

I. The many faces of the first law in general relativity

Laws of Mechanics for Isolated Black Hole

Bardeen et. al 1973

Zeroth law :

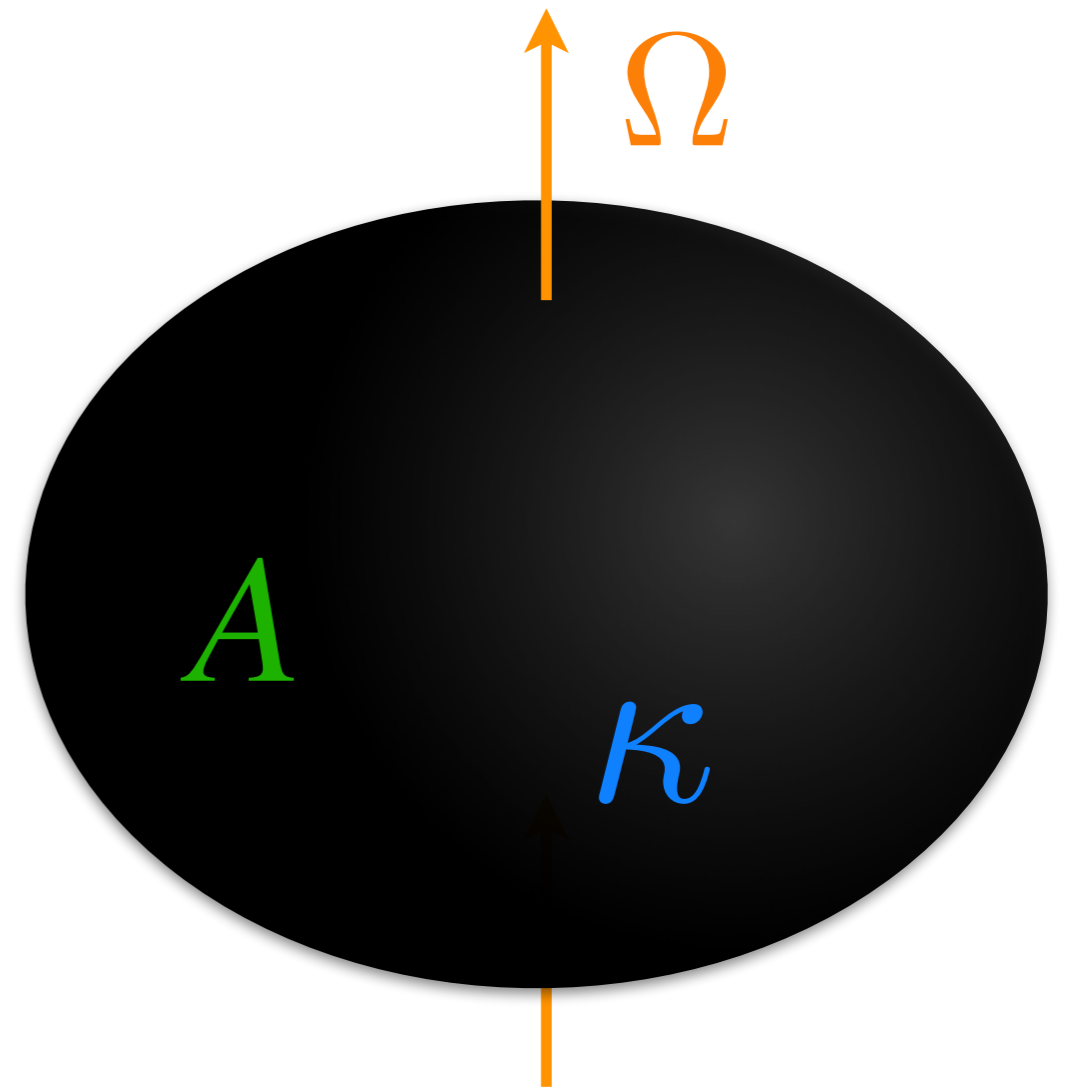
$$\kappa = \text{cst}$$

First law :

$$\delta M = \Omega \delta J + \frac{\kappa}{8\pi} \delta A$$

Second law :

$$\delta A \geq 0$$



Add **semi-classical** treatment
to get "*Thermodynamics*"

