Black Hole Complementarity and Quantum Gravity

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Two pillars of modern physics

Quantum mechanics

$$i\hbar \frac{\partial}{\partial t} |\Psi\rangle = \mathcal{H} |\Psi\rangle$$









General relativity

$$R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = \frac{8\pi G_N}{c^4} T_{\mu\nu}$$



photos: Nobel Foundation archive

not get along well

No problem in "usual" circumstances (below, $c = \hbar = 1$)

$$G_N \frac{m_p m_e}{r^2} \sim 10^{-39} \frac{e^2}{4\pi \varepsilon_0 r^2}$$





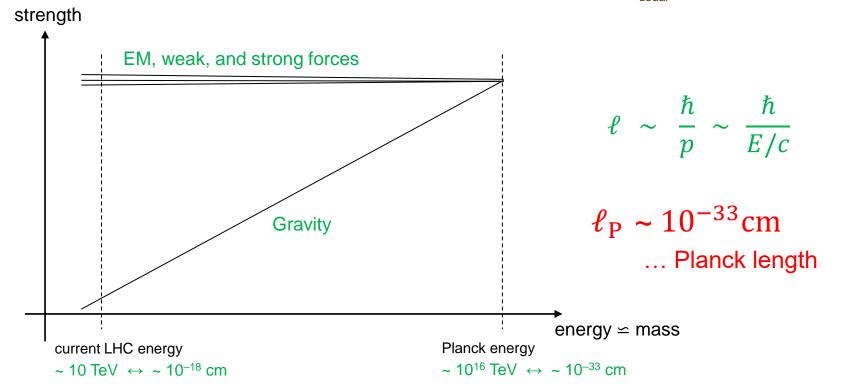
macroscopic body $(N \gg 1 \text{ particles})$

quantum interference ~ $\epsilon^N \ll 1$

→ A "patchwork" is enough.

Interesting things occur in "unusual" situations

cf. $v \gg v_{usual}$ in Newtonian mechanics

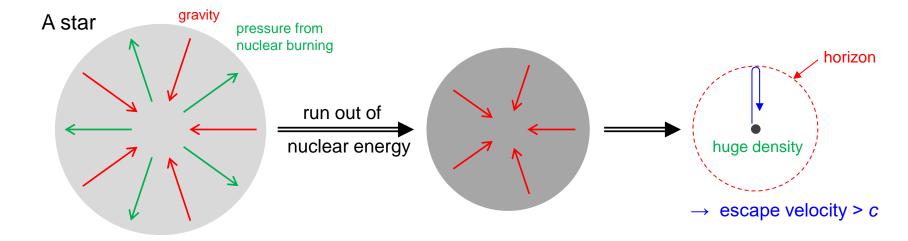


At $\sim \ell_P$, theoretical control of quantum field theory (point particles in continuous spacetime) is lost. \rightarrow string theory

There is a problem that the current formulation of string theory cannot (directly) address. (today's theme)

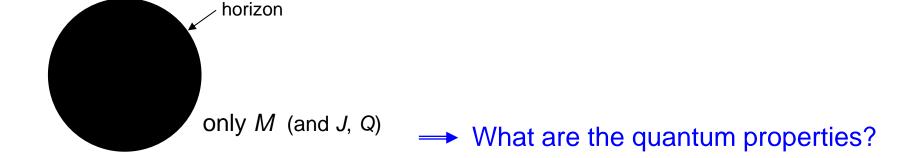
Unusual situations can occur at long distances:

Black Holes



The interior cannot be seen from the outside.

— "No hair" theorem



Black Hole Thermodynamics

A puzzle

Another pillar of modern physics

Statistical mechanics

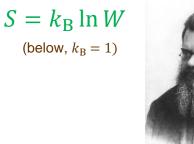
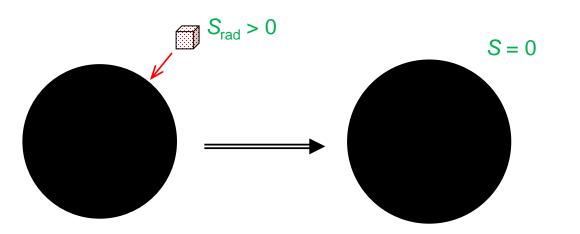






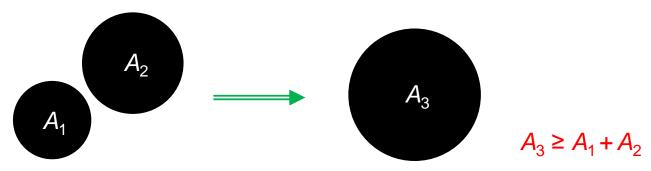
photo: Univ. Frankfurt

What happens if matter falls into a black hole?



... $\Delta S < 0 !?$

A peculiar property of BHs in general relativity



A proposal [Bekenstein, 1973]



The entropy of a BH is proportional to its horizon area.

$$S_{\rm BH} = \frac{A}{4G_{\rm N}}$$

 $S_{\rm BH} = \frac{A}{4G_{\rm N}}$ Note: $G_{\rm N} = \ell_{\rm P}^2 \sim (10^{-33}\,{\rm cm})^2 \rightarrow {\rm huge\ entropy}$ e.g. A solar mass BH has $S \sim 10^{78}$ while the sun has $\sim 10^{60}$.

Indeed,
$$\Delta \left(\frac{A}{4G_{\rm N}} + S_{\rm matter} \right) \ge 0$$

Does this make sense?

$$\frac{A}{4G_{\rm N}} = 4\pi G_{\rm N} M^2$$

$$\frac{\partial S}{\partial E} = \frac{1}{T} \quad \to \text{ finite temperature}$$

Doesn't a BH only absorb stuff?



