac{(l-m)!}{(l+m)!}} P_l^m(\cos\theta) e^{im\varphi}$$

球面調和関数

$$\begin{aligned} l^2 |Y_{lm}\rangle &= l(l+1) |Y_{lm}\rangle \\ l_z |Y_{lm}\rangle &= m |Y_{lm}\rangle \end{aligned}$$

l : 整数 (ゼロ 又は 正)
 $-l \leq m \leq l$

$l=0$: $Y_{00} = \frac{1}{\sqrt{4\pi}}$

$l=1$: $Y_{11} = -\sqrt{\frac{3}{8\pi}} \sin\theta e^{i\varphi}$

$Y_{10} = \sqrt{\frac{3}{4\pi}} \cos\theta$

$Y_{1-1} = \sqrt{\frac{3}{8\pi}} \sin\theta e^{-i\varphi}$

$l=2$: $Y_{20} = \sqrt{\frac{5}{4\pi}} \cdot \frac{1}{2} (3\cos^2\theta - 1)$

(note)

$$\begin{aligned} r Y_{1\pm 1}(\theta, \varphi) &\propto r \sin\theta e^{\pm i\varphi} \\ &= r \sin\theta (\cos\varphi \pm i \sin\varphi) \\ &= x \pm iy \end{aligned}$$

$$r Y_{10}(\theta, \varphi) \propto r \cos\theta = z$$

U

$$\begin{aligned} r^2 Y_{20}(\theta, \varphi) &\propto 3r^2 \cos^2\theta - r^2 = 3z^2 - r^2 \\ &= (2z^2 - x^2 - y^2) \end{aligned}$$

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$$(note) \left[-\frac{1}{\sin\theta} \frac{\partial}{\partial\theta} \left(\sin\theta \frac{\partial}{\partial\theta} \right) - \frac{1}{\sin^2\theta} \frac{\partial^2}{\partial\varphi^2} \right] (\sin\theta e^{\pm i\varphi})$$

$$= \left[-\frac{1}{\sin\theta} \frac{\partial}{\partial\theta} (\sin\theta \cos\theta) - \frac{1}{\sin^2\theta} \cdot (-1) \sin\theta \right] e^{\pm i\varphi}$$

$$= \left[-\frac{1}{\sin\theta} \underbrace{(\cos^2\theta - \sin^2\theta)}_{1 - 2\sin^2\theta} + \frac{1}{\sin\theta} \right] e^{\pm i\varphi}$$

$$= \left(-\cancel{\frac{1}{\sin\theta}} + 2\sin\theta + \cancel{\frac{1}{\sin\theta}} \right) e^{\pm i\varphi}$$

$$= 2\sin\theta e^{\pm i\varphi} = 1 \cdot (1+1) \sin\theta e^{\pm i\varphi}$$

$$(note) \left[-\frac{1}{\sin\theta} \frac{\partial}{\partial\theta} \left(\sin\theta \frac{\partial}{\partial\theta} \right) - \frac{1}{\sin^2\theta} \frac{\partial^2}{\partial\varphi^2} \right] (3\cos^2\theta - 1)$$

$$= -\frac{1}{\sin\theta} \frac{\partial}{\partial\theta} (\sin\theta \cdot 6\cos\theta \cdot (-\sin\theta))$$

$$= \frac{6}{\sin\theta} \frac{\partial}{\partial\theta} (\cos\theta \underbrace{\sin^2\theta}_{1 - \cos^2\theta})$$

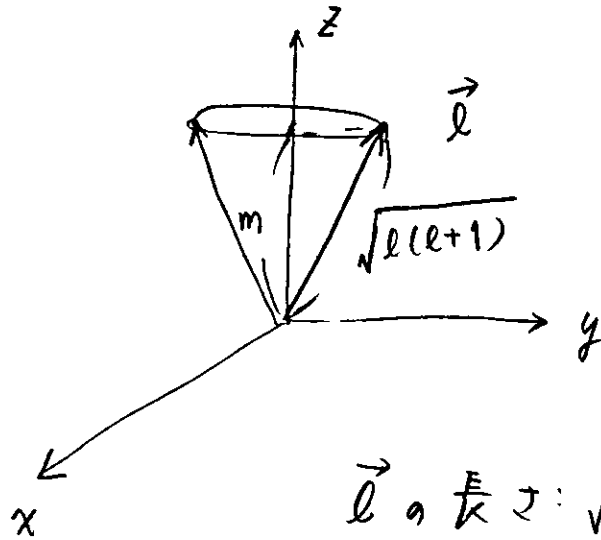
$$= \frac{6}{\sin\theta} (-\sin\theta - 3\cos^2\theta \cdot (-\sin\theta))$$

$$= 6 \cdot (3\cos^2\theta - 1)$$

$$= 2 \times (2+1) \cdot (3\cos^2\theta - 1)$$

(note) $\hat{L}^2 |Y_{lm}\rangle = l(l+1) |Y_{lm}\rangle$
 $\hat{L}_z |Y_{lm}\rangle = m |Y_{lm}\rangle$

