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Instabilities of Relativistic Superfluids

NPCSM 2016, Yukawa Institute, Kyoto, Japan

M.G. Alford, A. Schmitt, S.K. Mallavarapu, A. Haber

[A. Haber, A. Schmitt, S. Stetina, PRD93, 025011 (2016)]

[S. Stetina, arXiv: 1502.00122 hep-ph]

[M.G. Alford, S. K. Mallavarapu, A. Schmitt, S. Stetina, PRD89, 085005 (2014)]

[M.G. Alford, S. K. Mallavarapu, A. Schmitt, S. Stetina, PRD87, 065001 (2013)]

Superfluidity in dense matter

Microscopic vs macroscopic description of compact stars

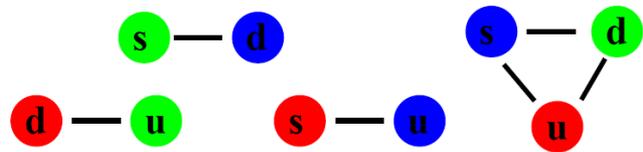
derive hydrodynamics

- groundstate of dense matter
- quantum field theory
- Bose-Einstein condensate

- Pulsar glitches
- R-mode instability
- Asteroseismology
- (...)



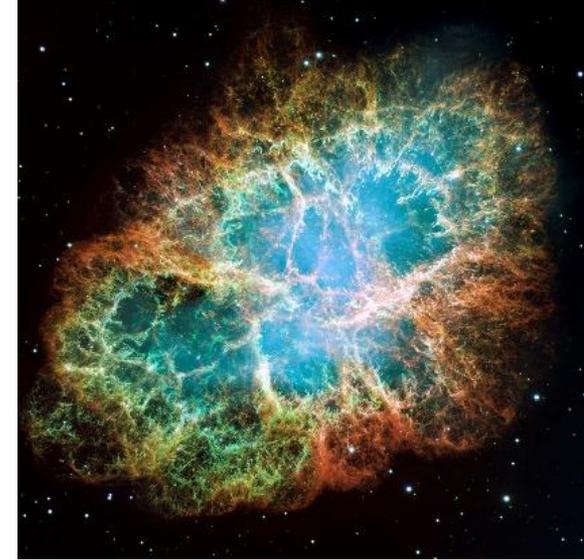
learn about fundamental physics



Superfluidity in dense matter

Microscopic mechanism: Spontaneous Symmetry Breaking (SSB)

- Quark matter at asymptotically high densities:
→ colour superconductors break Baryon conservation $U(1)_B$
[M. Alford, K. Rajagopal, F. Wilczek, NPB 537, 443 (1999)]
- Quark matter at intermediate densities:
→ meson condensate breaks conservation of strangeness $U(1)_S$
[T. Schäfer, P. Bedaque, NPA, 697 (2002)]
- nuclear matter:
→ SSB of $U(1)_B$ (exact symmetry at any density)



Goal: translation between field theory and hydrodynamics

SSB in $U(1)$ invariant model at finite T → superfluid coupled to normal fluid

SSB in $U(1) \times U(1)$ invariant model at $T=0$ → 2 coupled superfluids

Superfluidity from Quantum Field Theory

start from simple microscopic complex scalar field theory:

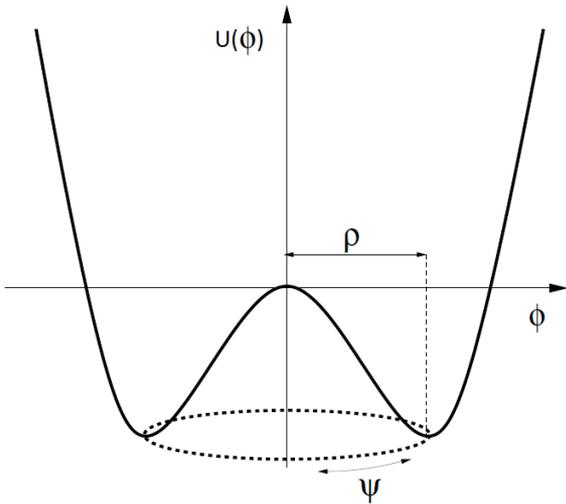
$$\mathcal{L} = \partial_\mu \varphi \partial^\mu \varphi^* - m^2 |\varphi|^2 - \lambda |\varphi|^4$$

- separate condensate \ fluctuations:

$$\varphi \rightarrow \varphi + \phi \quad \phi = \rho e^{i\psi}$$

→ superfluid related to condensate
[L. Tisza, Nature 141, 913 (1938)]

→ normal-fluid related to quasiparticles
[L. Landau, Phys. Rev. 60, 356 (1941)]



- static ansatz for condensate:
(infinite uniform superflow)

$$\rho, \partial_\mu \psi = \text{const.}$$

- Fluctuations $\delta\rho(\mathbf{x}, t)$ and $\delta\psi(\mathbf{x}, t)$ around the static solution determined by classical EOM, can be thermally populated

$$\rho = \rho(\partial_\mu \psi^2 - m^2 - \lambda \rho^2) \quad \partial_\mu(\rho \partial^\mu \psi) = 0$$

→ Goldstone mode + massive mode

Hydrodynamics from Field Theory

Relativistic two fluid formalism at finite T (non dissipative)

[B. Carter, M. Khalatnikov, PRD 45, 4536 (1992)]

$$j^\mu = n_s v_s^\mu + n_n v_n^\mu \quad \text{with:} \quad v_s^\mu = \frac{\partial^\mu \psi}{\sigma} \quad v_n^\mu = \frac{s^\mu}{s}$$