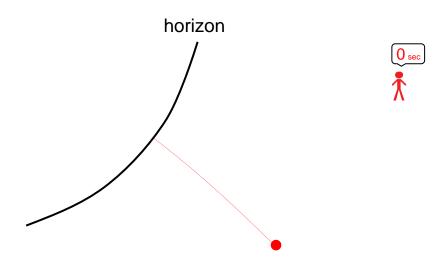
The horizon is "smooth."



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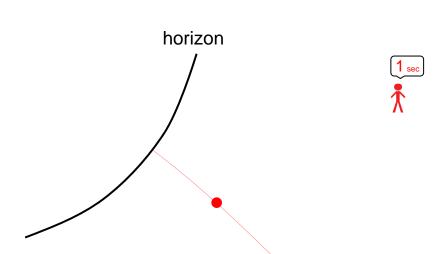
Quantum mechanical effect Hawking temperature There must be radiation corresponding to $T_{\rm H} \sim \frac{1}{8\pi MG_{\rm N}}$.

photo: NASA



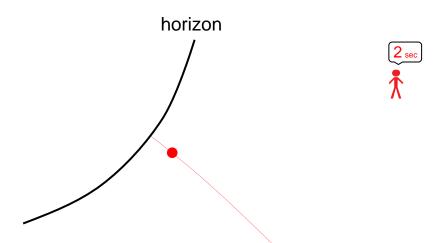


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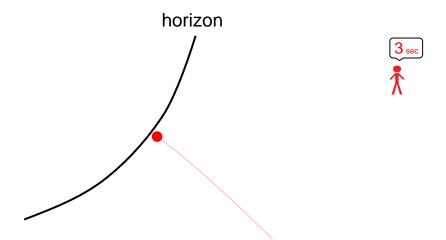


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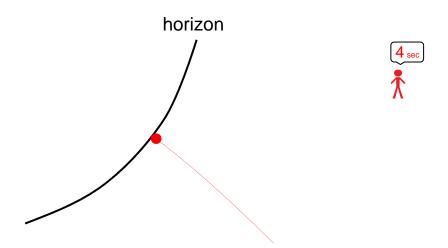




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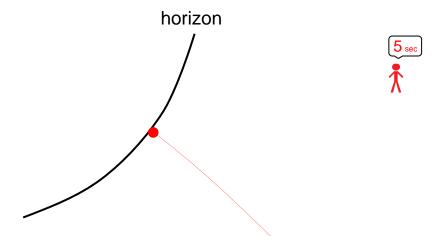
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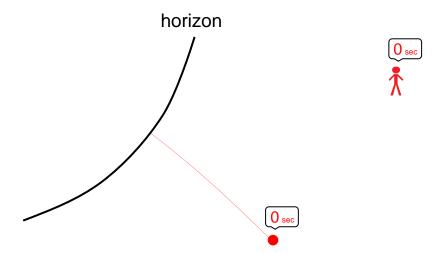




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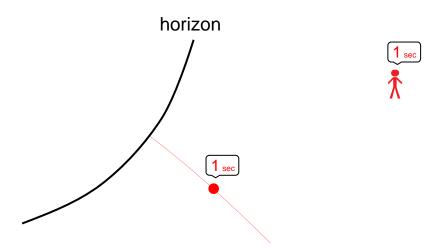




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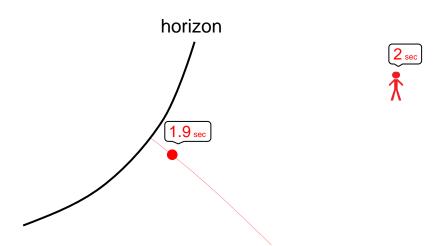




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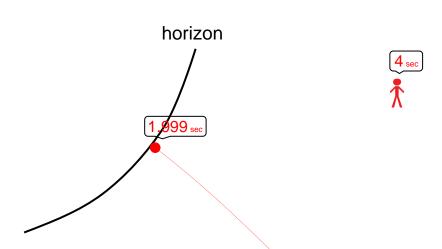
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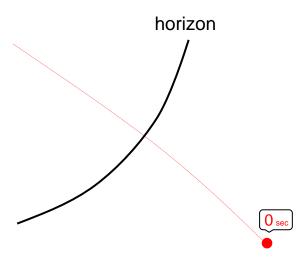
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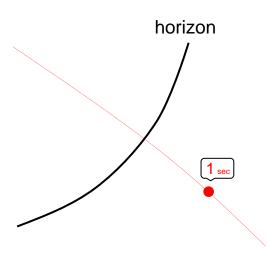




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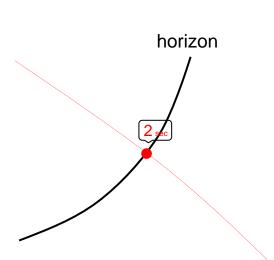




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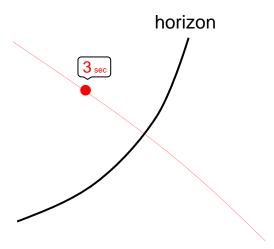




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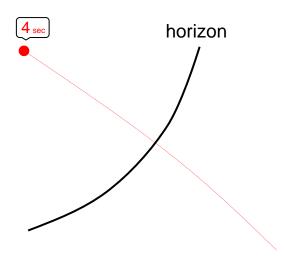




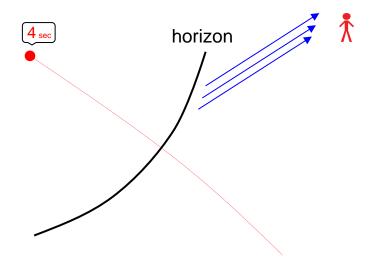
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BHs are thermodynamic objects.

