



TOHOKU  
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# The ALP miracle

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collaboration with F. Takahashi & W. Yin

1702.03284

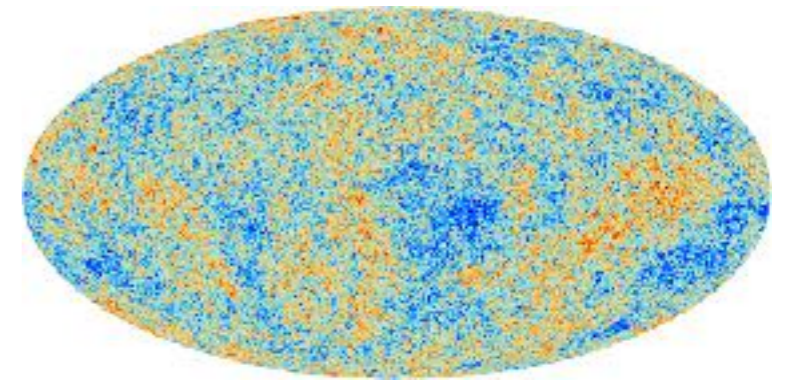
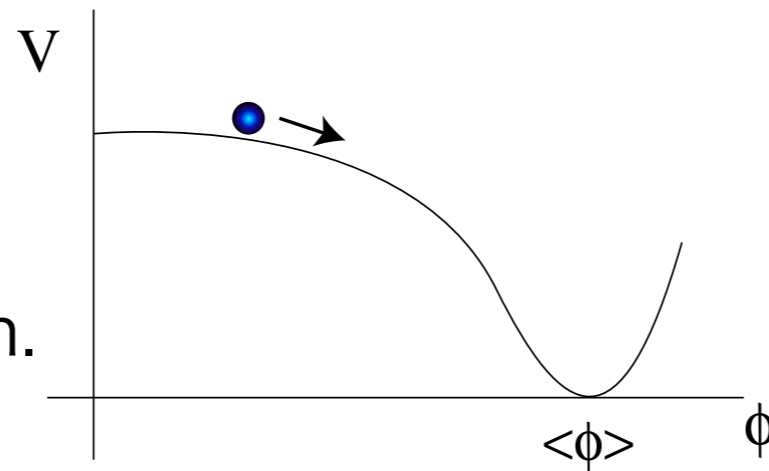
JCAP05(2017)044

# 1. Introduction

There are two unknown degree of freedom in the  $\Lambda$ CDM.  
(except for the origin of  $\Lambda$ .)

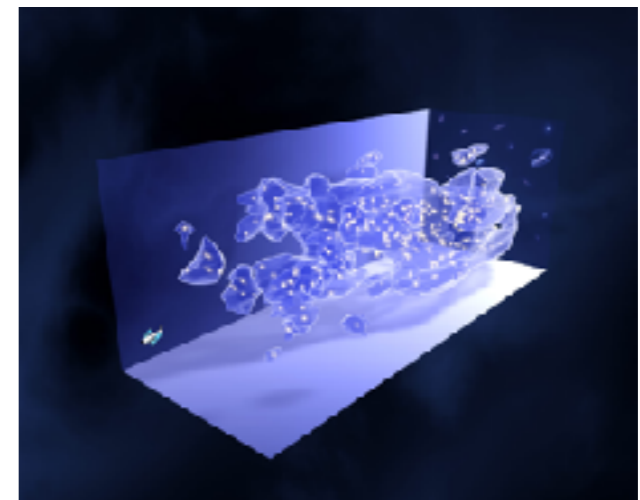
- Inflaton

Very flat potential  
for slow-roll inflation.



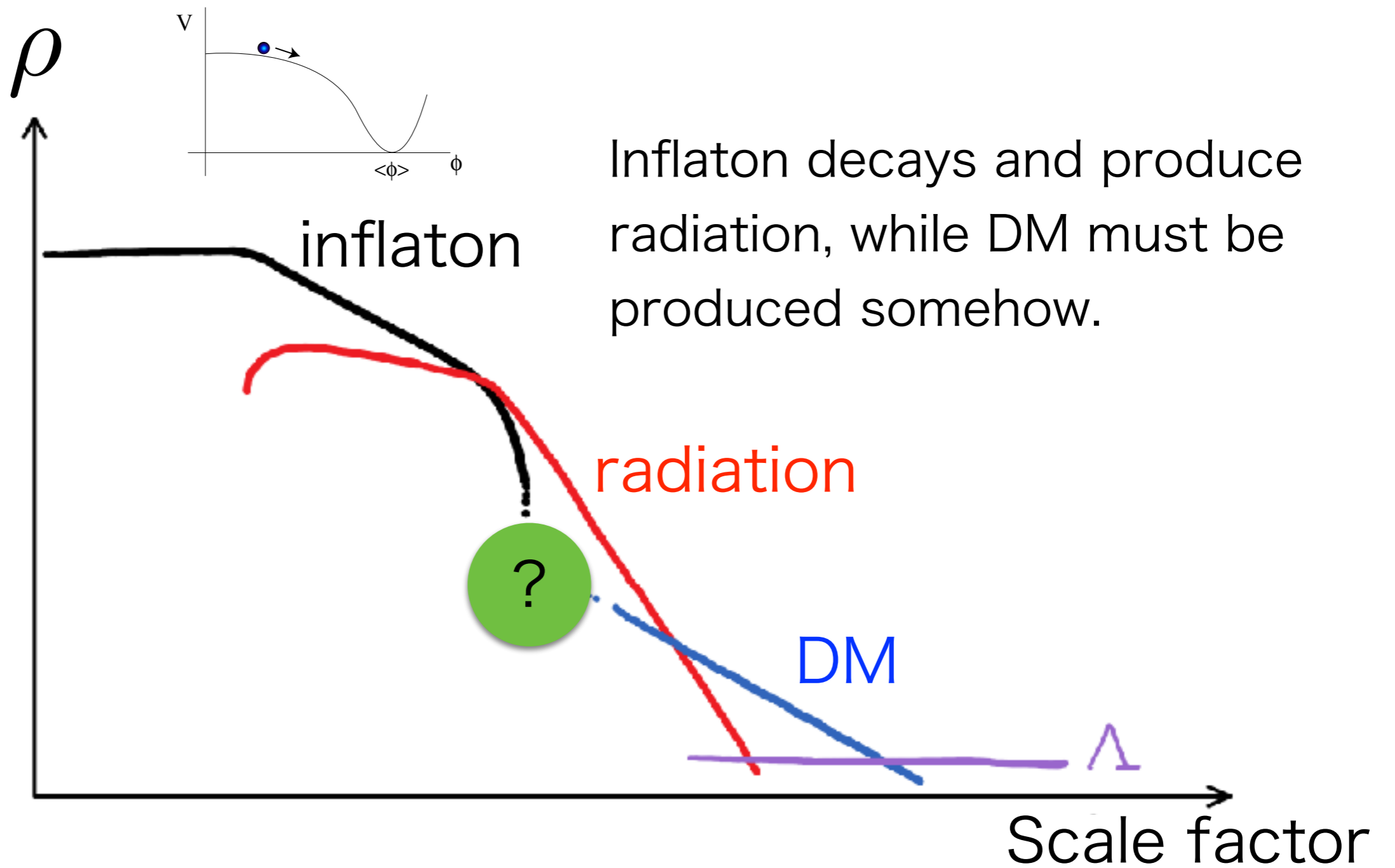
- Dark matter

Cold, neutral,  
and **long-lived**.

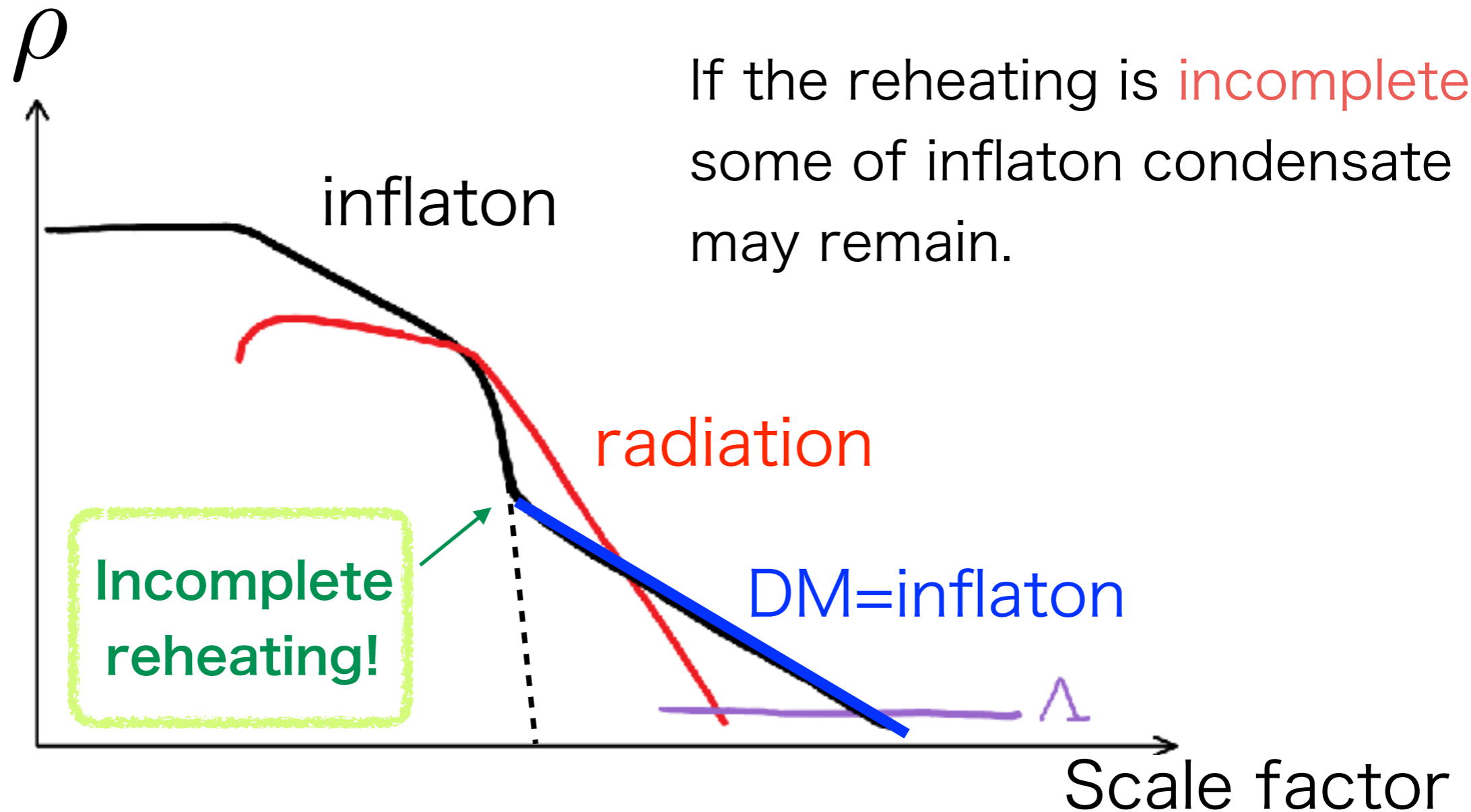


Both are **neutral** and occupied a **significant fraction** of the energy density of the Universe.