Extensions of the First Law

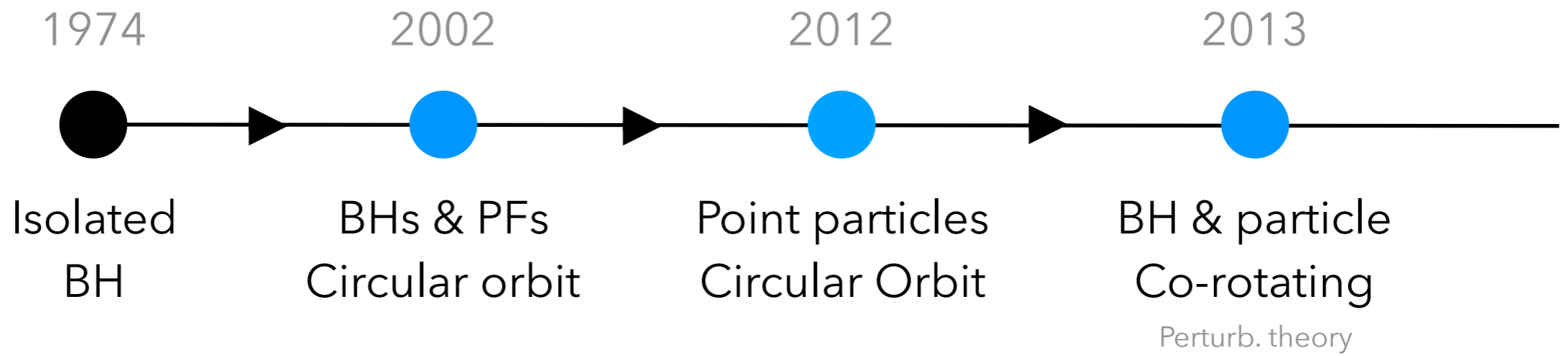
1974



Isolated
BH

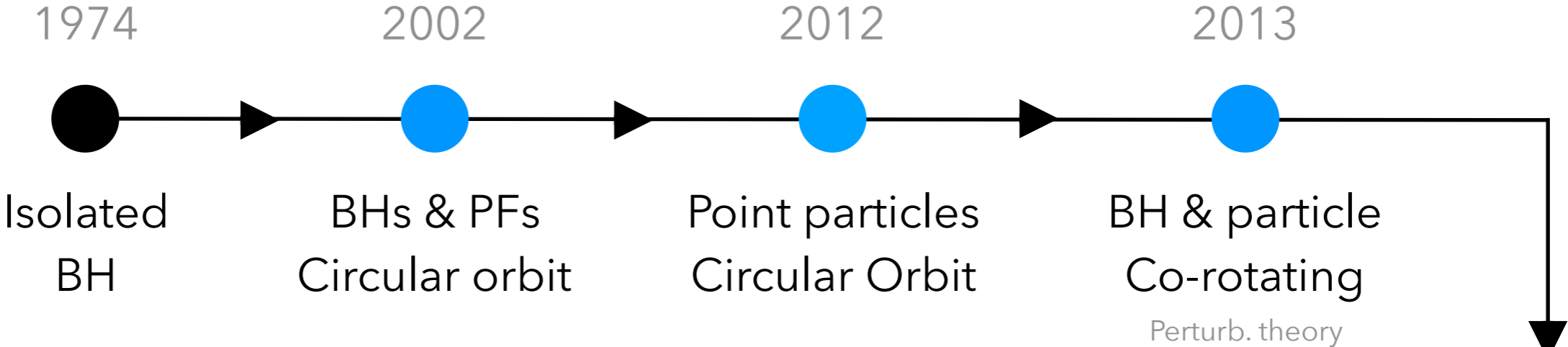
Extensions of the First Law

Geometrical
Approach

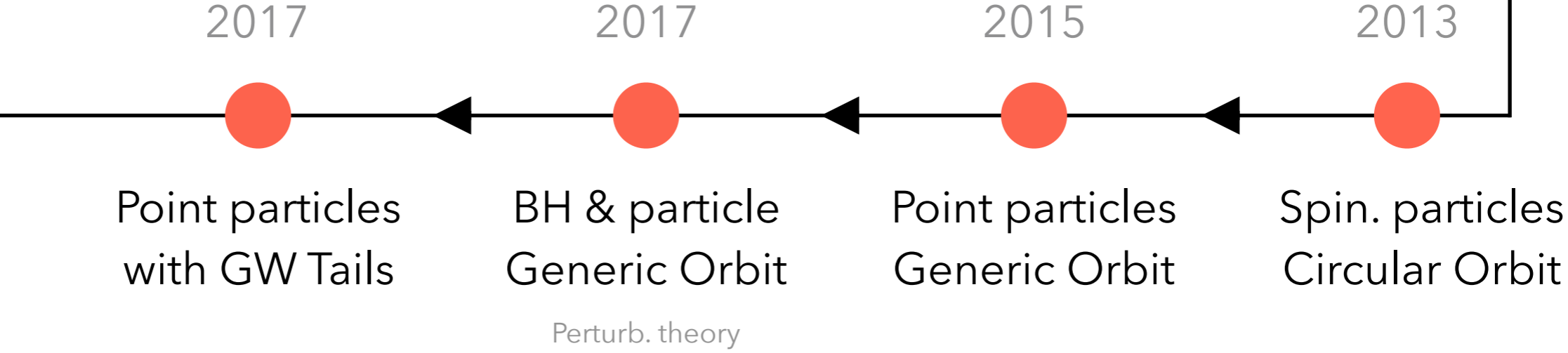


Extensions of the First Law

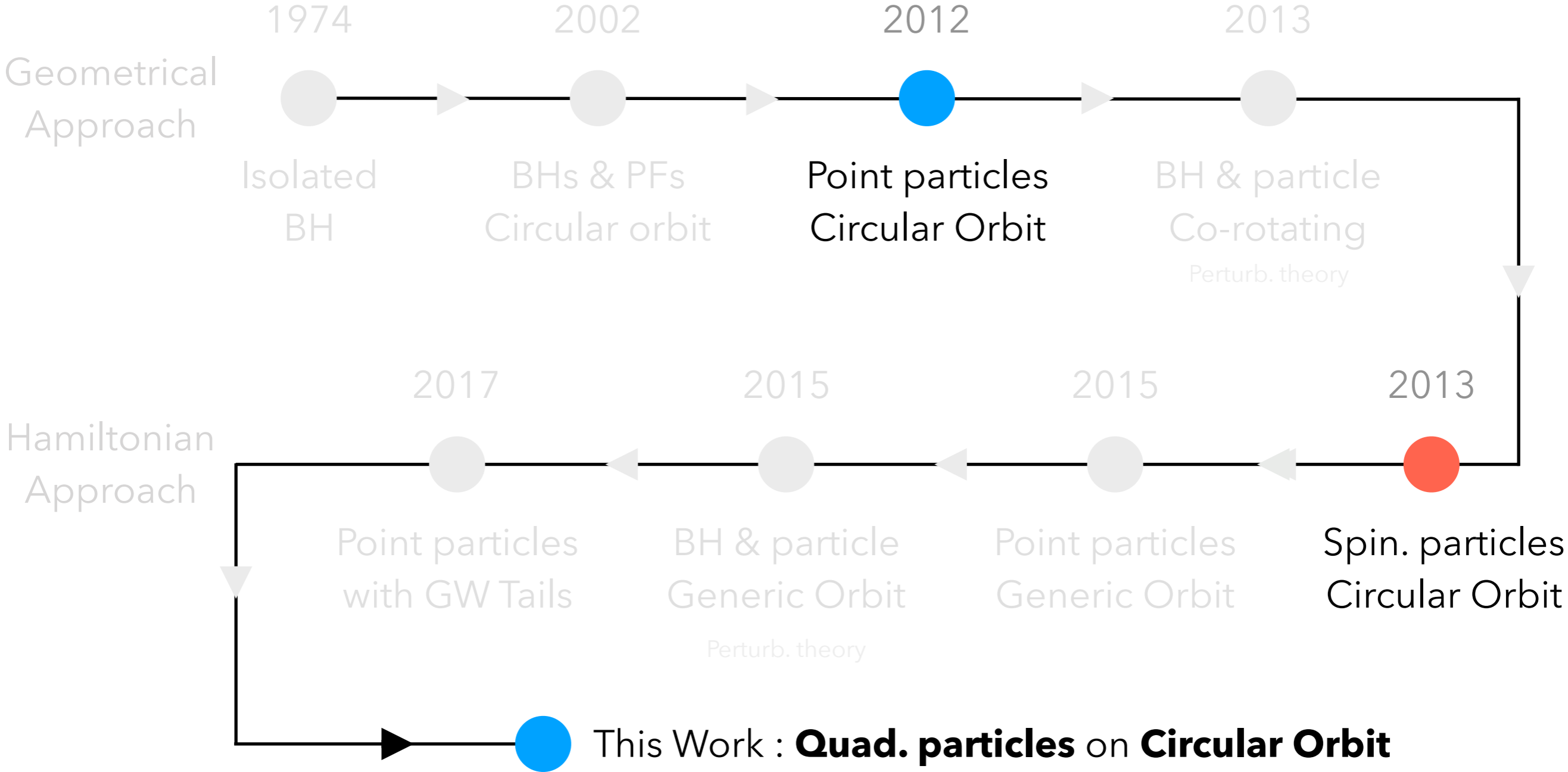
Geometrical Approach