(superflow) (entropy flow)

$$P = P_s + P_n$$

connection to field theory at T=0:

$$v_s^\mu = \partial^\mu \psi / \sigma \quad \sigma^2 = \partial_\mu \psi \partial^\mu \psi = \mu(1 - v_s^2) \quad \mu_s = \partial_0 \psi \quad v_s = -\nabla \psi / \mu_s$$

derivation of hydrodynamic quantities at finite T: 2PI (CJT) formalism

effective Action: $\Gamma = \Gamma[\rho, S]$, $0 = \delta\Gamma/\delta\rho$, $0 = \delta\Gamma/\delta S$

→ present results in **normal fluid restframe**

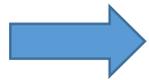
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[M.G. Alford, S. K. Mallavarapu, A. Schmitt, S. Stetina, PRD87, 065001 (2013)]

Classification of excitations

elementary excitations

- poles of the quasiparticle propagator



energetic instabilities (negative quasiparticle energies)

collective modes (sound modes)

- fluctuations in the *density* of elementary excitations

→ equivalent to elementary excitations at $T=0$

→ introduce fluctuations for all hydrodynamic and thermodynamic quantities

$$x \rightarrow x_0 + \delta x(x, t) \quad x = \{P_s, P_n, n_s, n_n, \mu_s, T, \vec{v}_s\}$$

→ solutions to a given set of (linearized) hydro equations

$$\partial_\mu j^\mu = 0, \quad \partial_\mu s^\mu = 0 \quad \text{and} \quad \partial_\mu T^{\mu\nu} = 0$$

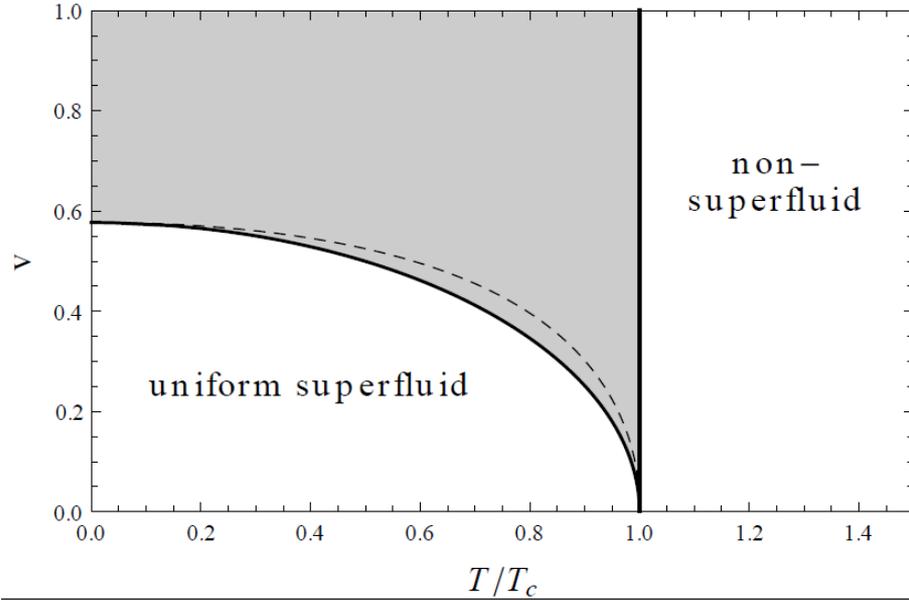
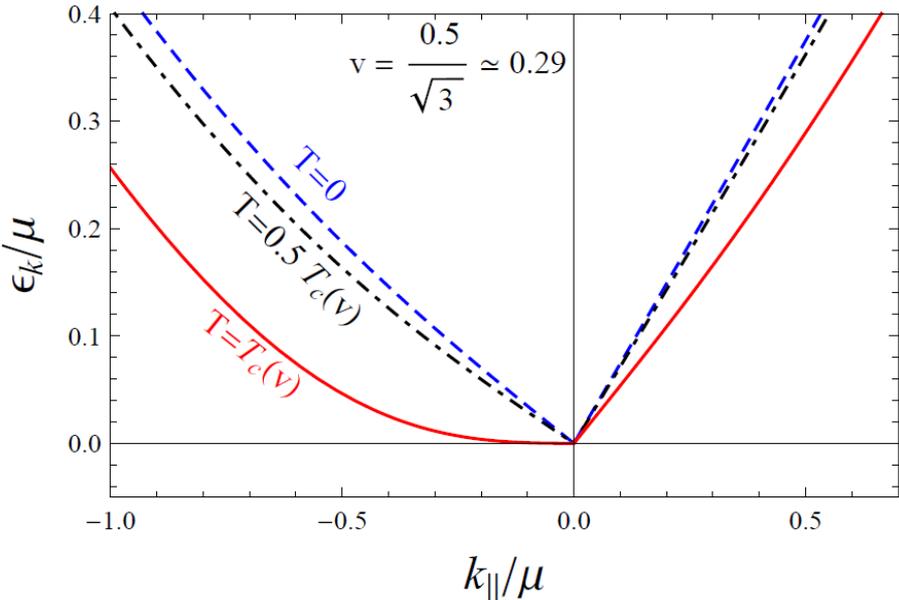


dynamic instabilities (complex sound modes)

Elementary excitations

→ **critical temperature**: condensate has “melted” completely

→ **critical velocity**: negative Goldstone dispersion relation (angular dependency)



Generalization of Landau critical velocity

- normal and super frame connected by Lorentz boost
- back reaction of condensate on Goldstone dispersion

sound excitations

- **Scale invariant limit**

→ pressure can be written as $\Psi = T^4 h(T/\mu)$

[C. Herzog, P. Kovtun, and D. Son, Phys.Rev.D79, 066002 (2009)]

→ second sound still complicated! Compare e.g. to ^4He :