→ Spacetime is composed of microscopic d.o.f.s!





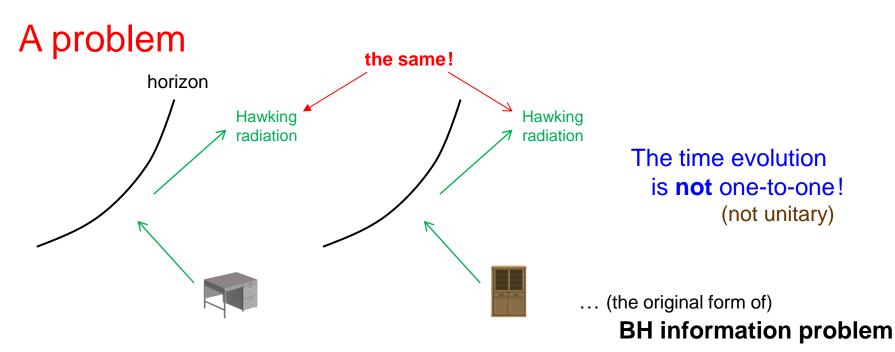
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Quantum mechanical effect

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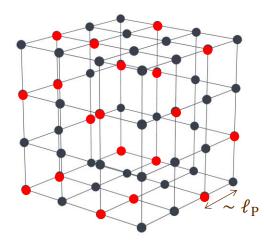
Holography

A clue comes from the BH physics itself

A BH is the highest entropy state of the region,

and still
$$S \propto \frac{A}{\ell_P^2}$$

Strange!



$$S \sim \ln 2^{V/\ell_{\rm P}^3} \propto \frac{V}{\ell_{\rm P}^3} > \frac{A}{\ell_{\rm P}^2}$$

$$(\ell_{\rm P} \sim 10^{-33} \text{cm})$$

The concept that spacetime exits down to $\sim \ell_P$ is an illusion!

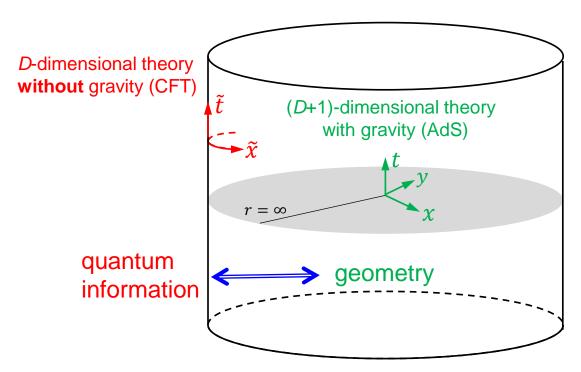
→ suggests that there is a formulation of quantum gravity in spacetime one less dimension than the naïve one.

Sounds crazy?

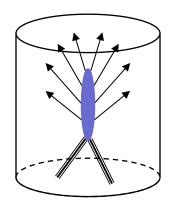
AdS/CFT correspondence [Maldacena, 1997]



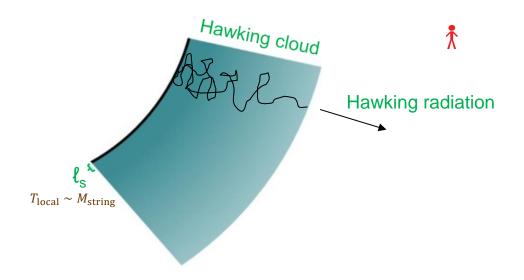
photo: IAS



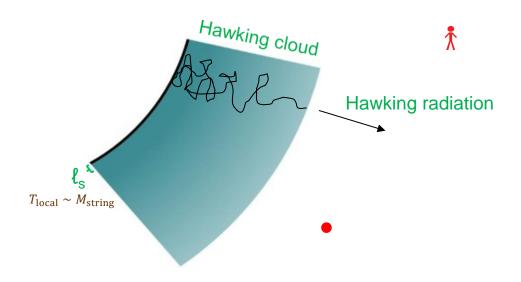
BH evolution must be unitary.



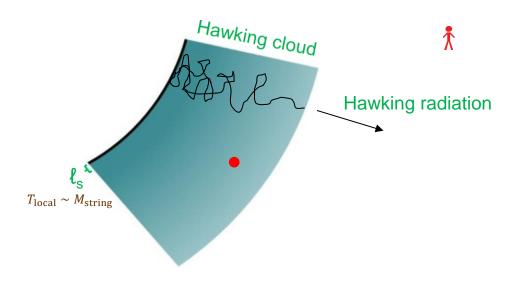
A process in non-gravitational (unitary) theory



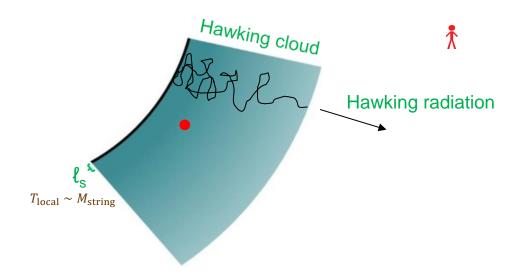
The horizon behaves as the surface of regular material.