Hamiltonian Approach

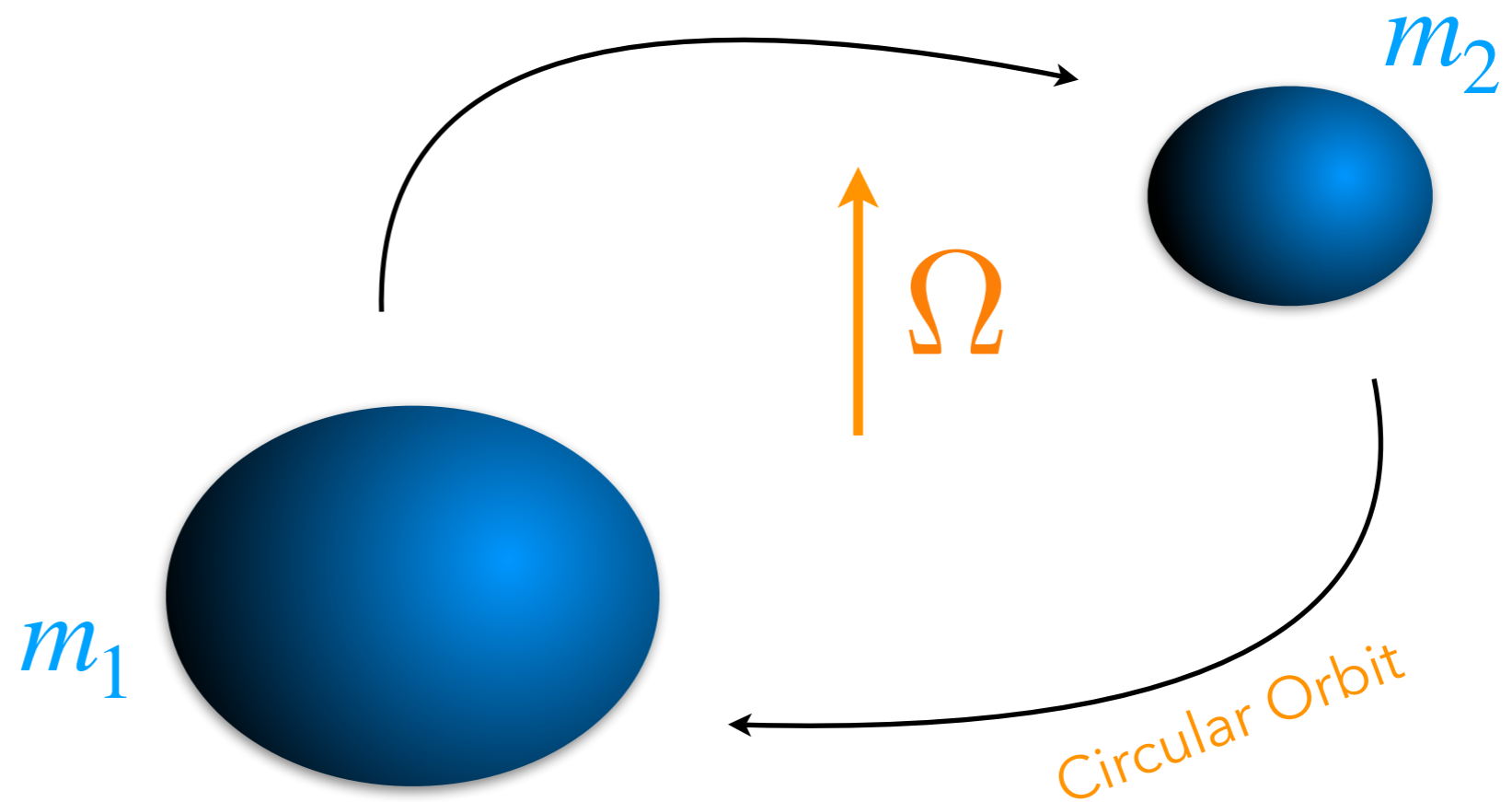
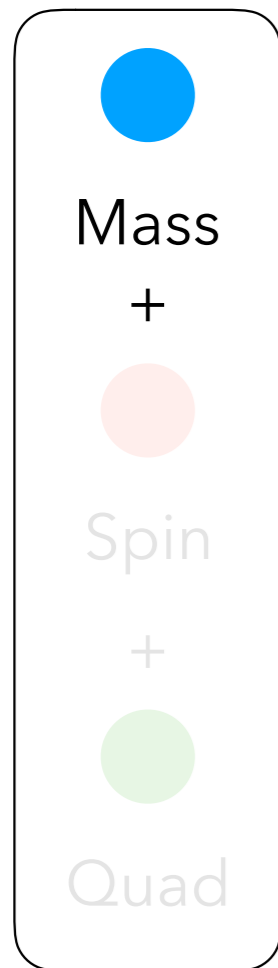


Extensions of the First Law



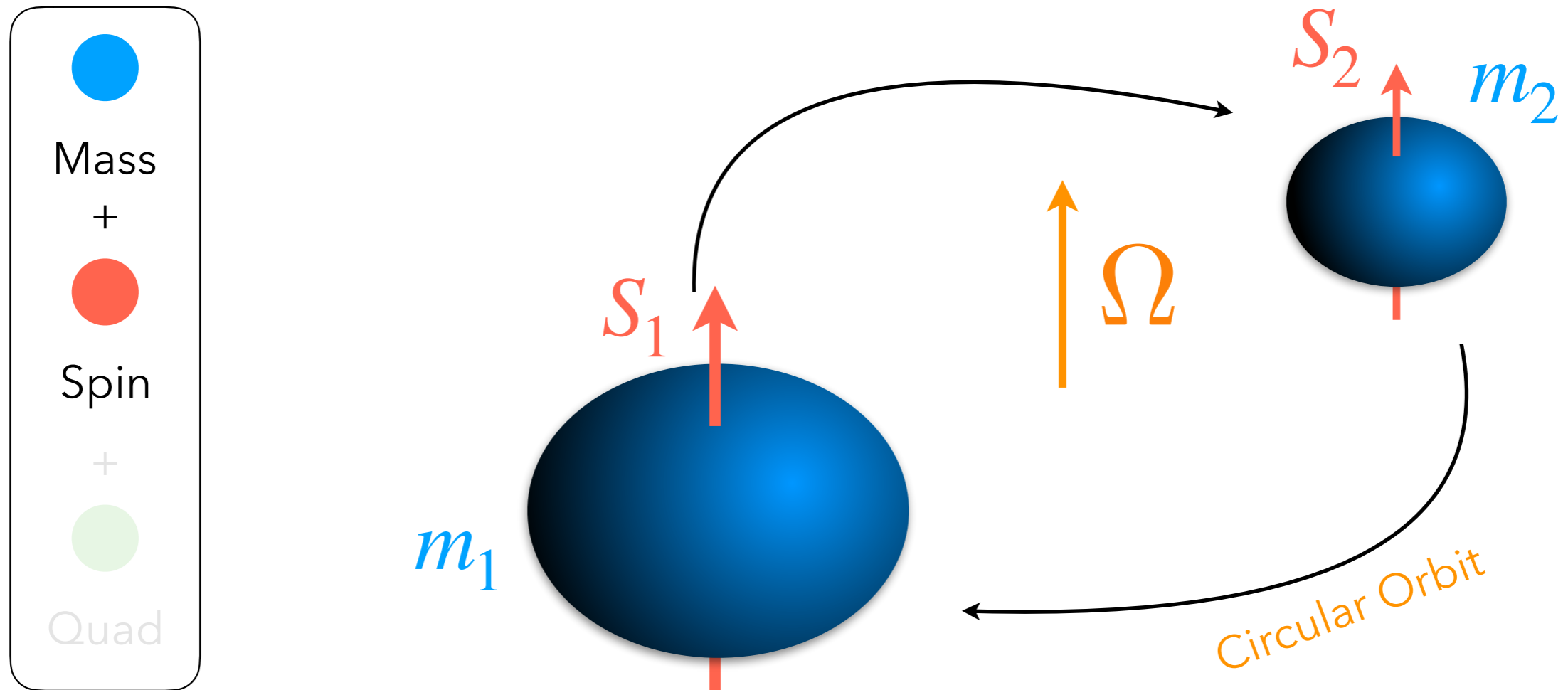
First law for monopolar particles

$$\delta M - \Omega \delta J = \sum_i z_i \delta m_i - z_i \omega_i \delta S_i + F(Q_i)?$$



