# Tunneling wave function of the universe

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# **Quantum cosmology**

 $\psi(g,\phi)$  – wave function of the universe

 $\mathcal{H} \psi = 0$  – Wheeler-DeWitt equation

In ordinary QM the boundary conditions for  $\psi$  are determined by the physical setup external to the system.

But there is nothing external to the universe.  $\longrightarrow$  The b.c. for  $\psi$  should be postulated as an independent physical law.

The b.c. should determine  $\psi$  uniquely.

Path integral representation:

$$\psi(g,\phi) = \int^{(g,\phi)} \mathcal{D}g\mathcal{D}\phi e^{iS}$$

What is the class of paths?

# Hartle-Hawking wave function

Hartle & Hawking (1983)

$$\psi_{HH}(g,\phi) = \int^{(g,\phi)} e^{-S_E}$$

**Euclidean metrics** 

Tunneling wave function

A.V. (1984)

$$\psi_T(g,\phi) = \int_{\varnothing}^{(g,\phi)} e^{iS}$$

Lorentzian metrics



time

Creation of the universe from "nothing"

I will focus on the tunneling proposal.

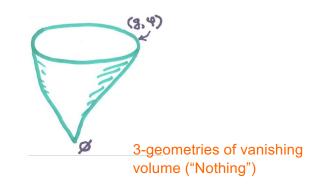
Based on work with Masaki Yamada (2018, 2019)

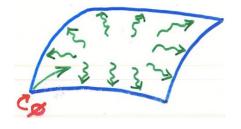
# **Tunneling wave function**

$$\psi_T(g,\phi) = \int_{\varnothing}^{(g,\phi)} e^{iS}$$

# Corresponding b.c. in superspace:

- Outgoing wave boundary condition for the WDW equation
- $\psi$  should give a normalizable probability distribution (regularity condition)





A.V. (1986)

Are these formulations equivalent?

Critique: The tunneling wave function predicts runaway instability of matter fields.

Halliwell & Hartle (1990) Bousso & Hawking (1996) Feldbrugge, Lehners & Turok (2017)

# Perturbative minisuperspace model

$$S = \int \sqrt{-g} d^4x \left(\frac{R}{2} - \rho_v\right) + S_m + S_B$$
$$S_m = \int \sqrt{-g} d^4x \left[ -\frac{1}{2} (\nabla \phi)^2 - \frac{1}{2} m^2 \phi^2 - \frac{1}{12} R \phi^2 \right]$$

$$ds^2 = a^2(\eta) \left( N^2 d\eta^2 - d\Omega^2 \right), \quad N = \text{const}$$

$$\phi(\mathbf{x},\eta) = \frac{1}{a(\eta)} \sum_n f_n(\eta) Q_n(\mathbf{x})$$
 Treat  $\phi$  as a small perturbation.

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WDW equation (dropping some numerical factors)

$$\left[\frac{\partial^2}{\partial a^2} - U(a) - \sum_n \mathcal{H}_n\right] \psi(a, f_n) = 0$$

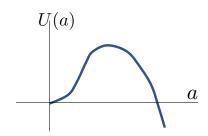
$$1 \quad \partial^2 \qquad 1 \quad 2 \quad 2$$

$$\mathcal{H}_n = \frac{1}{2} \frac{\partial^2}{\partial f_n^2} - \frac{1}{2} \omega_n^2(a) f_n^2$$

$$U(a) = a^2(1 - H^2a^2)$$

$$H^2 = \rho_v/3$$

$$\omega_n^2(a) = n^2 + m^2 a^2$$



# TUNNELING BOUNDARY CONDITIONS

#### WKB ansatz:

$$\psi(a,f_n)=A\exp\left[-S(a)-\frac{1}{2}\sum_nR_n(a)f_n^2\right]$$
 WDW eq. 
$$(S')^2-U(a)=0$$
 
$$S'R_n'-R_n^2+\omega_n^2(a)=0$$

#### **Boundary conditions:**

- (1) Only outgoing wave in S(a) at  $a \rightarrow \infty$ .
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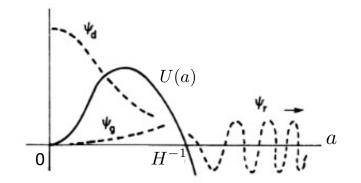
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#### Leading order:

$$S(a < H^{-1}) = \pm \int_{a}^{H^{-1}} \sqrt{U(a')} da'$$
 
$$S(a > H^{-1}) = \pm i \int_{H^{-1}}^{a} \sqrt{-U(a')} da'$$
 Select "-"