# Thermal history



# Inflaton = DM ?



If the reheating is **incomplete**, some of inflaton condensate may remain.

The remnant inflaton condensate due to incomplete reheating can be dark matter.

# What we did

- **Inflaton = DM = Axion-like particle (ALP)**

- The observed CMB and LSS data fix the relation between the ALP mass and decay constant.

- Successful reheating and DM abundance point to specific values

$$m_\phi = \mathcal{O}(0.01) \text{ eV}, \quad g_{\phi\gamma\gamma} = \mathcal{O}(10^{-11}) \text{ GeV}^{-1}$$

within the reach of IAXO.

# 2. Axion and Inflation

Axion is a pseudo NG boson, and enjoys a discrete shift symmetry.

$$\phi \rightarrow \phi + 2\pi n f \quad n \in \mathbf{Z}$$

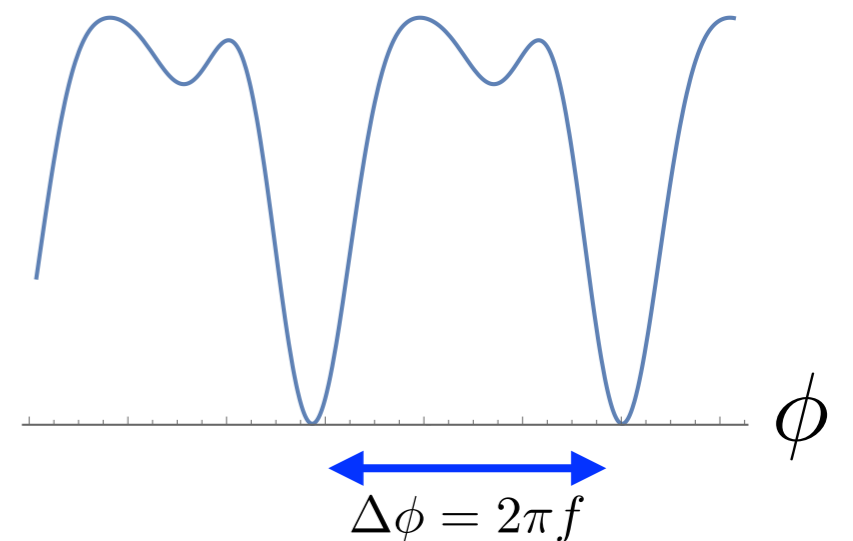
Since dangerous radiative corrections are naturally suppressed, axion is compatible with inflation.

The axion potential is periodic, i.e.

$$V(\phi) = V(\phi + 2\pi f)$$

and can be expressed as Fourier series,

$$V(\phi) = \sum_{n \in \mathbf{Z}} c_n e^{in \frac{\phi}{f}}$$



# Axion and Inflation

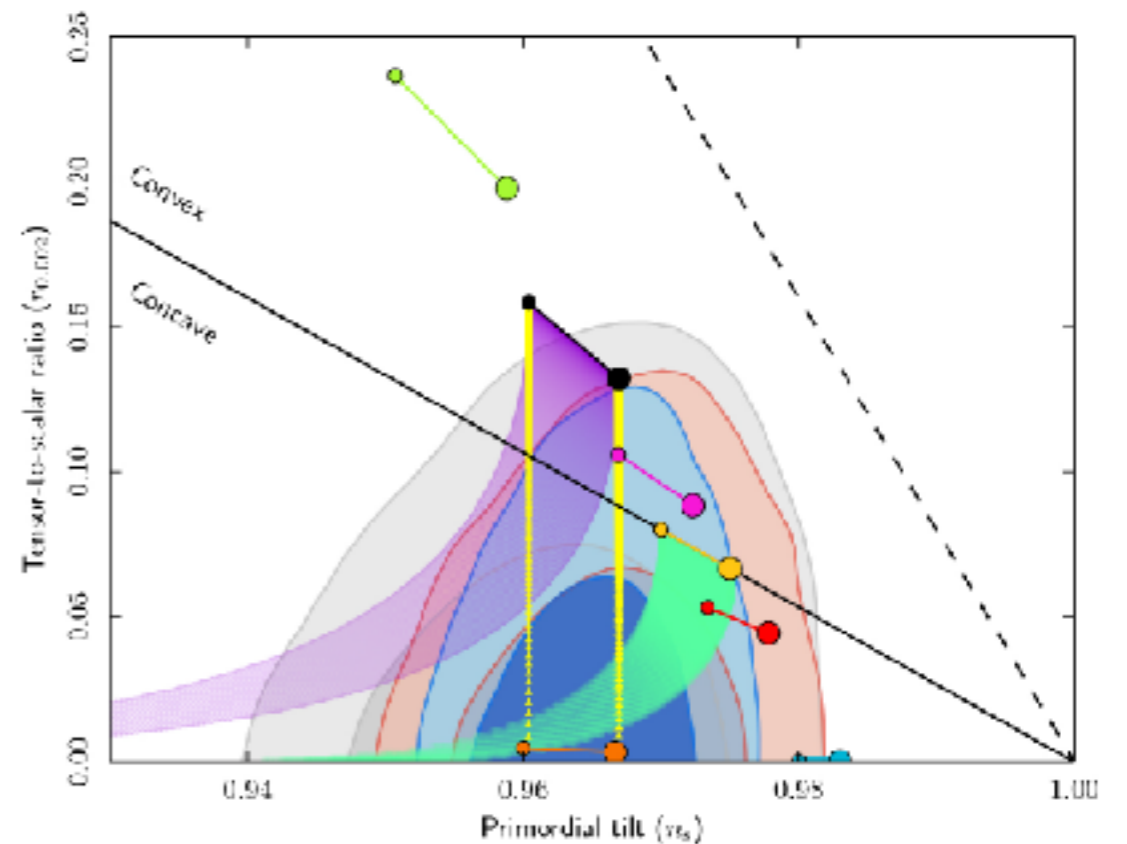
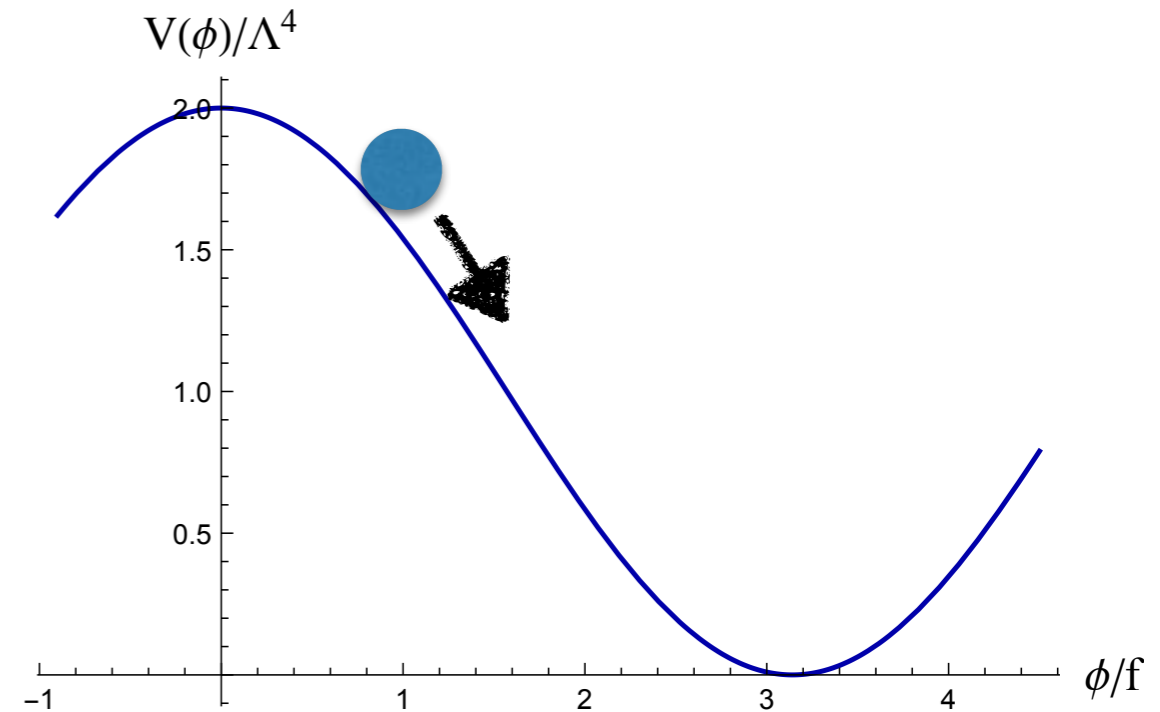
## • Natural inflation

Freese, Frieman, Olinto '90

The simplest model is the natural inflation.

$$V = \Lambda^4 \left( 1 - \cos \left( \frac{\phi}{f} \right) \right)$$

- Large field inflation
- **Super-Planckian** decay constant is required.  $f \gtrsim 5M_P$
- Predicted  $(n_s, r)$  are **not favored** by recent observations.



