

Gravitational Radiation Reaction and Self-force Regularization in Black Hole Perturbation Approach

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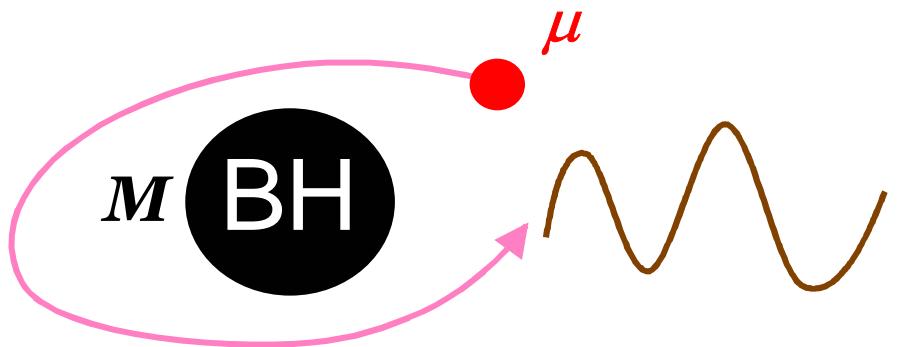
§ 1 Black hole perturbation approach

• $G^{\mu\nu} [g] = 8\pi G T^{\mu\nu}$

$$g_{\mu\nu} = g_{\mu\nu}^{(0)} + h_{\mu\nu}^{(1)} + h_{\mu\nu}^{(2)} + \dots$$

✧ $M \gg \mu$

✧ v/c can be large



Energy-momentum of a point particle

$$T^{\mu\nu}(x) = \mu \int d\tau \dot{z}^\mu \dot{z}^\nu \frac{\delta^4(x - z(\tau))}{\sqrt{-g}} \quad \left(\dot{z}^\mu = \frac{dz^\mu}{d\tau} \right)$$

Linear perturbation in μ

$$\delta G^{\mu\nu} \left[\mathbf{h}^{(1)} \right] = 8\pi G T^{(1)\mu\nu}$$

geodesic on $g^{(0)}$

$$T^{(1)\mu\nu}(x) = \mu \int d\tau \dot{z}^\mu \dot{z}^\nu \frac{\delta^4(x - z(\tau))}{\sqrt{-g^{(0)}}} \quad \left(\dot{z}^\mu = \frac{dz^\mu}{d\tau} \right)$$

background metric

Master variable ζ :

$$\zeta = h_{\mu\nu}^{(1)} \quad \text{or} \quad \psi_4^{(1)} \quad (\psi_4 \sim \text{a component of Weyl tensor})$$

$$\zeta = \sum_{lm} \phi_{lm}(t, r) Y_{lm}(\Omega)$$

: expanded in spherical (spheroidal) harmonics

$$L[\zeta] = S[T^{(1)}]$$

Regge-Wheeler / Teukolsky equation

From ζ , we can calculate:

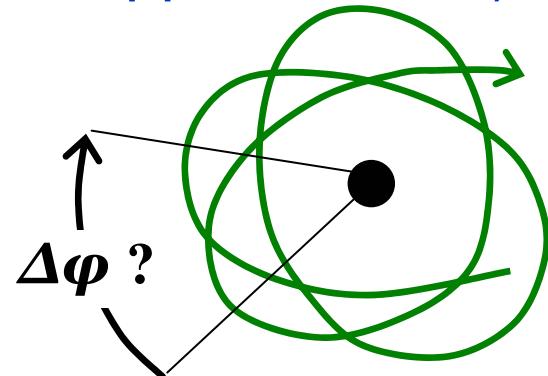
- Waveform at infinity.
- $dE/dt|_{\text{GW}}$, $dL_z/dt|_{\text{GW}}$, etc. $\sim \mathcal{O}((G\mu)^2)$
- ➡ **the orbit deviates from a geodesic on $g^{(0)}$**

How can we incorporate this deviation?
(focus on the Schwarzschild case)

- Use dE/dt & dL_z/dt to determine the evolution of the orbital parameters (adiabatic approximation).

**But, this cannot predict
the phase shift in orbit**

(See, however,
Y. Mino, PRD67 ('03) 084027)



● Evaluate self-force from $h_{\mu\nu}$ acting on the particle.

§ 2. Regularization of self-force

For point particle,

$$\delta G^{\mu\nu} [h] = 8\pi G T^{\mu\nu} \quad \rightarrow \quad h_{\mu\nu} \propto \frac{1}{|\mathbf{x} - \mathbf{z}(\tau)|}$$

$h_{\mu\nu}(x)$ diverges at $\mathbf{x}^\alpha = \mathbf{z}^\alpha(\tau)$

- self-force (back-reaction) in a curved background:

$$\mu \frac{D^2 z^\alpha}{d\tau^2} = F^\alpha[h] \approx \mu \delta \Gamma_{\mu\nu}^\alpha[h] \dot{z}^\mu \dot{z}^\nu = \mu \frac{1}{2} \left(h_{\mu;\nu}^\alpha(x) + \dots \right) \dot{z}^\mu \dot{z}^\nu$$

~ geodesic eq. on $\mathbf{g}^{(0)} + \mathbf{h}$

singular !

● Breakdown of perturbation theory ?

Yes! & No!

- Yes, because a point particle is ill-defined in GR.
↔ Mass is non-renormalizable in GR
$$\lim_{r_0 \rightarrow 0} \left(m_{\text{bare}} - \frac{G m_{\text{bare}}^2}{r_0} \right)$$
 has no well-defined limit.
- No, because regular exact solution (BH) in GR.
↔ Mass renormalization is unnecessary