Corresponds to expanding universe.



$$\psi_d \sim \psi_g \sim \psi_r$$
 at  $a \sim H^{-1}$ 

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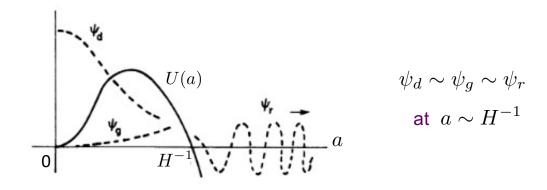
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#### Including perturbations

The regularity condition is satisfied in the entire classically allowed region (U(a) < 0) if it is satisfied at any point in that region.

Same for  $\psi_d$  in the classically forbidden region.

For  $\psi_g$  the regularity condition is satisfied in the entire classically forbidden region if it is satisfied at a=0.

Vachaspati & A.V (1988) A.V. & Yamada (2018) Damour & A.V. (2019)

### Boundary condition at a=0

$$S'R'_{n} - R_{n}^{2} + \omega_{n}^{2}(a) = 0$$

$$\omega_n^2(a) = n^2 + m^2 a^2$$

For  $a < H^{-1}$  introduce (conformal) Euclidean time  $\tau$ :

$$\frac{da}{d\tau} = S'(a) = \pm \sqrt{U(a)} \qquad a(\tau) = (H \cosh \tau)^{-1}$$

$$dR_n \qquad P^2 + v^2(a) = 0$$

$$a(\tau) = (H \cosh \tau)^{-1}$$

$$\frac{dR_n}{d\tau} - R_n^2 + \omega_n^2(a) = 0$$

$$a 
ightarrow 0$$
 corresponds to  $au 
ightarrow \pm \infty$ .   
 (+ for  $\psi_g$  , - for  $\psi_d$ .)

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 $a \to 0 \,$  corresponds to  $\tau \to \pm \infty$  . (+ for  $\psi_g$  , - for  $\psi_d$  .)

This is a Riccati equation.

$$R_n(\tau) = -\frac{1}{\nu_n} \frac{d\nu_n}{d\tau} \qquad \Longrightarrow \qquad \frac{d^2\nu_n}{d\tau^2} - \omega_n^2 \nu_n = 0$$



$$\frac{d^2\nu_n}{d\tau^2} - \omega_n^2\nu_n = 0$$

Same as eq. for  $f_n$  with  $N\eta \to i au$ This formalism is equivalent to QFT in curved spacetime.

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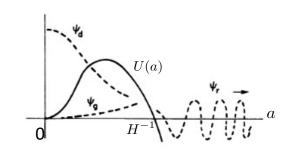
For 
$$a \to 0$$
:  $\omega_n^2 \approx n^2$ ,  $\nu_n \approx A_n e^{-n\tau} + B_n e^{n\tau}$ 

$$R_n(\tau) \approx n \frac{A_n - B_n e^{2n\tau}}{A_n + B_n e^{2n\tau}}$$

$$R_n( au o \infty) = -n$$
, unless  $B_n = 0$ . Require  $B_n = 0$ .



$$B_n=0 \qquad \qquad \nu_n(\tau\to\infty)\propto e^{-n\tau}$$
 
$$\frac{d\nu_n}{d\tau}=-n\nu_n \quad (\tau\to\infty) \qquad \text{Robin boundary condition}$$



This determines  $u_n( au)$  for  $\psi_g$  . Selects the Bunch-Davies vacuum state.