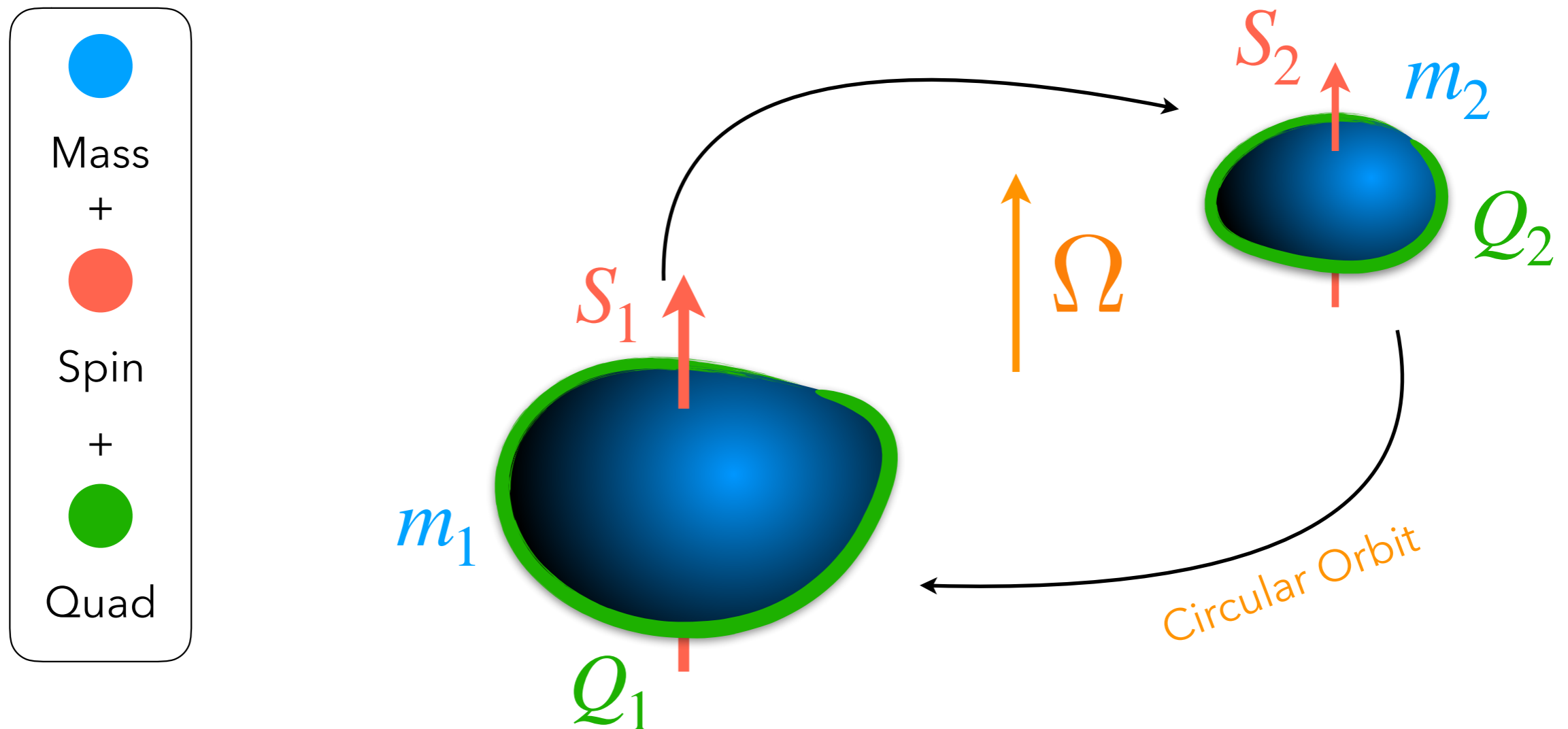
First law for dipolar particles

$$\delta M - \Omega \delta J = \sum_i z_i \delta m_i - z_i \omega_i \delta S_i + F(Q_i)?$$



Goal : First law for quadrupolar particles

$$\delta M - \Omega \delta J = \sum_i z_i \delta m_i - z_i \omega_i \delta S_i + F(Q_i)?$$



Variant of Wald & Iyer identity

Variational identity btw Noether charge Q and SE tensor T^{ab}

$$\delta Q = \delta \int_{\mathcal{S}} \varepsilon_{abcd} T^{de} k_e - \frac{1}{2} \int_{\mathcal{S}} \varepsilon_{abcd} k^d T^{ef} \delta g_{ef}$$

for a spacetime g_{ab} with a Killing vector field k^a

Essentially comes from Stokes theorem applied to $G_{ab} = 8\pi T_{ab}$

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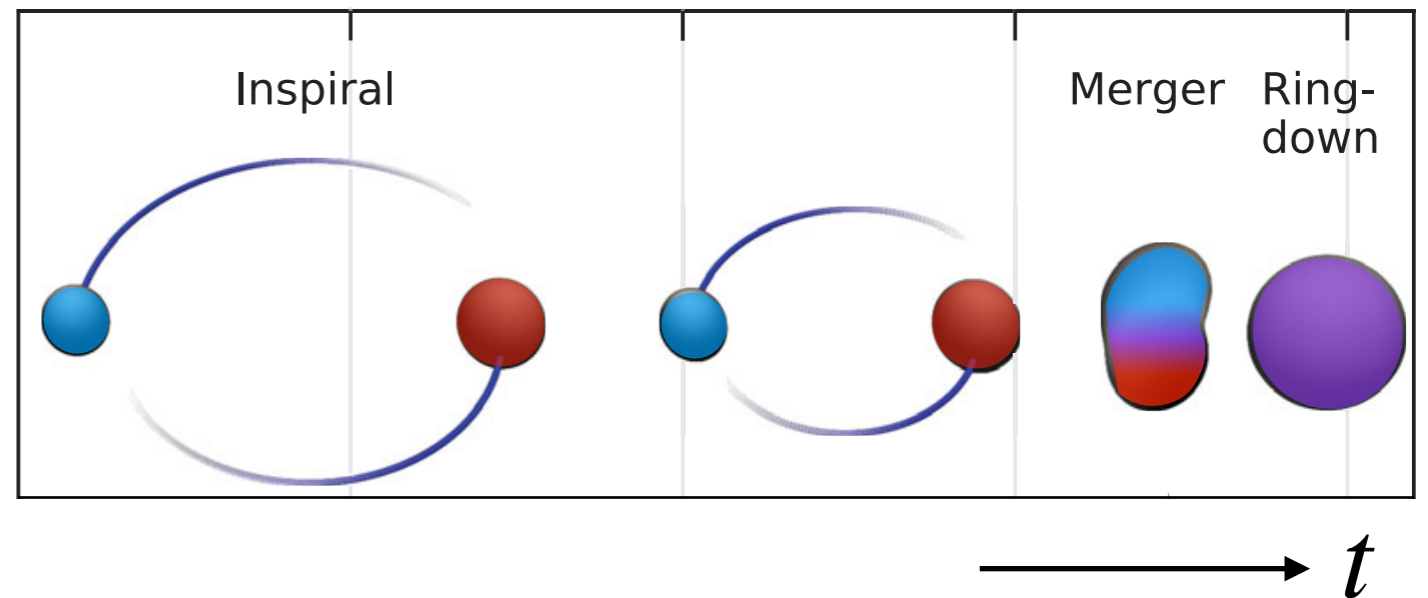
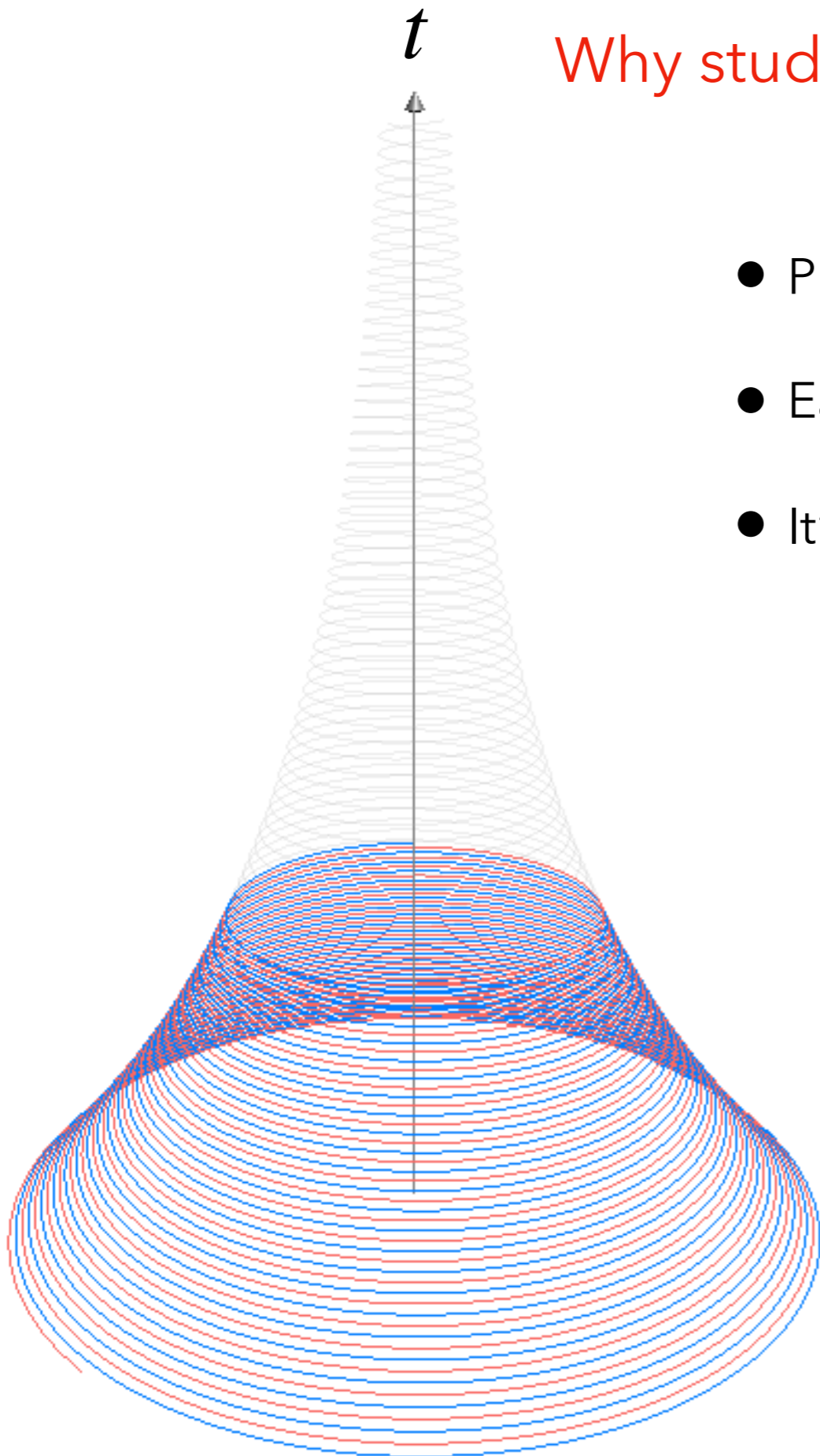
Application to binaries : circular orbit with **helical** symmetry

