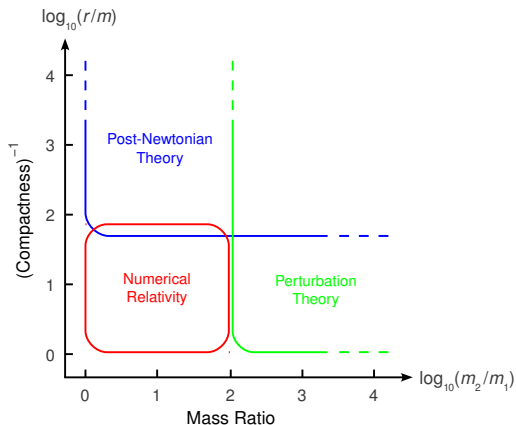


# The Gravitational Self-Force: Comparisons with Post-Newtonian Theory

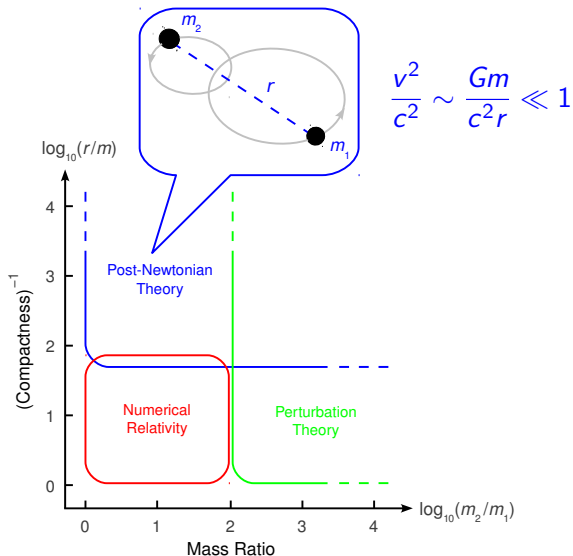
Alexandre Le Tiec

University of Maryland

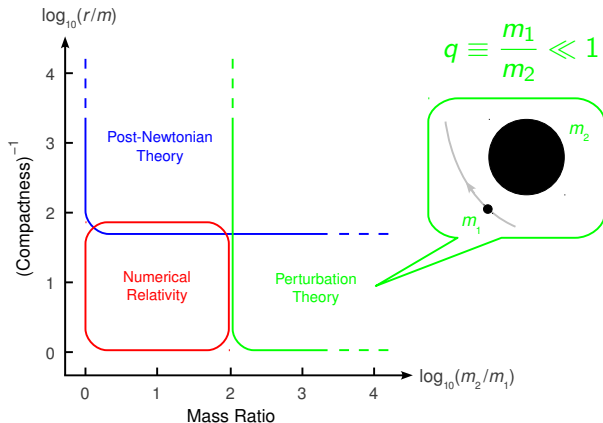
# Methods to compute gravitational-wave templates



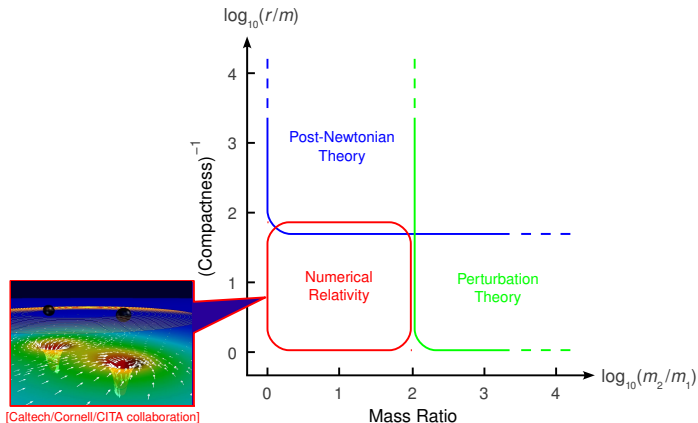
# Methods to compute gravitational-wave templates



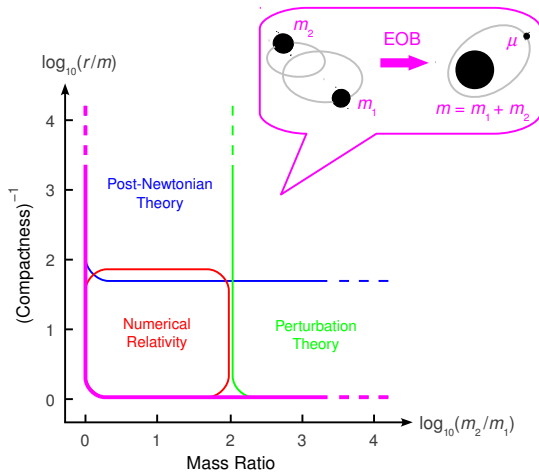
# Methods to compute gravitational-wave templates