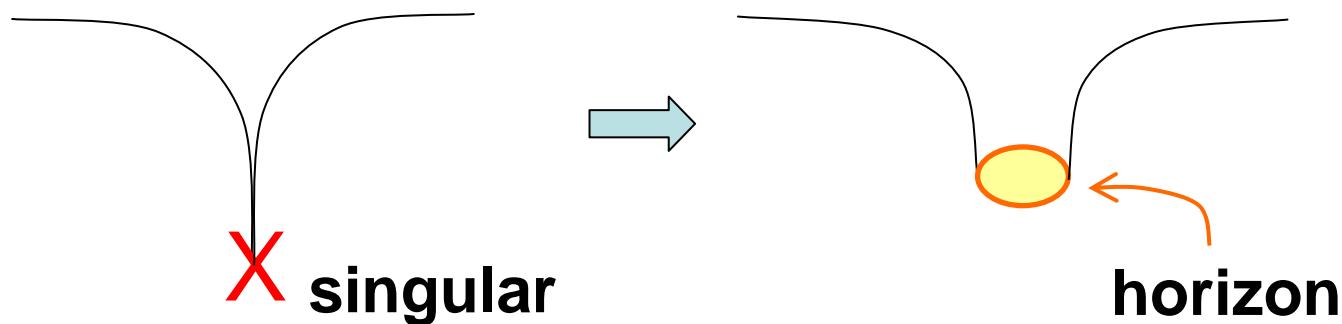
cf. EM theory:

point particle exists \iff mass is renormalizable

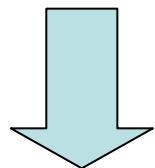
$$m_{\text{phys}} = \lim_{r_0 \rightarrow 0} \left(m_{\text{bare}} + \frac{e^2}{r_0} \right)$$
 : two parameters to tune the limit

Namely, in GR:

- Identify the point particle with a BH solution of mass μ



- Embed the BH geometry in the linearly perturbed metric $g_{\mu\nu} = g_{\mu\nu}^{(0)} + h_{\mu\nu}$: matching at $|x-z(\tau)| \gg G\mu$



Matched Asymptotic Expansion

Simplest Example

background geodesic
eq.

Consider a point particle in the flat background

$$g_{\mu\nu}^{(0)} = \eta_{\mu\nu}$$

$$h_{\mu\nu}(x) = \eta_{\mu\alpha}\eta_{\nu\beta} \frac{2G\mu(2\dot{z}^\alpha\dot{z}^\beta + \eta^{\alpha\beta})}{\dot{z}^0 |\vec{x} - \vec{z}(\tau_{\text{ret}})|}; \quad \ddot{z}^\alpha(\tau) = 0$$

In the rest frame $\{X^m\}$ of the particle:

$$h_{ab}(X) = \eta_{ac}\eta_{bd} \frac{2G\mu(2\dot{Z}^c\dot{Z}^d + \eta^{cd})}{|\vec{X}|}; \quad \dot{Z}^a = (1, 0, 0, 0)$$

This is just the Newtonian part of the Schwarzschild metric.

Thus a Schwarzschild black hole of mass μ can be naturally matched to $g_{\mu\nu} = g_{\mu\nu}^{(0)} + h_{\mu\nu}$ at $|X| \gg G\mu$

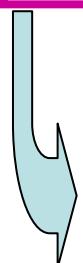
→ EOM unchanged. No self-force correction to all orders in $G\mu$

In General Curved Background:

- ◆ Hadamard decomposition of
Retarded Green function in harmonic (Lorenz) gauge

$$G_{(\text{ret})\alpha\beta}(x, z) = \theta(x^0 - z^0) \left[u_{\alpha\beta}^{\mu\nu} \delta(\sigma(x, z)) - v_{\alpha\beta}^{\mu\nu} \theta(-\sigma(x, z)) \right]$$

$\sigma(x, z)$: world interval between x and z ($\sim \frac{1}{2}(x-z)^2$)



$$h_{(\text{ret})}^{\mu\nu}(x) = \mu \int d\tau G_{(\text{ret})\alpha\beta}(x, z(\tau)) \dot{z}^\alpha \dot{z}^\beta$$