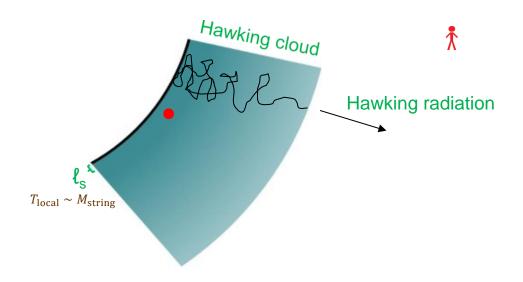
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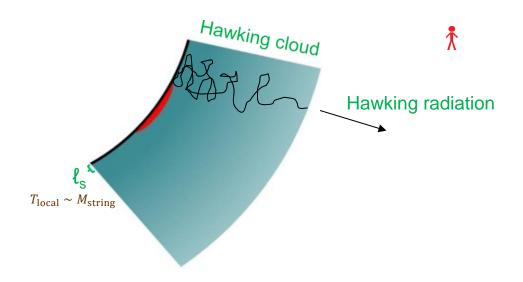
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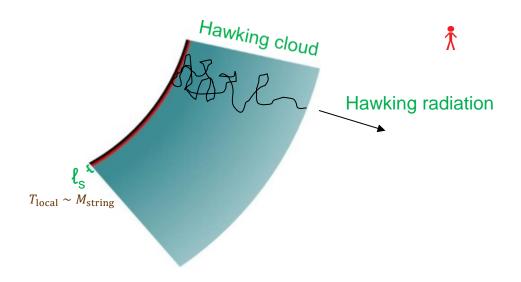
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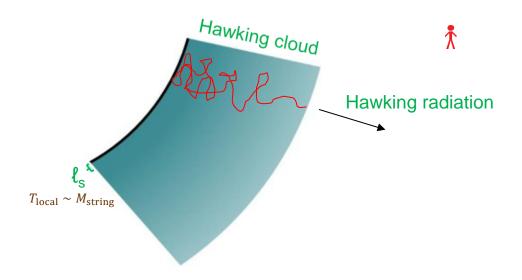


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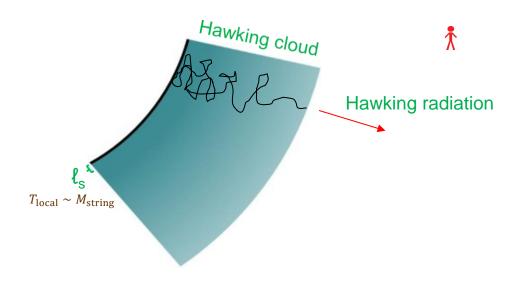
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... no issue with unitarity



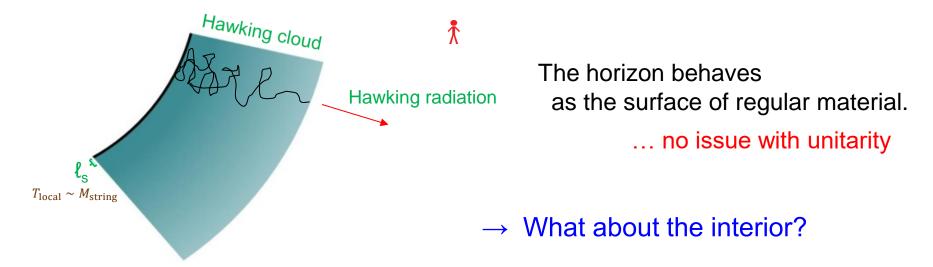
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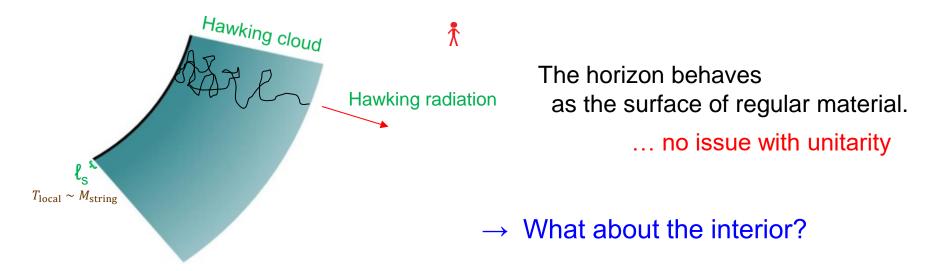
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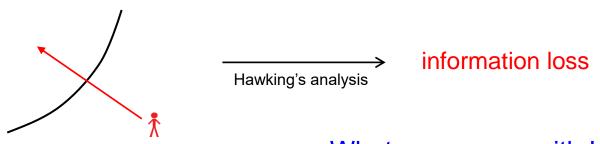
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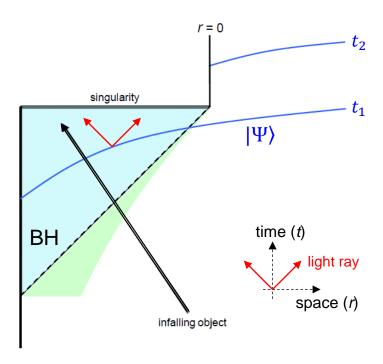
Alternatively



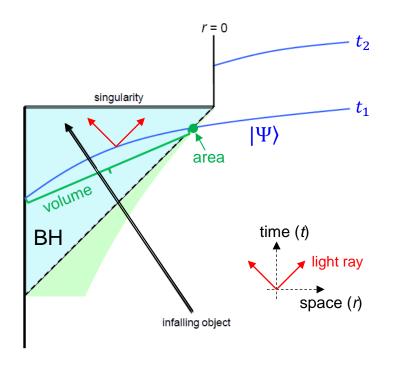
→ What was wrong with Hawking's analysis?