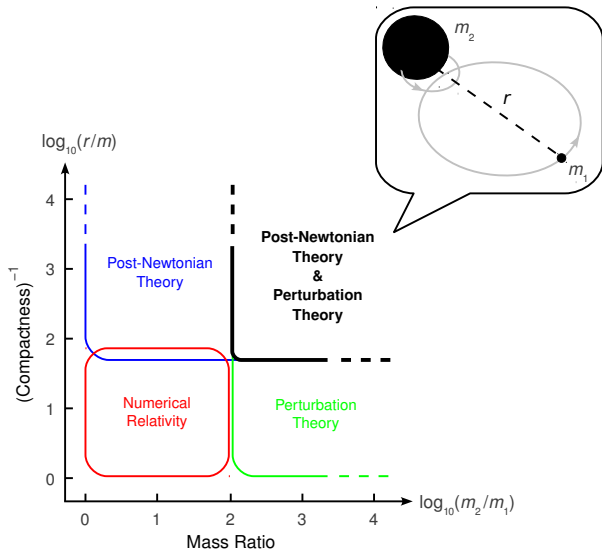
# Methods to compute gravitational-wave templates



# Methods to compute gravitational-wave templates



# Methods to compute gravitational-wave templates



Dissipative SF  
oooo

ISCO  
oo

Periastron Advance  
oooo

Redshift Observable – Circular  
oooooo

Redshift Observable – Eccentric  
oooooo

## Comparing the predictions from SF analysis and PN theory



# Comparing the predictions from SF analysis and PN theory

## Why?

- **Cross-check** the validity of the various calculations
- Determine **domains of validity** of approximation schemes
- **Test** some technically simplifying **assumptions**  
(e.g. use of point particles + self-field regularization)
- **Extract** previously unknown **information**  
(e.g. determination of high-order PN coefficients)
- **Calibration** of EOB potentials

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## How?

- ✗ Use the same coordinate system in all calculations
- ✓ Use **coordinate invariant** relations to avoid gauge ambiguities

# Outline

- ① Dissipative SF and comparison with PN theory
- ② Innermost stable circular orbit
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## Self-force vs post-Newtonian mass conventions

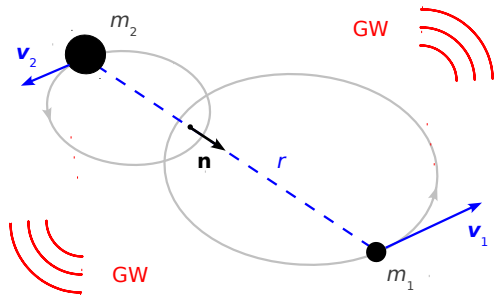
	SF	PN
mass of the “particle”	$\mu$	$m_1$
mass of the “black hole”	$M$	$m_2$
total mass	$\mu + M \simeq M$	$m = m_1 + m_2$
reduced mass	$\frac{\mu M}{\mu + M} \simeq \mu$	$\mu = \frac{m_1 m_2}{m}$
symmetric mass ratio	$\frac{\mu M}{(\mu + M)^2} \simeq \frac{\mu}{M}$	$\nu = \frac{m_1 m_2}{m^2}$
(asymmetric) mass ratio	$\frac{\mu}{M} \ll 1$	$q = \frac{m_1}{m_2}$

**We shall use the PN mass conventions**

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# PN equations of motion for compact binaries



$$\frac{d\mathbf{v}_1}{dt} = \underbrace{-\frac{Gm_2}{r^2} \mathbf{n} + \frac{\mathbf{A}_{1\text{PN}}}{c^2} + \frac{\mathbf{A}_{2\text{PN}}}{c^4}}_{\text{conservative terms}} + \underbrace{\frac{\mathbf{A}_{2.5\text{PN}}}{c^5}}_{\text{rad. reac.}} + \underbrace{\frac{\mathbf{A}_{3\text{PN}}}{c^6}}_{\text{cons. term}} + \underbrace{\frac{\mathbf{A}_{3.5\text{PN}}}{c^7}}_{\text{rad. reac.}} + \dots$$

## Templates for circularized inspiralling compact binaries

- Conservative part of the **orbital dynamics** yields center of mass binding energy

$$E = \underbrace{-\frac{1}{2}\mu (m\Omega_\varphi)^{2/3}}_{\text{Newtonian binding energy}} \left\{ 1 + (\text{PN corrections}) \right\}$$

- **Wave generation formalism** yields binary's GW energy flux

$$\mathcal{F} = \underbrace{\frac{32}{5}\nu^2 (m\Omega_\varphi)^5}_{\text{Einstein's quadrupole formula}} \left\{ 1 + (\text{PN corrections}) \right\}$$

- Orbital phase  $\varphi(t)$  then GW phase follow from **energy balance**

$$\frac{dE}{dt} = -\mathcal{F}$$

## Energy loss caused by the dissipative SF

- Energy balance for a point particle orbiting a Schwarzschild black hole (BH) on quasi-circular orbits

$$\underbrace{\mathcal{F}_\infty}_{\text{GW flux at infinity}} + \underbrace{\mathcal{F}_\bullet}_{\text{GW flux through BH}} = \underbrace{-\frac{m_1}{2u^t} u^\alpha u^\beta \partial_t h_{\alpha\beta}}_{\text{work done by the gravitational SF}}$$