# Axion and Inflation

## • Axion hilltop inflation

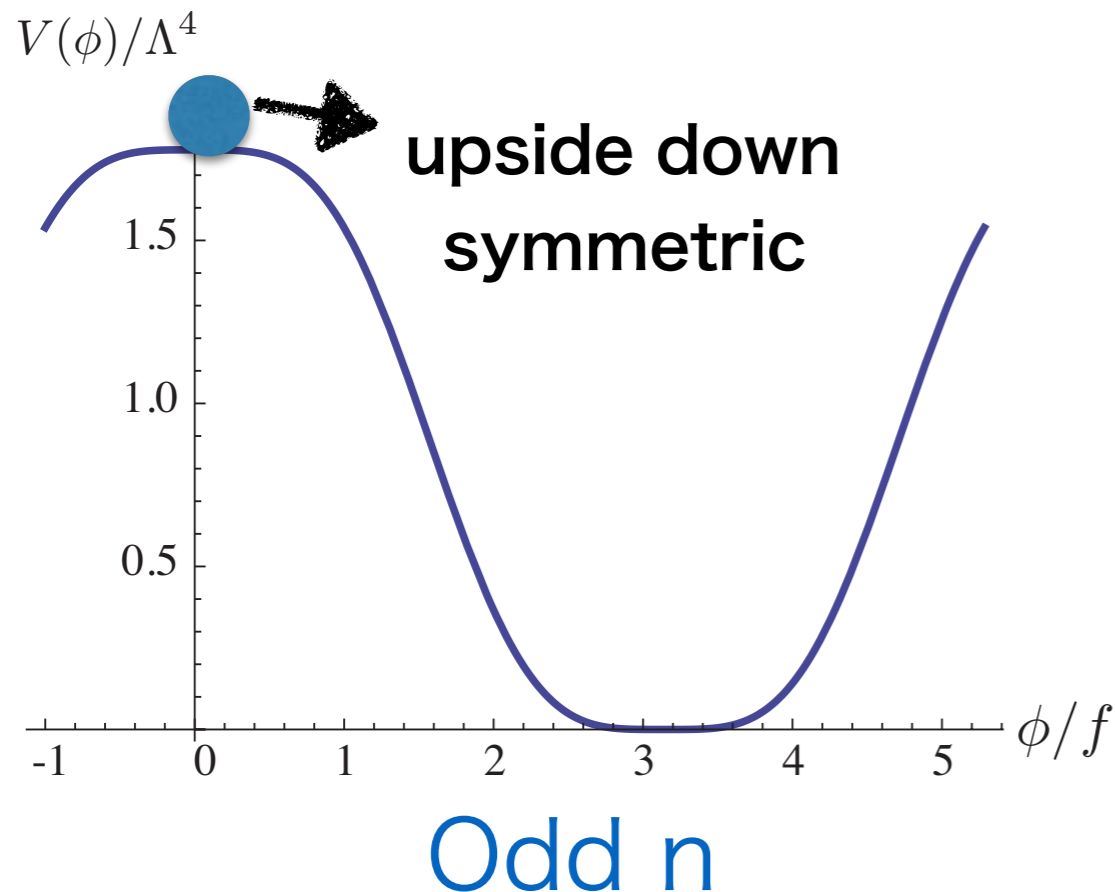
Czerny, Takahashi 1401.5212,

Czerny, Higaki, Takahashi 1403.0410, 1403.5883

Hilltop inflation can be realized with two cosine terms.

(Minimal extension)

$$\begin{aligned} V_{\text{inf}}(\phi) &= \Lambda^4 \left( \cos \left( \frac{\phi}{f} + \theta \right) - \frac{\kappa}{n^2} \cos \left( n \frac{\phi}{f} \right) \right) + C \\ &= V_0 - \lambda \phi^4 - \Lambda^4 \theta \frac{\phi}{f} + (\kappa - 1) \frac{\Lambda^4}{2f^2} \phi^2 + \dots \end{aligned}$$



- The decay constant can be **sub-Planckian**.  $f \ll M_P$
- Inflaton is light both during inflation and in the true min.

$$m_\phi^2 = V''(\phi_{\text{min}}) = -V''(\phi_{\text{max}})$$

**Flatness=longevity**



# Axion and Inflation

## • Axion hilltop inflation

Czerny, Takahashi 1401.5212,

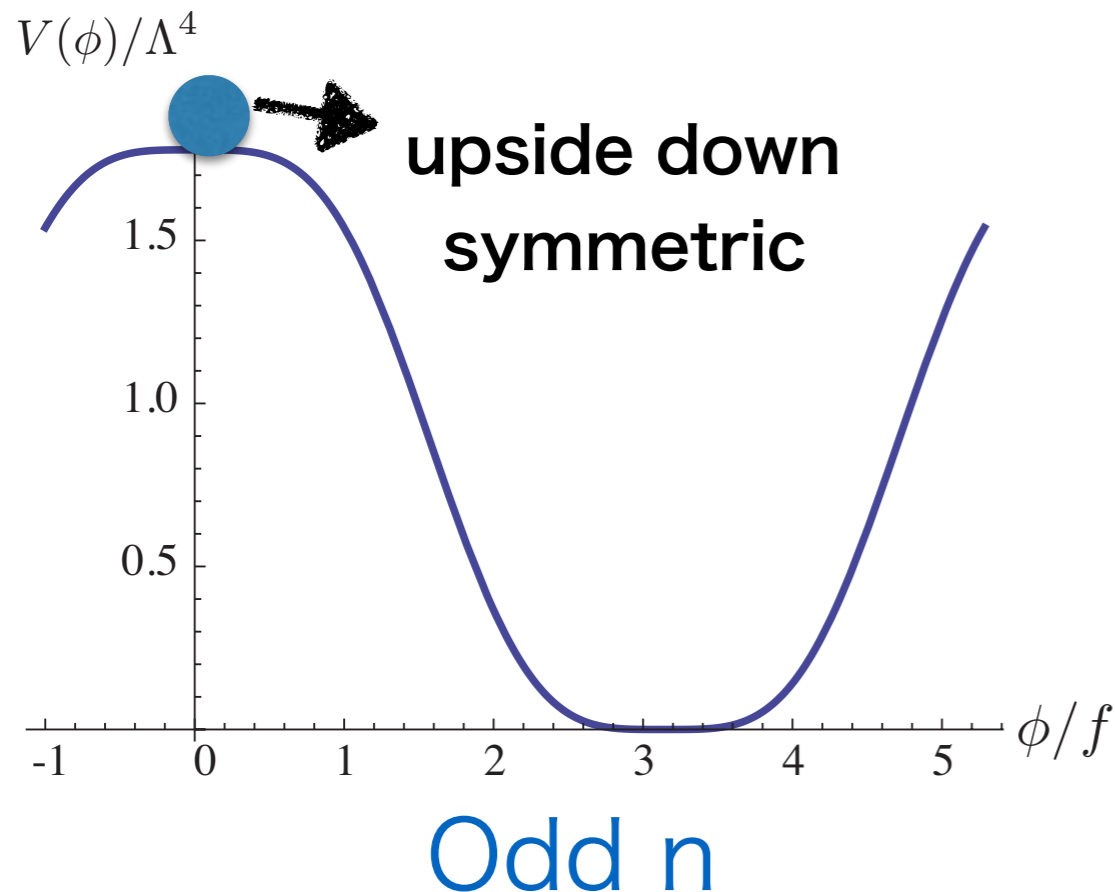
Czerny, Higaki, Takahashi 1403.0410, 1403.5883

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$$= V_0 - \lambda \phi^4 - \Lambda^4 \theta \frac{\phi}{f} + (\kappa - 1) \frac{\Lambda^4}{2f^2} \phi^2 + \dots$$



### Planck normalization

$$\lambda \simeq 7.5 \times 10^{-14} \left( \frac{N_*}{50} \right)^{-3} .$$

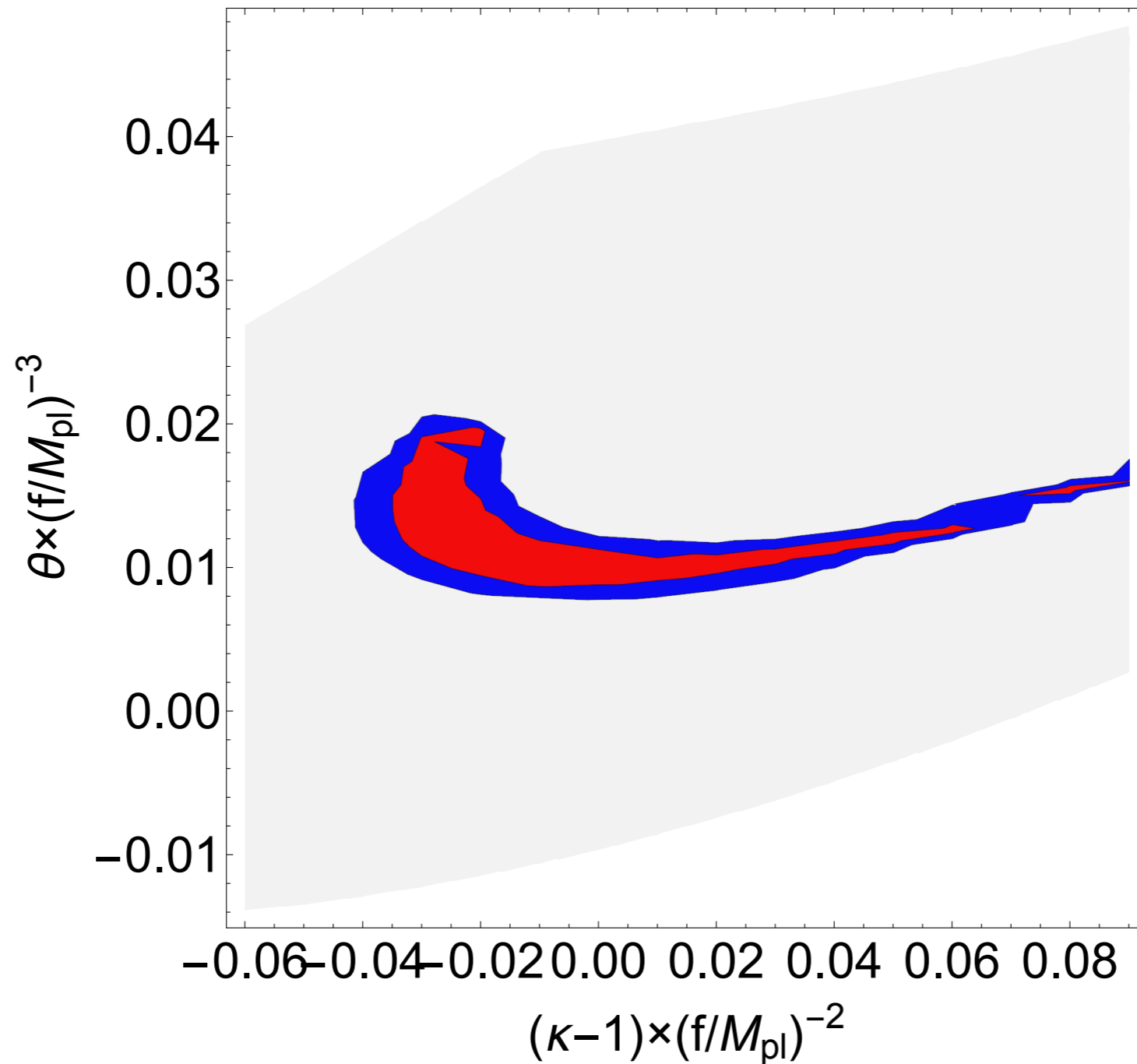
$$N_* \simeq 61 + \ln \left( \frac{H_*}{H_{\text{inf}}} \right)^{\frac{1}{2}} + \ln \left( \frac{H_{\text{inf}}}{10^{14} \text{GeV}} \right)^{\frac{1}{2}}$$