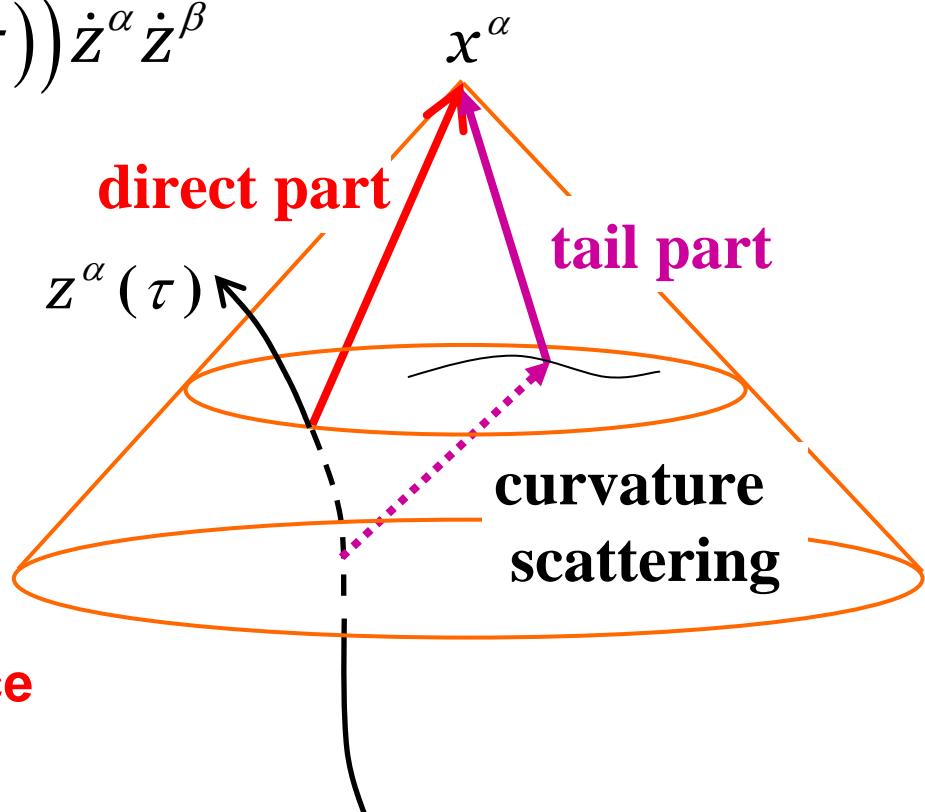
$u_{\alpha\beta}^{\mu\nu}$: direct part

$v_{\alpha\beta}^{\mu\nu}$: tail part

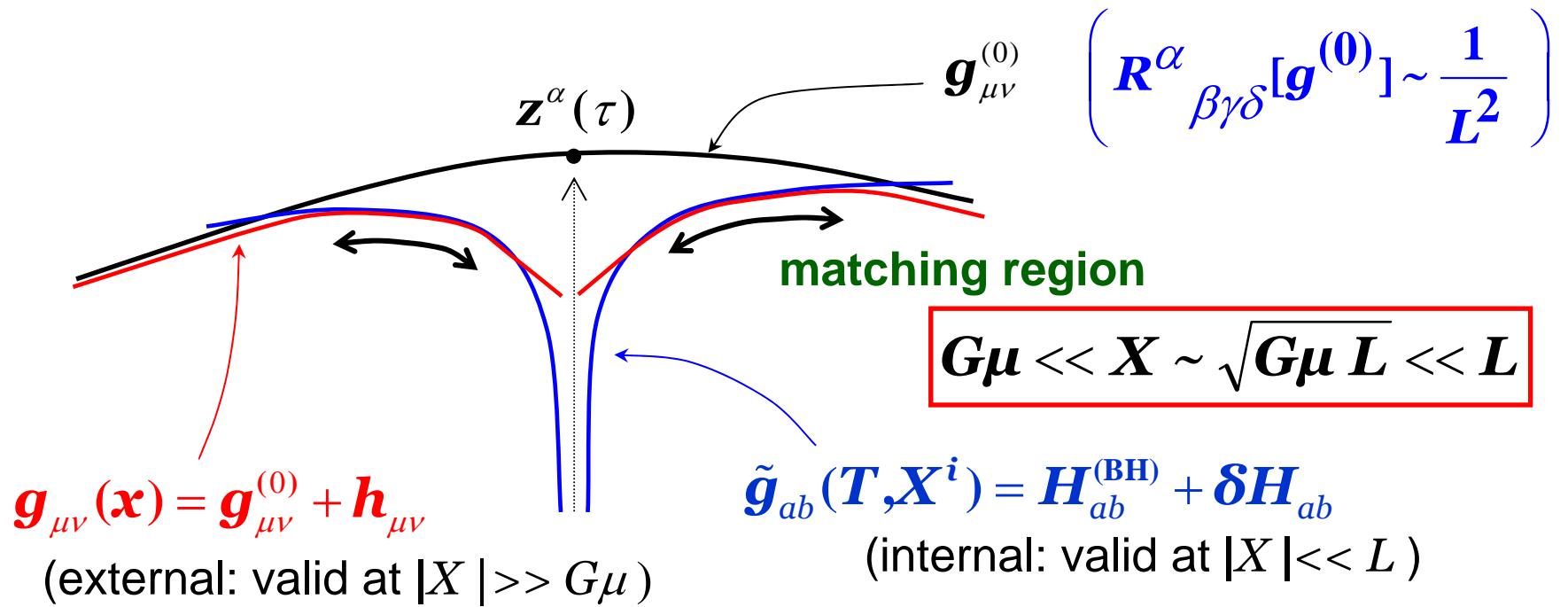


$$h_{(\text{ret})}^{\mu\nu}(x) = h_{(\text{direct})}^{\mu\nu} + h_{(\text{tail})}^{\mu\nu}$$

$h_{(\text{direct})}^{\mu\nu}$ contains divergence



• Matched asymptotic expansion



- **coordinate transformation:** $\mathbf{g}_{ab}(X) = \frac{\partial x^\mu}{\partial X^a} \frac{\partial x^\nu}{\partial X^b} \mathbf{g}_{\mu\nu}(x)$

$$\sigma^{;\mu}(x, z(\tau)) \left(\approx -(x^\mu - z^\mu) \right) = -\left(f_i^\mu(T) X^i + f_{ij}^\mu(T) X^i X^j + \dots \right)$$

$$\sigma^{;\mu}(x, z(\tau)) \bar{g}_{\mu\alpha}(x, z) \dot{z}^\alpha = 0 ; \quad \bar{g}_{\mu\alpha} : \text{parallel transport bi-tensor}$$

- identify \mathbf{g}_{ab} and $\tilde{\mathbf{g}}_{ab}$ in the matching region

external scheme

$$\mathbf{g}_{ab} = \mathbf{g}_{ab}^{(0)} + \mathbf{h}_{ab}$$

- background Riemann $\sim 1/L^2$
- perturbation in $G\mu$

$$\mathbf{g}_{ab}^{(0)} = \mathbf{\eta}_{ab} + \frac{1}{L} {}_{(0)}^{(1)} \mathbf{h}_{ab} + \frac{1}{L^2} {}_{(0)}^{(2)} \mathbf{h}_{ab} + \dots$$

$$\mathbf{h}_{ab} = G\mu \left({}_{(1)}^{(0)} \mathbf{h}_{ab} + \frac{1}{L} {}_{(1)}^{(1)} \mathbf{h}_{ab} + \frac{1}{L^2} {}_{(2)}^{(1)} \mathbf{h}_{ab} + \dots \right)$$

$$+ (G\mu)^2 \left({}_{(2)}^{(0)} \mathbf{h}_{ab} + \frac{1}{L} {}_{(2)}^{(1)} \mathbf{h}_{ab} + \frac{1}{L^2} {}_{(2)}^{(2)} \mathbf{h}_{ab} + \dots \right)$$

internal scheme

$$\tilde{\mathbf{g}}_{ab} = \mathbf{H}_{ab}^{(\text{BH})} + \boldsymbol{\delta H}_{ab}$$

- background Riemann $\sim G\mu / |X|^3$
- perturbation in $1/L$

$$\mathbf{H}_{ab}^{(\text{BH})} = \mathbf{\eta}_{ab} + G\mu {}_{(1)}^{(0)} \mathbf{H}_{ab} + (G\mu)^2 {}_{(2)}^{(0)} \mathbf{H}_{ab} + \dots$$

