

Oscillons after inflation and gravitational waves

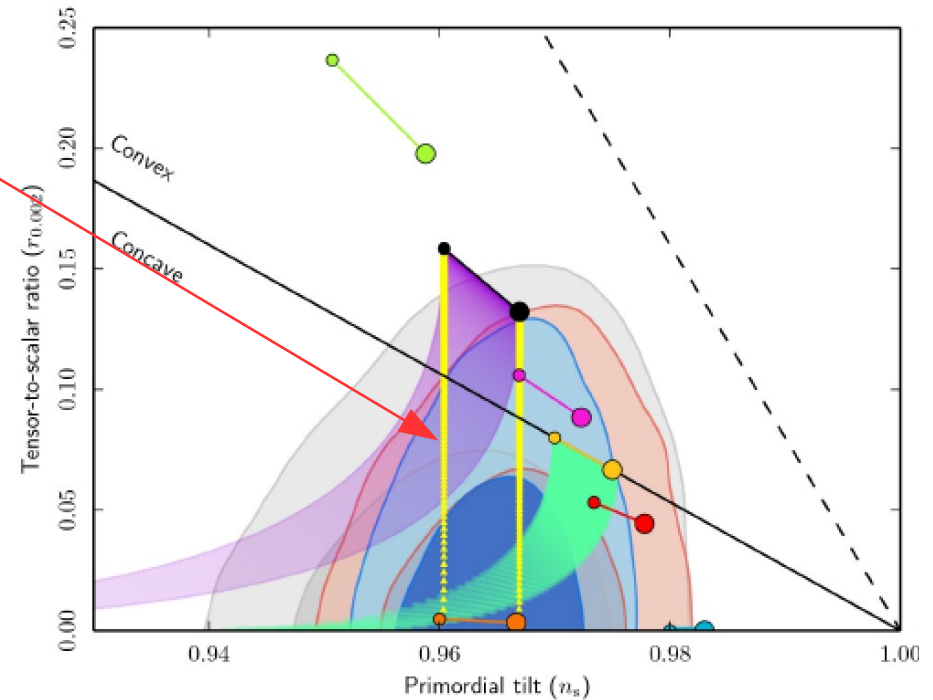
Takashi Hiramatsu

ICRR, The University of Tokyo

Collaboration with

Evangelos Sfakianakis (Leiden), Masahide Yamaguchi (TiTech)

α -attractor model

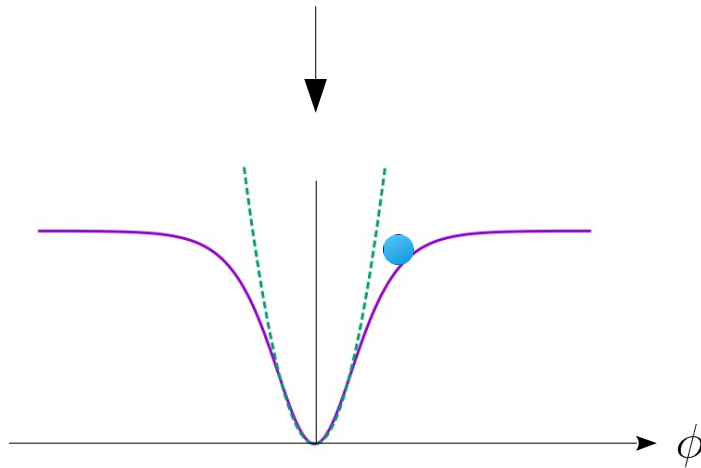


Planck Collaboration, A&A 594 (2016) A13

Looks good.

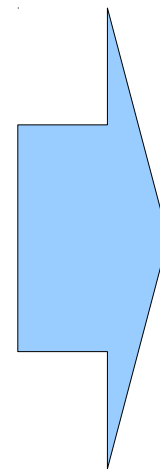
But, what if the reheating phase is taken into account ?

α -attractor model

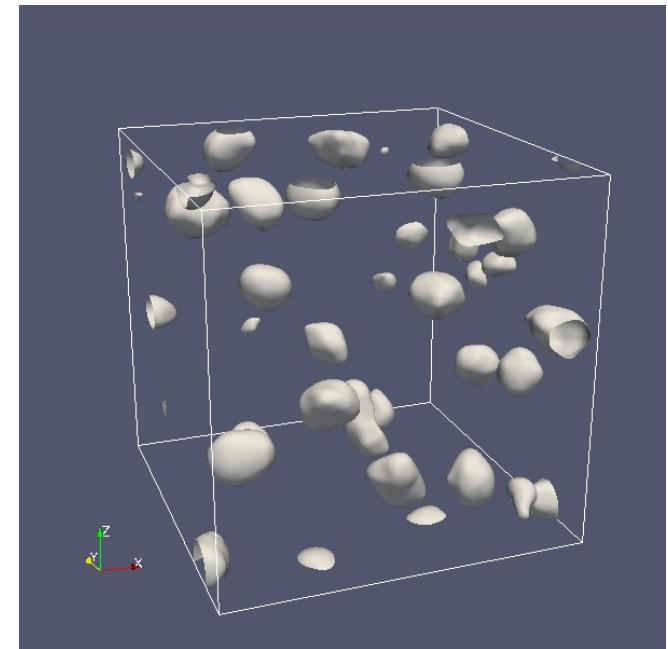


More gentle potential
than harmonics $m^2\phi^2$

Inflaton tends to have
large field values

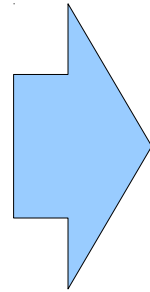
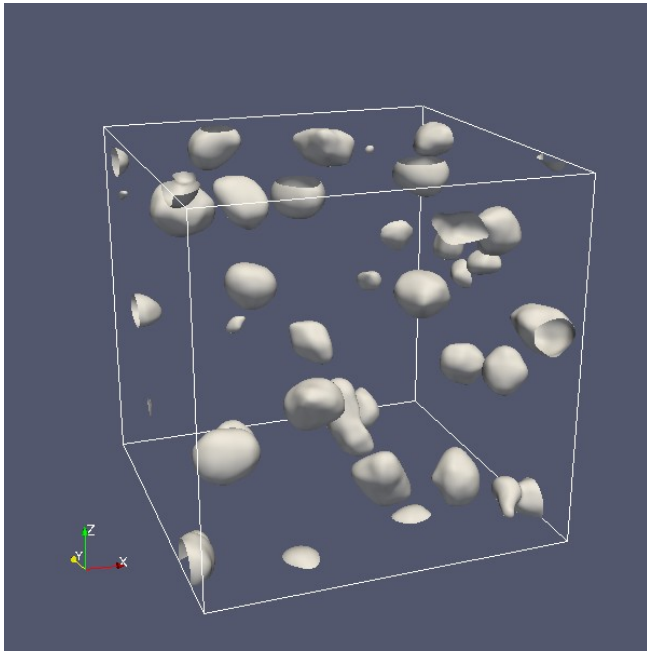


Oscillons
(= soliton of inflaton)
form due to instability

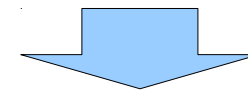


Pioneer works :

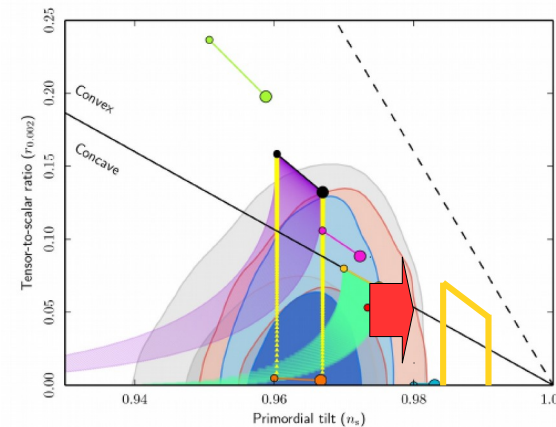
- Bogolyubosky, Makhankov, PZETF 24 (1976) 15
- Gleiser, PRD 49 (1994) 2978
- Copeland, Gleiser, Muller, PRD 52 (1995) 1920



Once oscillons form,
they modify cosmic expansion
history after inflation ?