Therefore, we just need the T^{ab} of the compact objects...

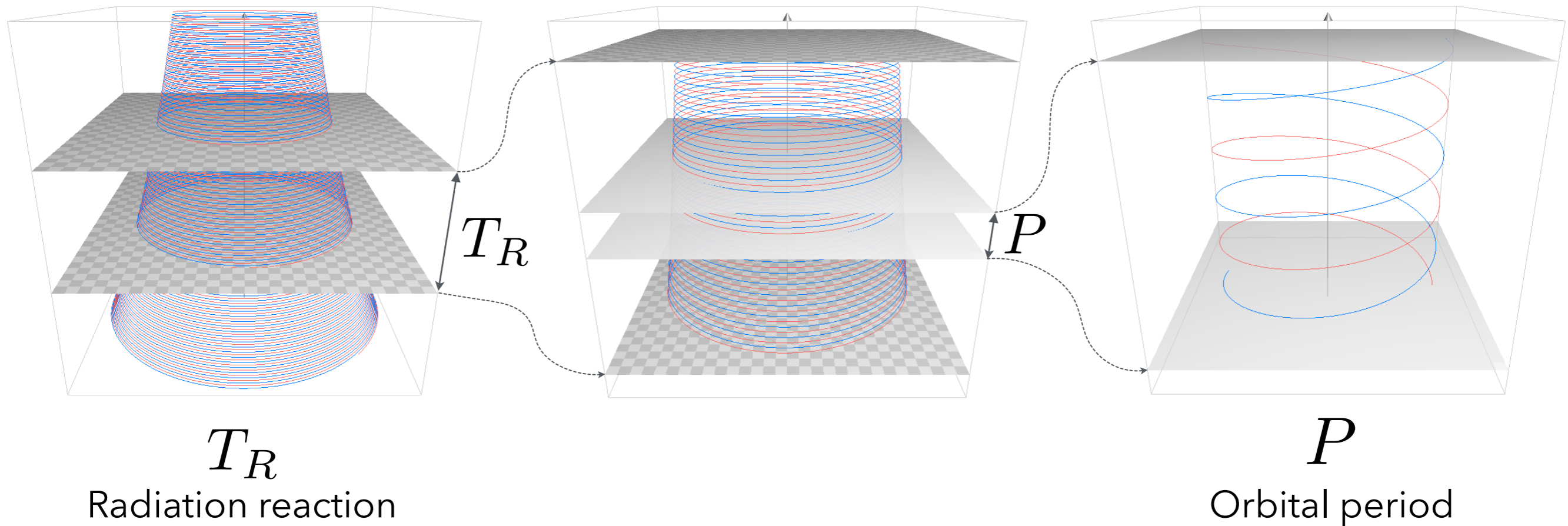
II. Circular orbits & helical Killing vectors

Why study (quasi)-circular orbits ?

- Physically relevant to LIGO/Virgo, SMBH binaries, ..
- Easy, starting case for EMRI's
- It's amenable to geometrical approach (Killing vector)



Relevance of circular orbits

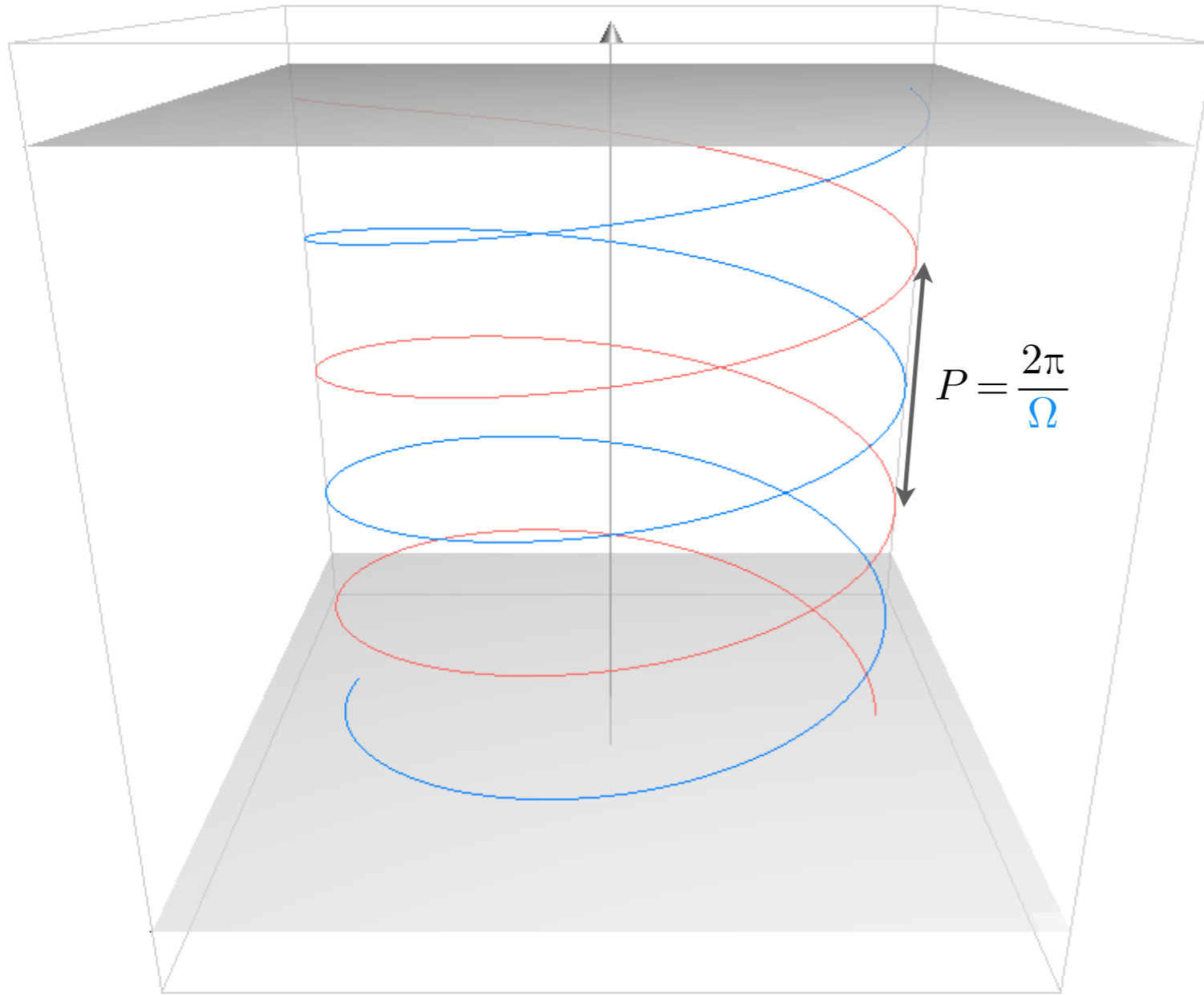


Adiabatic approx. :
(succession of circular orbits)

$$\frac{P}{T_R} \propto \frac{m_1 m_2}{(m_1 + m_2)^2} \left(\frac{v}{c} \right)^5 \ll 1$$