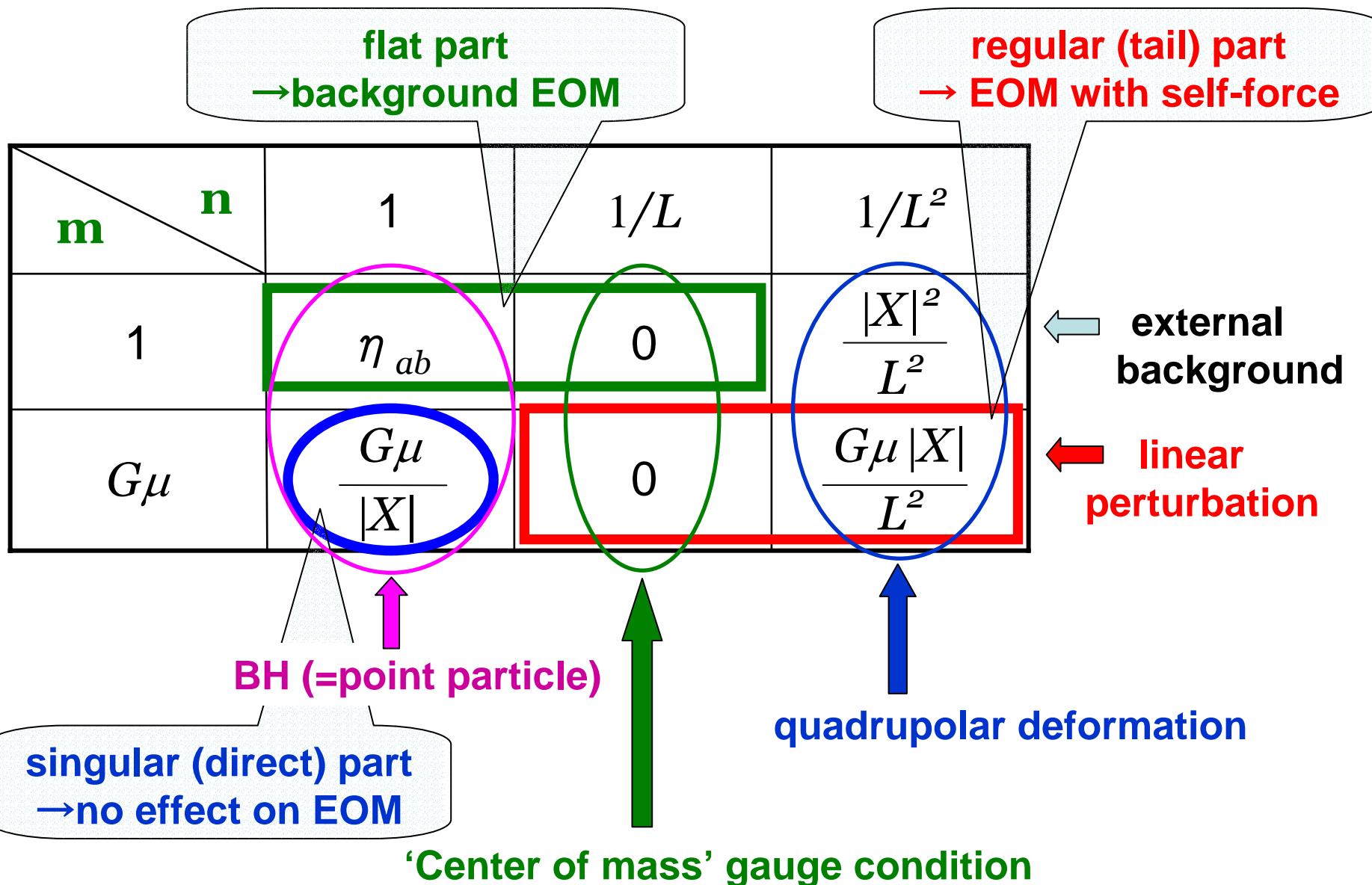
$$\begin{aligned} \boldsymbol{\delta H}_{ab} = & \frac{1}{L} \left({}_{(0)}^{(1)} \mathbf{H}_{ab} + G\mu {}_{(1)}^{(1)} \mathbf{H}_{ab} + (G\mu)^2 {}_{(2)}^{(1)} \mathbf{H}_{ab} + \dots \right) \\ & + \frac{1}{L^2} \left({}_{(0)}^{(2)} \mathbf{H}_{ab} + G\mu {}_{(1)}^{(2)} \mathbf{H}_{ab} + (G\mu)^2 {}_{(2)}^{(2)} \mathbf{H}_{ab} + \dots \right) \end{aligned}$$

matching condition:

$${}_{(m)}^{(n)} \mathbf{H}_{ab} = {}_{(m)}^{(n)} \mathbf{h}_{ab} + O\left((G\mu)^{(m+1)} / L^{(n+1)}\right)$$

$${}_{(m)}^{(n)} \mathbf{H}_{ab} \sim \frac{(G\mu)^m}{L^n} \mathbf{X}^{(n-m)}$$

◆ Asymptotic matching to $O(G\mu)$



• Regularized Gravitational Self-force

‘MiSaTaQuWa’ force: (named by Eric Poisson)

$$F^\alpha[h_{\text{(tail)}}(x)] \approx \frac{1}{2} (h_{\text{(tail)}}^{\alpha}_{\mu;\nu}(x) + \dots) \dot{z}^\mu \dot{z}^\nu$$

Mino, Sasaki and Tanaka ('97), Quinn and Wald ('99)

Tail part of the metric perturbation

$$h_{\text{(tail)}}^{\mu\nu}(x) \approx \int_{-\infty}^{\tau(x)} d\tau' v^{\mu\nu}_{\alpha\beta}(x, z(\tau')) T^{\alpha\beta}(z(\tau'))$$

Regularized self-force is determined by the tail part

E.O.M. with self-force = geodesic on $g^{\mu\nu} + h_{\text{(tail)}}^{\mu\nu}$

But $h_{\text{(tail)}}^{\mu\nu}(x)$ is NOT a solution of Einstein equations.

➡ meaning of the metric $g^{\mu\nu} + h_{\text{(tail)}}^{\mu\nu}$ is unclear

Detweiler - Whiting's S-R decomposition

(improved over “direct-tail” decomposition) PRD 67, 024025 (2003)

$$G^{ret}(x, z) = 2\theta(x^0 - z^0) G^{sym}(x, z)$$

$$G^{sym}(x, z) = \frac{1}{8\pi} [u(x, z)\delta(\sigma) - v(x, z)\theta(-\sigma)]$$

$$G^S(x, z) = G^{sym}(x, z) + \frac{1}{8\pi} v(x, z) = \frac{1}{8\pi} [u(x, z)\delta(\sigma) + \underline{v(x, z)\theta(\sigma)}]$$

new term

$$h^S(x) = \int d^4x' \sqrt{-g} G^S(x, x') T(x') : \text{satisfies perturbation eqs.}$$

$$G^R(x, z) = G^{ret}(x, z) - G^S(x, z) = (G^{ret}(x, z) - G^{adv}(x, z)) - \frac{1}{8\pi} v(x, z)$$

$$h^R(x) = h^{ret}(x) - h^S(x) : \text{satisfies source-free perturbation eqs.}$$

$$h^R - h^{\text{tail}} = O((x - z)^2)$$



Both give the same force

EOM = geodesic on

$$g_{\mu\nu}^{(0)} + h_{\mu\nu}^R$$

solution of (linearized) vacuum Einstein eqs.

