Endpoint of the precessional instability in aligned-spin binary black holes

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Generic binary black holes

- Geometric units: G = c = 1
- Mass ratio: $q=rac{m_2}{m_1}<1$
- Total mass: $M = m_1 + m_2$
- Orbital separation: r
- Dimensionless spins: $0 \le \chi_1, \chi_2 \le 1$



Spin precession

- In generic binaries the angular momenta precess
- Aligned-spin configurations are non-precessing







Do spin-aligned binaries stay aligned?



Multi-timescale analysis

- Orbit timescale $t_{
 m orb} \sim r^{3/2}$
- Precession timescale $t_{
 m pre} \sim r$
- ullet Radiation reaction timescale t

$$t_{
m pre} \sim r^{5/2}$$

$$\overline{c}_{\rm RR} \sim r^4$$

In the post-Newtonian (large separation) regime:

$$r \gg M \implies t_{\rm orb} \ll t_{\rm pre} \ll t_{\rm RR}$$

Orbit << precession $t_{\rm orb} \ll t_{\rm pre}$

• 2PN orbit-averaged evolution equations:

$$\frac{d\mathbf{S}_i}{dt} = \mathbf{\Omega}_i \times \mathbf{S}_i, \quad \frac{d\mathbf{L}}{dt} = \mathbf{\Omega}_L \times \mathbf{L} + \frac{dL}{dt}\hat{\mathbf{L}}$$

• Conserved quantity - effective spin:

$$\xi = \frac{1}{M^2} \left[(1+q)\mathbf{S}_1 + \left(1 + \frac{1}{q}\right)\mathbf{S}_2 \right] \cdot \hat{\mathbf{L}} \qquad \frac{\text{Darmour OI}}{\text{Racine O8}}$$



Motion on the precession timescale



• Motion parametrized by a single time-varying quantity:

$$S = |\mathbf{S}_{1} + \mathbf{S}_{2}|$$

$$\frac{dS^{2}}{dt} = \sqrt{-A^{2}(S^{2} - S_{+}^{2})(S^{2} - S_{-}^{2})(S^{2} - S_{3}^{2})}$$

$$S^{2} = S_{+}^{2} - (S_{+}^{2} - S_{-}^{2}) \operatorname{sn}^{2}(\psi, m)$$
Chatziloannou+ 17

Perturbing the aligned configurations



• Perturbations to aligned-spin configurations evolve as a harmonic oscillator:

Lousto+16, Mould+20

$$\frac{d^2}{dt^2}(S^2 - S_*^2) + \omega^2(S^2 - S_*^2) \simeq 0$$

Is the frequency complex?

$$\begin{split} \omega^2(L) &= \left[L^2 - 2 \frac{q \alpha_1 S_1 - \alpha_2 S_2}{1 - q} L + \left(\frac{q \alpha_1 S_1 + \alpha_2 S_2}{1 - q} \right)^2 \right] \\ &\times \left(L - \frac{q \alpha_1 S_1 + \alpha_2 S_2}{1 + q} \right)^2 \left[\frac{3M^9 q^5 (1 - q)}{2(1 + q)^{11} L^7} \right]^2 \end{split}$$

• Stability?

- \circ real frequency \Rightarrow small amplitude oscillations
- imaginary frequency ⇒ dynamical instability

Up-down precessional instability



Only the up-down configuration is unstable



Mass ratio limits



How does the instability evolve?



• Unstable up-down binaries do not disperse in the available parameter space, but **cluster to defined endpoints**

Spin-orbit resonances

- The three angular momenta remain coplanar: $\Delta \Phi = 0, \pi \qquad \qquad \frac{\rm Schnittman \ 04}{}$
- Spin precession is a quasi-periodic motion: $S_{-} \leq S \leq S_{+}, \ \xi_{-}(S) \leq \xi \leq \xi_{+}(S)$
- Resonances are the limiting case: $S_-=S_+$ $\left(\frac{dS^2}{dt}\right)^2=-A^2(S^2-S_+^2)(S^2-S_-^2)(S^2-S_3^2)=0$
- Physical when there are at least 2 real roots:

$$\Delta(J^2) = \delta_{10}J^{10} + \delta_8J^8 + \delta_6J^6 + \delta_4J^4 + \delta_2J^2 + \delta_0$$

• Up-down is a resonance pre-instability





Asymptotic resonances

Endpoint of the up-down instability

$$\cos \theta_1 = \cos \theta_2 = \frac{\chi_1 - q\chi_2}{\chi_1 + q\chi_2}$$
 and $\Delta \Phi = 0$ (S = S₁ + S₂)



<u>Mould+ 20</u>



Summary

- Up-down binaries are **unstable to precession**
- Instability leads to **predictable endpoints**

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Also discuss prospects for detection

Ongoing work

- Is the precessional instability present in the **numerical relativity** regime?
- Do **all** resonances act as harmonic oscillators when perturbed?
- New implementation of the Python package precession (Gerosa+ 16)

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