- $\mathcal{F}_\bullet$  is a 4PN effect relative to  $\mathcal{F}_\infty$  [Poisson & Sasaki 1995]

$$\frac{\mathcal{F}_\bullet}{\mathcal{F}_\infty} = \underbrace{(m_2 \Omega_\varphi)^{8/3}}_{\sim v^8} \left\{ 1 + (\text{PN corrections}) \right\}$$

- Beyond the ISCO, it is numerically small [Martel 2004]

$$\mathcal{F}_\bullet \lesssim 10^{-3} \mathcal{F}_\infty$$

$\mathcal{F}_\infty$  effectively measures the dissipative component of the SF



## Perturbative GW energy flux calculations

- For a test particle (geodesic motion) in circular orbit around a Schwarzschild BH,  $\mathcal{F}_\infty$  has been computed analytically to:
  - ▶ 1.5PN order beyond  $\mathcal{F}_N$  [Poisson 1993]
  - ▶ 4PN [Tagoshi & Sasaki 1994]
  - ▶ 5.5PN [Tanaka, Tagoshi & Sasaki 1996]
  - ▶ 14PN [Fujita 2011]

$$\mathcal{F}_\infty = \underbrace{\frac{32}{5} q^2 (m_2 \Omega_\varphi)^5}_{\text{Newtonian flux } \mathcal{F}_N} \left\{ 1 + (\text{PN corrections}) \right\}$$

- 3.5PN restriction agrees with limit  $q \rightarrow 0$  of PN result  $\mathcal{F}$
- Similar results for eccentric orbits and/or Kerr black holes

Dissipative part of the SF successfully tested against PN theory  
 More recently, comparisons between PN and the **conservative** SF

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# SF correction to the location of the Schwarzschild ISCO

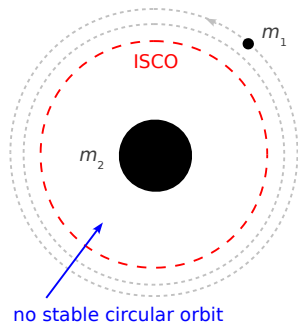
$$m\Omega_{\text{ISCO}} = \underbrace{6^{-3/2}}_{\text{Schwarz. result}} \left\{ 1 + \underbrace{q c_{\Omega}}_{\text{conservative SF correction}} + \mathcal{O}(q^2) \right\}$$

- In the Lorenz gauge, the self-force analysis yields [Barack & Sago 2009]

$$c_{\Omega}^{\text{BS}} = 1.4870(6)$$

- In a gauge such that  $g_{\alpha\beta} \rightarrow \eta_{\alpha\beta}$  at spatial infinity [Damour 2010]

$$c_{\Omega} = c_{\Omega}^{\text{BS}} - \frac{1}{\sqrt{18}} = 1.2513(6)$$



# Comparison with multiple PN/EOB approximants

[Favata 2010]

Method	$c_{\Omega}^{\text{PN}}$
A4PN-P <sub>A</sub>	1.132
A4PN-T <sub>A</sub>	1.132
C <sub>0</sub> 3PN	1.435
e2PN-P	1.036
KWW-1PN	1.592
A3PN-P	0.9067
A3PN-T	0.9067
A4PN-P <sub>B</sub>	0.8419
A4PN-T <sub>B</sub>	0.8419
j3PN-P	1.711
j2PN-P	0.6146
KWW-S	0.5610
C <sub>0</sub> 2PN	0.5833
E <sub>h</sub> 3PN	0.4705
e3PN-P	2.178
A2PN-P	0.2794
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E <sub>h</sub> 2PN	0.0902
E <sub>h</sub> 1PN	-0.014 73
E <sub>h</sub> -S	-0.054 71
HH-S	-0.1486
j1PN-P	-0.1667
KWW-2PN	-1.542
j-P-S	-2.104
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- It also reproduces the **exact** result in the test-particle limit:  $m\Omega_{\text{ISCO}} = 6^{-3/2}$



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## Periastron advance in black hole binaries

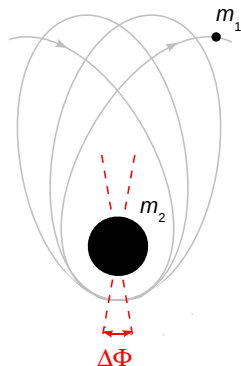
- **Conservative** part of the dynamics only
- Generic non-circular orbit parametrized by the two **invariant** frequencies

$$\Omega_r = \frac{2\pi}{P}, \quad \Omega_\varphi = \frac{1}{P} \int_0^P \dot{\varphi}(t) dt$$

- Periastron advance per radial period

$$K \equiv \frac{\Omega_\varphi}{\Omega_r} = 1 + \frac{\Delta\Phi}{2\pi}$$

- In the **circular** orbit limit  $e \rightarrow 0$ , the relation  $K(\Omega_\varphi)$  is coordinate **invariant**



## SF correction to the Schwarzschild periastron advance

- In the extreme mass ratio limit  $q \ll 1$ :