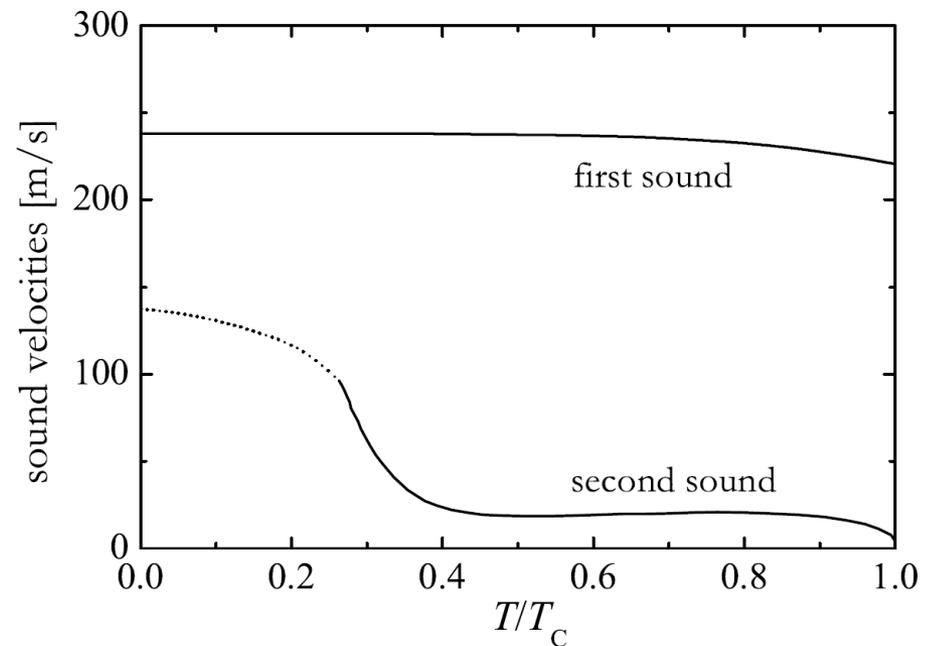
$$u_1^2 = \frac{1}{3}$$

$$u_2^2 = \frac{n_s s^2}{\mu n_n + T s} \left(n \frac{\partial s}{\partial T} - s \frac{\partial n}{\partial \mu} \right)^{-1}$$

→ ratios of amplitudes

$$\left. \frac{\delta T}{\delta \mu} \right|_{u_1} = \frac{T}{\mu} \quad (\text{in phase})$$