### Spectral index

$$n_s \simeq 1 + 2\eta(\phi_*) \simeq 1 - \frac{3}{N_*}$$

# Spectral index

$$n_s = 0.968 \pm 0.006$$



The typical inflaton mass:

$$m_\phi \sim \theta^{\frac{1}{3}} \frac{\Lambda^2}{f} = \mathcal{O}(0.1) H_{\text{inf}}$$

# Relation between $m_\phi$ and $f$

The Planck normalization of density perturbation and the spectral index fix the relation between  $m_\phi$  and  $f$ ,

$$\lambda \sim \left(\frac{\Lambda}{f}\right)^4 \sim 10^{-13} \quad : \text{Planck normalization}$$

$$\Lambda^4 \sim H_{\text{inf}}^2 M_{pl}^2 \quad : \text{Friedman eq.}$$

$$m_\phi \sim 0.1 H_{\text{inf}} \quad : \text{Scalar spectral index}$$

$$\text{cf. } n_s \simeq 1 + 2\eta(\phi_*)$$



$$f \sim 5 \times 10^7 \text{ GeV} \left(\frac{n}{3}\right)^{1/2} \left(\frac{m_\phi}{1 \text{ eV}}\right)^{0.51}$$

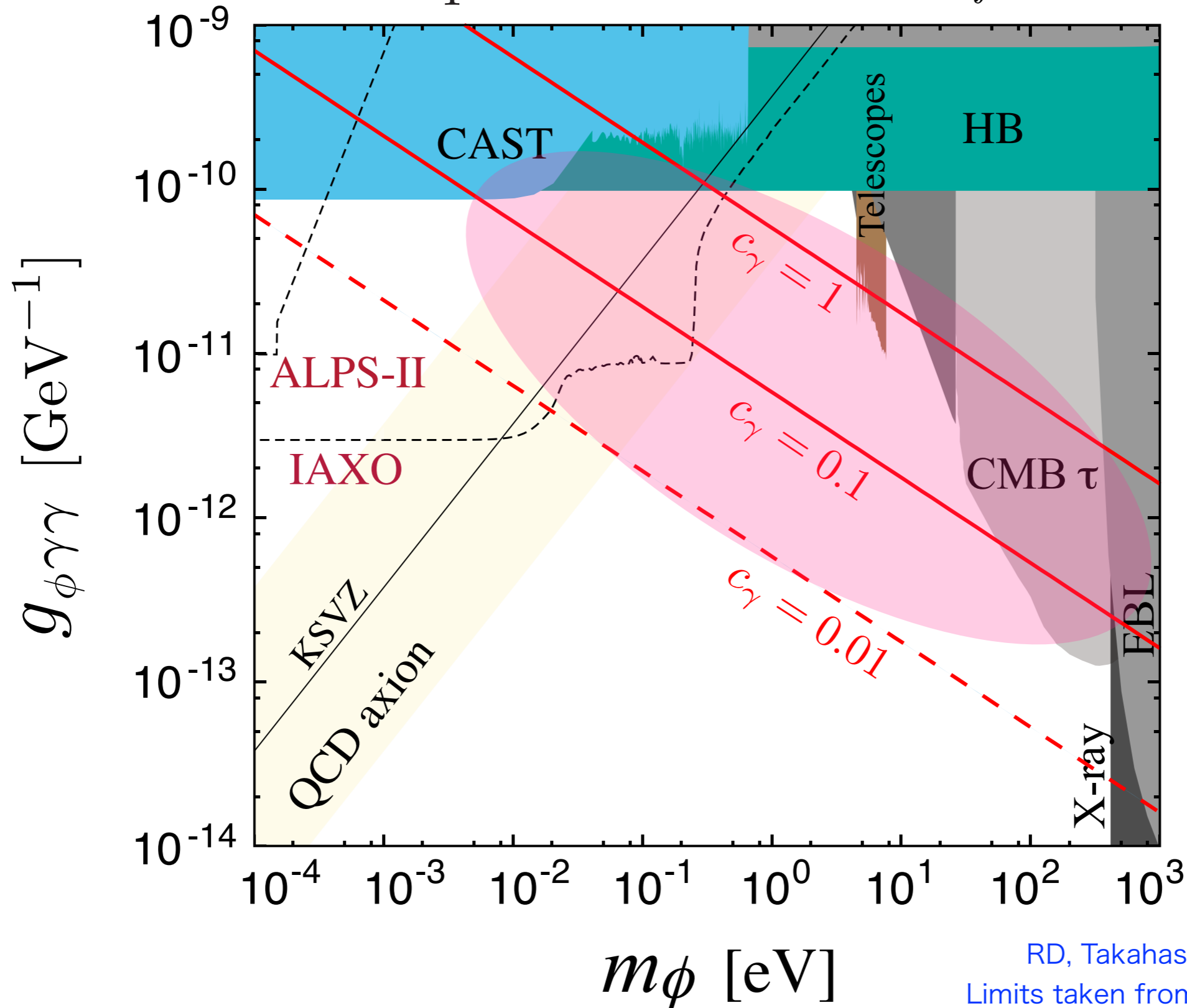
# Mass and coupling to photons

$$\mathcal{L} = \frac{g_{\phi\gamma\gamma}}{4} \phi F_{\mu\nu} \tilde{F}^{\mu\nu} \quad g_{\phi\gamma\gamma} = \frac{c_\gamma \alpha}{\pi f}$$

$$c_\gamma = \sum_i q_i Q_i^2$$

$$\psi_i \rightarrow e^{i\beta q_i \gamma_5 / 2} \psi_i$$

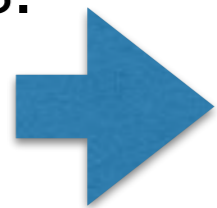
$$\phi \rightarrow \phi + \beta f$$



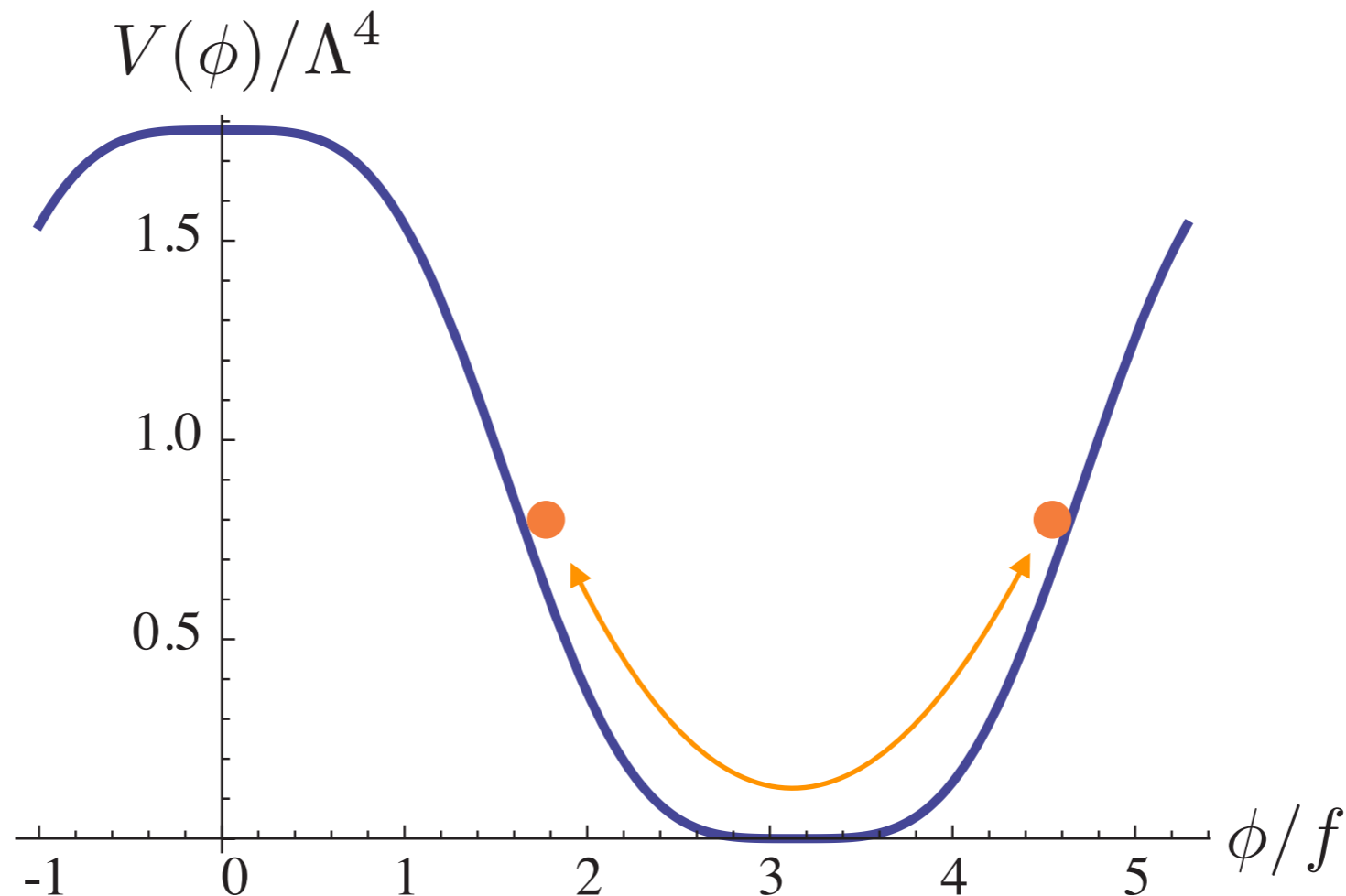
# 3. Reheating and ALP DM

The inflaton oscillates about  $\phi_{\min} = \pi f$  in a quartic potential.

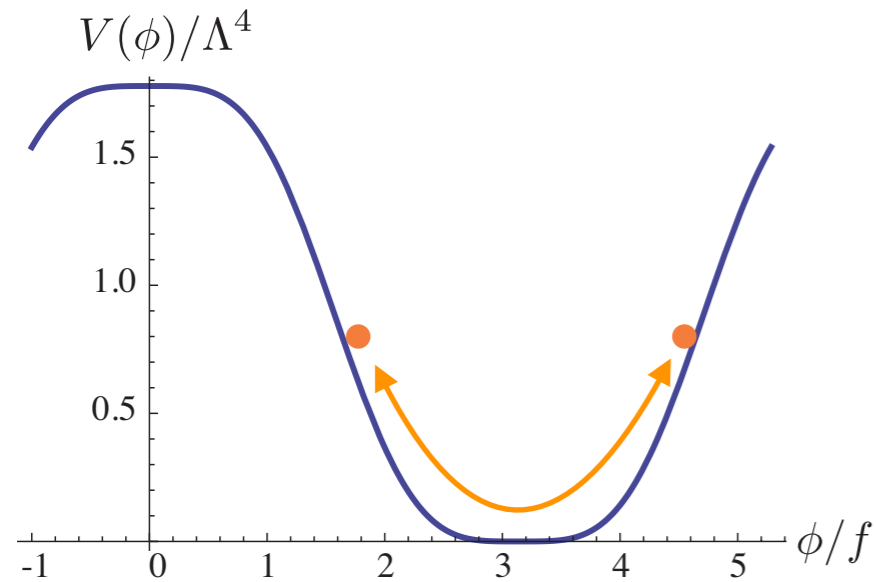
The effective mass,  $m_{\text{eff}}^2(t) = V''(\phi_{\text{amp}}) = 12\lambda\phi_{\text{amp}}^2$  decreases with time, and so, decay and dissipation become inefficient at later times.