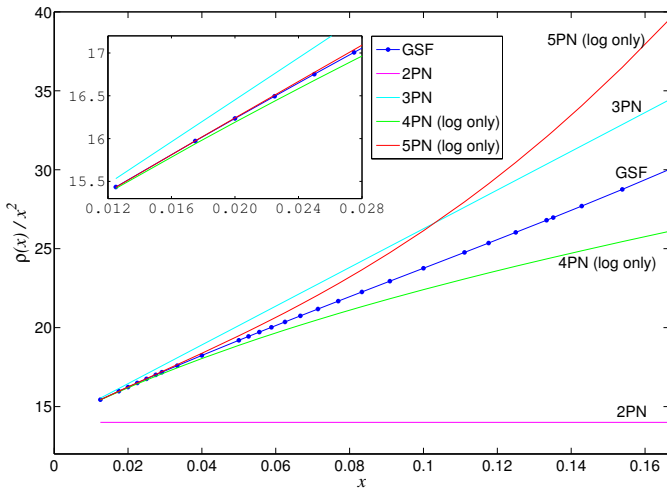
$$W \equiv \frac{1}{K^2} = \underbrace{1 - 6x}_{\text{Schw.}} + \underbrace{q \rho(x)}_{\text{SF effect}} + \mathcal{O}(q^2),$$

where  $x \equiv (m\Omega_\varphi)^{2/3}$

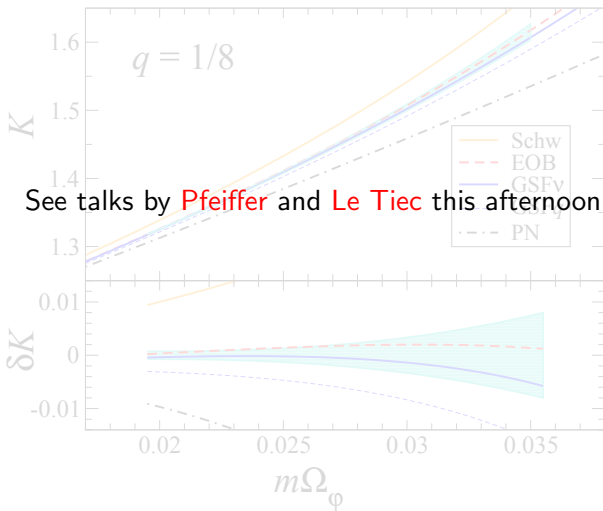
- The gravitational SF correction  $\rho(x)$  has recently been computed numerically [Barack & Sago 2010]
- The PN expansion of  $\rho(x)$  is known up to 3PN order, as well as the leading order 4PN and next-to-leading order 5PN logarithmic contributions [Damour 2010]

# Comparison of the PN and SF results

[Barack, Damour & Sago 2010]



## Comparison with numerical relativity



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# The “redshift observable” for circular orbits

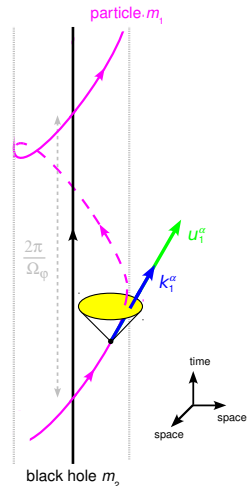
- **Conservative** part of the dynamics only
- For **circular orbits**, the geometry admits an helical Killing vector  $k^\alpha$  such that

$$k^\alpha = (\partial_t)^\alpha + \Omega_\varphi (\partial_\varphi)^\alpha \quad (\text{asymptotically})$$

- Four-velocity  $u_1^\alpha$  of the particle necessarily tangent to the helical Killing vector:

$$u_1^\alpha = U k_1^\alpha$$

- Relation  $U(\Omega_\varphi)$  well defined in PN and SF frameworks, and **coordinate invariant**



## Physical interpretations of the quantity $U$

- It measures the **redshift** of light rays emitted from the particle [Detweiler 2008]

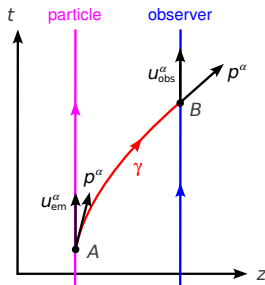
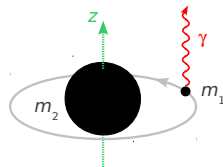
$$\frac{\mathcal{E}_{\text{obs}}}{\mathcal{E}_{\text{em}}} \equiv \frac{(p_\alpha u_{\text{obs}}^\alpha)_B}{(p_\alpha u_{\text{em}}^\alpha)_A} = \frac{1}{U}$$

- It is a **constant of the motion** associated with the helical symmetry

$$u_{1\alpha} k_1^\alpha = -\frac{1}{U}$$

- In a gauge such that  $k^\alpha \partial_\alpha = \partial_t + \Omega_\varphi \partial_\varphi$  everywhere, we simply have

$$U = u_1^t$$





## Post-Newtonian result for the SF effect on $U(\Omega_\varphi)$

[Detweiler 2008; Blanchet, Detweiler, Le Tiec & Whiting 2010 (a,b)]