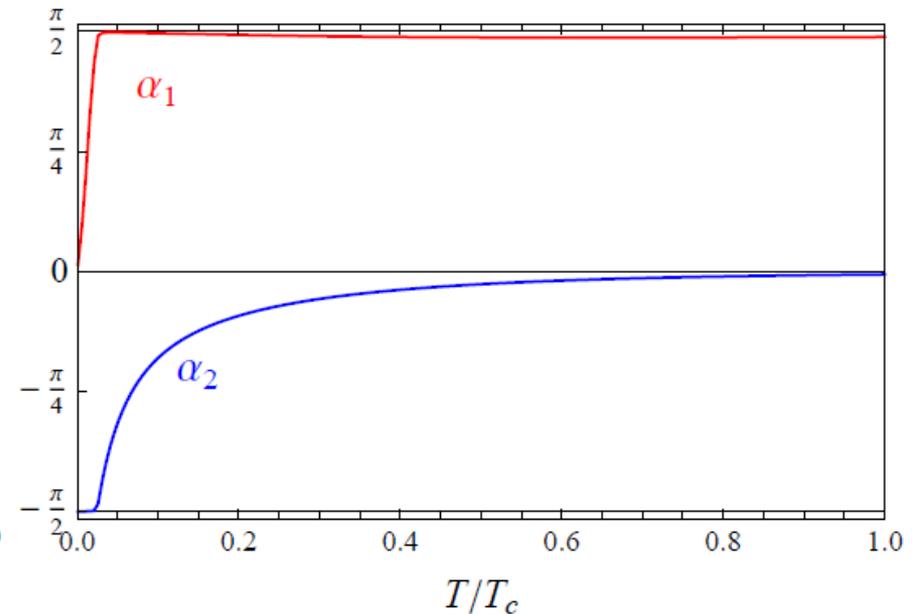
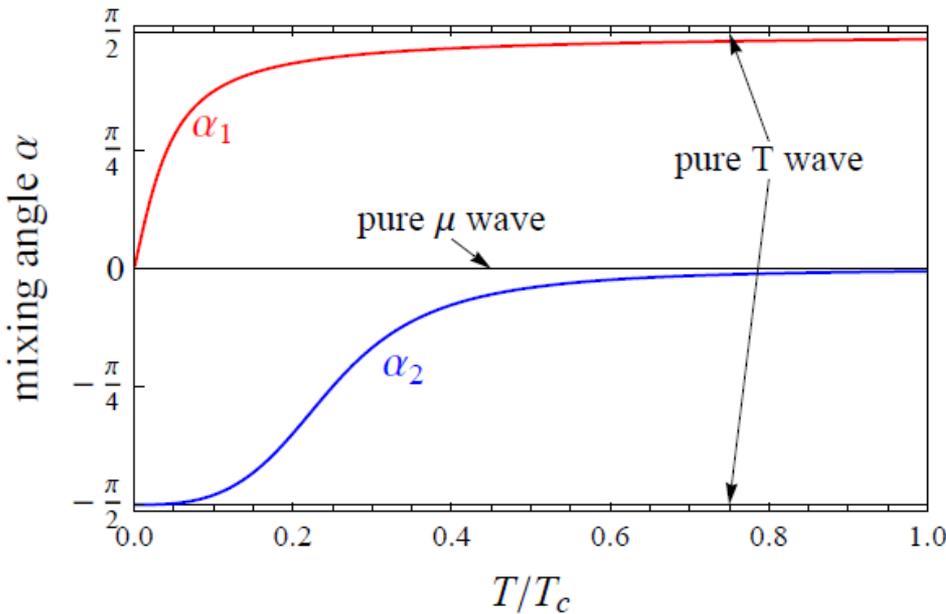
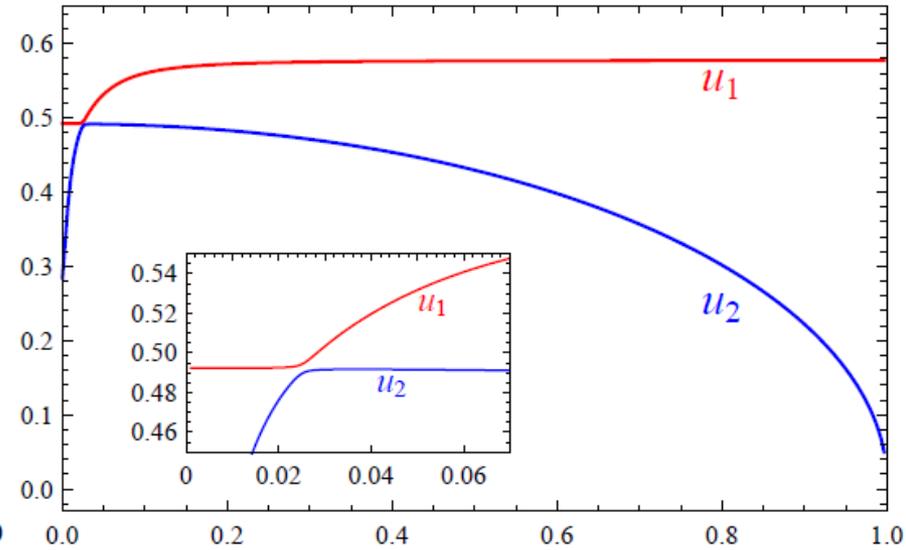
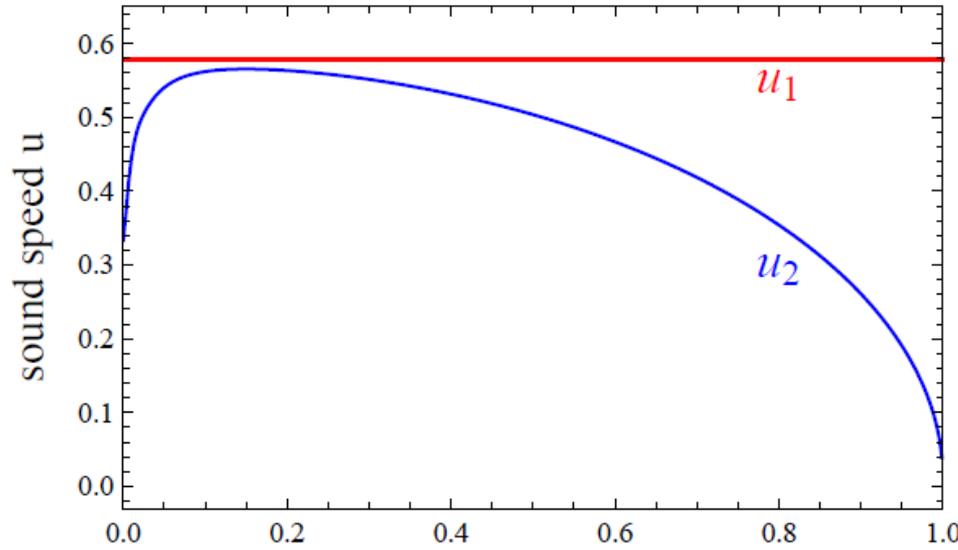
$$\left. \frac{\delta T}{\delta \mu} \right|_{u_2} = -\frac{n}{s} \quad (\text{out of phase})$$



[E. Taylor, H. Hu, X. Liu, L. Pitaevskii, A. Griffin, S. Stringari, Phys. Rev. A 80, 053601 (2009)]