**Incomplete reheating**



# 3. Reheating and ALP DM



Inflaton (ALP)  
condensate

Photons,  
SM particles

Decay &  
dissipation

Remnant

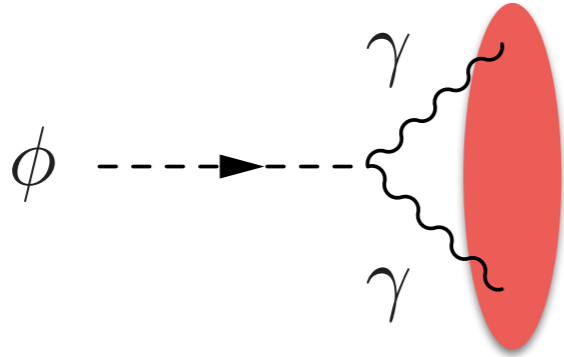
ALP Dark Matter

$$\xi \equiv \left. \frac{\rho_\phi}{\rho_\phi + \rho_R} \right|_{\text{after reheating}}$$

# • Reheating

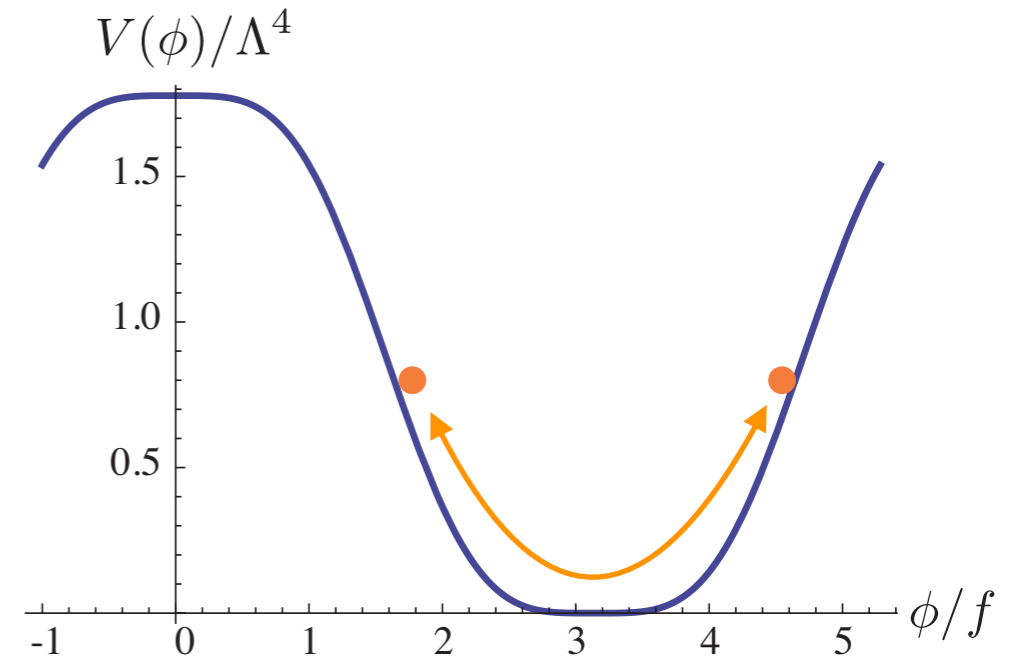
✓ The decay rate into two photons:

$$\Gamma_{\text{dec}}(\phi \rightarrow \gamma\gamma) = \frac{c_\gamma^2 \alpha^2 m_{\text{eff}}^3}{64\pi^3 f^2} \sqrt{1 - \left(\frac{2m_\gamma^{(th)}}{m_{\text{eff}}}\right)^2}$$



$$m_\gamma^{(th)} \sim eT$$

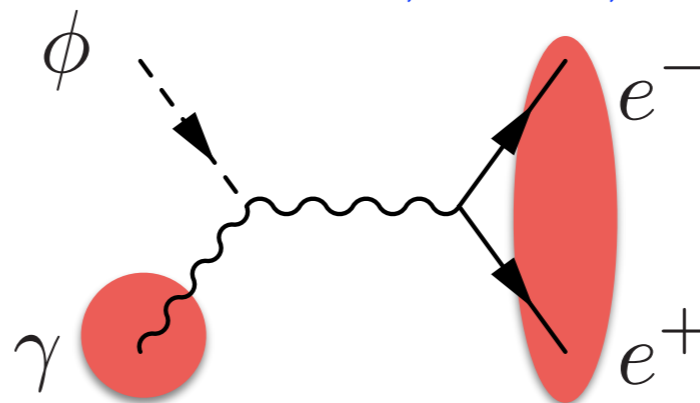
$$m_{\text{eff}}^2(t) = V''(\phi_{\text{amp}}) = 12\lambda\phi_{\text{amp}}^2$$



✓ The dissipation rate is roughly estimated as

cf. [Moroi, Mukaida, Nakayama and Takimoto, 1407.7465](#)

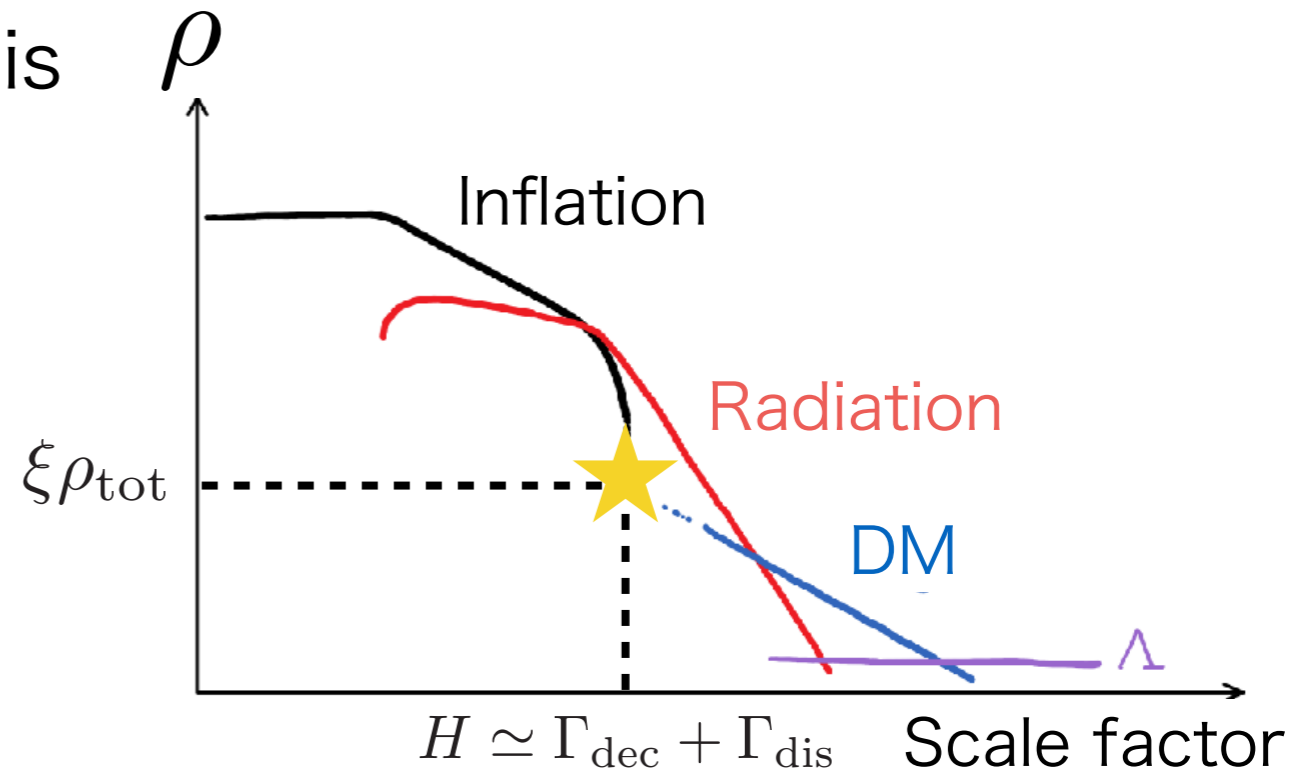
$$\Gamma_{\text{dis},\gamma} = C \frac{c_\gamma^2 \alpha^2 T^3 m_{\text{eff}}^2}{8\pi^2 f^2 e^4 T^2}$$



# • Reheating

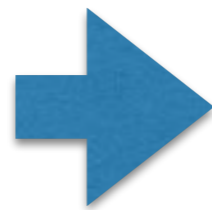
The remnant inflaton condensate is expressed by

$$\xi \equiv \frac{\rho_\phi}{\rho_\phi + \rho_R} \Big|_{\text{after reheating}}$$