- In the extreme mass ratio limit  $q \ll 1$ :

$$U = U_{\text{Schw}} - \underbrace{q U_{\text{SF}}}_{\text{SF effect}} + \mathcal{O}(q^2)$$

- PN result expressed as a power series in  $y \equiv (m_2 \Omega_\varphi)^{2/3} \sim v^2$ :

$$U_{\text{SF}} = y + 2y^2 + 5y^3 + \overbrace{\left( \frac{121}{3} - \frac{41}{32} \pi^2 \right)}^{\text{3PN contribution}} y^4 + \underbrace{\left( \alpha_4 + \frac{64}{5} \ln y \right)}_{\text{4PN log}} y^5 + \underbrace{\left( \alpha_5 - \frac{956}{105} \ln y \right)}_{\text{5PN log}} y^6 + o(y^6)$$

- The 4PN and 5PN polynomial coefficients  $\{\alpha_4, \alpha_5\}$  are unknown, but can be extracted from the SF calculation

## High-precision comparison of the 3PN coefficient

- The result of the SF calculation is fitted by a PN series

$$U_{\text{SF}} = \sum_{n \geq 0} \alpha_n y^{n+1} + \ln y \sum_{n \geq 4} \beta_n y^{n+1}$$

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- To be compared with the exact analytical result

$$\alpha_3 = \frac{121}{3} - \frac{41}{32}\pi^2 = 27.6879026 \dots$$

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- The two calculations are therefore in **agreement** at the  $2\sigma$  level with **9 significant digits**

## High-order PN fit of the gravitational SF calculation

- The result of the SF calculation is fitted by a PN series

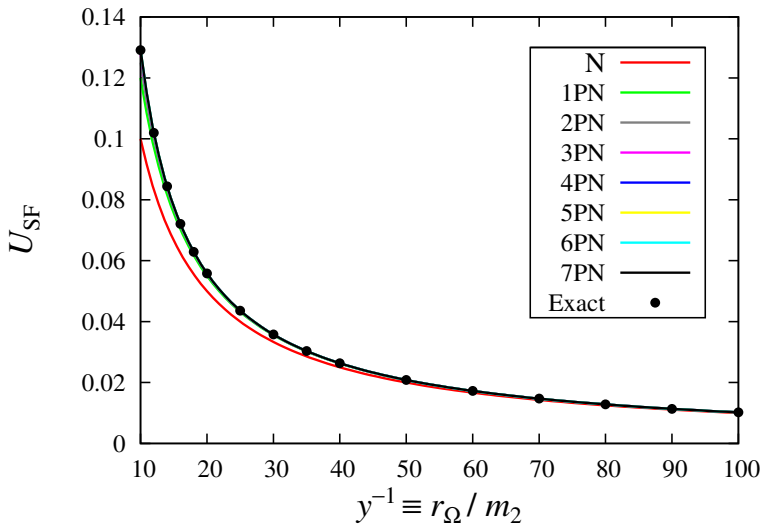
$$U_{\text{SF}} = \sum_{n \geq 0} \alpha_n y^{n+1} + \ln y \sum_{n \geq 4} \beta_n y^{n+1}$$

- The known value of the 3PN coefficient  $\alpha_3$  is also included
- The best fit yields:

PN order	Coeff.	Value
4	$\alpha_4$	+114.34747(5)
5	$\alpha_5$	+245.53(1)
6	$\alpha_6$	+695(2)
6	$\beta_6$	-339.3(5)
7	$\alpha_7$	+5837(16)

# Comparison of the PN and SF results

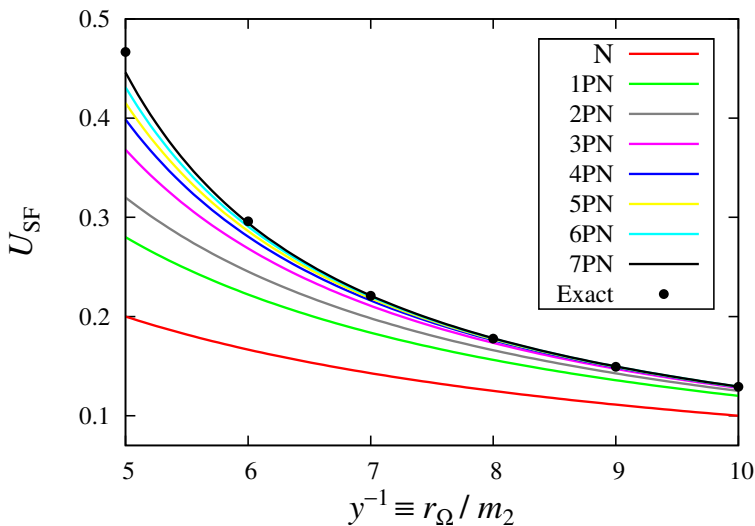
[Blanchet, Detweiler, Le Tiec & Whiting 2010 (a,b)]