Role reversal, no superflow

$$m = \{0, 0.6 \mu\} \quad \alpha := \arctan \frac{\delta T}{\delta \mu}$$



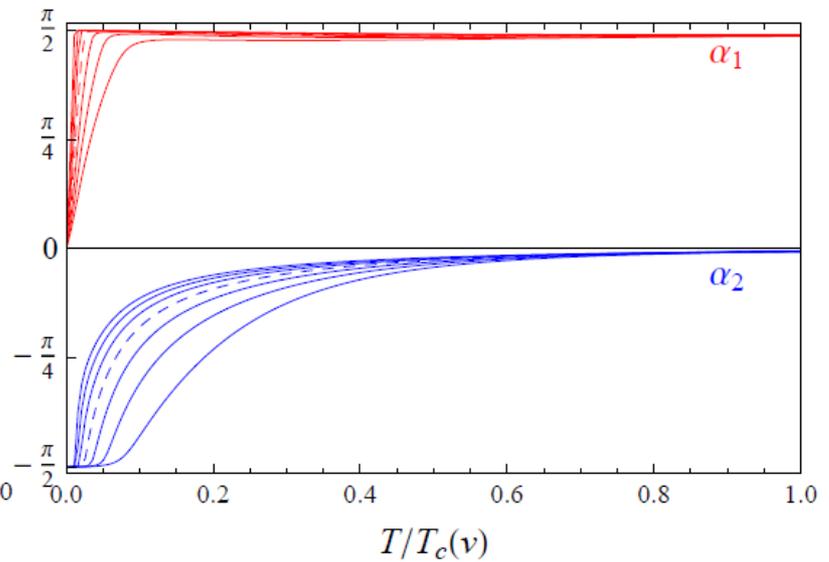
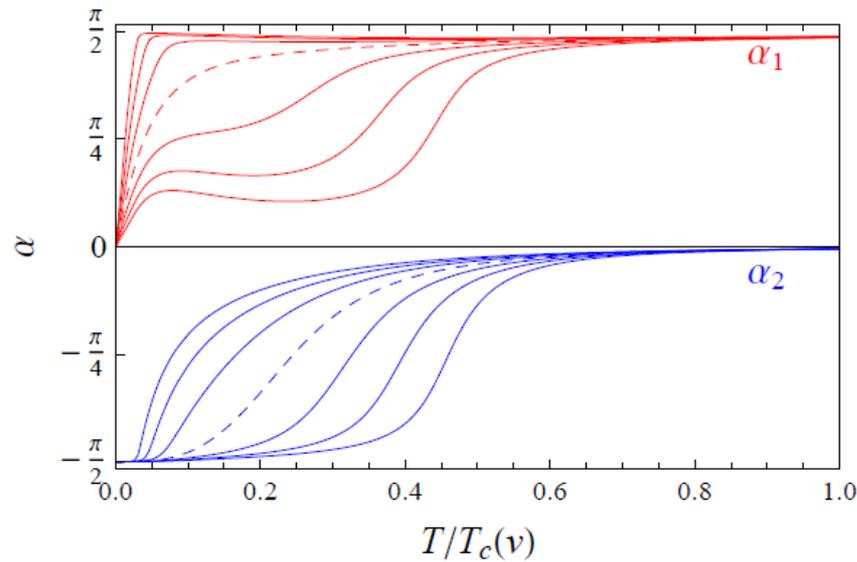
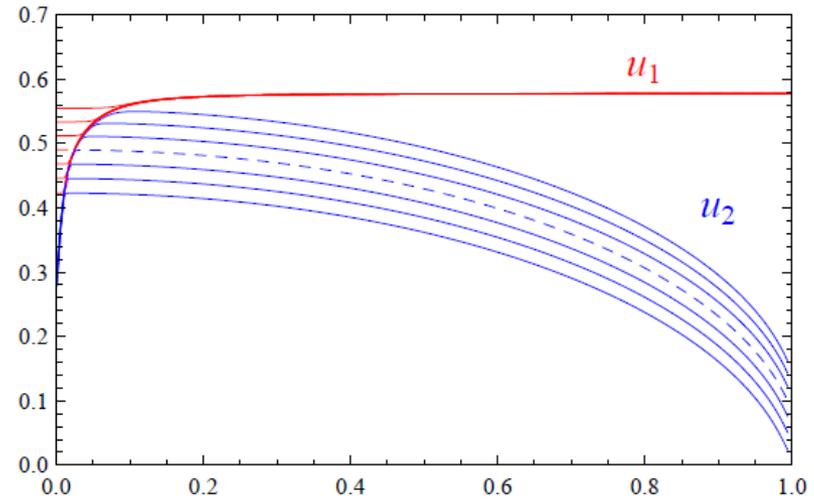
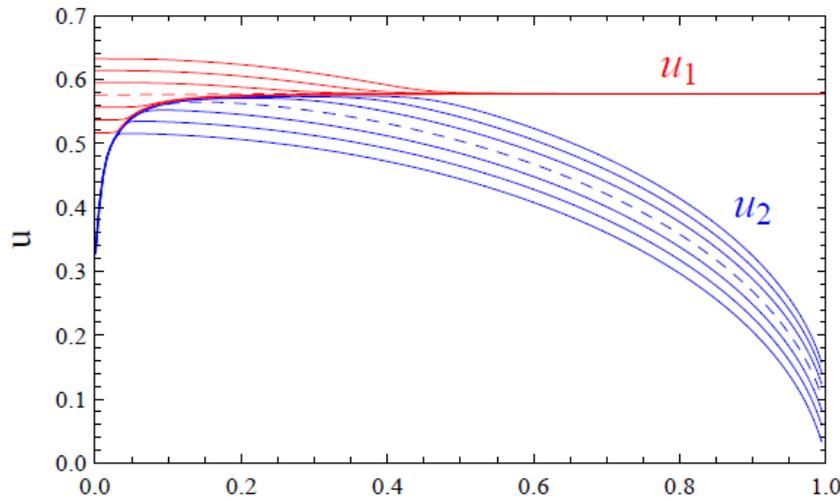
Role reversal including superflow

$$\alpha := \arctan \frac{\delta T}{\delta \mu}$$

$\lambda = 0.005$

$m = 0$

$m = 0.6 \mu$



System of two coupled superfluids

$U(1) \times U(1)$ invariant microscopic model:

→ two coupled complex scalar fields

- quantum fields $\varphi_{1,2} \rightarrow \varphi_{1,2} + \phi_{1,2}$ $\phi_{1,2} = \rho_{1,2} e^{i\psi_{1,2}}$
- couplings: $h |\varphi_1|^2 |\varphi_2|^2$, $g \varphi_1 \varphi_2^* \partial_\mu \varphi_1^* \partial^\mu \varphi_2 + c.c.$ (gradient coupling)