Solving following equations, we found

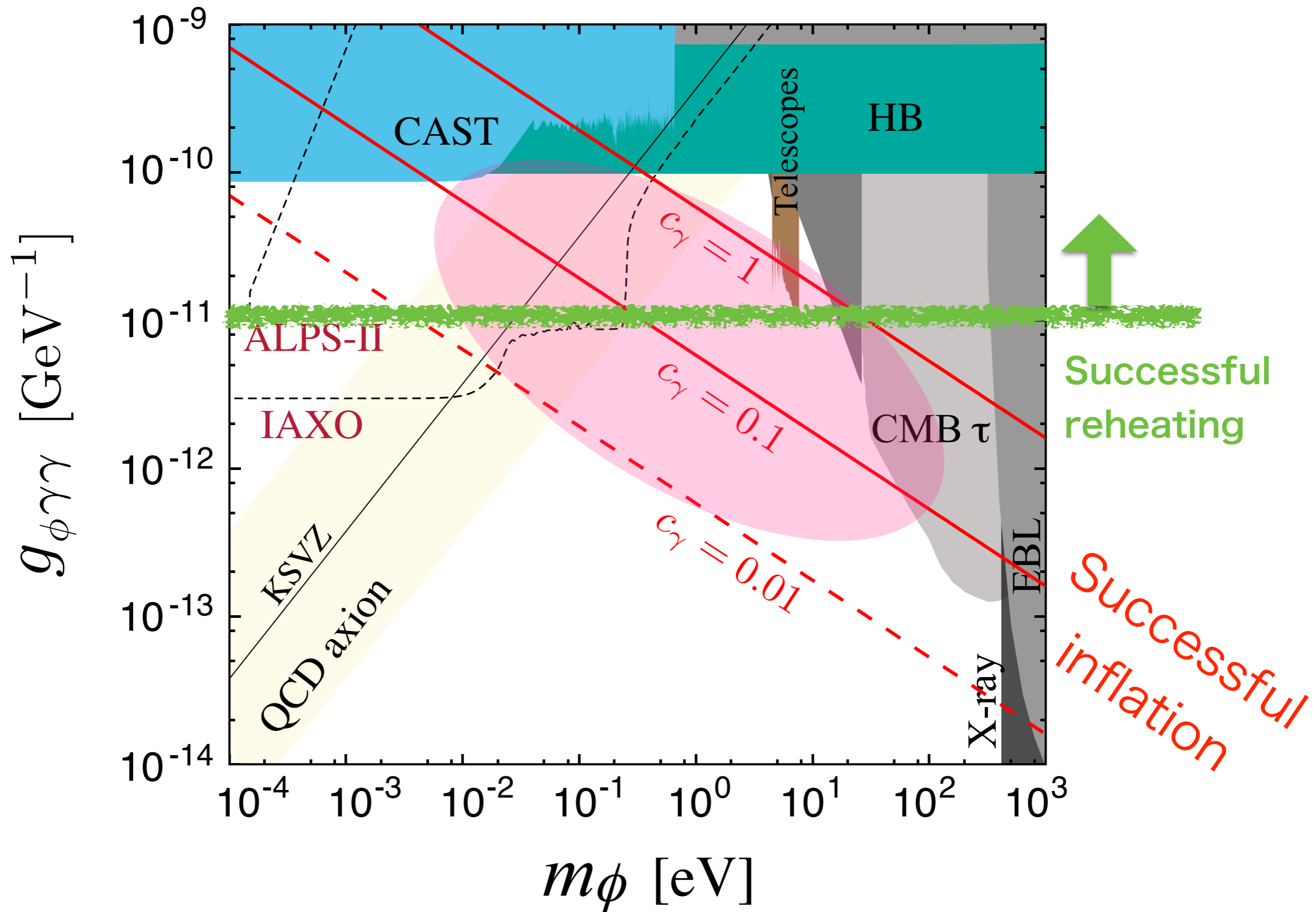
$$\begin{cases} \dot{\rho}_\phi + 4H\rho_\phi = -\Gamma_{\text{tot}}\rho_\phi \\ \dot{\rho}_r + 4H\rho_r = \Gamma_{\text{tot}}\rho_\phi \end{cases}$$



$$g_{\phi\gamma\gamma} \gtrsim 10^{-11} \text{ GeV}^{-1}$$

for successful reheating  $\xi \lesssim \mathcal{O}(0.01)$ .

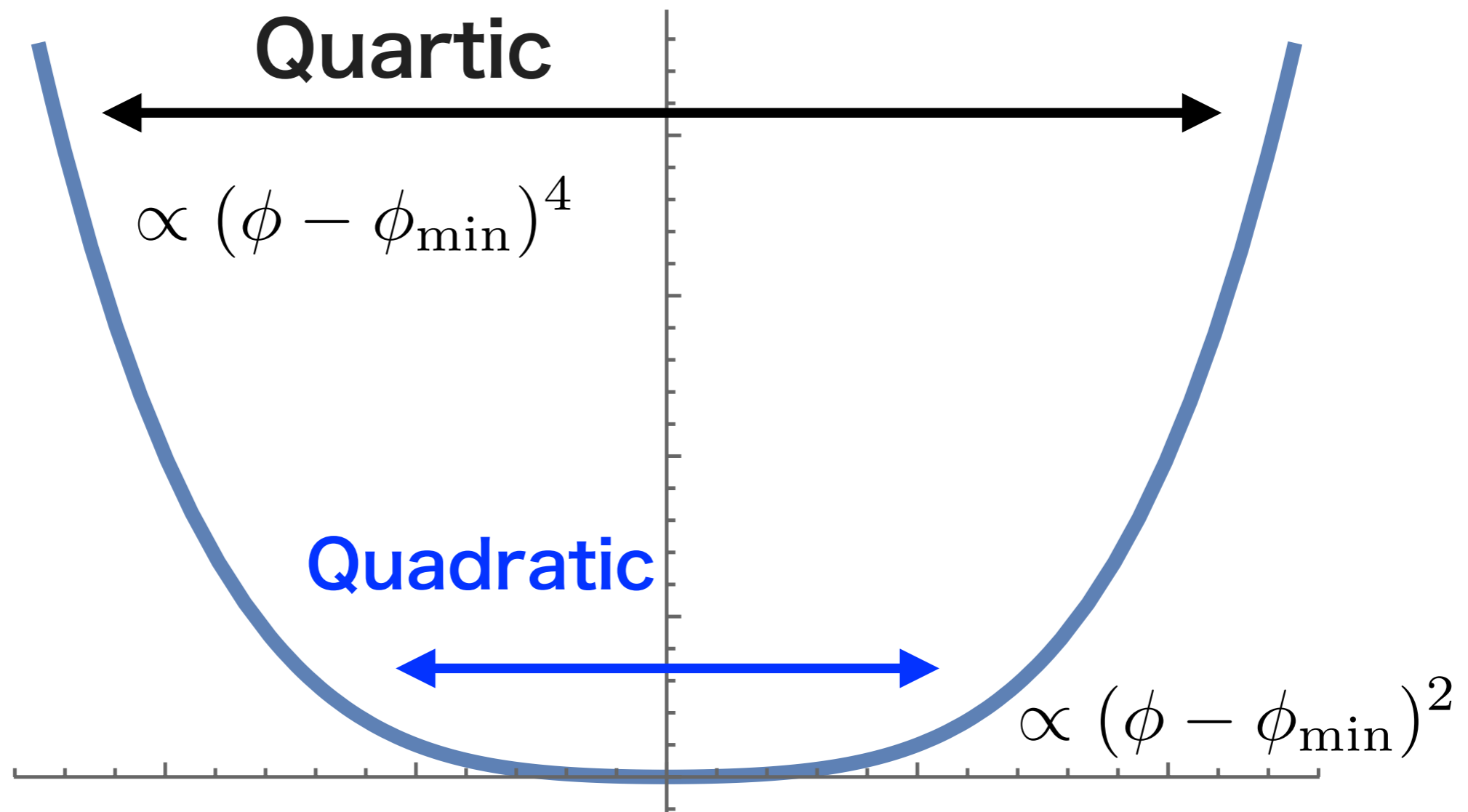




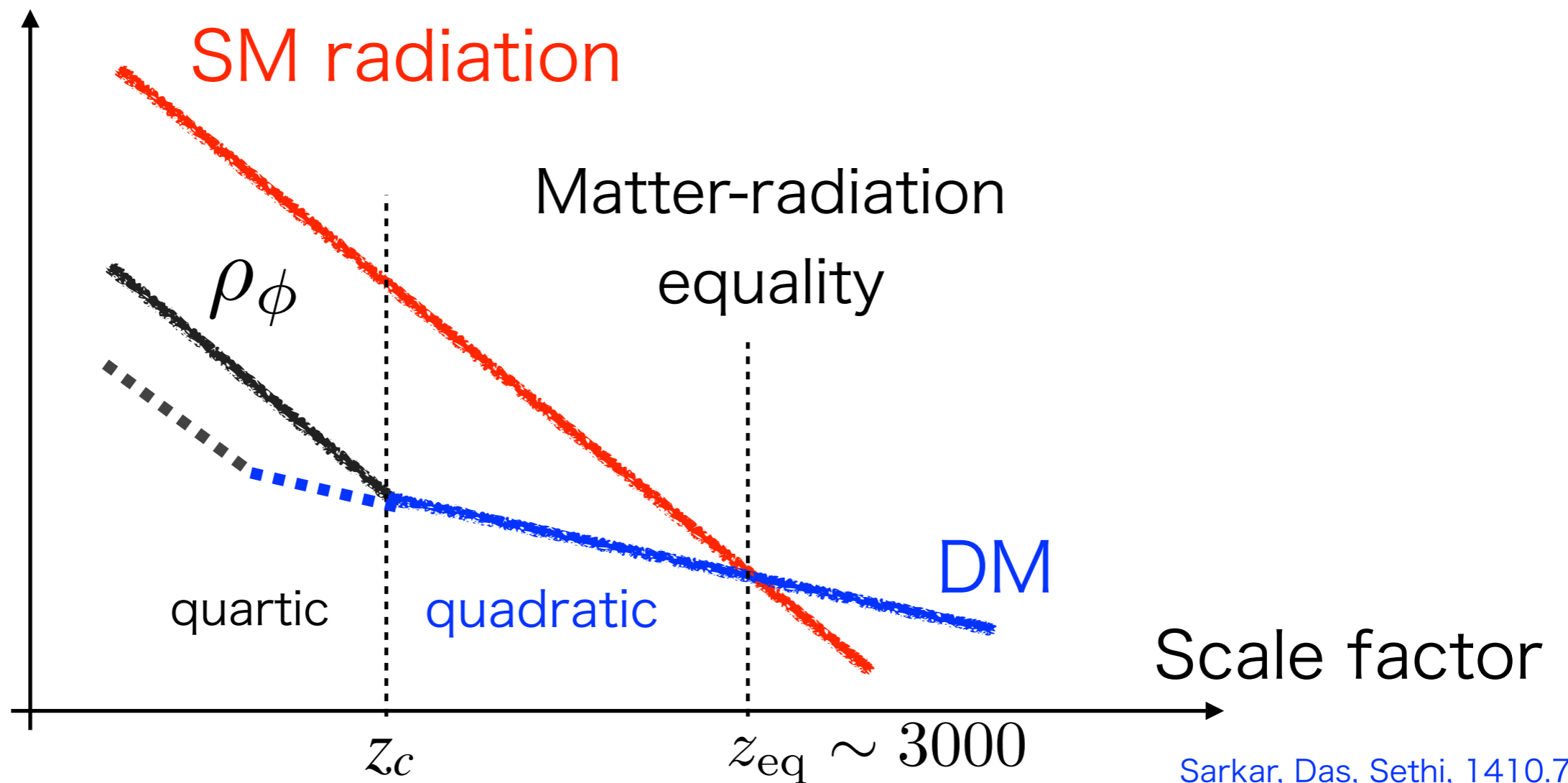
# • ALP condensate as CDM

After the reheating,  $\rho_\phi$  decreases like radiation until the potential becomes quadratic.