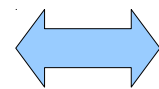
Modify the predictions ?



Physical properties, e.g. life-time,
decaying mechanism, depend on
the shape of inflaton potential.

As the first step,

- Inflaton potential shape



↔ oscillon formation efficiency

- GWs reveal the existence of oscillons,
(is it possible to reconstruct the inflaton potential ?)

Related works :

Analytic estimation of oscillon decay

Ibe, Kawasaki, Nakano, Sonomoto, arXiv:1901.06130

GWs from oscillons with axion potential

Kitajima, Soda, Urakawa, JCAP (2018) 008

Field equations

$$S = - \int d^4x \sqrt{-g} \left(\frac{m_{\text{pl}}^2}{2} R + \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + V(\phi) \right)$$

$$\longrightarrow \phi'' + 2\mathcal{H}\phi' - \Delta\phi = -a^2 \frac{dV}{d\phi}$$

$$h''_{ij} + 2\mathcal{H}h'_{ij} - \Delta h_{ij} = \frac{2}{m_{\text{pl}}^2} \partial_i \phi \partial_j \phi + \text{trace parts}$$

Backreaction to cosmic expansion

$$\mathcal{H}^2 = \frac{a^2}{3m_{\text{pl}}^2} \langle \rho_\phi \rangle \quad \rho_\phi = \frac{1}{2a^2} \phi'^2 + \frac{1}{2a^2} (\partial\phi)^2 + V$$

slow-roll inflation \rightarrow early matter-dominant Universe

(we start the simulations at $\epsilon \sim \mathcal{O}(1)$, though)

Box size : $L = 50m^{-1}$ (comoving)

Grid size : $N = 128^3 \sim 256^3$

Typical scale of scalar field : $\frac{M}{m_{\text{pl}}} = 10^{-3}$

Background amplitude : $\phi_0 = \mathcal{O}(M)$

Initial fluctuation : $\delta\phi_0 = 10^{-4}M$

Simulation time : $\tau_f = 800m^{-1}$

Energy spectrum

$$\Omega_{\text{GW}}(k, \tau) = \frac{1}{\rho_c} \frac{d\rho_{\text{GW}}}{d \log k} \quad \rho_{\text{GW}} = \frac{m_{\text{pl}}^2}{4a^2} \langle h'_{ij} h'_{ij} \rangle$$

$$\Omega_{\text{GW}}(k, \tau_0) = \Omega_{r,0} \left(\frac{g_{*,0}}{g_{*,f}} \right)^{1/3} \Omega_{\text{GW}}(k, \tau_f)$$

Observed frequency

$$f_0 = \mathcal{O}(1) \times 10^7 \text{ Hz} \left(\frac{m}{10^{-10} M_{\text{pl}}} \right) \left(\frac{\bar{L}}{100} \right)^{-1} \left(\frac{T_R}{10^{12} \text{ GeV}} \right)^{-1}$$

$$V_A(\phi) = \frac{m^2 M^2}{2\alpha_1} \left[\left(1 + \frac{\phi^2}{M^2} \right)^{\alpha_1} - 1 \right]$$