§ 3 Mode-by-mode regularization

Direct evaluation of R-part is difficult. How can we obtain R-part?

→ **Subtraction of S-part:**

$$F^\alpha[h^R(\tau)] = \lim_{x \rightarrow z(\tau)} (F^\alpha[h^{\text{full}}(x)] - F^\alpha[h^S(x)])$$

Both terms on r.h.s. are divergent ⇒ need regularization

Mode decomposition

$$F^\alpha[h^{\text{full}}](x) = \sum_{\ell m} F_{\ell m}^\alpha[h^{\text{full}}](x), \quad F^\alpha[h^S](x) = \sum_{\ell m} F_{\ell m}^\alpha[h^S](x)$$

Each ℓm mode is finite at particle location

e.g.,
$$\frac{1}{|\mathbf{r} - \mathbf{r}_0|} = \sum_{\ell=0}^{\infty} \frac{1}{r} \left(\frac{\mathbf{r}_0}{r} \right)^\ell P_\ell(\cos\chi); \quad r > r_0, \quad \cos\chi = \frac{\mathbf{r} \cdot \mathbf{r}_0}{r r_0}$$

↓
finite in the limit $r \rightarrow r_0$

S-part

- ***S*-part is determined by local expansion near the particle.**

can be expanded in terms of

ε : spatial distance between x and z

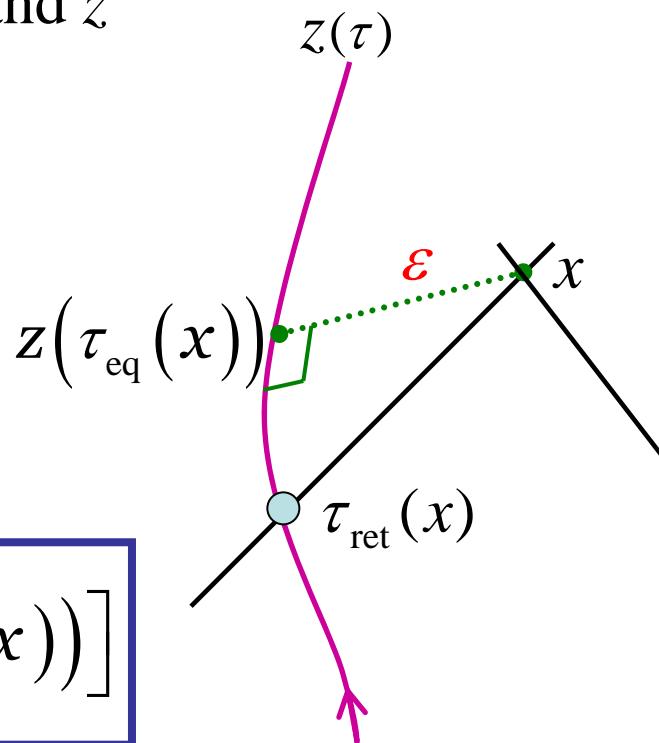
and

$$T = x^0 - z^0$$

$$R = x^r - z^r$$

$$\Theta = x^\theta - z^\theta$$

$$\Phi = x^\varphi - z^\varphi$$



$$S\text{-part} \sim \sum_{n,m,p,q} \frac{R^m \Theta^p \Phi^q}{\varepsilon^n} f_{m,p,q}^n \left[z(\tau_{\text{eq}}(x)) \right]$$

$f_{m,p,q}^n$ is given in terms of local geometrical quantities.

Spherical extension of S-part

extend $\frac{\Theta^n \Phi^m}{\varepsilon^p}$ over to the whole sphere with accuracy:

$$h^S = h^{S,\text{approx}} + O(\varepsilon^2)$$

$$\downarrow \quad \frac{1}{\varepsilon} \rightarrow \sum_{\ell m} \frac{4\pi}{2\ell+1} \frac{1}{r} \left(\frac{r_0}{r} \right)^\ell Y_{\ell m}^*(\Omega_0) Y_{\ell m}(\Omega) \quad \text{etc.}$$

$$F_{\alpha, \ell}^{(S)}(r - r_0) = F_{\alpha, \ell}^{(S,\text{approx})}(r - r_0) + O(\varepsilon)$$

• Mode decomposition formula

Barack and Ori ('02), Mino Nakano & Sasaki ('02)

$$F_{\alpha, \ell}^{(S)} = A_\alpha L + B_\alpha + C_\alpha / L + D_{\alpha \ell} \quad \text{where} \quad L = \ell + \frac{1}{2}$$

$$C_\alpha = \sum_\ell D_{\alpha \ell} = 0$$

for general geodesic orbit

§ 4 Gauge problem

MiSaTaQuWa Force is defined in harmonic gauge:

$$\lim_{x \rightarrow z(\tau)} F^\alpha [h^{R,H}(x)] = \lim_{x \rightarrow z(\tau)} (F^\alpha [h^{\text{full},H}(x)] - F^\alpha [h^{S,H}(x)])$$

Difficult to evaluate in
harmonic (H) gauge

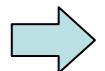
Defined only in
harmonic gauge

$$= \lim_{x \rightarrow z(\tau)} (F^\alpha [h^{\text{full},G}(x)] - F^\alpha [h^{S,H}(x)] - F^\alpha [\delta h^{\text{full},H \rightarrow G}(x)])$$

Solved in a particular (G) gauge
(e.g., RW gauge)

Need to find a gauge
transformation

★ $\lim_{x \rightarrow z(\tau)} F^\alpha [\delta h^{\text{full},H \rightarrow G}(x)]$ may be divergent



- either
- introduce a ‘hybrid’ gauge in which $h^{S,\text{Hybrid}} = h^{S,H}$
 - define the self-force ($\sim h^{R,G}$) in G gauge consistently.