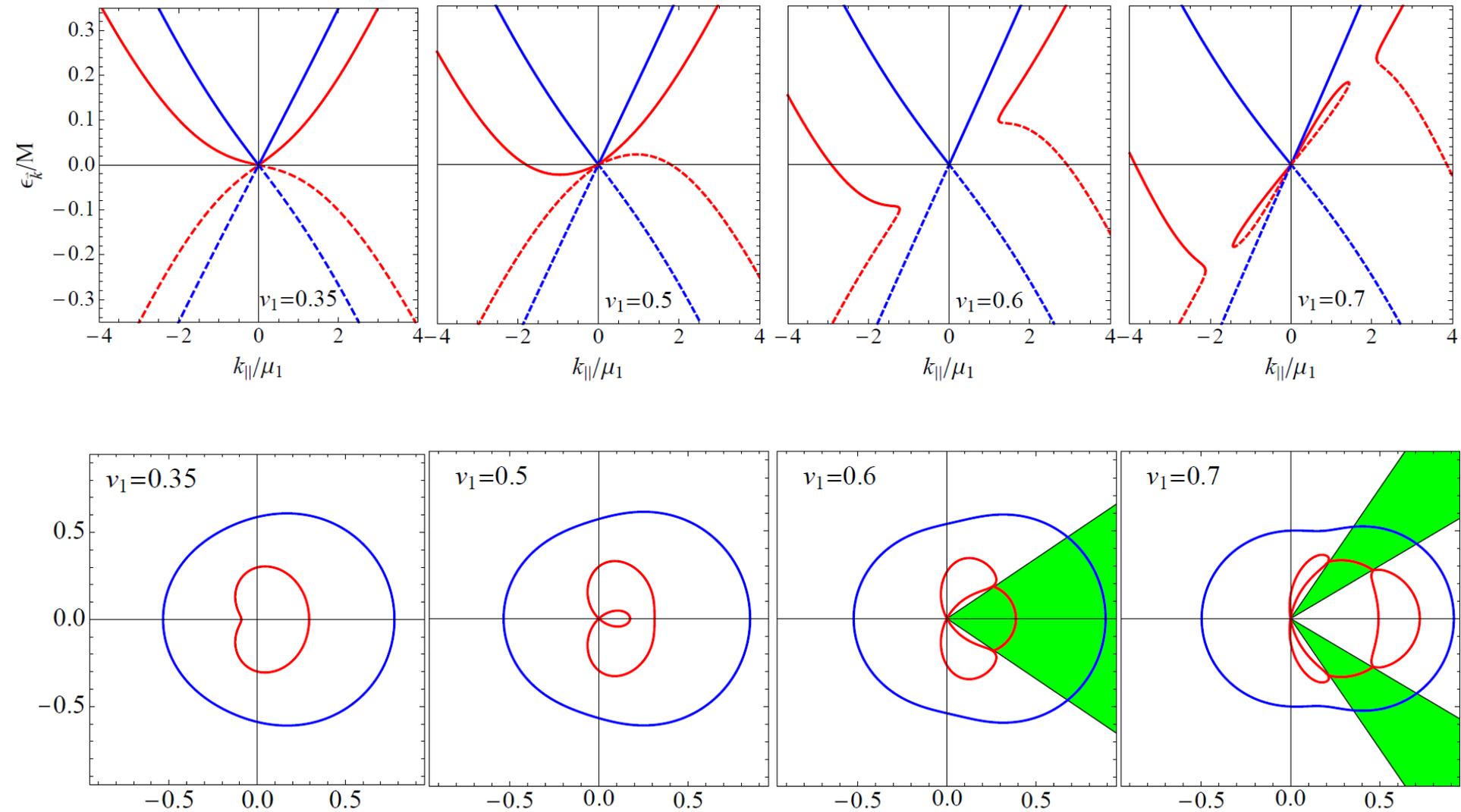
Relativistic two fluid formalism at T=0 (non dissipative)

- two conserved *charge* currents: $\partial_\mu j_1^\mu = 0$, $\partial_\mu j_2^\mu = 0$

- momenta: $\partial_\mu \psi_1$, $\partial_\mu \psi_2$

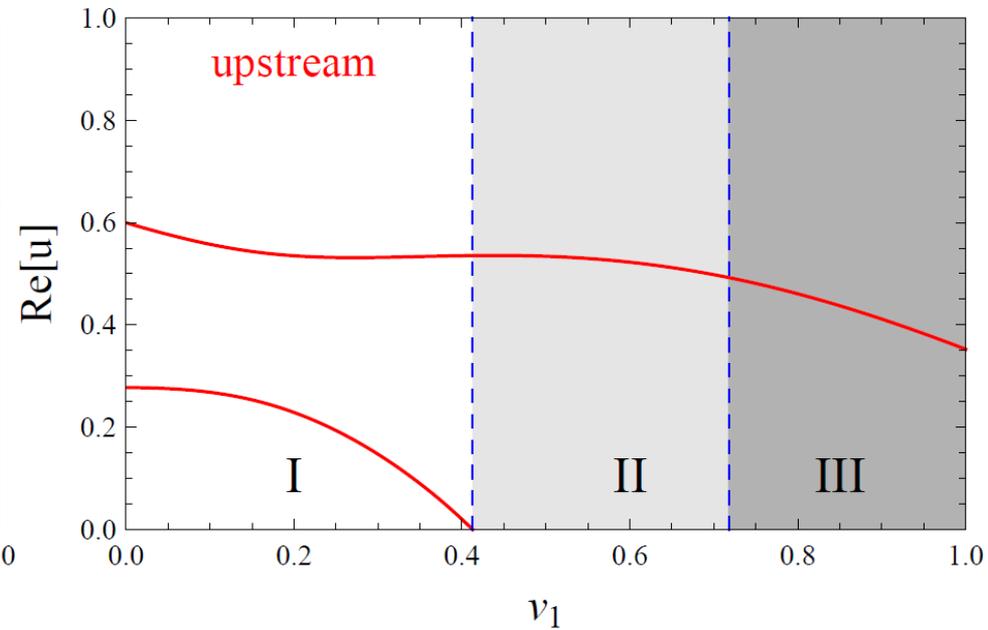
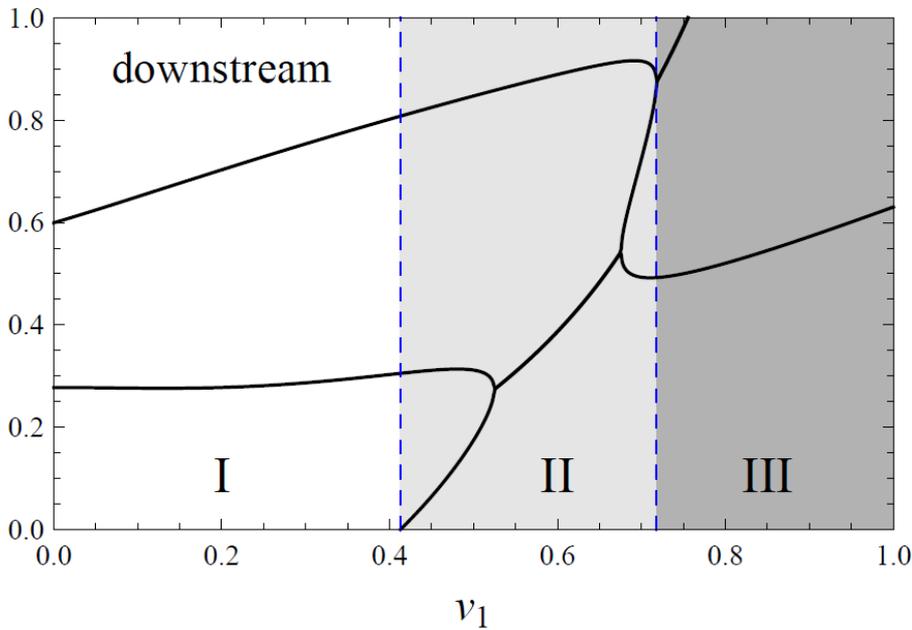
→ $\mu_1 = \partial_0 \psi_1$, $\mu_2 = \partial_0 \psi_2$, $\mathbf{v}_{s,1} = -\nabla \psi_1 / \mu_1$, $\mathbf{v}_{s,2} = -\nabla \psi_2 / \mu_2$ etc.