Zhou et al., JHEP 1310 (2013) 026

$$V_B(\phi) = m^2 M^2 \left(1 - \frac{\phi^{\alpha_2}}{M^{\alpha_2}} \right)^2$$

Antusch, Cefala, Orani, PRL 118 (2017) 011303

$$V_C(\phi) = m^2 M^2 \left| \frac{\phi}{M} \right|^{\alpha_3}$$

Liu et al., PRL 120 (2018) 031301

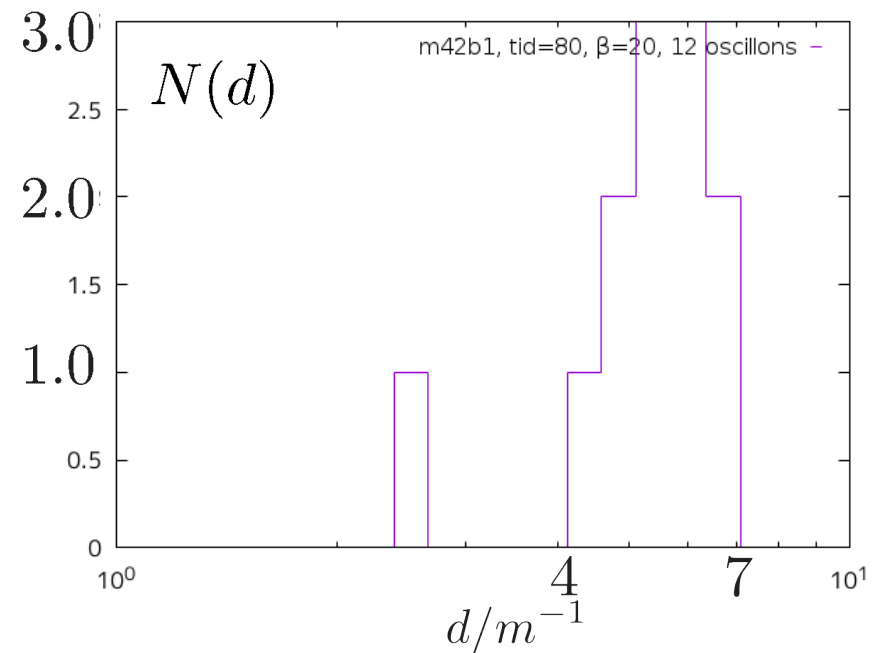
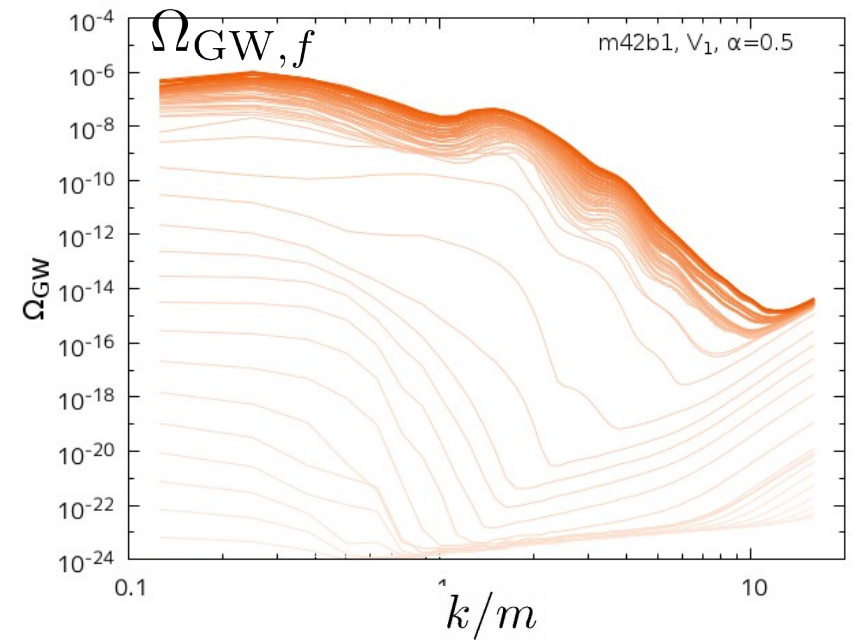
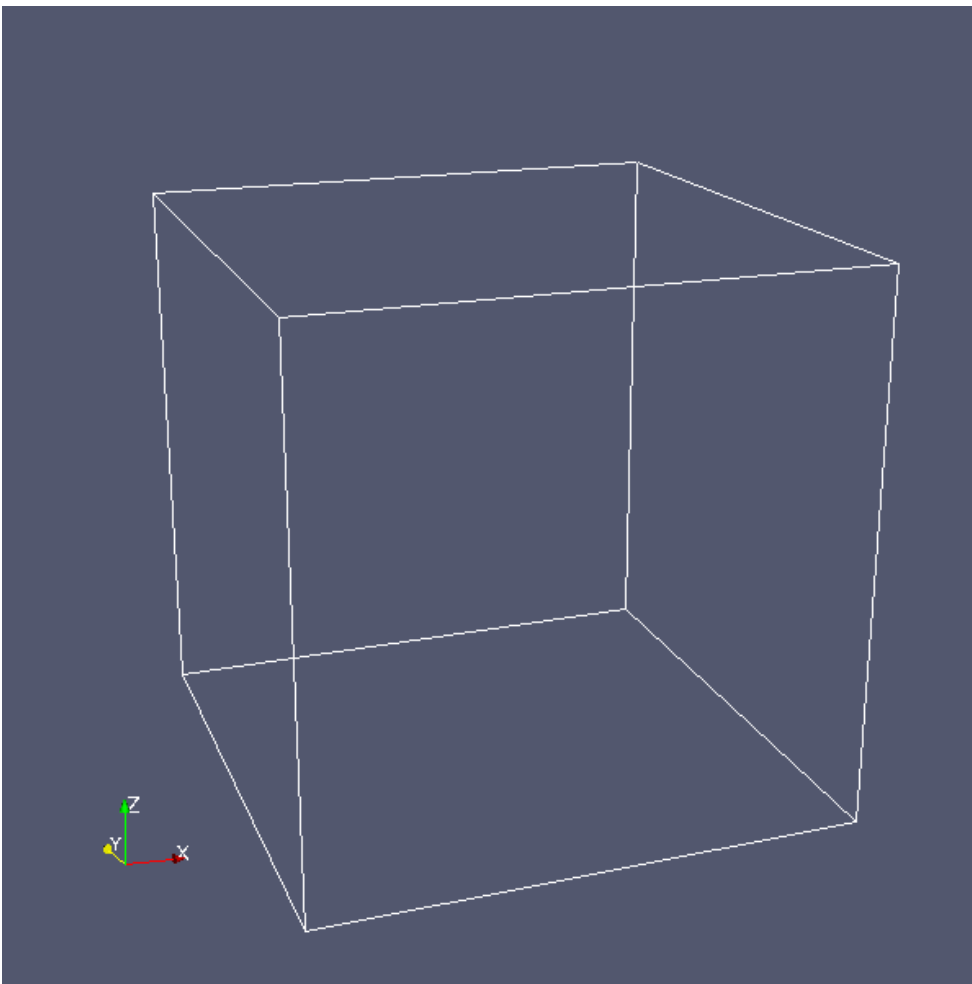
$$V_D(\phi) = \frac{1}{2} m^2 M^2 \left[1 - \alpha_4 \log \left(\frac{\phi^2}{2M^2} \right) \right] \frac{\phi^2}{M^2}$$

Kawasaki, Takahashi, Takeda, PRD 92 (2015) 105024

$$V_A(\phi) = \frac{m^2 M^2}{2\alpha_A} \left[\left(1 + \frac{\phi^2}{M^2} \right)^{\alpha_A} - 1 \right]$$

Zhou et al., JHEP 1310 (2013) 026

$$\alpha_A = 1/2$$



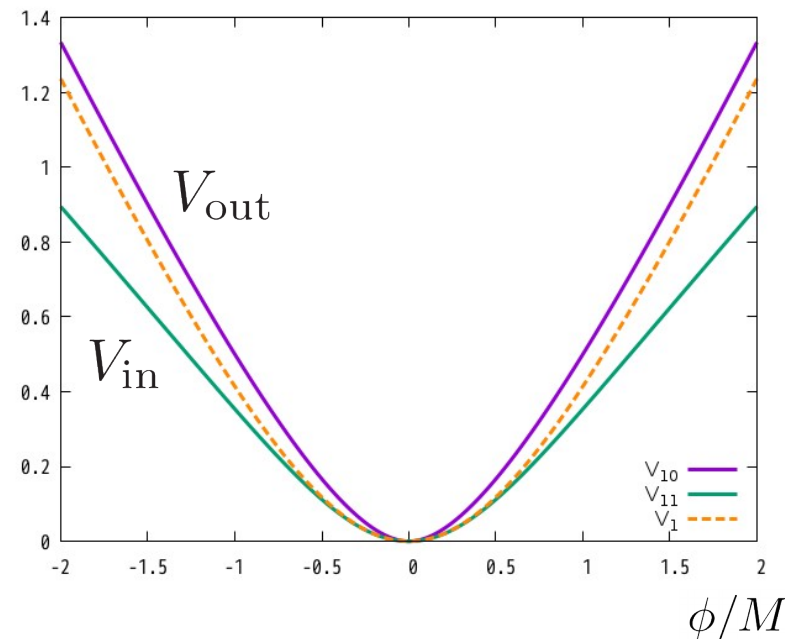
$$V_A(\phi) = m^2 M^2 \left[\left(1 + \frac{\phi^2}{M^2} \right)^{1/2} - 1 \right]$$

$$V_{\text{out}}(\phi) = \frac{\alpha_o}{2} m^2 M^2 \frac{(\phi/M)^2}{1 + |\phi/M|}$$

$$\phi \gg M \quad V_A \approx V_{\text{out}}$$

$$V_{\text{in}}(\phi) = \frac{1}{2} m^2 M^2 \frac{(\phi/M)^2}{(1 + |\phi/M|^{\alpha_i})^{1/\alpha_i}}$$