$-l \leq m \leq l$



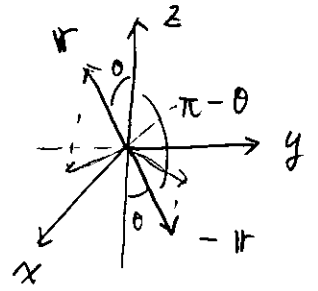
\vec{l} の長さ: $\sqrt{l(l+1)} > l$

∴ l_z を決めると l_x, l_y がいかに決まらない。

性質

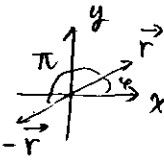
$$Y_{l-m}(\hat{r}) = (-1)^m Y_{lm}(\hat{r})^*$$

$\underbrace{\hspace{1cm}}_{(0, \varphi)}$



$$Y_{lm}(-\hat{r}) = Y_{lm}(\pi - \theta, \varphi + \pi) = (-1)^l Y_{lm}(\hat{r})$$

$\underbrace{\hspace{1cm}}_{(0, \varphi)}$



規格化:

(note) $dV = r^2 dr \sin\theta d\theta d\varphi$

$$\underbrace{\int_0^{2\pi} d\varphi \int_0^\pi \sin\theta d\theta}_{\int d\hat{r}} Y_{lm}^*(0, \varphi) Y_{l'm'}(0, \varphi) = \delta_{l, l'} \delta_{m, m'}$$

$$\langle Y_{lm} | Y_{l'm'} \rangle = \delta_{ll'} \delta_{mm'}$$

加法定理

$$\frac{4\pi}{2l+1} \sum_{m=-l}^l Y_{lm}(\hat{r}_1) Y_{lm}(\hat{r}_2)^* = P_l(\cos\theta)$$

ルジャンドル多項式
 \hat{r}_1 と \hat{r}_2 の夹角

2.4 昇降演算子

$L_{\pm} \equiv L_x \pm iL_y$ を定義する (昇降演算子)。

(note) $(L_+)^{\dagger} = L_-$, $(L_-)^{\dagger} = L_+$

$$\begin{aligned} L_+ L_- &= (L_x + iL_y)(L_x - iL_y) \\ &= L_x^2 + L_y^2 - i(L_x L_y - L_y L_x) \\ &= L_x^2 + L_y^2 - i \underbrace{[L_x, L_y]}_{i\hbar L_z} \end{aligned}$$

$$= L_x^2 + L_y^2 + \hbar L_z$$

$$\Downarrow \quad \mathcal{L}^2 = L_+ L_- + L_z^2 - \hbar L_z$$

$$\text{同様} \quad \mathcal{L}^2 = L_- L_+ + L_z^2 + \hbar L_z$$

$$\begin{aligned} \text{(note)} \quad [L_+, L_z] &= [L_x + iL_y, L_z] \\ &= -i\hbar L_y + i \cdot i\hbar L_x = -\hbar L_+ \end{aligned}$$

$$\text{同様} \quad [L_-, L_z] = \hbar L_-$$

$$\text{(note)} \quad [\mathcal{L}^2, L_{\pm}] = 0$$

$$\uparrow \\ [\mathcal{L}^2, L_x] = [\mathcal{L}^2, L_y] = 0$$

$$[L_{\pm}, L_z] = \mp \hbar L_{\pm}$$

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$$\begin{cases} L^2 |Y_{\ell m}\rangle = \ell(\ell+1)\hbar^2 |Y_{\ell m}\rangle \\ L_z |Y_{\ell m}\rangle = m\hbar |Y_{\ell m}\rangle \end{cases}$$

$L_{\pm} |Y_{\ell m}\rangle$ という状態を考える。

$$L^2 L_{\pm} |Y_{\ell m}\rangle = L_{\pm} L^2 |Y_{\ell m}\rangle = \ell(\ell+1)\hbar^2 L_{\pm} |Y_{\ell m}\rangle$$