Excitations in two coupled superfluids



Regions of stability of homogeneous SF

- **Energetic instability (I)**
- **Dynamical instability (II)**
- **Single superfluid preferred (III)**



[A. Haber, A. Schmitt, S. Stetina; Phys. Rev. D 93, 025011 (2016)]

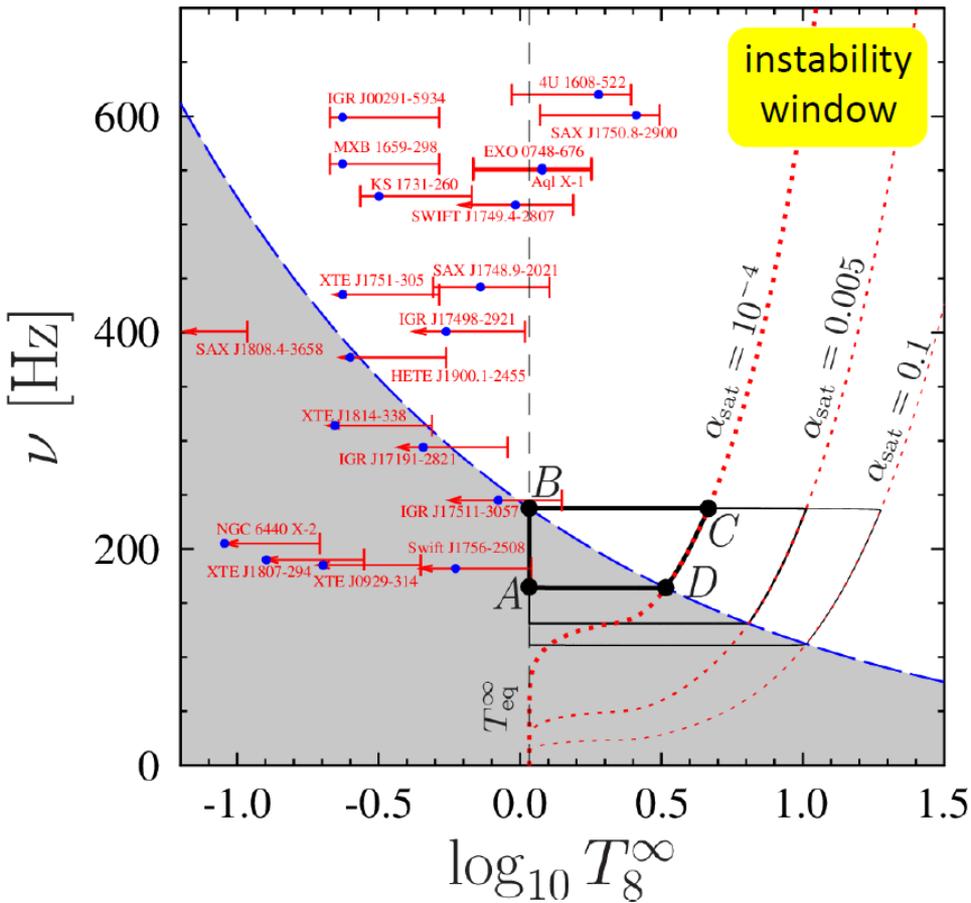
Outlook

- excitations of *coupled superfluids at finite temperature* (3 component fluid)
→ study instabilities
- *impact of pairing*, start from Dirac Lagrangian
- consider *inhomogeneous condensates and vortices*
→ what happens to the energetic instability?
- add *dissipative terms*
- consider *explicit symmetry breaking*: what happens to superfluidity?

ありがとうございました (Thank you!)