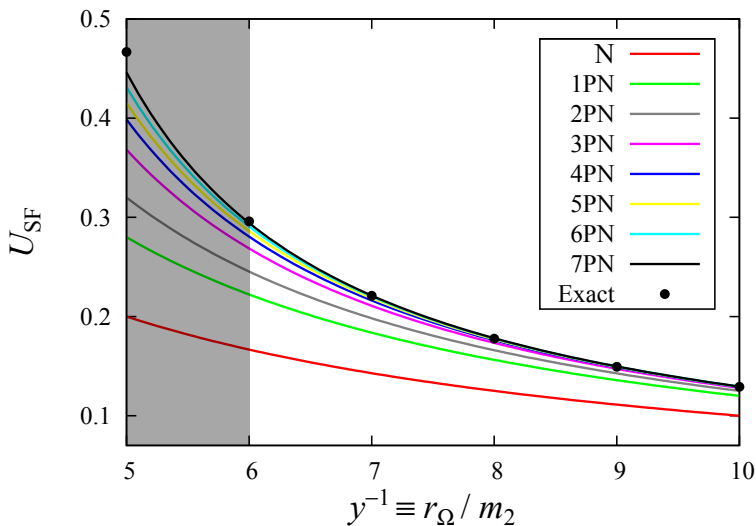
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## Averaged “redshift observable” for eccentric orbits

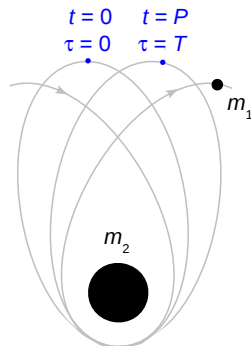
- **Conservative** part of the dynamics only
- Generic eccentric orbit parametrized by the two **invariant frequencies**

$$\Omega_r = \frac{2\pi}{P}, \quad \Omega_\varphi = K \Omega_r$$

- Averaging of  $U$  with respect to **proper time**  $\tau$  over one radial period:

$$\langle U \rangle \equiv \frac{1}{T} \int_0^T U(\tau) d\tau = \frac{P}{T}$$

- Relation  $\langle U \rangle(\Omega_r, \Omega_\varphi)$  well defined in both PN and SF frameworks, and **coordinate invariant**



## PN calculation of the invariant relation $\langle U \rangle(\Omega_r, \Omega_\varphi)$

- Compute the PN expansion of the combination

$$U = \left[ g_{\alpha\beta}(y_1) v_1^\alpha v_1^\beta \right]^{-1/2},$$

where  $g_{\alpha\beta}(y_1)$  is the **regularized metric** at the location  $y_1$  of the particle  $m_1$

- Express the result in the **center-of-mass frame**
- Use the generalized quasi-Keplerian representation of the motion [Memmesheimer, Gopakumar & Schäfer (2004)]
- Compute the **orbital average**  $\langle U \rangle$  over one radial period
- Express the result in terms of the frequencies  $\Omega_r$  and  $\Omega_\varphi$

## 2PN result for the invariant relation $\langle U \rangle(\Omega_r, \Omega_\varphi)$

[Barack, Le Tiec & Sago (work in progress)]

- Result expressed as a power series in  $x \equiv (m\Omega_\varphi)^{2/3} \sim v^2$ :

$$\langle U \rangle = 1 + A_0 x + A_1 x^2 + A_2 x^3 + \mathcal{O}(x^4)$$

- Coefficients  $A_k(\iota; \nu)$  depend on  $\iota \equiv 3x/(K-1) \sim 1 - e^2$ :

$$A_0 = \frac{3}{4} + \frac{3}{4}\Delta - \frac{\nu}{2}$$

$$A_1 = \frac{3}{16} + \frac{3}{16}\Delta - \frac{7}{2}\nu - \frac{5}{8}\Delta\nu + \frac{\nu^2}{24} + \frac{3+3\Delta}{\sqrt{\iota}} - \frac{3+3\Delta-2\nu}{2\iota}$$

$$A_2 = -\frac{41}{32} + \frac{41}{32}\Delta + \frac{3}{4}\nu + \frac{43}{16}\Delta\nu - \frac{99}{32}\nu^2 - \frac{5}{32}\Delta\nu^2 - \frac{\nu^3}{48} \\ + \left( \frac{57}{8} + \frac{57}{8}\Delta - 22\nu - \frac{3}{2}\Delta\nu - 2\nu^2 \right) \frac{1}{\sqrt{\iota}} + \dots$$

## 2PN result for the SF effect on $\langle U \rangle(\Omega_r, \Omega_\varphi)$

- In the extreme mass ratio limit  $q \ll 1$ :

$$\langle U \rangle = \langle U \rangle_{\text{Schw}} \underbrace{- q \langle U \rangle_{\text{SF}}}_{\text{SF effect}} + \mathcal{O}(q^2)$$