● Gauge transformation of the self-force

regularized self-force: $\mu u^\mu_{;\nu} u^\nu = F_{(R)}^\mu \quad (u^\mu = dz^\mu/d\tau)$

Gauge transformation of regularized metric

$$\begin{aligned}\bar{x}^\mu &= x^\mu - \xi^\mu \Rightarrow \bar{h}_{\mu\nu}^{\text{R}} = h_{\mu\nu}^{\text{R}} + \delta h_{\mu\nu} \\ \delta h_{\mu\nu} &= \xi_{\mu;\nu} + \xi_{\nu;\mu} + O(\mu^2) \\ \Rightarrow \delta F_{(R)}^\mu &= \mu \left[-\left(\delta_\nu^\mu + u^\mu u_\nu \right) \dot{\xi}^\nu - R^\mu{}_{\mu\rho\sigma} u^\mu \xi^\rho u^\sigma \right]\end{aligned}$$

Orbit changes to $\bar{z}^\mu = z^\mu - \xi^\mu$

Gauge-dependence is unimportant for secular orbital evolution,
provided that ξ^μ stayes small.

⇒ Guaranteed for a ‘contact gauge transformation’
contact gauge transformation:

A gauge transformation that is (quasi-)locally and uniquely determined, when harmonic coefficients of $h_{\mu\nu}$ are given.
(like Regge-Wheeler gauge)

Force in hybrid gauge

Gauge transformation to a RW type (G) gauge

$$h^G(x) = h^H(x) + \nabla \xi^{H \rightarrow G} [h^H]$$

$$h^{R,H}(x) = h^{\text{full},H}(x) - h^{S,H}(x)$$

$$= h^{\text{full},G}(x) - \nabla \xi^{H \rightarrow G} [h^{\text{full},H}] - h^{S,H}(x)$$

$$= h^{\text{full},G}(x) - \nabla \xi^{H \rightarrow G} [h^{S,H}] - h^{S,H}(x) - \underline{\nabla \xi^{H \rightarrow G} [h^{R,H}]}$$

Last (gauge-dependent) term may be neglected
if it does not grow in time (has no secular effect).

$$h^{R,\text{Hybrid}}(x) = h^{\text{full},G}(x) - \nabla \xi^{H \rightarrow G} [h^{S,H}] - h^{S,H}(x)$$

$$\Rightarrow F_\alpha^R [h^{R,\text{Hybrid}}] : \text{self-force in hybrid gauge}$$

Potential problem in this approach is that we have
no control of exact gauge condition

Force in RW gauge (equivalent to hybrid gauge?)

Nakano, Sago & MS, PRD 68 ('03) 124003

Harmonic to RW gauge by contact gauge transformation

$$\begin{aligned} h^{R,RW} &= h^{R,H} + \nabla \xi^{H \rightarrow RW} [h^{R,H}] \\ &= h^{full,H} - h^{S,H} + \nabla \xi^{H \rightarrow RW} [h^{full,H}] - \nabla \xi^{H \rightarrow RW} [h^{S,H}] \\ &= h^{full,RW} - h^{S,H} - \nabla \xi^{H \rightarrow RW} [h^{S,H}] \end{aligned}$$

$\Rightarrow F_\alpha^R[h^{R,RW}]$:provided $\nabla \xi^{H \rightarrow RW} [h^{S,H}]$ can be calculated with sufficient accuracy.

However, since $h^{S,H}$ is known only locally,
it seems difficult to get rid of ambiguity from the final result.

$\ell = 0,1$ problem



Need exact $h_{\ell=0,1}^{full,H}$

difficult to solve $\ell=1$ even parity (dipole) gauge mode
~ defines “Center of Mass” coordinates

... numerical attempt by Detweiler & Poisson, gr-qc/0312010

• Kerr case?

Only known gauge in which h can be obtained is radiation gauge

Chrzanowski, PRD11, 2042 (1975)

Problem: Gauge transformation to radiation gauge is
NOT a contact gauge transformation

Gauge condition

$$h_{\mu\nu}^{\text{in rad}} \ell^\nu = 0 \quad \left(\text{or} \quad h_{\mu\nu}^{\text{(out rad)}} n^\nu = 0 \right)$$

ℓ^ν : outgoing principal null vector

n^ν : ingoing principal null vector



$$\left[h_{\mu\nu}^H + \nabla_{(\mu} \xi_{\nu)}^{H \rightarrow \text{rad}} \right] \times (\ell^\nu \text{ or } n^\nu) = 0$$

Differential equation (in r and t) for gauge parameters

 **no guarantee for $\xi_\mu^{H \rightarrow \text{Rad}}$ to remain small**

Some progress made by Barack & Ori, PRL 90 ('03) 111101.

§ 4 Another decomposition of Green function

Hikida, Jhingan, Nakano, Sago, Sasaki & Tanaka, gr-qc/0308068

<http://www2.yukawa.kyoto-u.ac.jp/~misao/BHPC>

(Black Hole Perturbation Club)

Time / frequency domain problem:

Need **full-part** in time domain to perform subtraction.

	Local expansion (ζ, R, Θ, Φ)	Harmonic expansion
Time domain	<p>S-part</p> $\frac{R^b \Theta^c \Phi^d}{\xi^a}$	$F_{a,\ell}^S = A_\alpha L + B_\alpha + D_{\alpha\ell}$ $\sum D_{\alpha\ell} = 0$
Frequency domain		<p>?</p> <p>full-part</p>

Regge-Wheeler (or Teukolsky) equation

Green function for a master variable

$$G(x, x') = \sum_{\ell m} \int d\omega e^{-i\omega(t-t')} g_{\ell m \omega}^{full}(r, r') Y_{\ell m}(\Omega) Y_{\ell m}^*(\Omega')$$

Radial part of Green function

$$g_{\ell m \omega}^{full}(r, r') = \frac{1}{W_{\ell m \omega}(R_{in}, R_{up})} (R_{in}(r)R_{up}(r')\theta(r' - r) + R_{up}(r)R_{in}(r')\theta(r - r'))$$
$$W_{\ell m \omega}(R_{in}, R_{up}) = r^2 \left(1 - \frac{2M}{r} \right) \left(\left(\frac{d}{dr} R_{up}(r) \right) R_{in}(r) - \left(\frac{d}{dr} R_{in}(r) \right) R_{up}(r) \right)$$