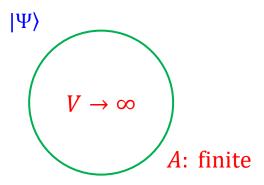
Recent Progress I — replica wormholes —

Start with "global spacetime"



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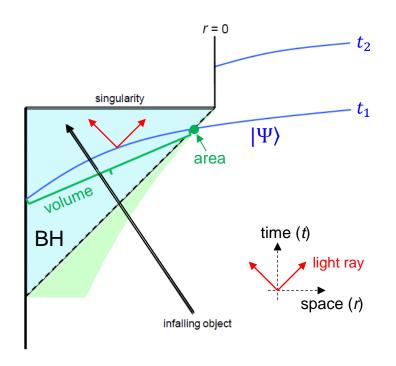


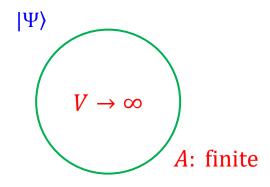


... at odds with
$$S = \frac{A}{4\ell_P^2}$$

Hugely redundant!

Start with "global spacetime"





... at odds with $S = \frac{A}{4\ell_P^2}$

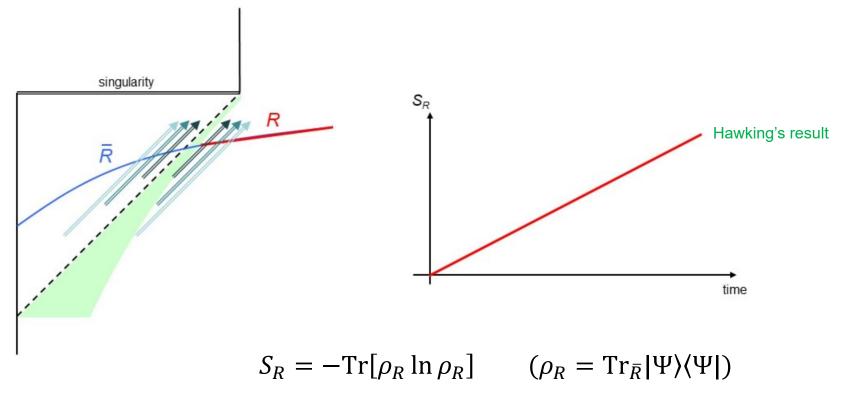
Hugely redundant!

$$\langle \Psi_1 | \Psi_2 \rangle = 0$$
 \longrightarrow $\langle \Psi_1 | \Psi_2 \rangle \sim e^{-\frac{S}{2}}$ semiclassical (QFT in curved spacetime) quantum gravity

... only e^{S} independent states

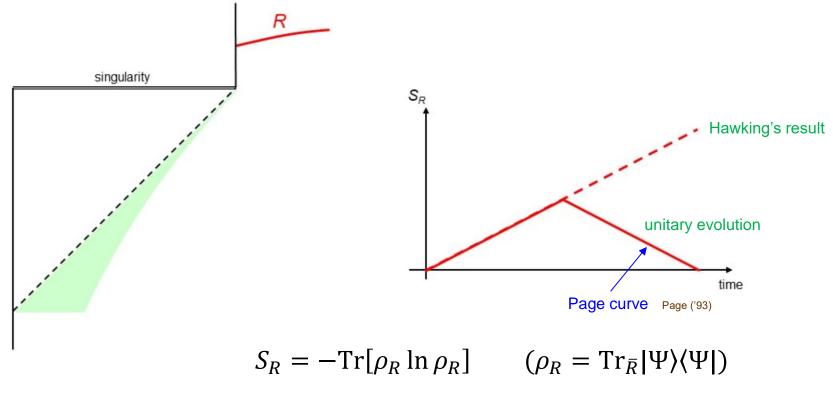
$$\begin{split} |\Psi\rangle &= \sum_{i=1}^{e^S} c_i |\psi_i\rangle \quad c_i \sim e^{-\frac{S}{2}} \\ \langle \Psi_1 | \Psi_2 \rangle &= \sum_{i=1}^{e^S} c_{1,i}^* \, c_{2,i} \sim e^{\frac{S}{2}} e^{-S} \sim e^{-\frac{S}{2}} \\ &\rightarrow e^{e^S} \text{ approximately orthogonal states} \end{split}$$

Unitarity of Hawking evaporation



~ the # of EPR particles in R whose partners are in \bar{R}

Unitarity of Hawking evaporation

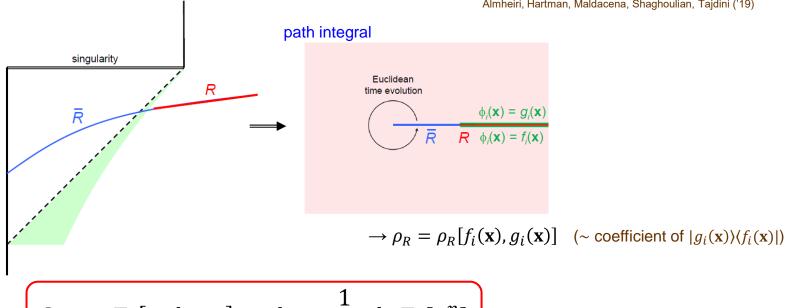


~ the # of EPR particles in R whose partners are in \bar{R}

→ How to get this curve?