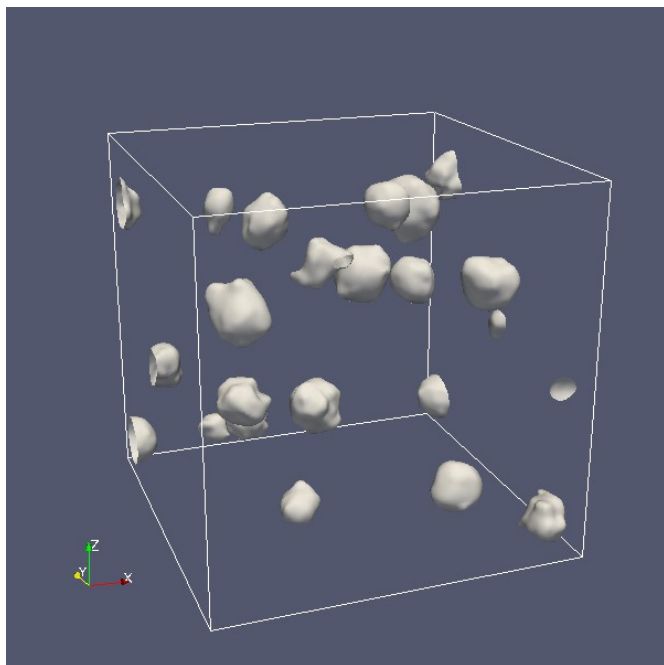
$$\phi \ll M \quad V_A \approx V_{\text{in}}$$



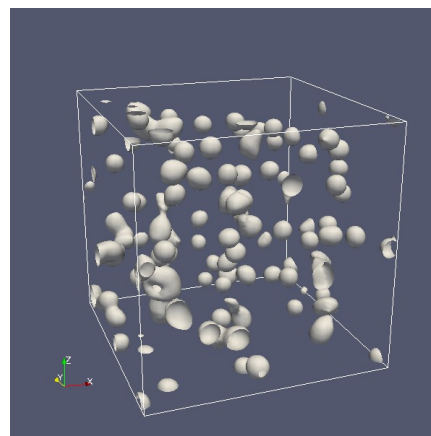
Oscillons can form if the potential is shallower than $m^2 \phi^2$

Kawasaki, Takahashi, Takeda, PRD 92 (2015) 105024

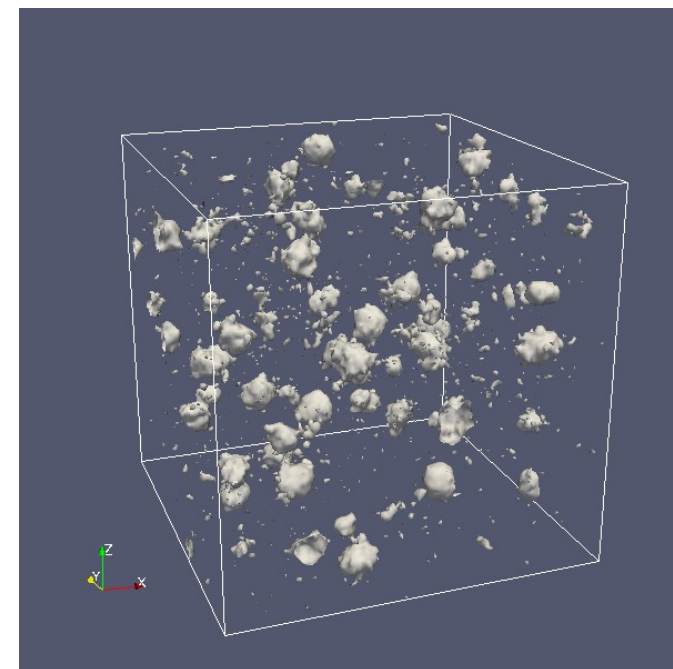
Study : small or large



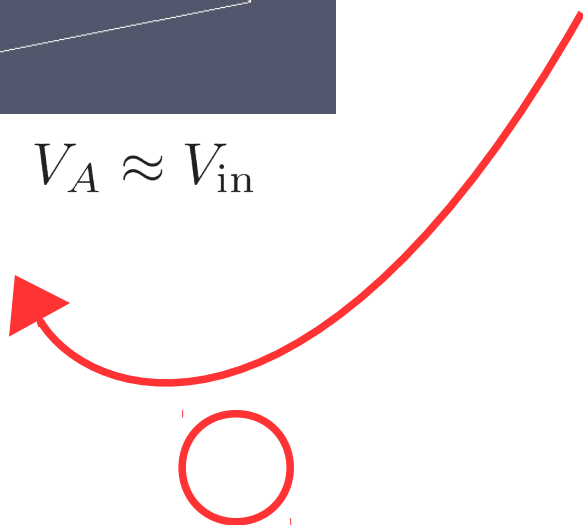
$$\phi \ll M \quad V_A \approx V_{\text{in}}$$



$$V_A$$



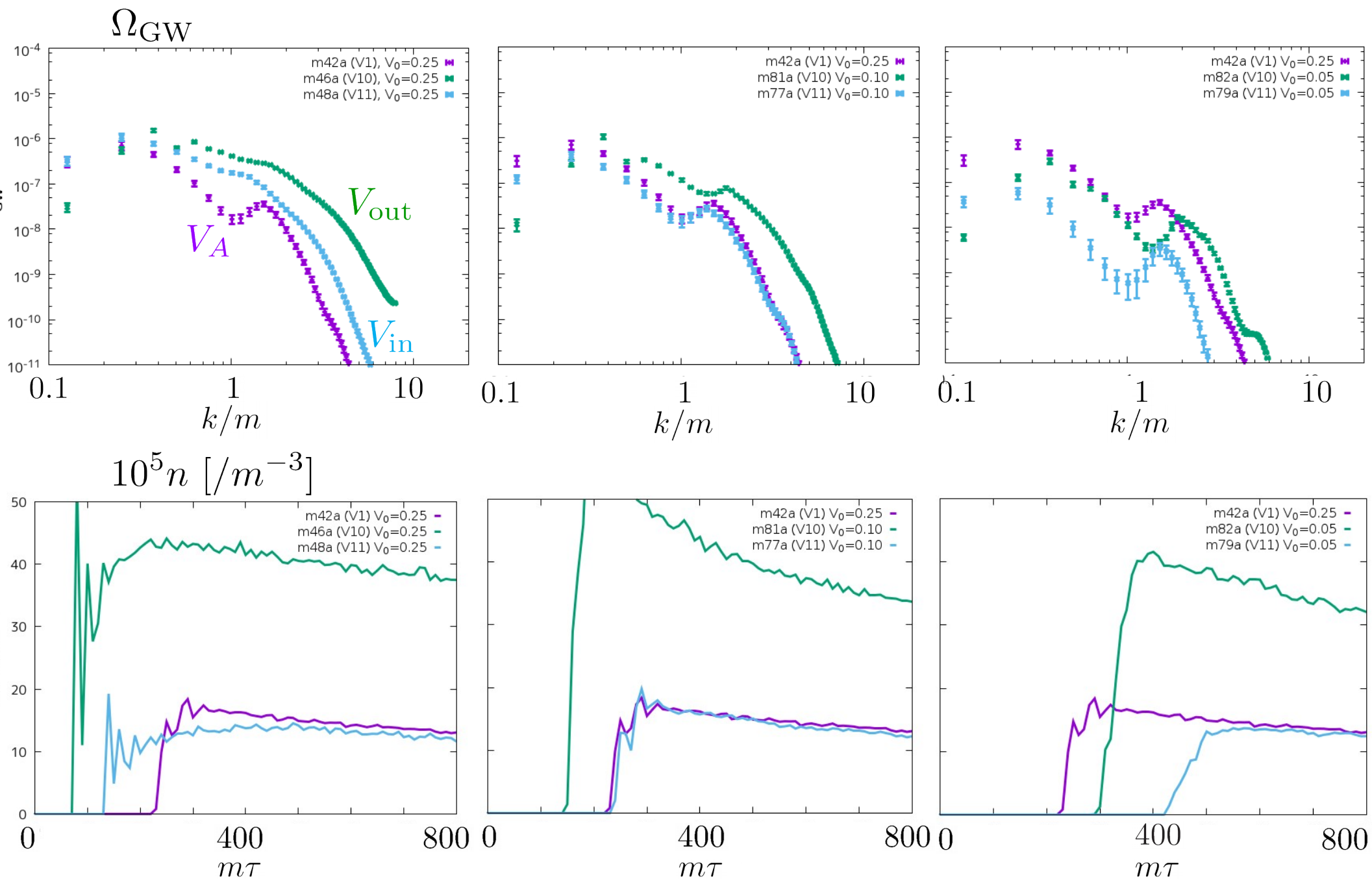
$$\phi \gg M \quad V_A \approx V_{\text{out}}$$