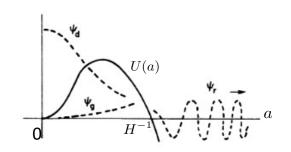
 $\nu_n$  for  $\psi_d$  are determined from the matching conditions at  $a \sim H^{-1}$ .



$$\nu_n(\tau \to -\infty) \propto e^{-n\tau}$$

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Note: 
$$\nu_n( au o -\infty) o \infty$$
 . But  $R_n = -\frac{1}{\nu_n} \frac{d\nu_n}{d au} o n$  are well behaved.

Conclusion: The tunneling b.c. uniquely determine the wave function. It describes a dS universe nucleating with the field  $\phi$ in the Bunch-Davies state.

Vachaspati & A.V (1988) A.V. & Yamada (2018)

# PATH INTEGRAL APPROACH

$$\psi(a, f_n) = \int_0^\infty dN \int \mathcal{D}a \int \mathcal{D}f_n \ e^{iS}$$

#### Leading order

$$\psi_0(a_1) = \int_0^\infty dN \int \mathcal{D}a \ e^{iS(a,N)}$$

$$S(a,N) = 6\pi^2 \int_{-\infty}^{\eta_1} \left[ -\frac{\dot{a}^2}{N} + Na^2 \left( 1 - H^2 a^2 \right) \right]$$

$$a(\eta_1) = a_1, \quad a(\eta \to -\infty) = 0$$

The path integral over a can be done exactly:

Halliwell & Louko (1990)

$$\psi_0(a_1) = \int_0^\infty \frac{dN}{N^{1/2}} e^{iS_0(a_1,N)} \qquad S_0(a_1,N) = 6\pi^2 \left[ N^3(H^4/12) + N\left(1 - H^2 a_1^2/2\right) - a_1^4/4N \right]$$

Use saddle point approximation.

$$\psi_0(a_1) = \int_0^\infty \frac{dN}{N^{1/2}} e^{iS_0(a_1,N)}$$

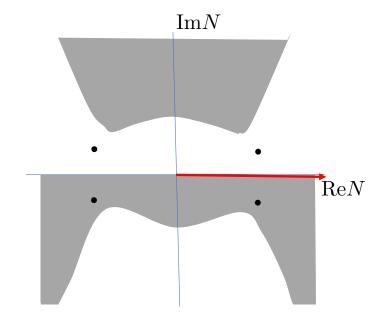
Saddle points:  $\partial S/\partial N=0$ 

$$N = \pm H^{-2} \left( i \pm \sqrt{H^2 a_1^2 - 1} \right)$$

Pickard-Lefshetz prescription:

Deform the contour so that it passes through a saddle point following steepest ascent/descent lines.

Only one saddle point is relevant: 
$$N=H^{-1}\left(i+\sqrt{H^2a_1^2}\right)$$
  $(a_1>H^{-1})$ 



Halliwell & Louko (1990) Feldbrugge, Lehners & Turok (2017)

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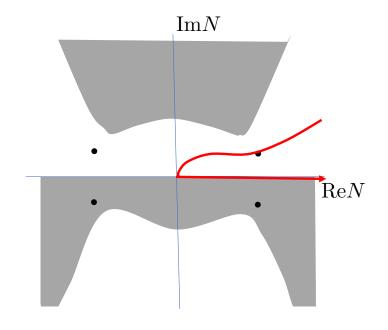
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$$\psi(a_1) \sim e^{iS_0(a_1,N)} = \exp\left[-\frac{4\pi^2}{H^2} - i\frac{4\pi^2}{H^2} \left(H^2 a_1^2 - 1\right)^{3/2}\right]$$

Large H are favored

Expanding universe→ Satisfies the outgoing wave condition.



