Modeling Hot and Dense QCD in Effective Theory

Chihiro Sasaki Institute of Theoretical Physics University of Wroclaw

Outline

- 1. Parity doubling of baryons
 - Chiral symmetry restoration vs. baryon masses
 - In-medium Hadron Resonance Gas
- 2. Resonance width: S-matrix approach
- 3. A model for cold and dense matter
 - "Confinement" w/o Polyakov loop
 - Implications for the structure of neutron stars

List of references

- Friman, Lo, Marczenko, Redlich and C.S., PRD 92 (2015).
- Huovinen, Lo, Marczenko, Morita, Redlich and C.S., PLB 769 (2017).
- C.S., NPA 970 (2018).
- Lo, Friman, Redlich and C.S., PLB 778 (2018).
- Marczenko and C.S., PRD 97 (2018).
- Morita, C.S., Lo and Redlich, EPJ Web Conf.17 (2018).
- Lo, Szymanski, Redlich and C.S., arXiv:1801.08040 [hep-ph].
- Marczenko, Blaschke, Redlich and C.S., arXiv:1805.06886 [nucl-th].

1. Parity doubling

Spectra in a chirally restored world

□Lowest scalar meson \rightarrow O(4) vector with pion □Parity partners degenerate \rightarrow chiral partners □QCD ground-state particles: pions & nucleons



Lattice QCD tells us ...

Spatial correlations [DeTar-Kogut, 1987]

□Temporal correlations [FASTSUM Coll., 2015-17: mpi≈400 MeV, mk≈500 MeV, Wilson fermions, Tch=185 MeV]



Non-SCB mass of nucleons **U**SU(2) chiral transformation of 2 nucleons \rightarrow how to assign 2 indep. rotation to them? $\psi_{1L} \to g_l \psi_{1L}, \quad \psi_{1R} \to g_r \psi_{1R} \sim \psi_{1L} : (1/2,0) \quad \psi_{1R} : (0,1/2)$ $\psi_{2L} \to g_r \psi_{2L}, \quad \psi_{2R} \to g_l \psi_{2R} \sim \psi_{2L} : (0, 1/2) \quad \psi_{2R} : (1/2, 0)$ $\mathcal{L}_{m} = m_{0} \left(\bar{\psi}_{2} \gamma_{5} \psi_{1} - \bar{\psi}_{1} \gamma_{5} \psi_{2} \right) \implies m_{N_{\pm}} = \frac{1}{2} \left| \sqrt{c_{1} \sigma^{2} + 4m_{0}^{2}} \mp c_{2} \sigma \right|$



[DeTar-Kunihiro, 1989]

Red: Standard Blue: Mirror

Origin of the survival mass? Emergence of a scale in QCD \rightarrow trace anomaly $\partial_{\mu}J^{\mu} = T^{\mu}_{\mu} \propto \langle H|G^{2}|H \rangle$

- In hot matter: reduced by 50% at Tc [Miller, 2007: lattice EoS]
- in nuclear matter: reduced by 5% at normal *P* [Cohen et al. 1995: Feynman-Hellmann theorem & low-density approx.]
- □How large is m0? --- not conclusive!
 - Models: 300-800 MeV
 - Lattice (FASTSUM): 800-900 MeV

✓ m0≈ a few Λ qcd, mass diff.≈ weaker m0 dep.

Parity doubling of baryons

Baryon octet and decuplet with finite m0

Consistent with established phenomenology:

✓ Gell-Mann-Okubo mass formula

$$\frac{3}{4}m_{\Lambda} + \frac{1}{4}m_{\Sigma} - \frac{1}{2}(m_N + m_{\Xi}) = 0$$

✓ Gell-Mann's equal spacing rule

 $m_{\Sigma^*} - m_{\Delta} = m_{\Xi^*} - m_{\Sigma^*} = m_{\Omega} - m_{\Xi^*}$

□ Mass relations [CS, 2018)]

$$M_B(\sigma_q, \sigma_s; a, b, m_0)$$

Light-quark condensate Strange-quark condensate

Chiral condensates

Quark condensates from a model vs. LQCD
 Pion mass dependence: mpi = 140, 400 MeV



Chiral model vs. LQCD (FASTSUM) Strong mpi dependence; SU(2+1) vs. SU(3) Fitting the LQCD masses [Aarts et al., 2017]

$$\begin{split} M^{-}(T) &= M^{-}(T=0)\omega(T,b) + M^{-}(T_{c})(1-\omega(T,b)) \\ \omega(T,b) &= \tanh[(1-T/T_{c})/b]/\tanh(1/b) \end{split}$$



Any imprint in EoS?

Signal of chiral symmetry restoration

- **Lattice QCD shows clearly <qqbar> dropping**!
- □More deviation from HRG in higher-order fluctuations → Missing states? Interactions? and/or in-medium effects?
- **In-medium HRG** [Aarts et al., 2017]
 - T-dep. masses motivated by Lattice findings
 - Constant masses for positive-parity states
 - Its verification? \rightarrow baryon number fluctuations.



$\frac{\text{corrected } M^{\text{lat}}_{-}(T_c)}{\text{Fluctuations of net-baryon number}}$



2. Resonance widths

What is missing? --- finite width Thermodynamics of broad resonances

- →S matrix approach [Dashen, Ma and Bernstein, 1969]
 - Grand canonical potential

$$\Delta \ln Z = \int dE \, e^{-\beta E} \frac{1}{4\pi i} \operatorname{tr} \left[S^{-1} \frac{\overleftrightarrow{\partial}}{\partial E} S \right]_{\epsilon}$$

• Leading contribution: 2-body [Beth-Uhlenbech, 1937] $\Delta \ln Z = \int dE \, e^{-\beta E} \times \frac{1}{\pi} \frac{\partial}{\partial E} \operatorname{tr}(\delta_E)^{\text{Phase shift}}$ Dynamical information What is missing? --- finite width
□K0*/ κ (800) meson: chiral partner of kaon
NOTE: omitted from PDG summary table
□S matrix approach [Friman et al. 2015]
✓ Empirical π -K phase shift from experiment



[Huovinen, Lo et al., 2017] *P*-meson width vs. pion pt-dist.



Pi-Nucleon system [Lo et al., 2018]



3. Model for Cold Dense Matter

[Lo, Szymanski et al., 2018] Hot QCD: Polyakov loop fluct.



[Benic et al. 2015]

Quark-nucleon hybrid model □ How to suppress quarks at low density? > IR/UV cutoff "b" in Fermi dist. functions > from const. "b" to a VEV of a scalar field b □ Chiral & deconf. p.t. in a single framework □ T≠0, μ =0 thermodynamics vs. PQM



$$\langle \Phi \rangle \approx 1 - \langle b \rangle / \langle b_0 \rangle$$

[Marczenko, CS, 2017]

Onset of different fermions



[Marczenko, Blaschke, Redlich, CS, arXiv:1805.06886 [nucl-th]] Neutron stars

 $\Box \beta$ -equilibrium and charge neutrality

□Constraints on the mass and compactness of a star → hadronic scenario w/o deconf.quarks



Summary

Emergent parity-doubling structure as a manifestation of restored chiral symmetry Lessons:

 Naive "in-medium HRG" does not work.
 Effect of resonance widths – beyond HRG
 Survival mass ≈ chromo-magnetic sector Cf. SU(2) : σ s → 0 at large mu

Interplay between CSB and confinement

Higher-lying states near QCD p.t.
Toward more realistic description of QCD