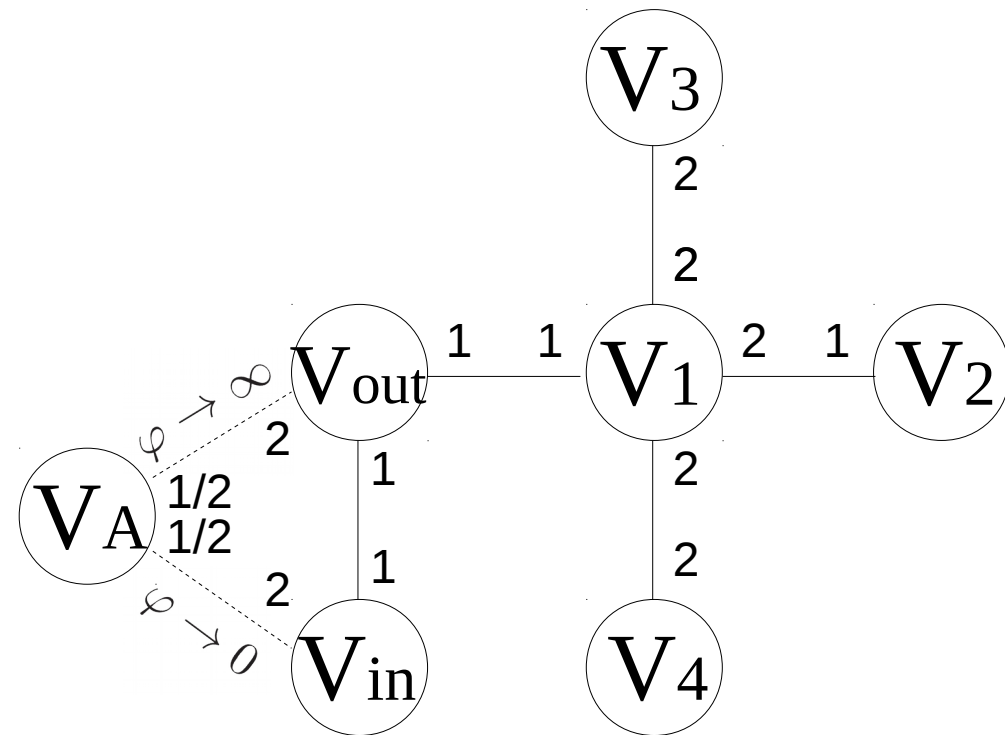


Looks similar ... ?