- The first order correction  $\langle U \rangle_{\text{SF}}(\Omega_r, \Omega_\varphi)$  is computed numerically within the SF analysis [Barack & Sago 2011]
- The **2PN approximation** to this exact result reads

$$\begin{aligned} \langle U \rangle_{\text{SF}} = & y + \left( 4 - \frac{2}{\sqrt{\lambda}} \right) y^2 \\ & + \left( 6 + \frac{14}{\sqrt{\lambda}} - \frac{16}{\lambda} + \frac{5}{\lambda^{3/2}} + \frac{5}{\lambda^2} \right) y^3 + \mathcal{O}(y^4), \end{aligned}$$

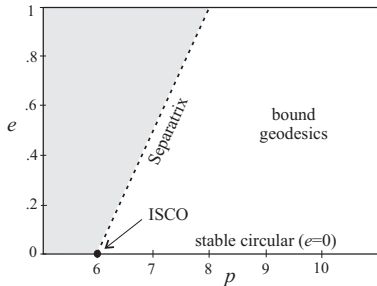
where  $y \equiv (m_2 \Omega_\varphi)^{2/3} \sim v^2$  and  $\lambda \equiv 3y/(K - 1) \sim 1 - e^2$

## Usual parametrization of BH perturbation theory

- Parametrization in terms of **coordinate dependant** semi-latus rectum  $p$  and eccentricity  $e$ , defined such that

$$r(\chi) = \frac{p m_2}{1 + e \cos \chi}, \quad \chi \in [0, 2\pi]$$

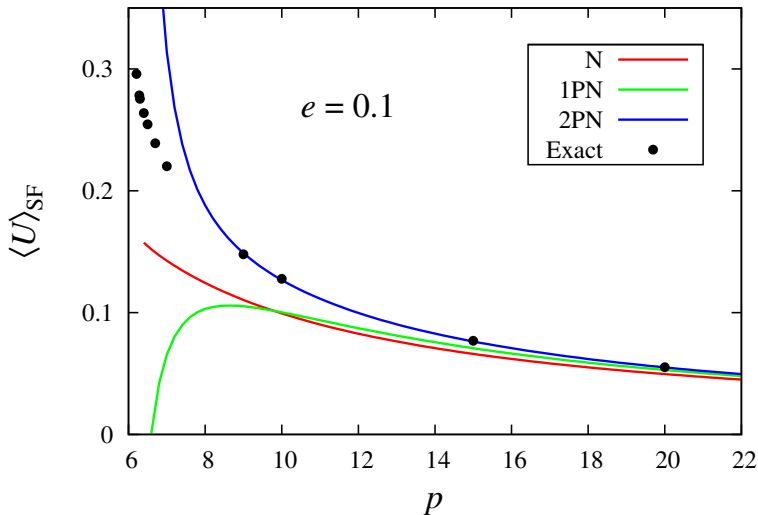
- Stable bound geodesic orbits for  $0 \leq e < 1$  and  $p > 6 + 2e$   
[Cutler, Kennefick & Poisson 1994]





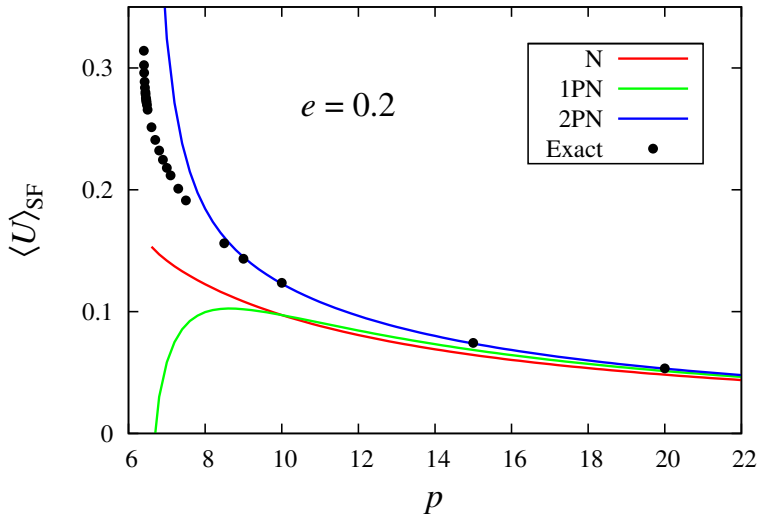
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[Barack, Le Tiec & Sago (work in progress)]