$R_{\ell m \omega}^{in/up}(r)$: solution of Regge-Wheeler or Teukolsky equation

Systematic method for solving radial functions

Mano, Suzuki and Takasugi, Prog. Theor. Phys. 95, 1079 (1996)

A solution given in a series of Coulomb wave functions

$$R_C^\nu(r) \approx \sum_{n=-\infty}^{\infty} a_n^\nu p_{n+\nu}(z), \quad z = \omega r$$

$$p_{n+\nu}(z) \approx z^{n+\nu} e^{-iz} {}_2F_0(*,*,*;z) \quad (\text{to be determined later})$$

Problem reduces to solving 3 terms recursion eqn.

$$\alpha_n^\nu a_{n+1}^\nu + \beta_n^\nu a_n^\nu + \gamma_n^\nu a_{n-1}^\nu = 0 \quad \epsilon = 2M\omega$$

$$\alpha_n^\nu = O(\epsilon)$$

$$\beta_n^\nu \approx (n + \nu)(n + \nu + 1) - l(l + 1)$$

$$\gamma_n^\nu = O(\epsilon)$$

$$\frac{a_n^\nu}{a_{n-1}^\nu} \xrightarrow{n \rightarrow +\infty} 0 \quad \frac{a_n^\nu}{a_{n+1}^\nu} \xrightarrow{n \rightarrow -\infty} 0$$

→ determines ν and a_n^ν



\widetilde{S} - \widetilde{R} decomposition

$$g_{\ell m \omega}^{full}(r, r') = \frac{1}{W_{\ell m \omega}(R_{in}, R_{up})} (R_{in}(r)R_{up}(r')\theta(r' - r) + R_{up}(r)R_{in}(r')\theta(r - r'))$$

$$W_{\ell m \omega}(R_{in}, R_{up}) = r^2 \left(1 - \frac{2M}{r} \right) \left(\left(\frac{d}{dr} R_{up}(r) \right) R_{in}(r) - \left(\frac{d}{dr} R_{in}(r) \right) R_{up}(r) \right)$$

- $R_{in}(r)$ and $R_{up}(r)$ in terms of $R_C^\nu(r)$:

$$R_{in} = R_C^\nu + \beta_\nu R_C^{-\nu-1}, \quad R_{up} = \gamma_\nu R_C^\nu + R_C^{-\nu-1}$$

We divide the Green function into two parts,

$$g_{\ell m \omega}^{full}(r, r') = g_{\ell m \omega}^{(\tilde{S})}(r, r') + g_{\ell m \omega}^{(\tilde{R})}(r, r')$$

where

$$g_{\ell m \omega}^{\tilde{S}}(r, r') = \frac{1}{W_{\ell m \omega}(R_C^\nu, R_C^{-\nu-1})} [\theta(r' - r)R_C^\nu(r)R_C^{-\nu-1}(r') + \theta(r - r')R_C^{-\nu-1}(r)R_C^\nu(r')]$$

$$g_{\ell m \omega}^{\tilde{R}}(r, r') = \frac{1}{(1 - \beta_\nu \gamma_\nu) W_{\ell m \omega}(R_C^\nu, R_C^{-\nu-1})} [\beta_\nu \gamma_\nu (R_C^\nu(r)R_C^{-\nu-1}(r') + R_C^{-\nu-1}(r)R_C^\nu(r'))$$

$$+ \gamma_\nu R_C^\nu(r)R_C^\nu(r') + \beta_\nu R_C^{-\nu-1}(r)R_C^{-\nu-1}(r')]$$

\tilde{S} -part:

$$R_c^\nu(x) \approx z^\nu \left(1 + z^2 + \frac{\epsilon}{z} + \dots \right)$$



Post-Newtonian expansion

$$\begin{aligned} z &= \omega r = O(v) \\ \epsilon &= 2M\omega = O(v^3) \end{aligned}$$

No log ω

- only integer powers of z
- only positive integer powers of ω^2

\tilde{R} -part:

$$g_{\ell m \omega}^{\tilde{R}}(r, r') = O(v^{6\ell}, v^{4\ell-1}, v^{2\ell+1}) \times g_{\ell m \omega}^{\tilde{S}}(r, r')$$

- no step function \Rightarrow homogeneous solution
- finite ℓ for finite PN order

\tilde{S} -part in time domain

$$\begin{aligned}
 g_{\ell m \omega}^{(\tilde{S})}(r, r') &= \frac{1}{W_{\ell m \omega}(R_C^\nu, R_C^{-\nu-1})} [\theta(r' - r) R_C^\nu(r) R_C^{-\nu-1}(r') + \theta(r - r') R_C^{-\nu-1}(r) R_C^\nu(r')] \\
 R_C^\nu(x) &\approx z^\nu \left(1 + z^2 + \frac{\epsilon}{z} + \dots \right) \quad \begin{array}{l} z = \omega r \\ \epsilon = 2M\omega \end{array} \\
 &= \sum_{k=0}^{\infty} \omega^k X_{\ell m k}(r, r')
 \end{aligned}$$

Since there is no $\log \omega$, ω -integral is easy

$$\int d\omega \omega^n e^{-i\omega(t-t')} = 2\pi(-i)^n \partial_{t'}^n \delta(t - t')$$

In the case of scalar-charge

$$F_{\alpha, \ell}^{\tilde{S}} = q^2 \nabla_\alpha \lim_{x \rightarrow z(t)} \sum_{m, k} (i\partial_t)^k \frac{d\tau(t)}{dt} X_{\ell m k}(r, z^r(t)) Y_{\ell m}(\theta, \varphi) Y_{\ell m}^*(z^\theta(t), z^\varphi(t))$$

All singular behavior is in \tilde{S} - part

A_α and B_α are common with S - part :

$$F_{\alpha,\ell}^{\tilde{S}} = A_\alpha L + B_\alpha + \tilde{D}_{\alpha\ell}$$
$$F_{\alpha,\ell}^S = A_\alpha L + B_\alpha + D_{\alpha\ell} ; \quad \sum_{\ell=0}^{\infty} D_{\alpha\ell} = 0$$

Force after subtraction of S - part from \tilde{S} - part :

$$F_\alpha^{\tilde{S}-S} = \sum_{\ell} (F_{\alpha,\ell}^{\tilde{S}} - F_{\alpha,\ell}^S) = \sum_{\ell} \tilde{D}_{\alpha\ell}$$