Study : small or large



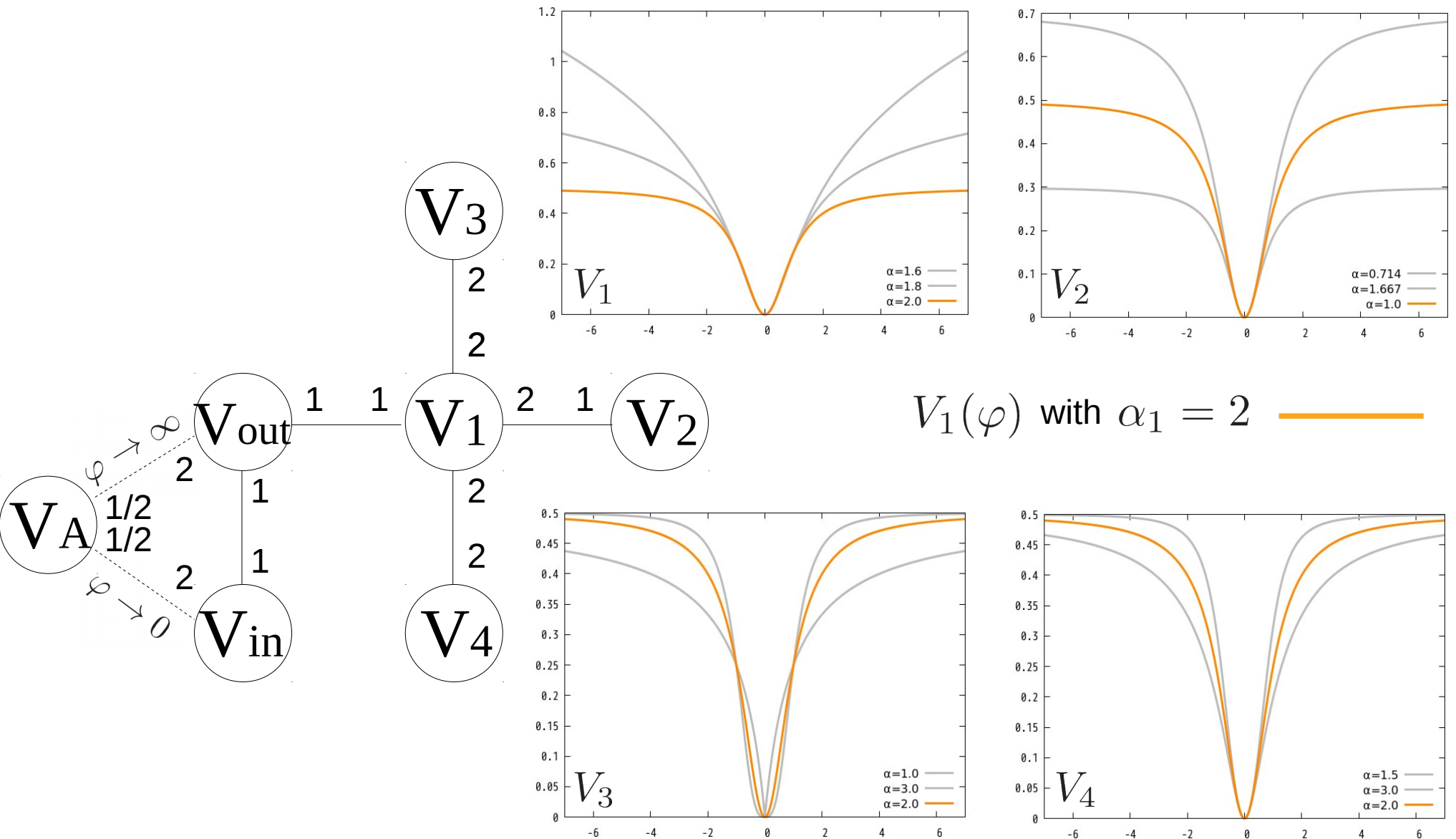


$$V_1 = \frac{1}{2} m^2 M^2 \frac{(\phi/M)^2}{1 + |\phi/M|^{\alpha_1}}$$

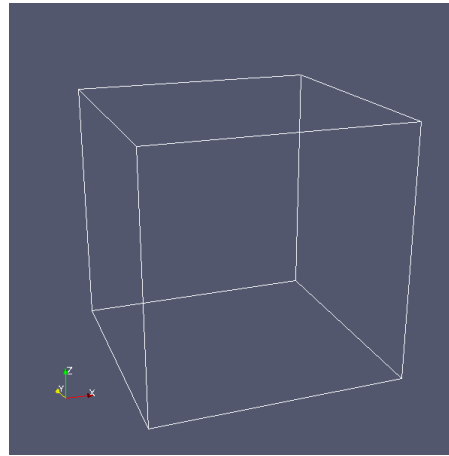
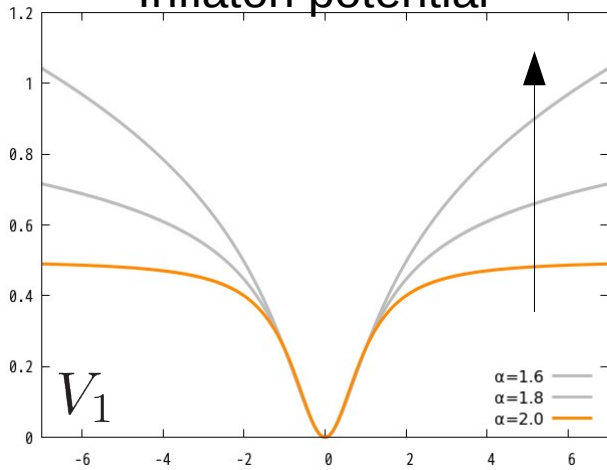
$$V_2 = \frac{1}{2} m^2 M^2 \frac{(\phi/M)^2}{1 + \alpha_2 (\phi/M)^2}$$

$$V_3 = \frac{1}{2} m^2 M^2 \frac{|\phi/M|^{\alpha_3}}{1 + |\phi/M|^{\alpha_3}}$$

$$V_4 = \frac{1}{2} m^2 M^2 \frac{(\phi/M)^2}{[1 + |\phi/M|^{\alpha_4}]^{2/\alpha_4}}$$



Inflaton potential

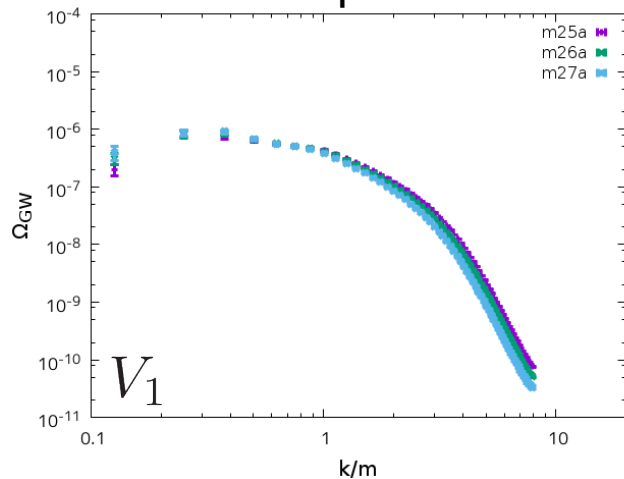


GW : Insensitive

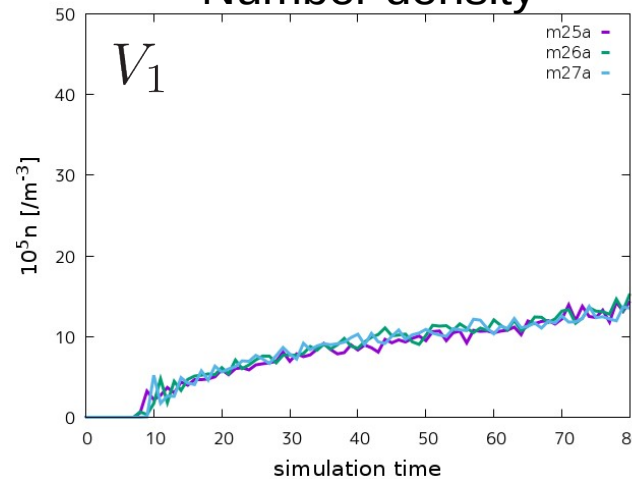
Number : Insensitive

Size : not so changed,
but more broadly
distributed

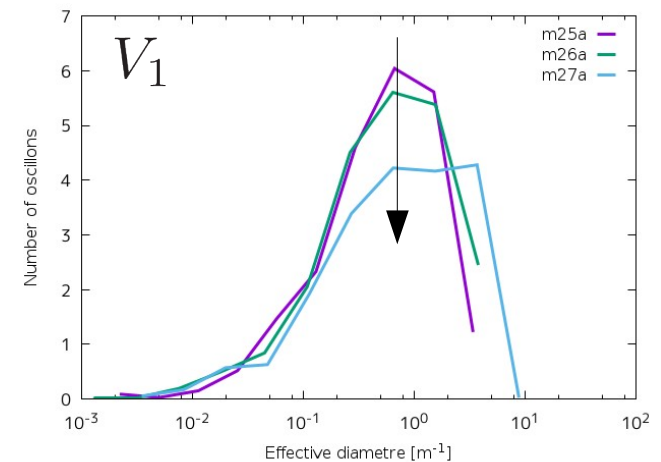
GW spectrum



Number density



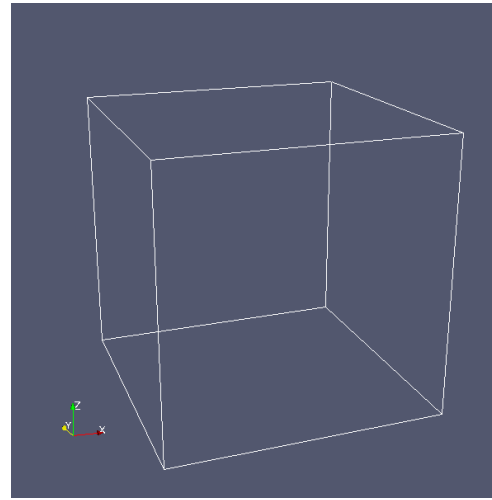
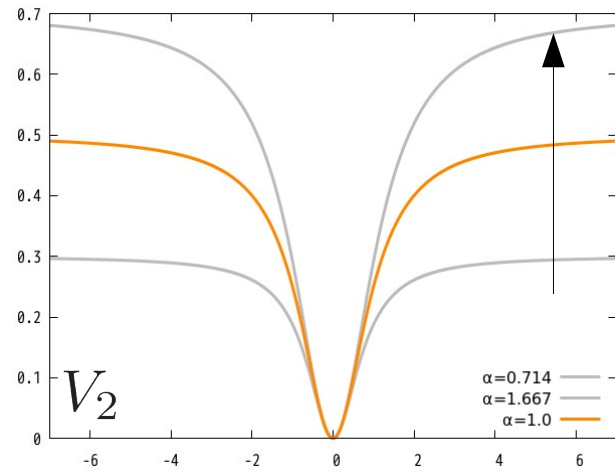
Size distribution



(note : $\Omega_{GW,f} \sim 10^{-6} \longrightarrow \Omega_{GW,0} \sim 10^{-10}$)