$$\text{cf. } w \equiv \frac{P}{\rho} = \frac{n-2}{n+2} \text{ for } \phi^n$$



# • ALP condensate as CDM



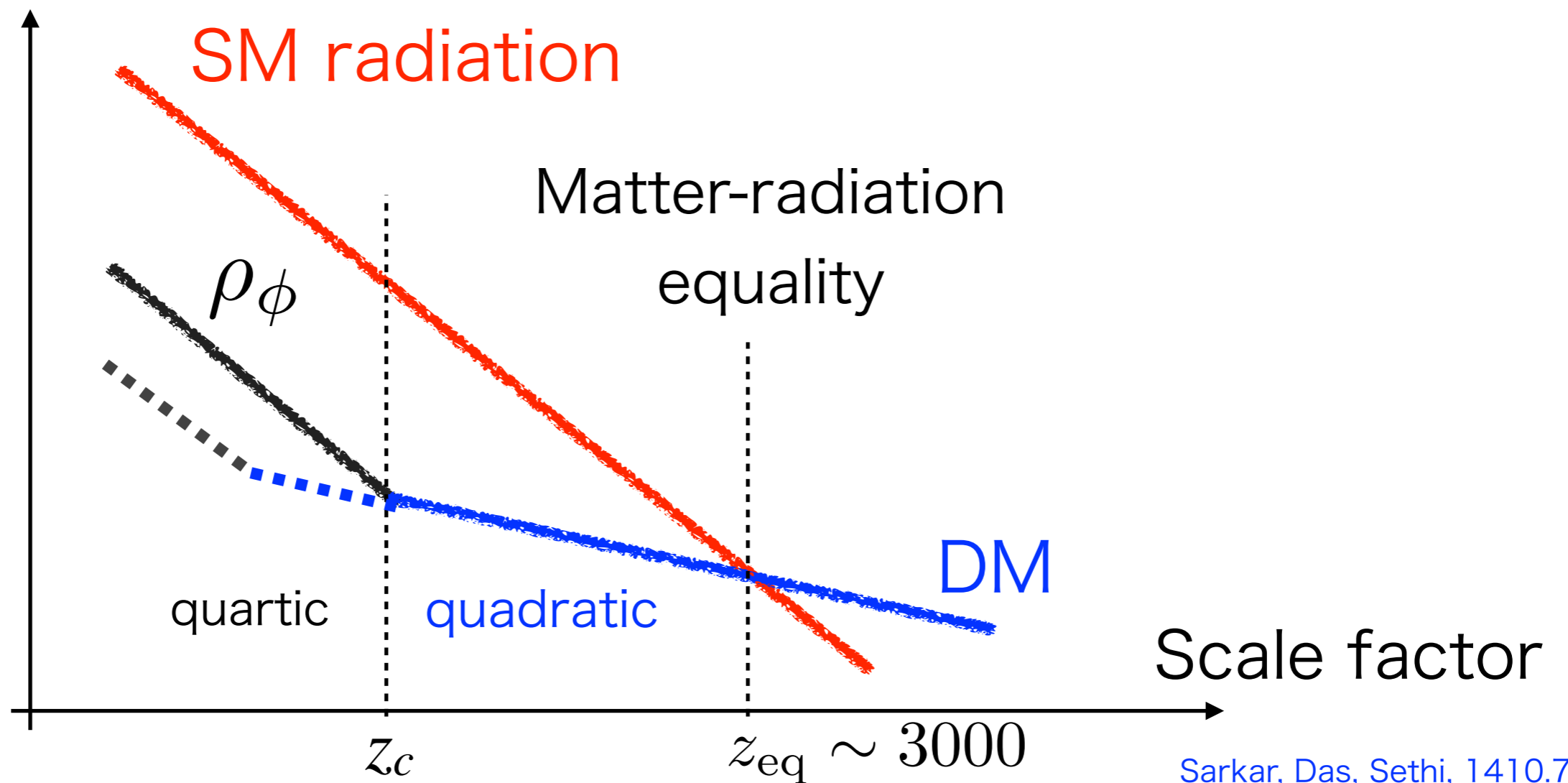
Sarkar, Das, Sethi, 1410.7129

DM should be formed before  $z_c \gtrsim \mathcal{O}(10^5)$  by SDSS and Ly-alpha



$$\xi \lesssim 0.02 \left( \frac{g_{*s}(T_R)}{106.75} \right)^{\frac{1}{3}} \left( \frac{3.909}{g_{*s}(T_c)} \right)^{\frac{1}{3}} \left( \frac{\Omega_\phi h^2}{0.12} \right) \left( \frac{5 \times 10^5}{1 + z_c} \right).$$

# • ALP condensate as CDM



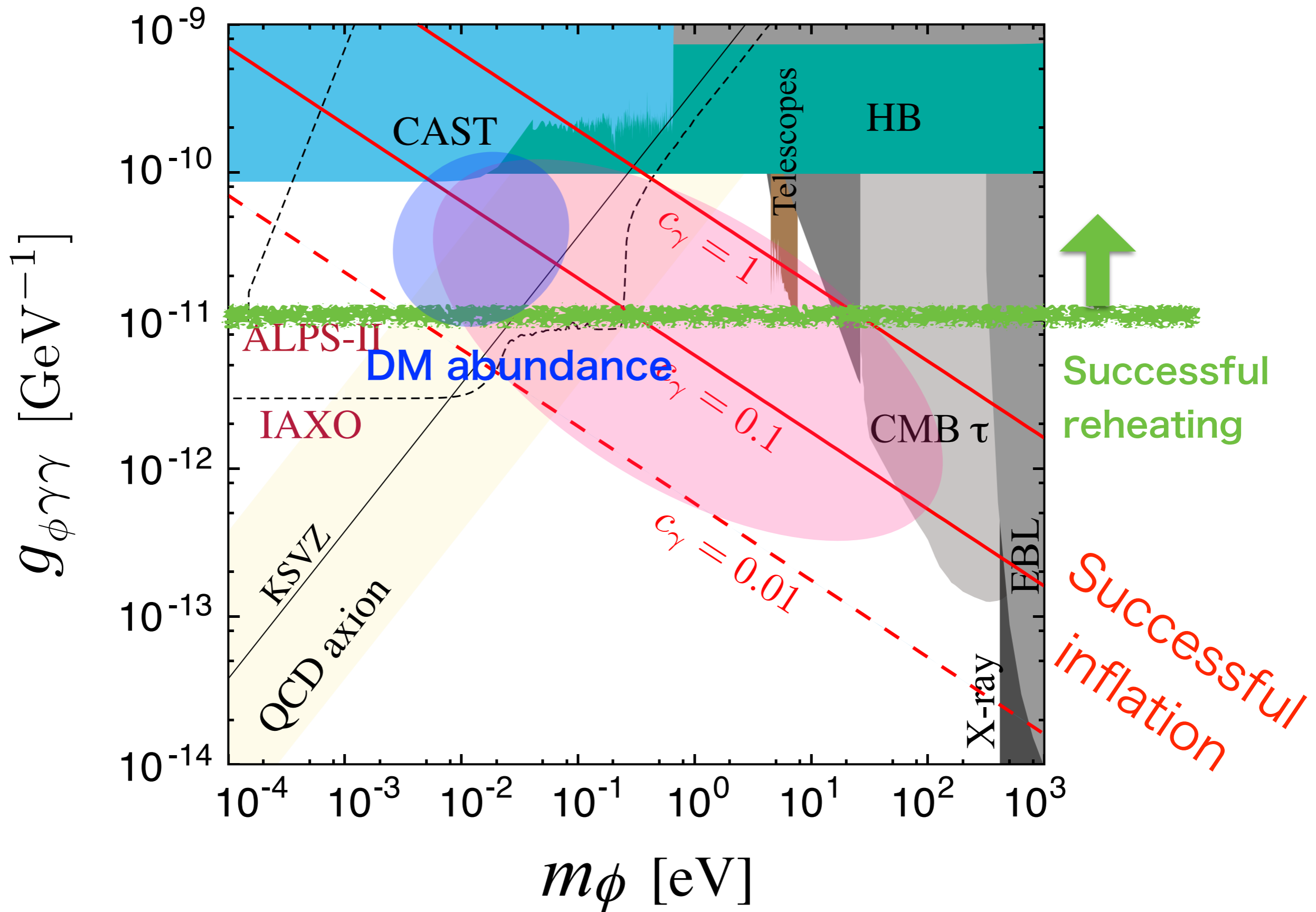
Sarkar, Das, Sethi, 1410.7129

$$\frac{\rho_\phi}{s} \simeq \frac{3}{4} \xi^{\frac{3}{4}} \frac{m_\phi T_R}{\sqrt{2\lambda} f x}$$