Helical Killing vector

Circular Orbit

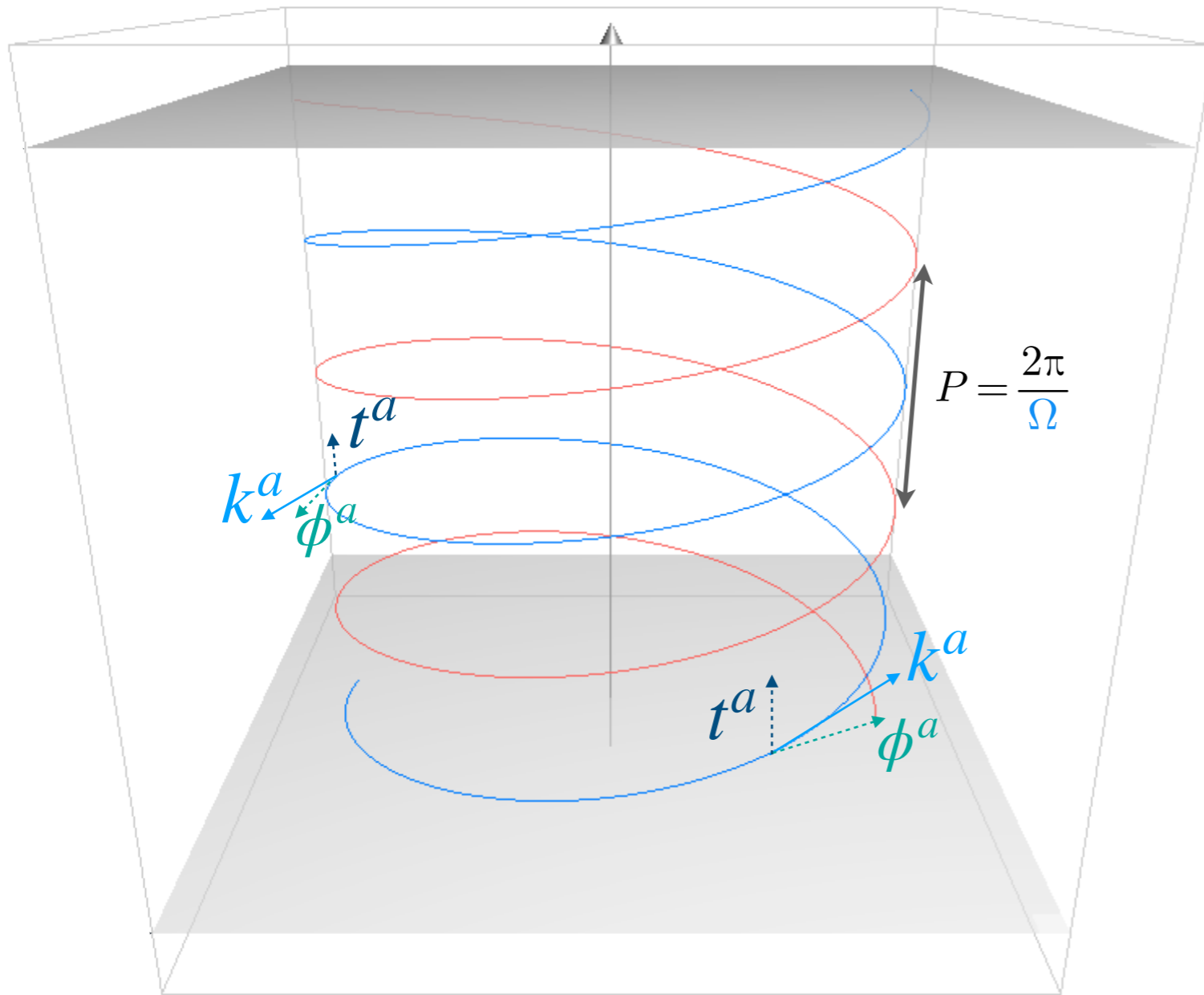


Helical Killing vector

Circular Orbit

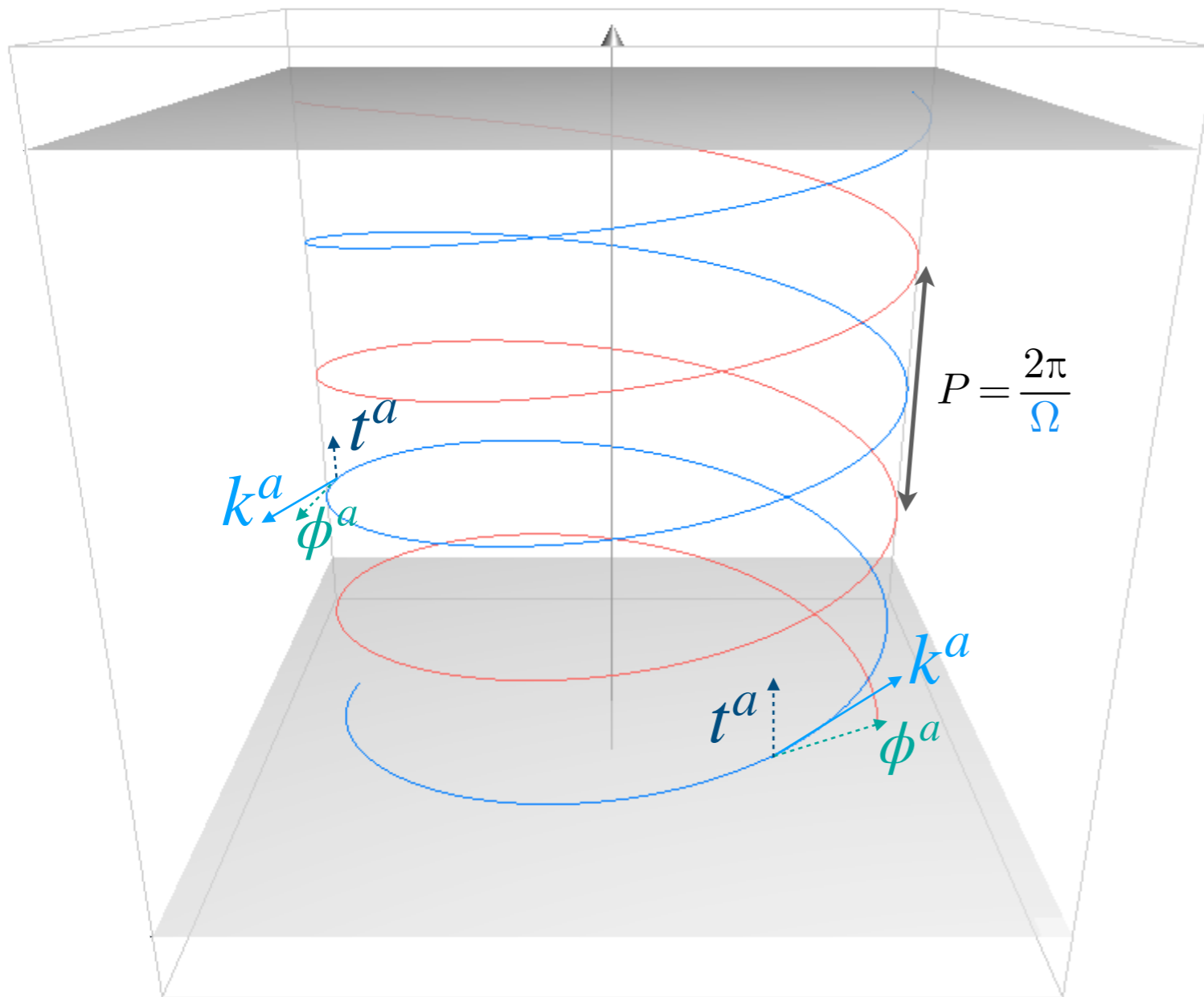
Killing vector

$$k^a = t^a + \Omega \phi^a$$



Helical Killing vector

Circular Orbit



Helical Killing vector

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Lie dragging

$$\mathcal{L}_k g_{ab} = 0$$

+

Conserved Noether charge

$$\delta Q \stackrel{*}{=} \delta M - \Omega \delta J$$

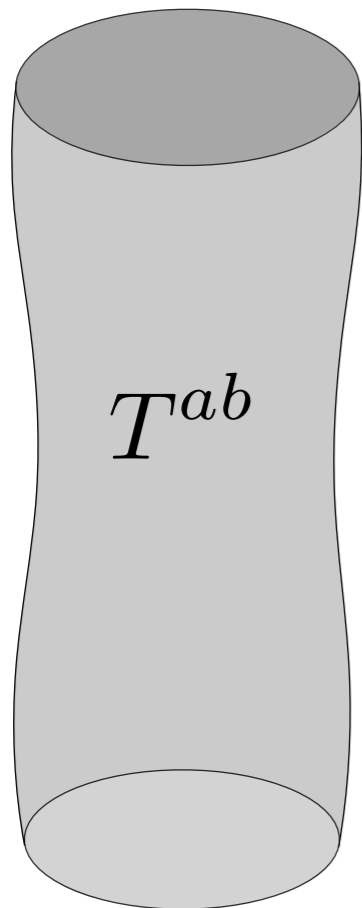
III. Gravitational skeleton

Multipole-particle formalisms

- MP, Tulczyjew : **gravitational skeleton**
- Dixon : integral fluid-like moments
- Harte : generalised Killing vectors
- Bailey, Israel : Lagrangian formalism

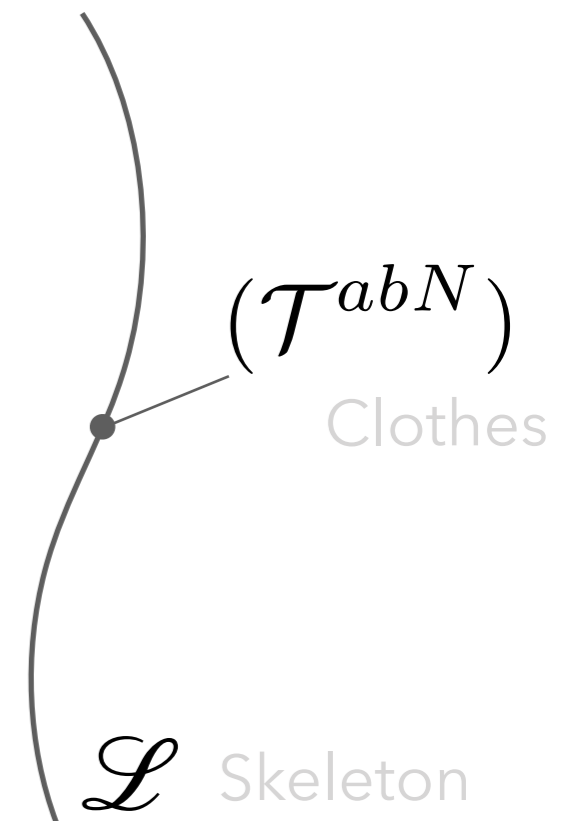
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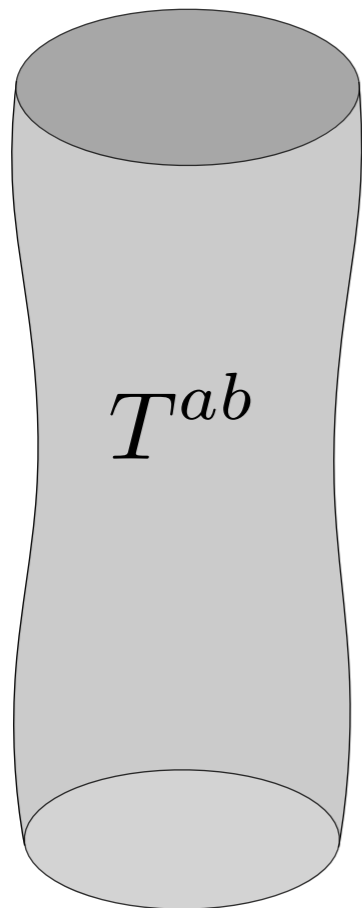
Gravitational skeleton :

describe a **compact body**
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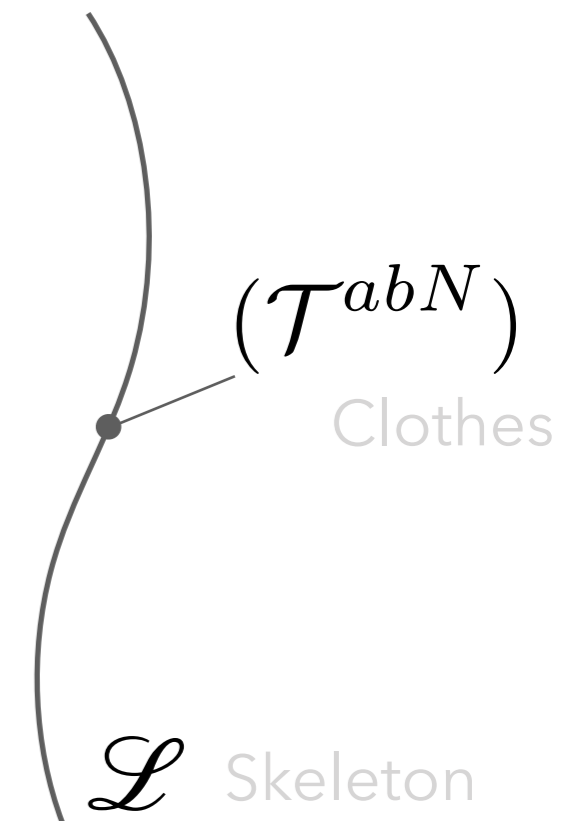
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$$T^{ab} = \sum_n \nabla_N \int_{\mathcal{L}} \mathcal{T}^{abN} \delta_4 d\tau$$