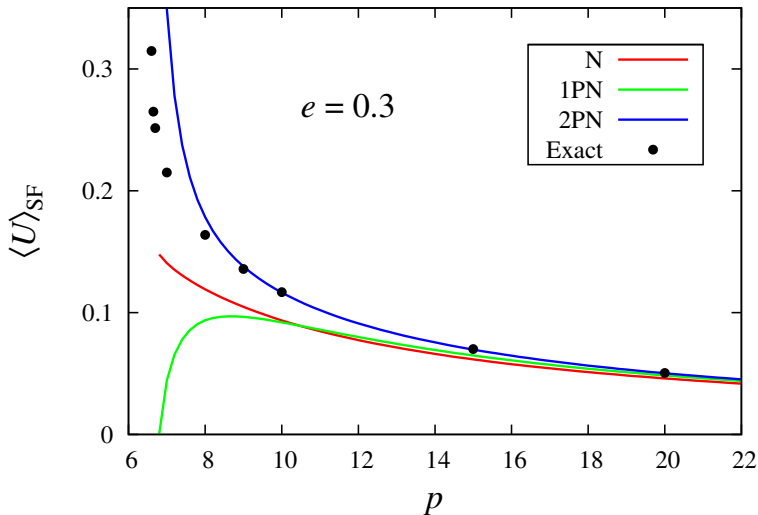
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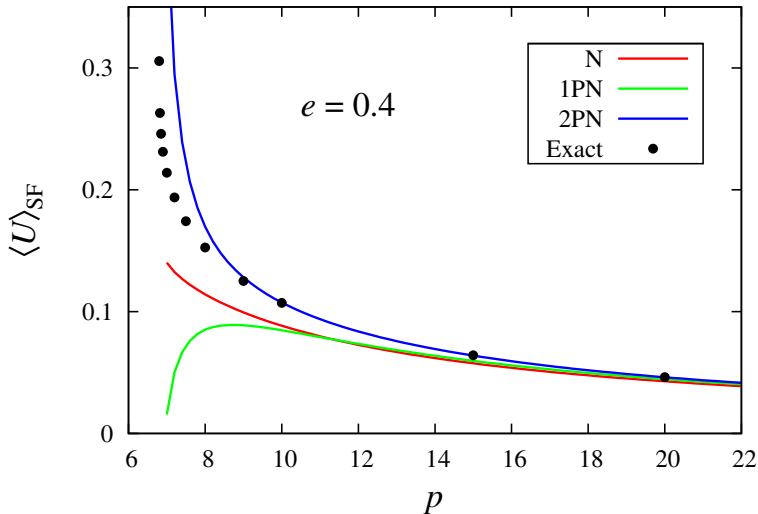
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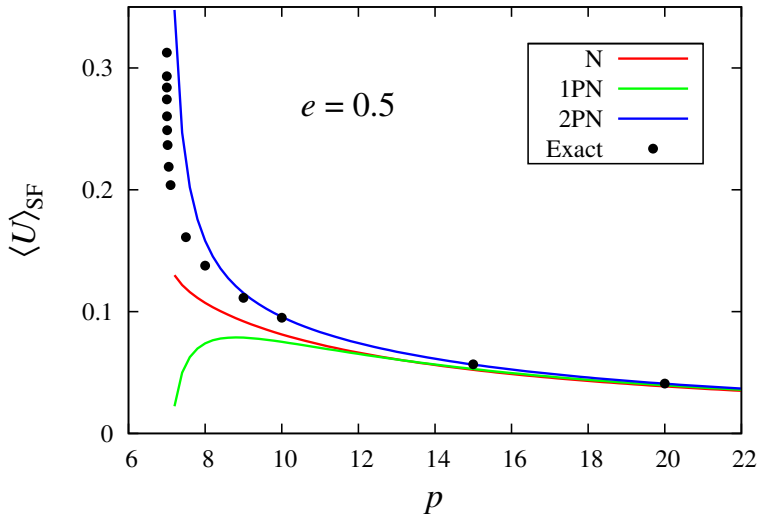
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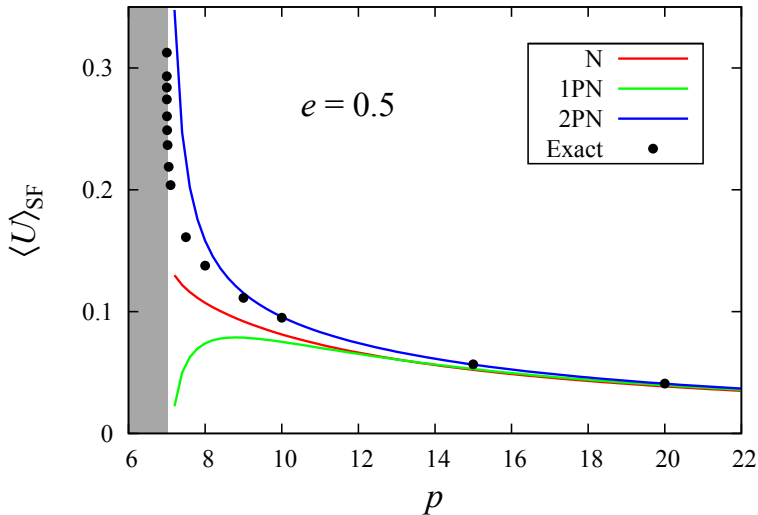
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## Summary and prospects

- Dissipative effects of the gravitational SF successfully tested against PN theory long ago
- More recently, comparisons with **conservative** SF based on: ISCO, periastron advance, redshift observable
- Comparisons relying on **invariant quantities**, for circular and **eccentric** orbits in a Schwarzschild background
- Impressive **agreement** between analytically determined PN coefficients and results from fit of numerical SF (e.g. 3PN)
- Extraction of previously unknown **higher-order** PN coefficients with **high precision**

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**Prospect for a fruitful activity and many collaborations at the interface between the gravitational SF and the PN formalism**