Halliwell & Louko (1990) Feldbrugge, Lehners & Turok (2017)

# Including perturbations

$$\psi(a_{1}, f_{n1}) = e^{iS_{0}(a_{1}, N)} \prod_{n} \int \mathcal{D}f_{n}e^{iS_{n}(f_{n}, N)} \qquad N = H^{-1} \left( i + \sqrt{H^{2}a_{1}^{2}} \right)$$

$$S_{n}(f_{n}, N) = \frac{1}{2} \int_{-\infty}^{\eta_{1}} d\eta \left( \frac{1}{N} \dot{f}_{n}^{2} - N\omega_{n}^{2} f_{n}^{2} \right) + S_{Bn} \qquad f_{n}(\eta_{1}) = f_{n1}, \qquad \frac{df_{n}}{d\eta} = inNf_{n} \quad (\eta_{0} \to -\infty)$$

To ensure regularity

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This path integral can be done exactly.

To ensure regularity

Disregard  $S_{Bn}$  for now.

$$\psi(a_1, f_{n1}) = e^{iS_0(a_1, N)} \prod_n e^{iS_{n0}}$$

$$S_{n0} = \frac{1}{2N} \left( f_{n1} \dot{f}_{n1} - f_{n0} \dot{f}_{n0} \right)$$

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$$S_{n0}=rac{1}{2N}\left(f_{n1}\dot{f}_{n1}-f_{n0}\dot{f}_{n0}
ight)$$
 But  $f_{n0}\propto e^{inN\eta_0}
ightarrow\infty \qquad (\eta_0
ightarrow-\infty)$  (since  ${
m Im}N>0$ )  $iS_{n0}
ightarrow\infty$ 

If we drop the Robin b.c., then we lose regularity uncontrolled fluctuations.

# The boundary term

The choice of the boundary term depends on the boundary conditions. Dirichlet b.c. (fixing  $f_n$  at  $\eta_0$  and  $\eta_1$ ) do not require any boundary term.

We have Dirichlet b.c. at  $\eta_1$  but Robin b.c.  $\frac{df_n}{d\eta}=inNf_n$  at  $\eta_0$ .

Add a boundary term  $S_{Bn}=rac{in}{2}f_n^2(\eta_0)$ . Then variation of the action gives

$$\delta S_n = \delta f_n \frac{1}{N} \frac{df_n}{d\eta} (\eta_1) - \delta f_n \left( \frac{1}{N} \frac{df_n}{d\eta} - inf_n \right) (\eta_0)$$
 This comes from the boundary term the boundary term 
$$= 0$$

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The action with the boundary term:

$$S_{n0} = \frac{1}{2N} \left( f_{n1} \dot{f}_{n1} - f_{n0} \dot{f}_{n0} \right) + S_{Bn} = \frac{1}{2N} f_{n1} \dot{f}_{n1}$$

The infinity canceled out! Note: this boundary term is required for consistency.

We can rewrite this as

$$S_{n0}=rac{i}{2}R_{n}f_{n1}^{2}$$
  $R_{n}=-rac{i}{N}rac{\dot{f}_{n1}}{f_{n1}}$  — same as in the WDW approach.

A.V. & Yamada (2018)

# **Conclusions**

We discussed two approaches to defining the tunneling wave function  $\psi(a,f_n)$  in a minisuperspace model:

- 1) Tunneling boundary conditions in superspace.
- 2) Lorentzian path integral over histories starting at a=0 with scalar field modes  $f_n$  satisfying Robin b.c.

Both approaches give identical wave functions with well behaved scalar field fluctuations.

Extension beyond perturbative minisuperspace?

What replaces the Robin b.c.?

#### Some comments on the HH wave function

Original proposal:  $\psi_{HH}(g,\phi) = \int^{(g,\phi)} e^{-S_E}$ 

The Euclidean action is unbounded from below, so the integral is divergent.

Solution: Integrate over complex metrics, in particular over complex lapse contours.

How do we choose the contour?

Most recent version:  $\psi_{HH}(g,\phi) = \sum_j d_j \ e^{-S_j(g,\phi)}$  saddle point

Which saddle points should be included?

What are  $d_i$ ?

Both  $\psi_{HH}$  and  $\psi_{T}$  are now "work in progress".

The question is: What is the general law of boundary conditions?