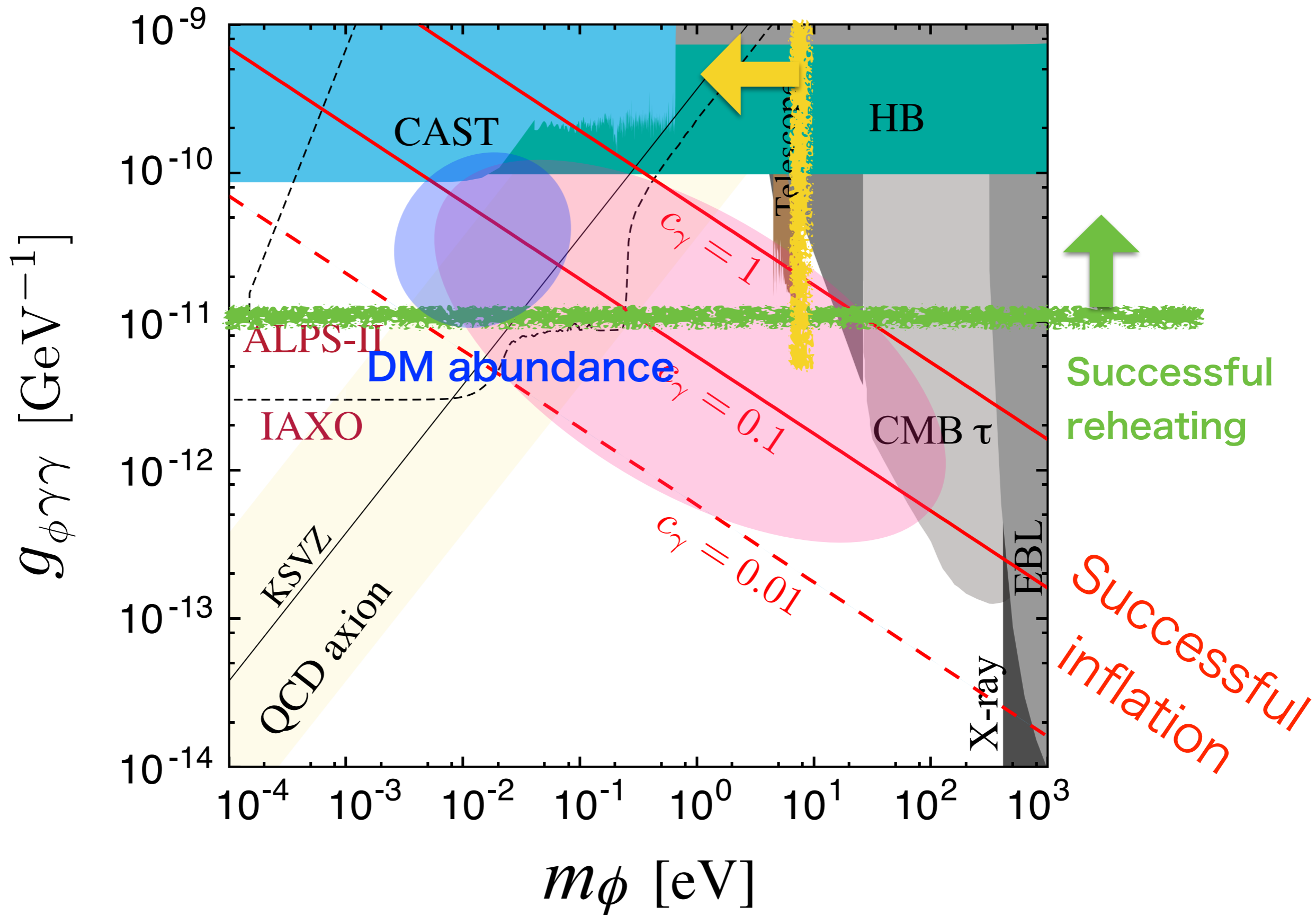


$$m_\phi \simeq 0.07 x^{-1} \left( \frac{\xi}{0.01} \right)^{-\frac{3}{4}} \left( \frac{\Omega_\phi h^2}{0.12} \right) \text{eV},$$

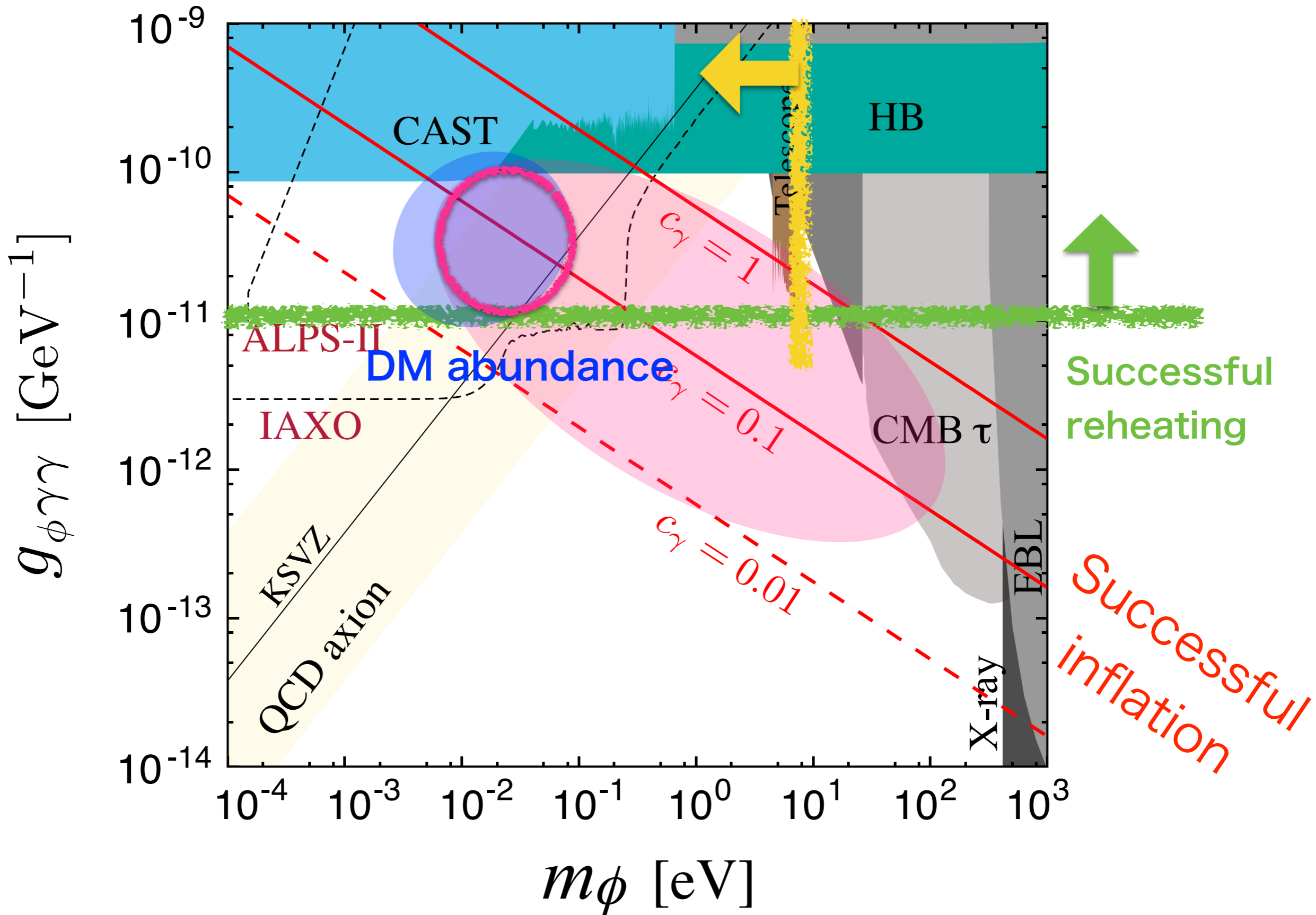
$$\gtrsim 0.04 x^{-1} \left( \frac{106.75}{g_{*s}(T_R)} \right)^{\frac{1}{4}} \left( \frac{g_{*s}(T_c)}{3.909} \right)^{\frac{1}{4}} \left( \frac{\Omega_\phi h^2}{0.12} \right)^{\frac{1}{4}} \left( \frac{1+z_c}{5 \times 10^5} \right)^{\frac{3}{4}} \text{eV}$$



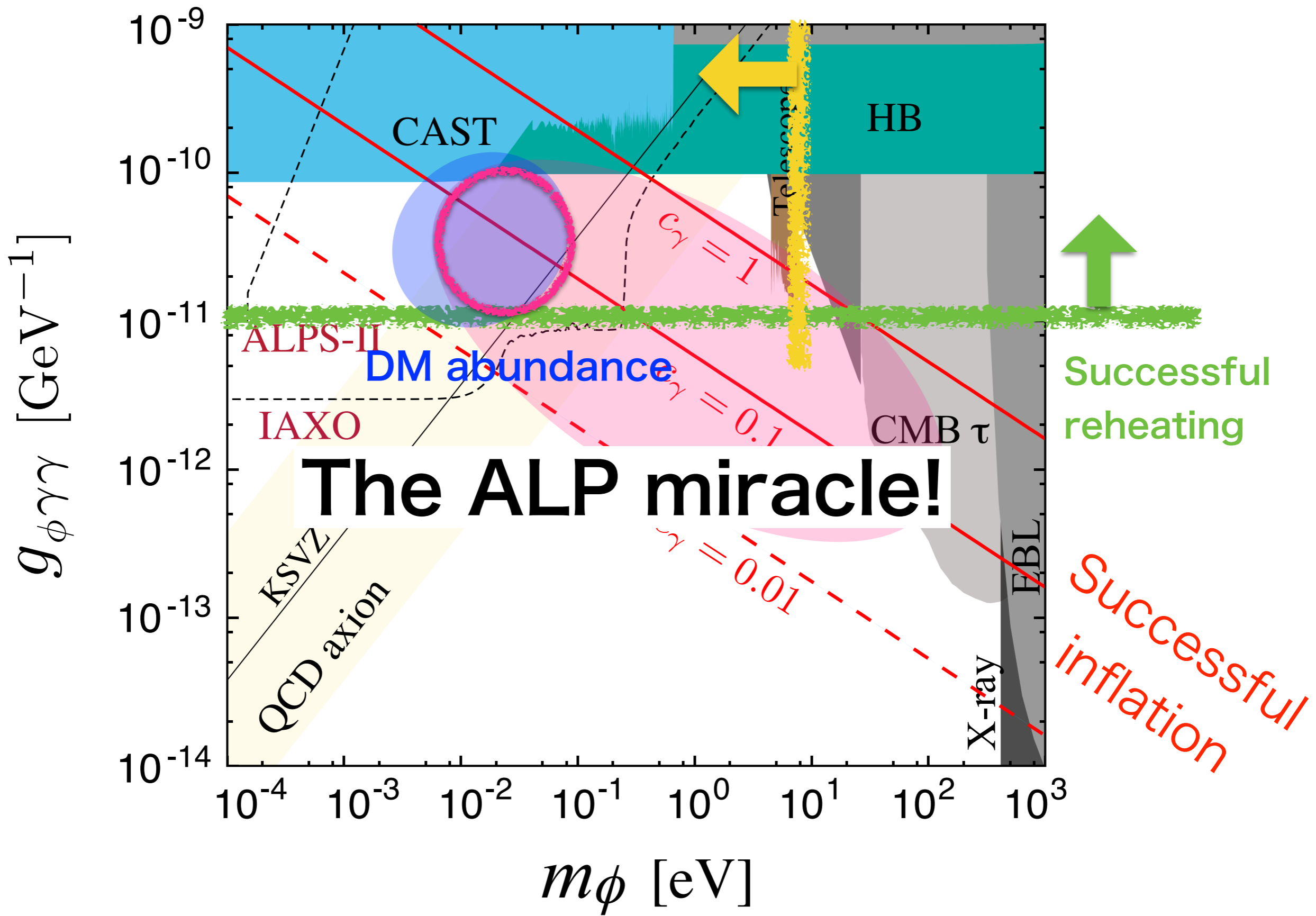
# HDM constraint



# HDM constraint



# HDM constraint





# Summary

- **Inflaton = DM = Axion-like particle (ALP)**

- The observed CMB and LSS data fix the relation between the ALP mass and decay const.

- Successful inflation, reheating and DM abundance point to

$$m_\phi = \mathcal{O}(0.01) \text{ eV} \quad g_{\phi\gamma\gamma} = \mathcal{O}(10^{-11}) \text{ GeV}^{-1}$$

within the reach of IAXO.