Page curve from replica wormholes

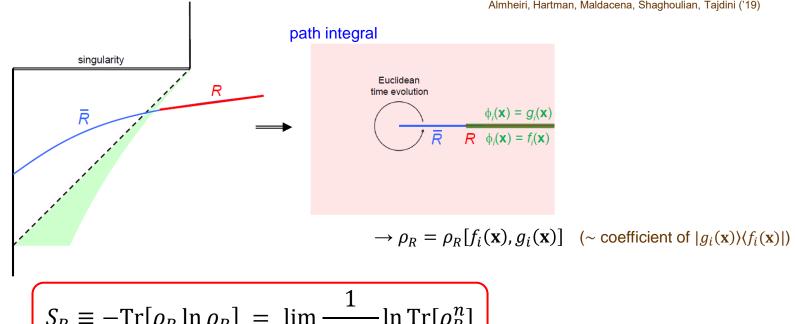
Penington ('19); Almheiri, Engelhardt, Marolf, Maxfield ('19); ... Penington, Shenker, Stanford, Yang ('19); Almheiri, Hartman, Maldacena, Shaghoulian, Tajdini ('19)



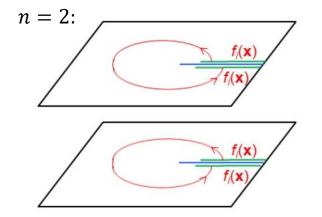
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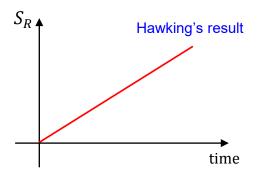
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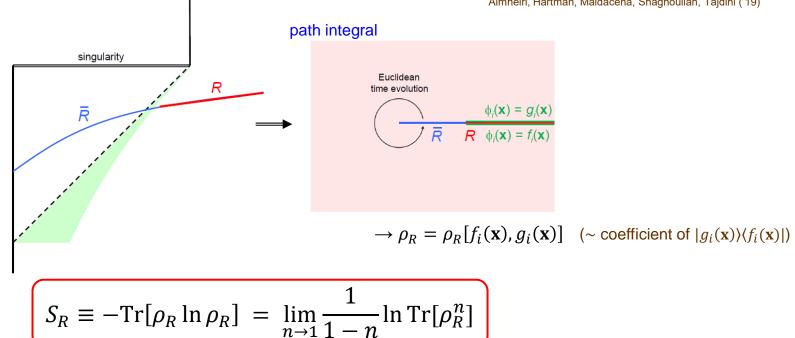
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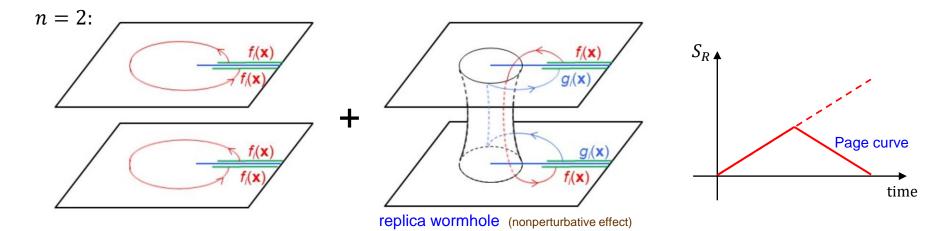


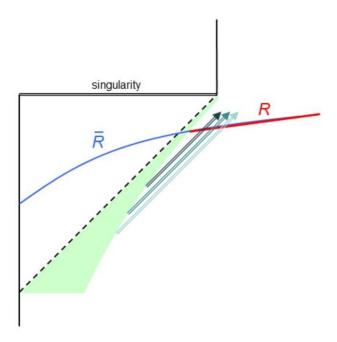
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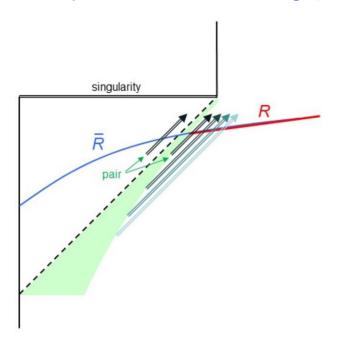
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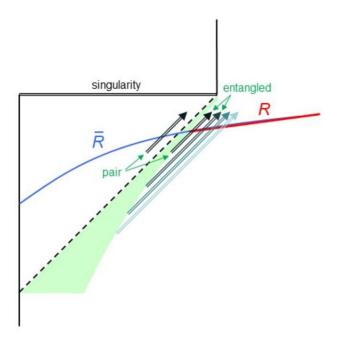


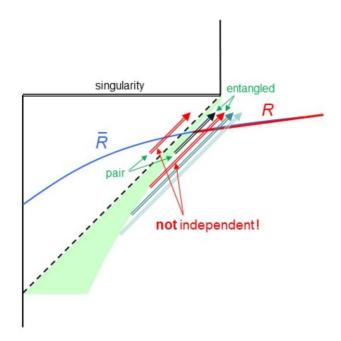
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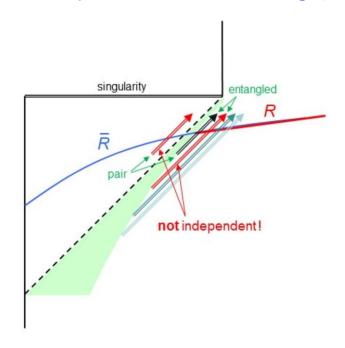






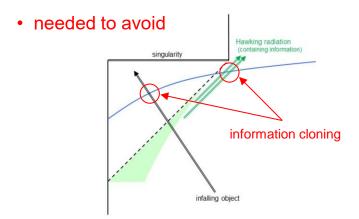
→ Hawking radiation emitted earlier is not independent of the interior d.o.f.s!

...; Maldacena, Susskind ('13); ...