(note : $k = m \longrightarrow f_0 \sim \mathcal{O}(\text{GHz}) \sim \mathcal{O}(\text{THz}) \propto m T_R^{-1}$)

Inflaton potential

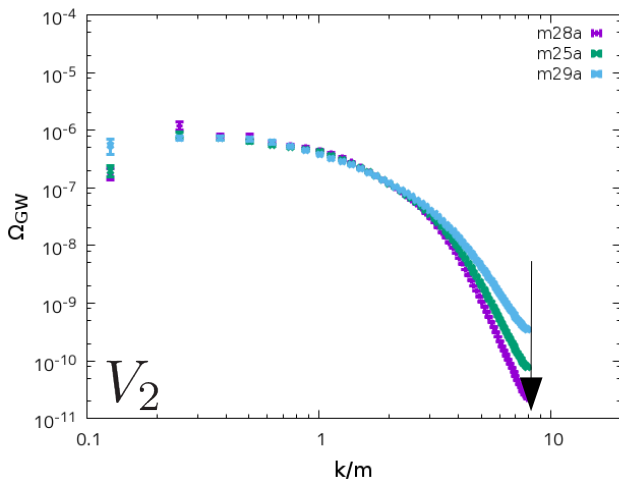


GW : weak dependence on small scales

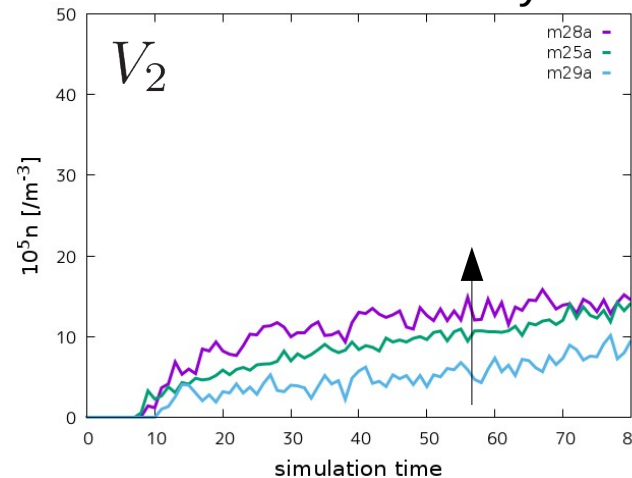
Number : similar evolution, but weak dependence

Size : typical size is weakly sensitive to the height

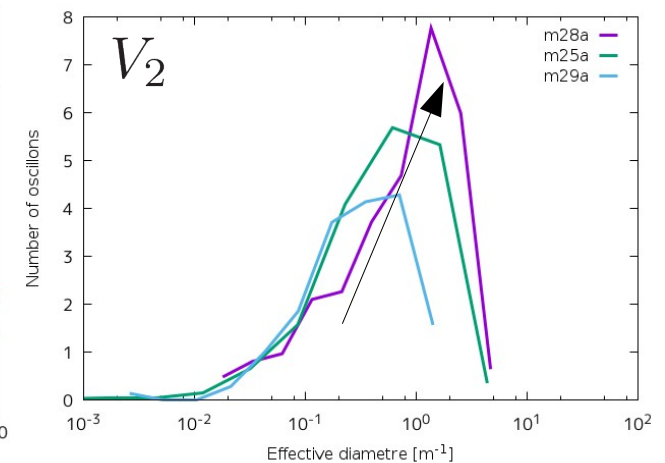
GW spectrum



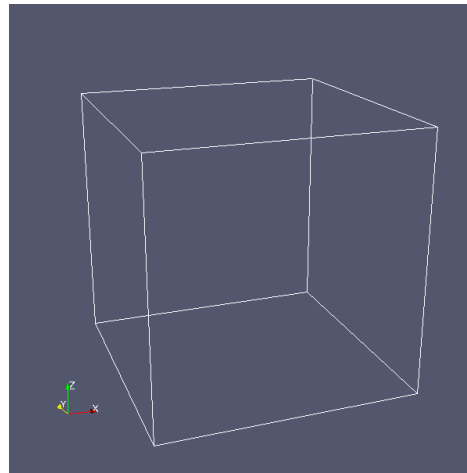
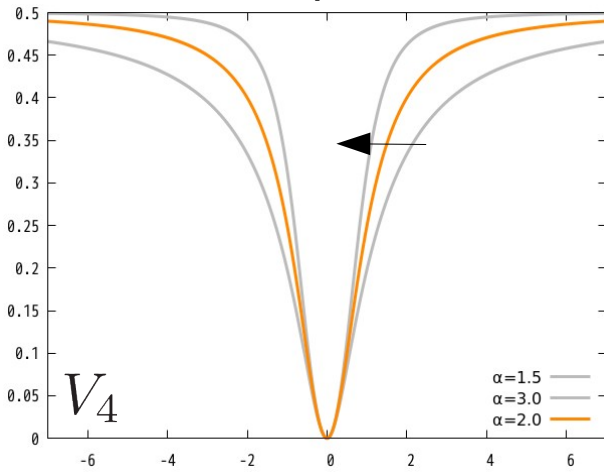
Number density



Size distribution



Inflaton potential

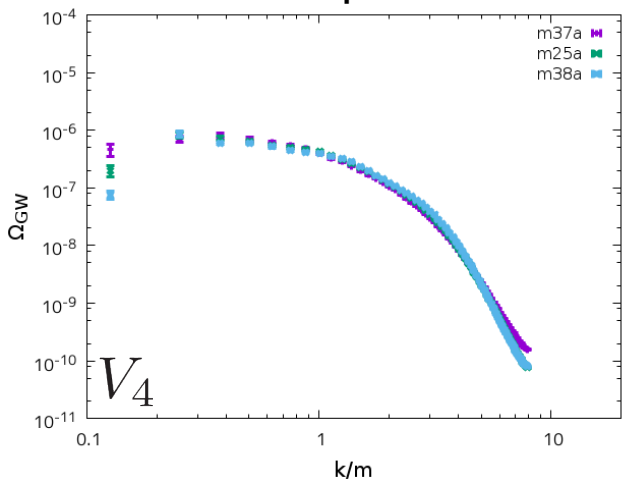


GW : insensitive

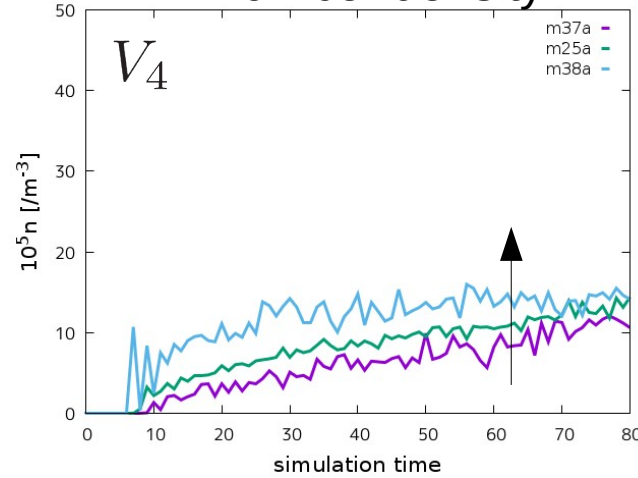
Number : increasing for shallower potential