Exemple : dipolar particle

1. **Truncate** at $n = 1$

$$T^{ab} = \int_{\mathcal{L}} \mathcal{T}^{ab} \delta_4 d\tau + \nabla_c \int_{\mathcal{L}} \mathcal{T}^{abc} \delta_4 d\tau$$

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2. Use SE conservation $\nabla_a T^{ab} = 0$

then there exists p^a and S^{ab} such that

3. **Reduced**
SE tensor $T^{ab} = \int_{\mathcal{L}} u^{(a} p^{b)} \delta_4 d\tau + \nabla_c \int_{\mathcal{L}} u^{(a} S^{b)c} \delta_4 d\tau$

4. **Evolution**
equations $\dot{p}^a = \frac{1}{2} R_{bcd}{}^a S^{bc} u^d$ and $\dot{S}^{ab} = 2p^{[a} u^{b]}$

SSC and helical isometry

$$(u^a, p^a, S^{ab}) = 3 + 4 + 6 \text{ degrees of freedom}$$

Evolution Eqs give 4 + 6

$$\dot{p}^a = \frac{1}{2} R_{bcd}{}^a S^{bc} u^d$$

need 3
add. Eqs.

$$\dot{S}^{ab} = 2 p^{[a} u^{b]}$$

Spin Supp. Condition

$$D^a := u_b S^{ab} = 0$$

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$$\mathcal{L}_k g_{ab} = 0 \quad \Rightarrow \quad \mathcal{L}_k T^{ab} = 0 \quad \Rightarrow \quad \begin{cases} \mathcal{L}_k u^a = 0 \\ \mathcal{L}_k p^a = 0 \\ \mathcal{L}_k S^{ab} = 0 \end{cases}$$