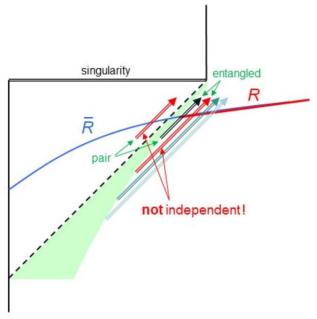


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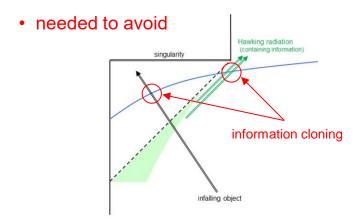


· consistent because of causality



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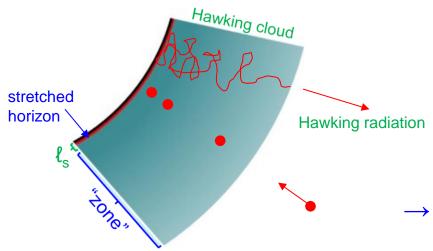
Global spacetime (embracing the interior)

Replica wormholes (signifying unitarity)

(nonperturbative effects of gravity)

Recent Progress II — unitary gauge construction —

Start with a "distant" (holographic) description



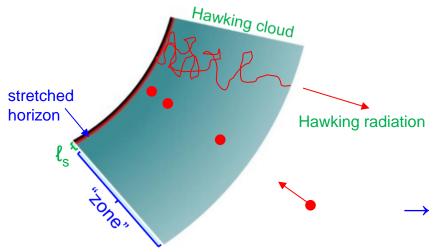
The d.o.f.s outside the horizon comprise the **entire** system.

→ The evolution is unitary.

→ How does the "interior" emerge?

Papadodimas, Raju ('12-'15); Verlinde, Verlinde ('12-'13); Y.N., Sanches, Varela, Weinberg ('12-'15); ... Y.N. ('19, 20)

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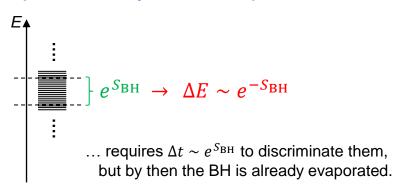
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Key features Y.N. ('19, 20)

— defining characteristics of BHs

(I) Exponentially dense spectrum



Relevant modes:

$$\begin{cases}
BH & \begin{cases}
horizon \\
zone
\end{cases} & soft (cloud) \\
far & hard (objects)
\end{cases}$$

(II) Dynamics at the stretched horizon

Tlocal ~ M_{string}

... string dynamics

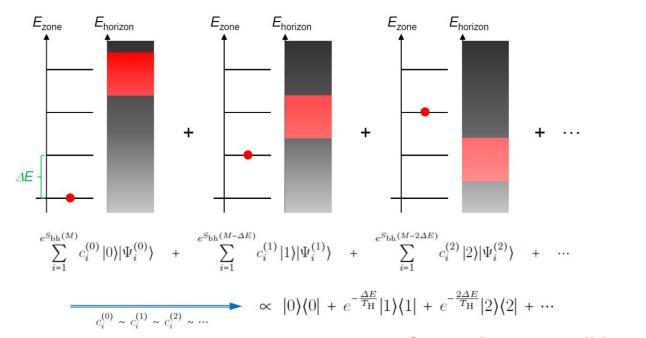
- quantum chaos Maldacena, Shenker, Stanford ('15)

- fast scrambling Hayden, Preskil ('07); Sekino, Susskind ('08)

- universal Banks, Seiberg ('10); ...; Harlow, Ooguri ('18)

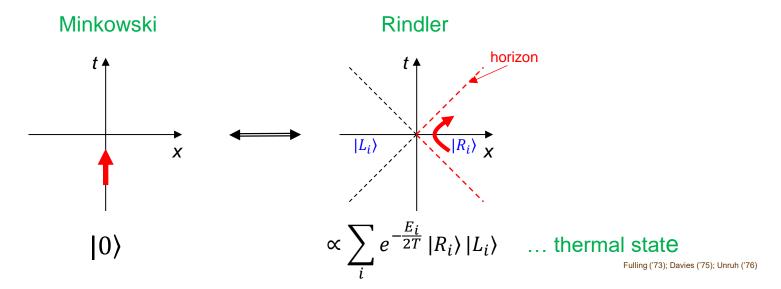
(e.g. no global symmetry)

→ "ultimate" thermalization

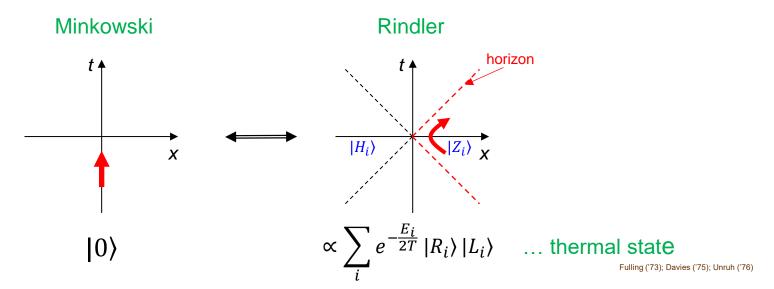


... universal across all low energy species

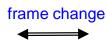
Emergence of the interior



Emergence of the interior



Near empty Interior spacetime

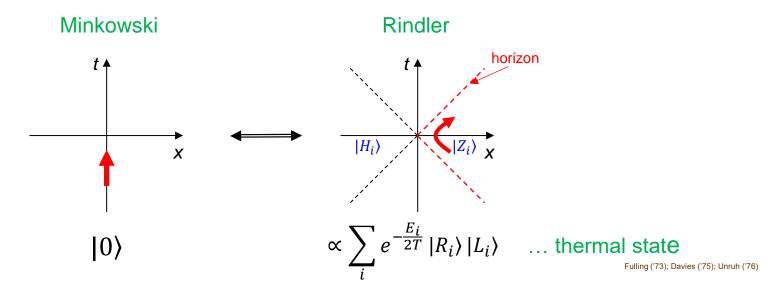


 $|\Psi_{\mathrm{BH}}
angle \propto \sum_{i} e^{-\frac{E_{i}}{2T_{\mathrm{H}}}} \stackrel{\mathrm{Hard\ mode states}}{|H_{i}
angle} \stackrel{\mathrm{l...\ play\ the\ role\ of\ the\ mirror\ partners}}{|H_{i}
angle} \stackrel{\mathrm{l...\ play\ the\ role\ of\ the\ mirror\ partners}}{|H_{i}
angle} \stackrel{\mathrm{l...\ play\ the\ role\ of\ the\ mirror\ partners}}{|H_{i}
angle} = 0$