Final force is $F_\alpha^R = F_\alpha^{\tilde{R}} + F_\alpha^{\tilde{S}-S}$

Summary

	local expansion (ζ, R, Θ, Φ)	Harmonic expansion
Time domain	<p><i>S</i>-part</p> $\frac{R^b \Theta^c \Phi^d}{\xi^a}$	$F_{\alpha,\ell}^S = A_\alpha L + B_\alpha + D_{\alpha\ell}$ $\sum D_{\alpha\ell} = 0$
Frequency domain		$F_{\alpha,\ell}^{\tilde{S}} = A_\alpha L + B_\alpha + \tilde{D}_{\alpha\ell}$

Regularized force up to n -PN

$$\sum_{\ell=0}^{\infty} F_{\alpha,\ell}^R = \sum_{\ell=0}^{\infty} \left(\lim_{x \rightarrow z_0} F_{\alpha,\ell}^{\tilde{S}-S} + F_{\alpha,\ell}^{\tilde{R}} \right) = \sum_{\ell=0}^{\infty} \tilde{D}_{\alpha\ell} + \sum_{\ell=0}^n F_{\alpha,\ell}^{\tilde{R}}$$

Result for S - \tilde{S} part

For a scalar charge in a geodesic orbit

$$F_t^{\tilde{S}-S} = q^2 \frac{v^r(t)}{4\pi(z^r)^2} \sum_i^4 K_t^{(i)} \delta_{\mathcal{E}}^i \quad \delta_{\mathcal{E}} = 1 - \frac{1}{\mathcal{E}^2}$$

where the coefficients $K_t^{(i)}$ are

$$\begin{aligned} K_t^{(0)} &= -\left[\frac{9}{19} + \frac{10364}{1659} \frac{M}{(z^r)} + \frac{20728}{1659} \frac{M^2}{(z^r)^2} + \left(\frac{5246140232891518}{35013238792623} - \frac{27\pi^2}{2}\right) \frac{M^3}{(z^r)^3} - \left(\frac{3035778523787821589339}{1214294134566958263}\right.\right. \\ &\quad \left.\left. + \frac{2007\pi^2}{16}\right) \frac{M^4}{(z^r)^4}\right] + \left[\frac{38844}{10507} + \frac{12572900}{1775683} \frac{M}{(z^r)} + \left(\frac{1443514854479884}{11671079597541} - \frac{585M^2}{64}\right) \frac{M^2}{(z^r)^2} - \left(\frac{7173\pi^2}{32}\right.\right. \\ &\quad \left.\left. + \frac{209236023513660821921804}{42500294709843539205}\right) \frac{M^3}{(z^r)^3}\right] \frac{\mathcal{L}^2}{(z^r)^2} - \left[\frac{3078617}{253669} + \frac{13691383240}{513172387} \frac{M}{(z^r)} - \left(\frac{4332202056238584185911}{2023823557611597105}\right.\right. \\ &\quad \left.\left. - \frac{111825\pi^2}{1024}\right) \frac{M^2}{(z^r)^2}\right] \frac{\mathcal{L}^4}{(z^r)^4} + \left[\frac{16973925730}{513172387} + \frac{1332278699099876}{23654681178765} \frac{M}{(z^r)}\right] \frac{\mathcal{L}^6}{(z^r)^6} - \frac{94008905915838}{1126413389465} \frac{\mathcal{L}^8}{(z^r)^8}, \\ K_t^{(1)} &= -\left[\frac{145329}{105070} + \frac{224752726}{26635245} \frac{M}{(z^r)} + \left(\frac{3961114172666372}{58355397987705} - \frac{117\pi^2}{32}\right) \frac{M^2}{(z^r)^2} - \left(\frac{6096532685157103316489}{6071470672834791315}\right.\right. \\ &\quad \left.\left. + \frac{1413\pi^2}{16}\right) \frac{M^3}{(z^r)^3}\right] + \left[\frac{81010078}{8878415} + \frac{26029992074}{2565861935} \frac{M}{(z^r)} - \left(\frac{56133966743538685491214}{42500294709843539205} + \frac{5985}{64}\right) \frac{M^2}{(z^r)^2}\right] \frac{\mathcal{L}^2}{(z^r)^2} \\ &\quad - \left[\frac{163684391287}{5131723870} + \frac{98611138120}{13251922229} \frac{M}{(z^r)}\right] \frac{\mathcal{L}^4}{(z^r)^4} + \frac{21116821648567}{225282677893} \frac{\mathcal{L}^6}{(z^r)^6}, \\ K_t^{(2)} &= -\left[\frac{230022021}{99438248} + \frac{5642118696757}{538831006350} \frac{M}{(z^r)} + \left(\frac{9361340681317465627159}{212501473549217696025} - \frac{2061\pi^2}{128}\right) \frac{M^2}{(z^r)^2}\right] + \left[\frac{535002897207}{35922067090}\right. \\ &\quad \left. + \frac{130651280359811}{78848937262550} \frac{M}{(z^r)}\right] \frac{\mathcal{L}^2}{(z^r)^2} - \frac{3424552998566313}{63079149810040} \frac{\mathcal{L}^4}{(z^r)^4} \quad \dots \end{aligned}$$

Conclusion

- Gravitational self-force is given by **R-part** of metric perturbation (EOM = geodesic on $\mathbf{g}^{(0)} + \mathbf{h}^{\mathbf{R}}$).
- Mode-by-mode regularization seems promising.
- Gauge problem not completely solved yet.

$\ell = 1$ problem
- Extension to Kerr background still at preliminary stage.
- $\tilde{\mathbf{S}} - \tilde{\mathbf{R}}$ decomposition instead of **S - R** decomposition.

makes it possible to perform subtraction in time domain
for any orbit at the expence of PN expansion.

Regularized force up to n -PN order

$$\sum_{\ell=0}^{\infty} F_{\alpha,\ell}^R = \sum_{\ell=0}^{\infty} \left(\lim_{x \rightarrow z_0} F_{\alpha,\ell}^{\tilde{S}-S} + F_{\alpha,\ell}^{\tilde{R}} \right) = \sum_{\ell=0}^{\infty} \tilde{D}_{\alpha\ell} + \sum_{\ell=0}^n F_{\alpha,\ell}^{\tilde{R}}$$