IV. Derivation of the First Law

An assumption and the recipe

1. particle must follow helical trajectory (enforces circular orbit)

\Leftrightarrow

\mathcal{L} is an integral curve of k^a

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2. Insert this & grav. skeleton in variational identity (easy part)

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3. Compute those integrals (not so easy part)

$$T^{ab} = \int_{\mathcal{L}} u^{(a} p^{b)} \delta_4 d\tau + \nabla_c \int_{\mathcal{L}} u^{(a} S^{b)c} \delta_4 d\tau$$

Result at dipolar order

$$T^{ab} = \int_{\mathcal{L}} u^{(a} p^{b)} \delta_4 d\tau + \nabla_c \int_{\mathcal{L}} u^{(a} S^{b)c} \delta_4 d\tau$$

First law :

$$\delta Q = \sum_i |k| \delta m - \frac{1}{2} \nabla_a k^b \delta S^a_b + \frac{1}{2} \dot{D}^a \delta k_a$$

This result

- is **exact** and **SSC-independent**
- includes all **spin non-linearities**

Scalar first law

First law :
$$\delta Q = \sum_i |k| \delta m - \frac{1}{2} \nabla_a k^b \delta S^a_b + \frac{1}{2} \dot{D}^a \delta k_a$$

Scalar first law

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\downarrow approx. scheme \downarrow SSC

\downarrow \downarrow

$$\delta M - \Omega \delta J = \sum_i |k| \delta m - \frac{1}{2} \nabla_a k^b \delta S^a_b + 0$$

Scalar first law

First law : $\delta Q = \sum_i |k| \delta m - \frac{1}{2} \nabla_a k^b \delta S^a_b + \frac{1}{2} \dot{D}^a \delta k_a$

approx. scheme

SSC

$$\delta M - \Omega \delta J = \sum_i |k| \delta m - \frac{1}{2} \nabla_a k^b \delta S^a_b + 0$$

spin expansion

$$\delta M - \Omega \delta J = \sum_i |k| \delta m - |\nabla k| \delta S + O(S^2)$$

V. Summary and conclusions

How is the first law used ?

Compare results between approx. schemes and NR and compute SF corrections

arXiv:1111.5609

Compute frequency shifts of ISCO from cons. part of SF

arXiv:1209.0964

arXiv:1404.6133

Calibrate EOB models

arXiv:1512.03392,

arXiv:1511.04533

Define redshift for NR, relate redshift variable to surface gravity

arXiv:1606.08056

arXiv: 1710.03673

At quad order : constrain NS equation of state

arXiv:1805.11581

What has been done

- Derive a variant of the Wald&lyer variational formula
- Fully covariant and geometric derivation of the first law
- Recover all previous results on circular orbits
- Interesting results regarding EoM in *helical* context

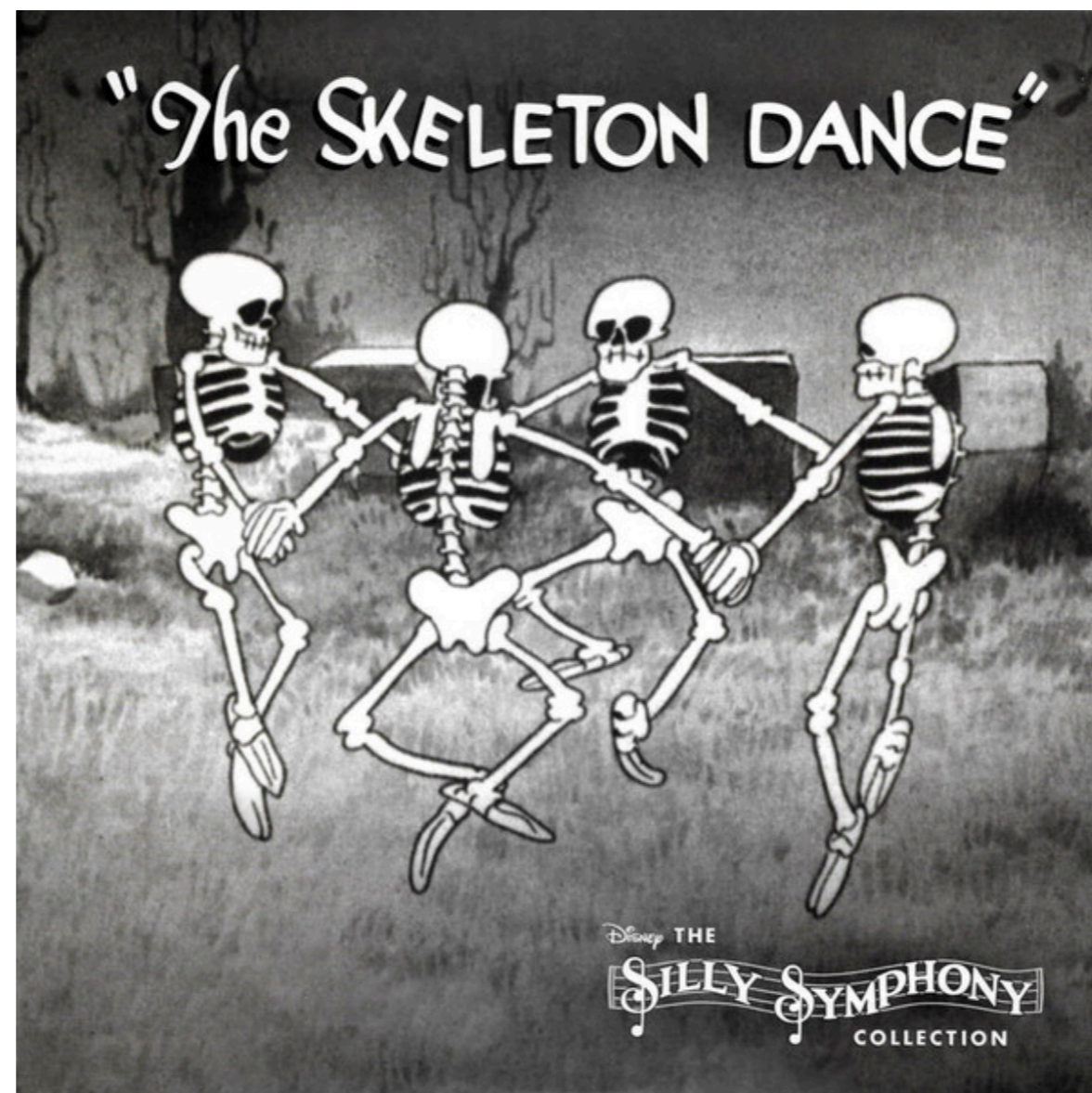
What remains to be done

- Geometrical setup allows to go easily to quad. order
- Can technically be applied to any kind of quad. model (spin, tidal, etc)
- What we expect to find (cf **Capra23**, hopefully...)

$$\delta M - \Omega \delta J = \sum_i |k| \delta m - |\nabla k| \delta S + |\nabla \nabla k| \delta Q \quad (?)$$

First law of mechanics for quadrupolar compact objects

or



Quadrupolar order

SE tensor

$$T_{quad}^{ab} = \int_{\mathcal{E}} \frac{1}{3} (R_{cde} {}^{(a} J^{b)cde} \delta_4 - 2 \nabla_c \nabla_d [J^{c(ab)d} \delta_4]) d\tau,$$

Evolution Eqs

$$\left\{ \begin{array}{l} \dot{p}^a = \frac{1}{6} R_{bcd} {}^a u^d S^{bc} - \frac{1}{6} \nabla^a [R_{bcde}] J^{bcde}, \\ \dot{S}^{ab} = 2 p^{[a} u^{b]} + \frac{4}{3} R_{edc} {}^{[a} J^{b]cde}. \end{array} \right.$$