(An object thrown "sees" interior spacetime)

... universally thermal

Emergence of the interior



Near empty Interior spacetime

 $|\Psi_{\rm BH}\rangle \propto \sum_{i} e^{-\frac{E_i}{2T_{\rm H}}} \stackrel{\rm states}{|H_i\rangle} \stackrel{\sim}{|S_i\rangle} \dots$ play the role of the mirror partners soft mode states (representing their collective excitations)

Hard mode

(An object thrown "sees" interior spacetime)

... universally thermal



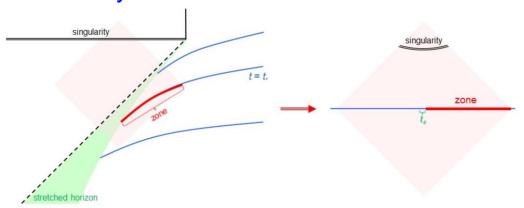
(**not** the case for the surface of regular material)

At late times, the BH is entangled with radiation

$$|\Psi_{\mathrm{BH}}\rangle \propto \sum_{i} e^{-\frac{E_{i}}{2T_{\mathrm{H}}}} \frac{H_{i}}{|H_{i}\rangle} \frac{H_{i}}{|(S+R)_{i}\rangle} \dots$$
 play the role of the mirror partners Soft and far (radiation) mode states (representing collective excitations of these modes)

... Interior d.o.f.s involve early Hawking radiation!

Effective theory of the interior



multiple effective theories erected at different times

... describe only a limited spacetime region

Distant description (manifestly unitary)

Collective phenomena

Interior spacetime (effective emergence)

Structure of Quantum Gravity

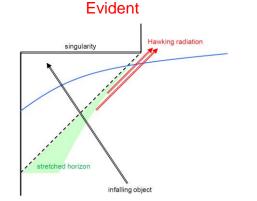
Global spacetime

— General relativity —

Unitary / holographic

— Quantum mechanics —

Interior



singularity

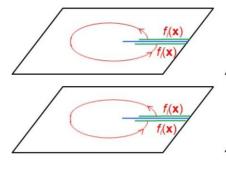
t = t.

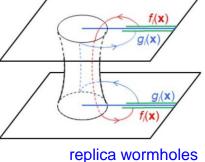
zone

stretched horizon

collective phenomenon

Unitarity







By construction

infalling object c.f. AdS/CFT

- Apparent violation of BH entropy
- Ensemble nature

huge interior spatial volume at late times

semiclassically orthogonal states in fact have $\langle \Psi_1 | \Psi_2 \rangle \sim e^{-S_{\rm BH}/2}$

 $\rightarrow e^{S_{\rm BH}}$ states (+ null states)

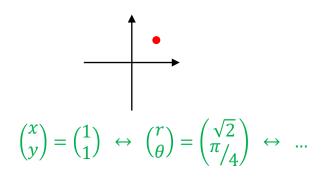
Effective theory of the interior has a finite maximal volume.

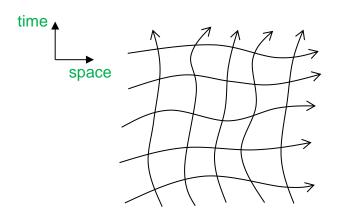
Hilbert space of dimension $e^{S_{\mathrm{BH}}}$ can host $e^{e^{S_{\mathrm{BH}}}}$ approximately orthogonal states.

Langhoff, Y.N. ('20); Chakravarty ('20)

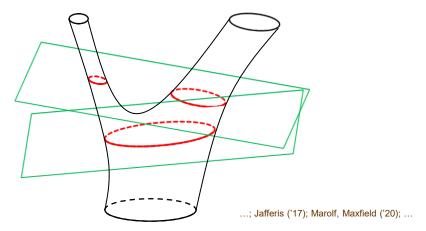
Redundancies of the description

General covariance (perturbative)





Nonperturbative redundancies



... allows for making (only) one of the two pillars manifest, but the theory still accommodates both of them (QM + GR).

Summary

Black hole conundrum



Structure of quantum gravity

⊃ Quantm mechanics & General relativity, but in a subtle manner!

High energy / Astro physics

(Black holes, gravity, ...)

Quantum information science

(Holography, ...)

Many-body physics (cond. matter & AMO)

(Chaos, fast scrambling, ...)

"From the Black Hole Conundrum to the Structure of Quantum Gravity" Y.N., *Mod. Phys. Lett.* **A36** (2021) 2130007 [arXiv:2011.08707 [hep-th]]

"Complementarity for a Dynamical Black Hole"

B. Concepcion, Y.N., K. Ritchie, S. Weiss, arXiv:2405.15849 [hep-th]

Activities at Berkeley

"Geoflow" collaboration

Berkeley/Stanford/Duke/Brandies/Bookhaven funded by DOE

Altman, Bousso, Y.N., Penington, Siddiqi, Zaletel