↑
 $[L^2, L_{\pm}] = 0$

↪ $L_{\pm} |Y_{\ell m}\rangle$ は L^2 の固有状態で
固有値 $\ell(\ell+1)\hbar^2$

$$\begin{aligned} L_z L_{\pm} |Y_{\ell m}\rangle &= (L_{\pm} L_z \pm \hbar L_{\pm}) |Y_{\ell m}\rangle \\ &= (m \pm 1)\hbar L_{\pm} |Y_{\ell m}\rangle \end{aligned}$$

↪ $L_{\pm} |Y_{\ell m}\rangle$ は L_z の固有状態で
固有値は $(m \pm 1)\hbar$

↪

$$L_{\pm} |Y_{\ell m}\rangle = \alpha_{\pm} |Y_{\ell, \underbrace{m \pm 1}}\rangle$$

↑
 m が ± 1 変わる
(昇降演算子)

• α_{\pm} の決定

$$L_{\pm} |Y_{\ell m}\rangle = \alpha_{\pm} |Y_{\ell m \pm 1}\rangle$$

↓

$$\langle Y_{\ell m} | \underbrace{(L_{\pm})^{\dagger} L_{\pm}}_{L_{\mp} L_{\pm}} | Y_{\ell m} \rangle = |\alpha_{\pm}|^2 \langle Y_{\ell m \pm 1} | Y_{\ell m \pm 1} \rangle = |\alpha_{\pm}|^2$$

(note)

$$L_{-} L_{+} = L^2 - L_z^2 - \hbar L_z$$

$$L_{+} L_{-} = L^2 - L_z^2 + \hbar L_z$$

↷

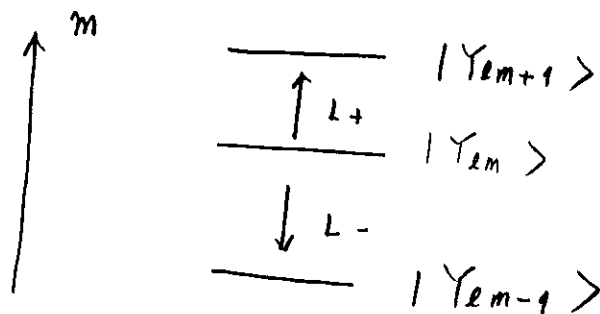
$$\begin{aligned} \text{左辺} &= \ell(\ell+1)\hbar^2 - m^2\hbar^2 \mp m\hbar^2 \\ &= \hbar^2 [\ell(\ell+1) - m(m \pm 1)] \end{aligned}$$

↷

$$\alpha_{\pm} = \hbar \sqrt{\ell(\ell+1) - m(m \pm 1)}$$

↷

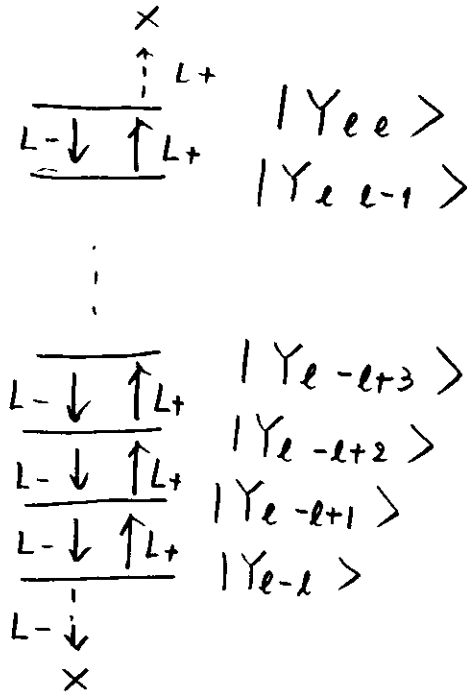
$$L_{\pm} |Y_{\ell m}\rangle = \hbar \sqrt{\ell(\ell+1) - m(m \pm 1)} |Y_{\ell m \pm 1}\rangle$$



(note)

$$L_+ |Y_{\ell\ell}\rangle = \hbar \sqrt{\ell(\ell+1) - \ell(\ell+1)} |Y_{\ell\ell+1}\rangle = 0$$

$$L_- |Y_{\ell,-\ell}\rangle = \hbar \sqrt{\ell(\ell+1) + \ell(-\ell-1)} |Y_{\ell,-\ell-1}\rangle = 0$$



* 角運動量の合成のときに重要となる