Size : not so changed

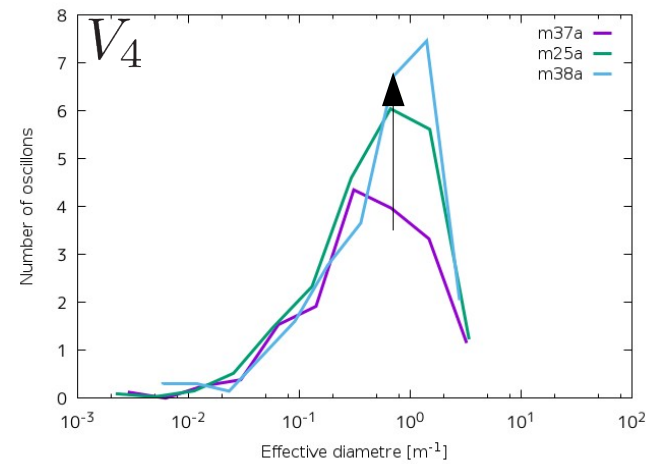
GW spectrum



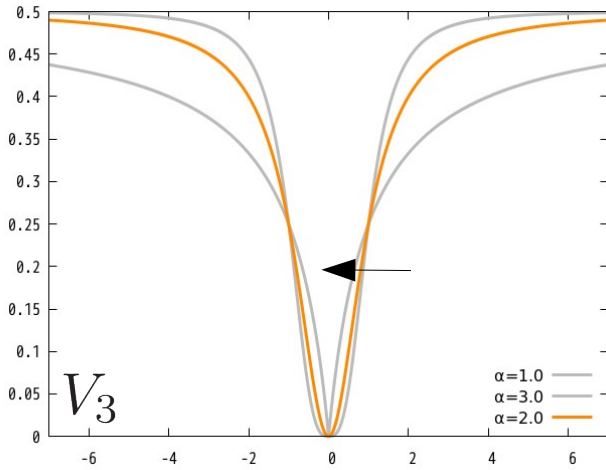
Number density



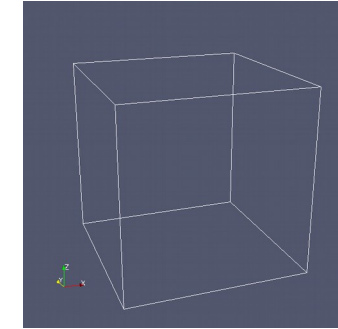
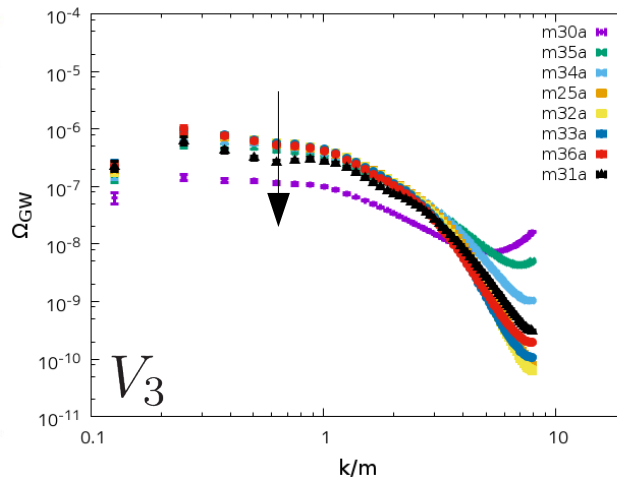
Size distribution



Inflaton potential

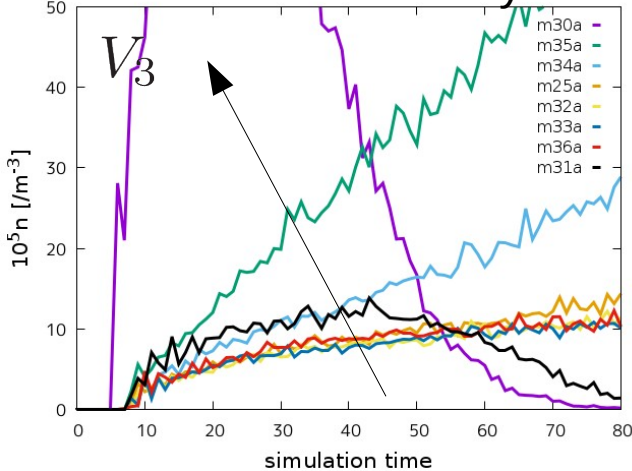


GW spectrum

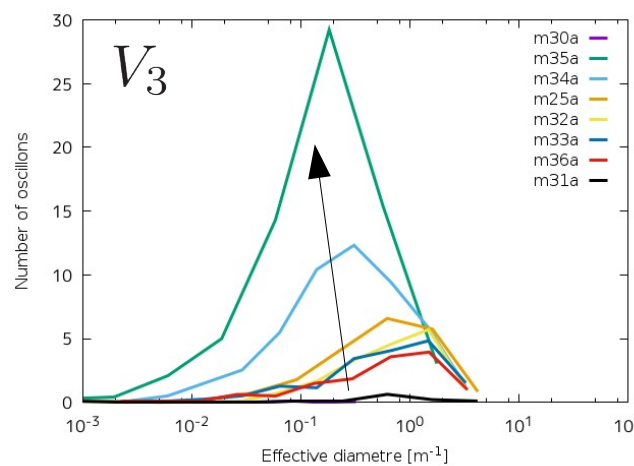


GW : sensitive to the shape at small field

Number density



Size distribution



Number :

- violent formation at earlier time and quick decay for sharp potential.
- mild formation and quick decay for potential with large power

Size : fragmentation if the potential is sharper.

→ non-conservation of adiabatic invariant

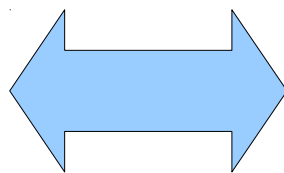
Ibe, Kawasaki, Nakano, Sonomoto, arXiv:1901.06130
Kawasaki, Takahashi, Takeda, PRD 92 (2015) 105024

Linear analysis (Mathieu equation)

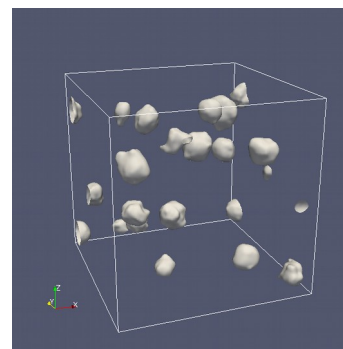
$$\delta\ddot{\varphi} + (k^2 + V''(\varphi_0)) \delta\phi = 0$$



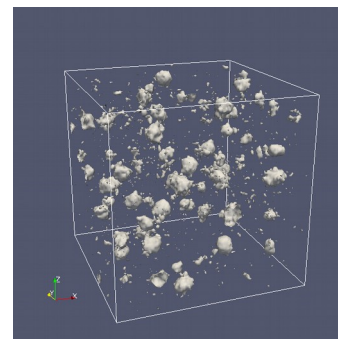
Instability bands



Oscillon's size and shape



Simply spherical
→ only a few modes
are unstable



Fragmentated
→ many modes are
unstable

- Oscillons in reheating are unwelcome ?
- Study the oscillon formation and associating GW spectra with various potentials.
- Oscillon's life highly depends on small-field feature in the potential
 - influences GW spectra
 - implication : possible to reconstruct ?