Role reversal - comparison to r-modes



Conventional picture:

Amplitude of r-modes:

$$\partial_t \alpha = -\alpha (\tau_{\text{grav}}^{-1} + \tau_{\text{diss}}^{-1})$$

τ_{grav} time scale of gravitational radiation

τ_{visc} time scale of viscous diss. (damping)

A → B: - star spins up (accretion)

- T increase is balanced by ν cooling

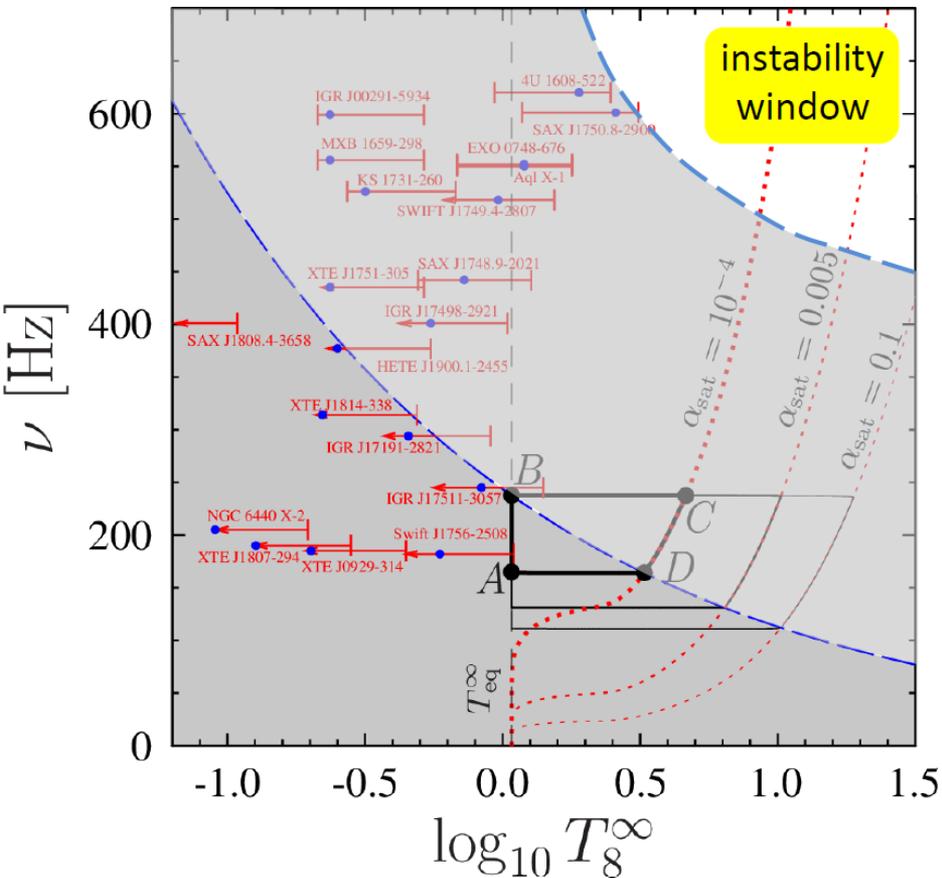
B → C: - unstable r-modes are excited

- r modes radiate gravitational waves (spin up stops)

- star heats up (viscous dissipation of r-modes)

Role reversal - comparison to r-modes

→ why are fast spinning stars observed in nature?



possible resolutions:

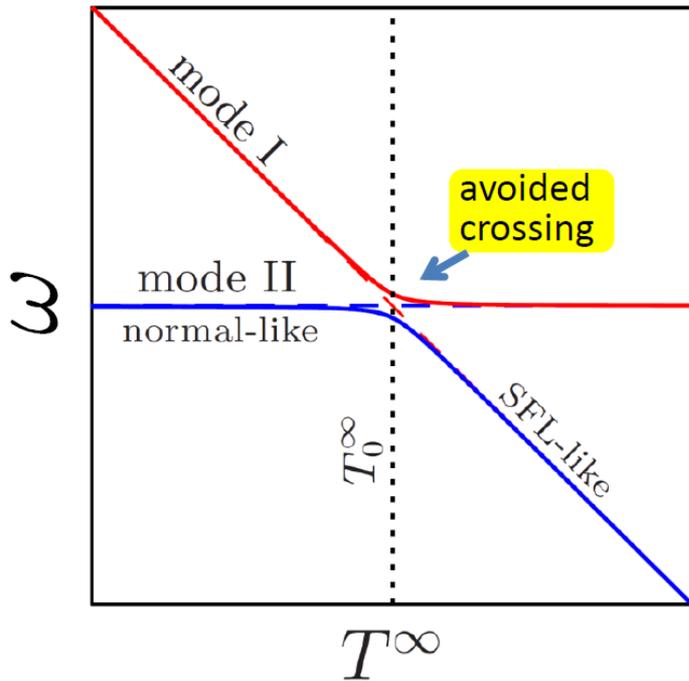
- Increase viscosity by a factor of 1000
- all stars are in stable region
(unrealistic for p, n, e^-, μ^-)
- Consider more exotic matter with high bulk viscosity (hyperons, quark matter)

→ impact of superfluidity on r-modes?

[M. Gusakov, A. Chugunov, E. Kantor
Phys.Rev.Lett. 112 (2014) no.15, 151101]

[images: M. Gusakov, talk at "the structure and signals of neutron stars", 24. – 28.3. 2014, Florence, Italy]

Role reversal - comparison to r-modes



Excitation of normal fluid and superfluid modes

- **avoided crossing** if modes are coupled
- superfluid modes: **faster damping** $\tau_{diss}^{SFL} \ll \tau_{diss}^{normal}$

• Close to avoided crossing:

normal mode \rightarrow SFL mode
(enhanced dissipation, left edge of stability peak)

SFL mode \rightarrow normal mode
(reduced dissipation, right edge of stability peak)

